## Part 81

Let us begin this message by saying that from now on, most of you will at least feel some relief, as these previous days have been intense indeed. Especially emotionally, as your "hard drives" to call it that, namely your minds, have been preoccupied by the goings on in the third dimension, and as such have had a hard time acessing the new levels of energy. As you well know, whenever you connect too deeply with the third dimension, your own level of energy falls below your usual one, and you will feel this decrease in vibration as a very heavy feeling of unease, distrust and maybe even fear. Let us just say that this is in no way detrimental to you, only if you let it. If you choose to let yourself get stuck in this morass of lower vibrations, you will indeed have a much harder time extracting yourself from it than if you understand that this is just a passing phase, and you will be back on "cloud nine" again shortly. This may sound flippant to some, but let us just conclude by saying that these seemingly intense ups and downs will be a part of your daily lives for some time yet, but if you keep a close watch on your mental temperature to call it that, you will soon see that these slumps are more and more outweighted by the more buoyant days, and that the number of positively charged days will steadily increase as the days and weeks ahead pass by.

That is all we have on this subject for now, but let us just move quickly over to another one, namely that of the ever present aches and pains you feel all around in your body. We are well aware that for some, these are fast becoming more than annoying, and they are almost running out of patience as to when they will feel less burdened by these growing pains, for that is really what these pains are. Most of you are more than well informed by now as to the nature of these so-called ailments, and you are less afraid that they might in fact signal that anything is amiss in your body, but still it can be annoying to cope with the fact that you might feel full of energy and gung ho one day, and reduced to resting on your sofa most of the next day. Planning ahead is difficult, as you might never know when you are in fact able to do anything at all for a certain time period.

Well, let us just say that we cannot give you any good news on this either today, but we will keep reminding you all that this is in fact an unavoidable part of this process, and as for your physical body, it is certainly taking on the heaviest of burdens at the moment. Remember that although you in many aspects move easily from one level of vibration to the next, the fact that you are inside a physical body certainly prolongs this process considerably. But again, the very fact that you ARE in a physical body is what all of this is about, as you are here to act as actual physical anchors for all of this life-enhancing energy that is being beamed at your little planet. Remember, without you, this would never be able to proceed, so the at times rather heavy price you all pay by having to suffer through some unpleasantness concering all of your bodily functions is unavoidable.

Again, you knew as much before you volunteered to act as these live anchors, but we also know that you could not be aware of the full scope of this mission, as this process has never ever been carried out in this manner before. We will also remind you that the mere fact that you are pioneers makes you even more indispensable to all of creation, but we also know that the knowledge that you are carrying this burden on behalf of all of us does not make it any easier at times. Therefore, it is our hope that these words that we share with you and the accompanying energy in them will help you take just one step further along on that road towards completion of this task. We know we are asking for much, but we also hope that the realization that you are watched over and supported by a whole host of benevolent beings, will lighten this load somewhat.

You are the bravest of the brave, as we have reminded you on many an occasion, and especially during these challenging times, when your mind tries to tell you that all the hard work you do

might be in vain. We will stand by your side at all times and give you all of the help you need to regain your faith in your strength. Remember, it is indeed unlimited, and although your body tries to tell you otherwise, it is not about to fail. You are the victorious ones in every aspect, but your egos are working so hard to convince you otherwise. Listen past it, and you will hear the shouts of joy that are coming from every direction in the universe. You are here to stay, and you are here to surrender yourselves to the knowledge that all the things you do each and every day carry a meaning far beyond the illusion of frailty you yourselves sometimes misinterpret as failure. You cannot fail, and you cannot do anything to disappoint us. The only one you can disappoint is yourself, because you are the only ones that can convince yourself that you are failing in any way. Remember, that is your ego talking, so listen to your heart, and listen well, for it will tell you clearly that you are a resounding success, no matter how hard you try not to believe in yourself.

#### Part 82

We are aware that these days might be a bit hard to swallow for many, as there are indeed some very, very intense bombardments of energy currently being beamed into your little planet. Please rest assured that nothing is wrong even if you do not feel the effects of these, as you are all treated individually, and you are given your own doses as it were, and these will differ from person to person. You see, this whole process is really tailor made to ensure that you all reach your optimum levels of functioning, and as you are well aware, you are all put together in your own unique way. As we have said earlier, you all carry a different tune, therefore you all need the right "tone" as it were to activate the dormant layers you all carry inside your DNA, so there is no way that can be described as a common route for you all. If it were so, the end result would be very different, because as you well know, you have all come with a specific task in mind. Therefore you need to be literally tuned to the right level in order for you to