



- Create Great Generator of Love with Human Energy -
AENA Dynamic Breathing Technique

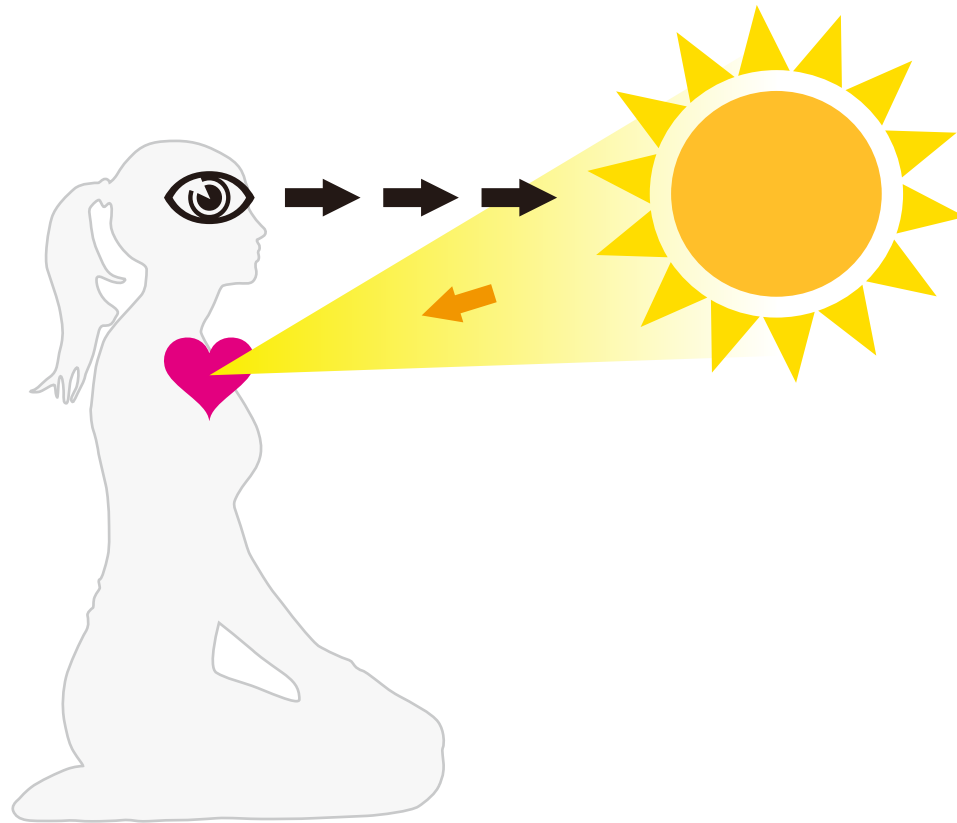
Process of Preparation for Creating Free Energy with Human Energy

President : EASTERNGOLDNET - Saeko Morishiro
Engineer : Masayuki Isotani / Designer : Keisuke Tanaka



STEP 1

Turning on a starting switch of AENA Light Orb 1



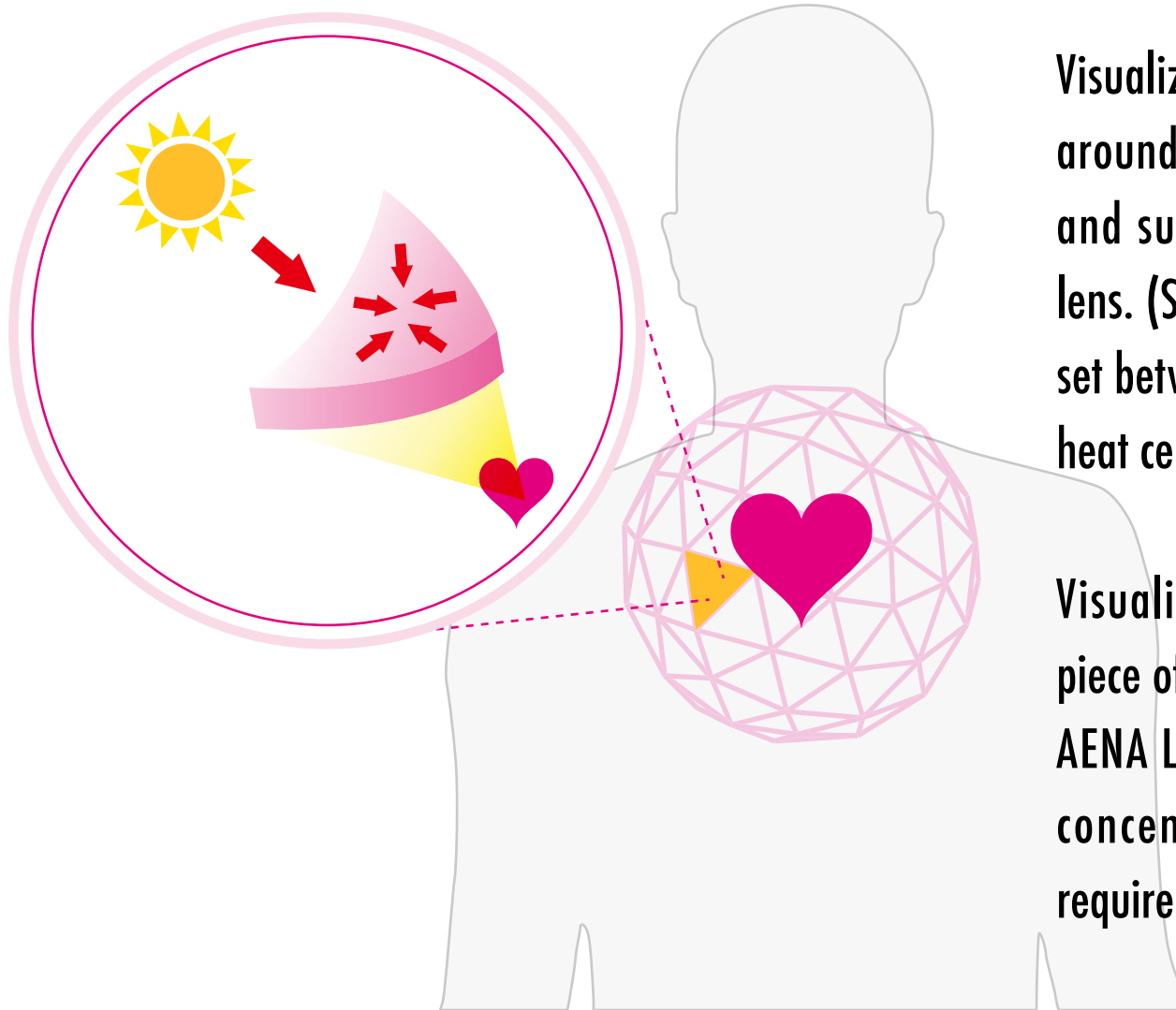
Take time to feel relaxed while facing the sun, ideally during daytime. Gather energy from the sun to your heart center which is located just under the center of the collarbone while facing the sun. Some people may see random firing of rainbow.

***Direct sight of sunlight may cause a serious damage to your eyes. Please be cautious of this action. You may also try closing your eyes and see the sun with your third eye which is located at your forehead. Visualize that you are gathering energy from the sun to your heart center.**



STEP 1

Turning on a starting switch of AENA Light Orb 2



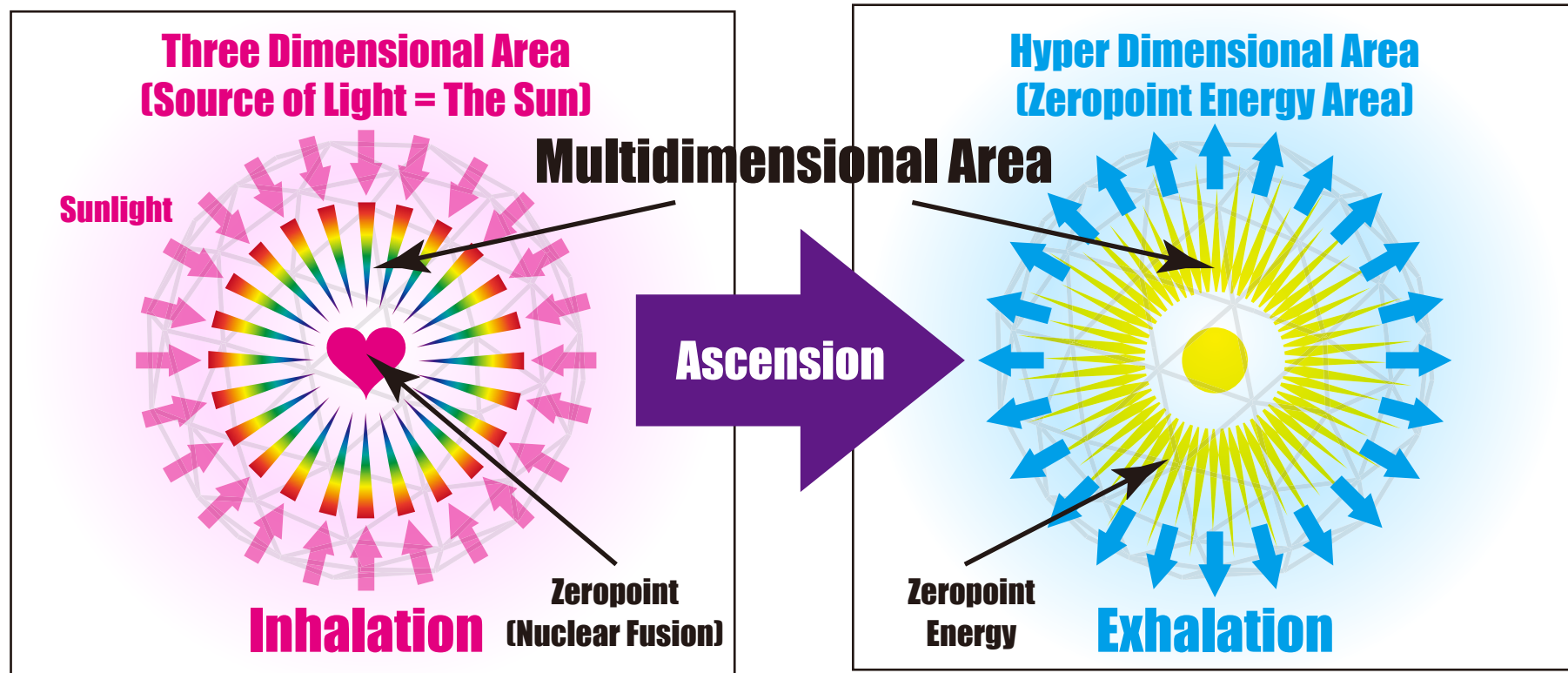
Visualizing a light orb that forms 180 polyhedron around your chest as the illustration on the left, and superimposing a piece of 180 polyhedron lens. (Simply visualize a light orb that its radius is set between the heart center and a little above the heart center.)

Visualize a beam of sunlight passes through a piece of lens, and the light is gathered to center of AENA Light Orb. When you visualize the light is concentrated, it starts spinning. (It does not require for many hours to try.)



STEP 2

Circular Breathing of Inhalation and Exhalation From Three Dimension To Multidimension 2



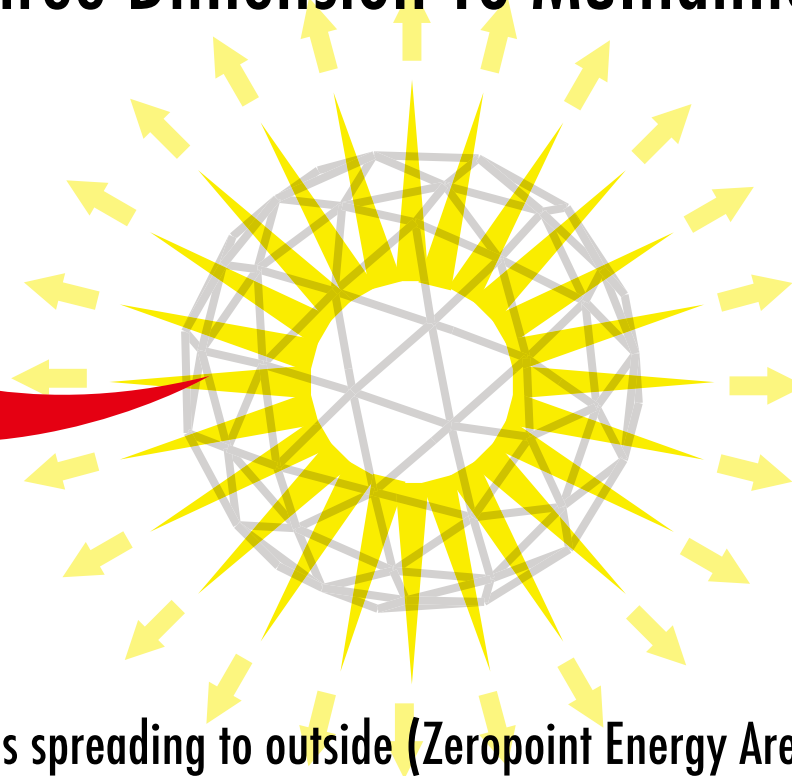
Visualize 180 rays is gathering through all the 180 lens of the light orb from outside (Zerpoint Energy Area) of AENA light orb to the center while breathing.

Once light is concentrated at center, stop breathing for a moment. The light at center is converting into "Zerpoint Energy" while tiny photons are fusing into one.



STEP 2

Circular Breathing of Inhalation and Exhalation From Three Dimension To Multidimension 2



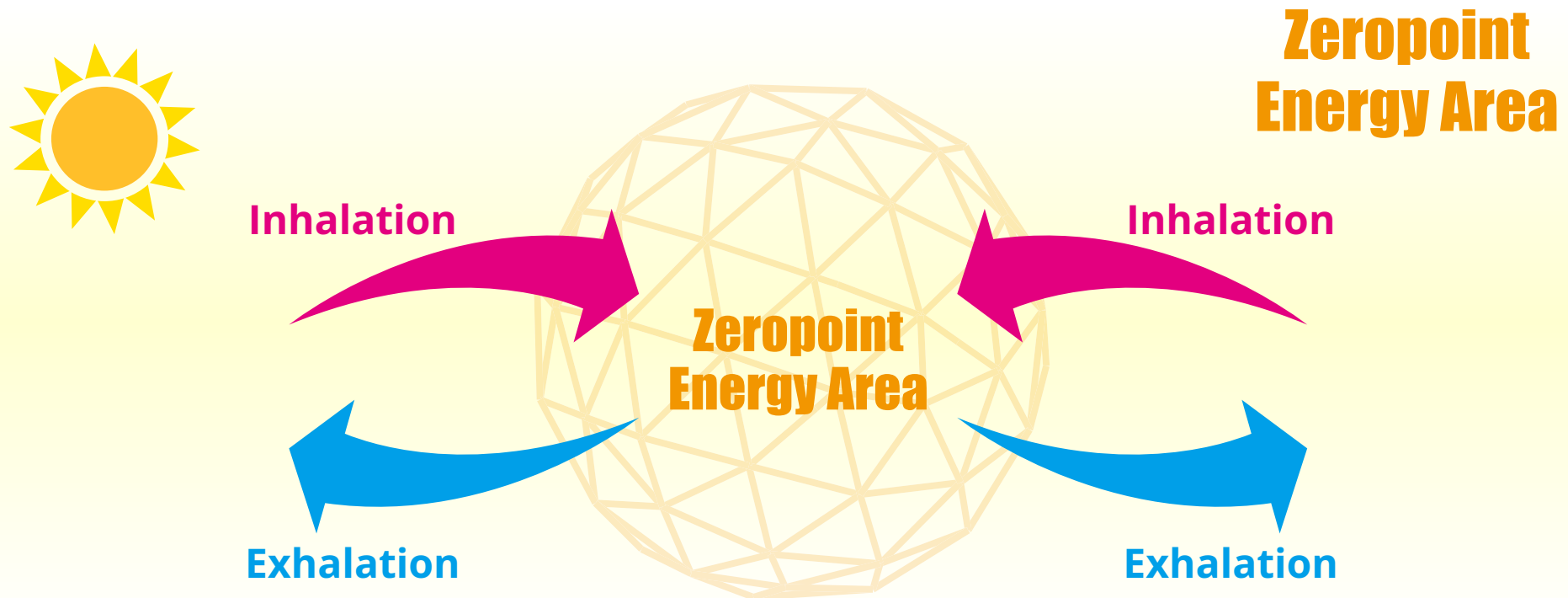
Visualize Converted zeropoint energy is spreading to outside (Zeropoint Energy Area) along the 180 paths through the lens while exhaling.

Once this return path of the light is created, make sure this process keeps working while inhaling and exhaling. Thus, exhalation does not stop while inhalation, nor vice versa. But inhalation and exhalation are circulating at the same time.



STEP 3

Circulation of Multidimensional Area and Zeropoint Energy



At a former stage, Inhalation was sunlight and exhalation was converted zeropoint energy, but both become zeropoint energy once circulation starts.
This represents a shift of breathing from "Three Dimensional Area" to "Multidimensional and Hyperdimensional Area (Zeropoint Energy Area)"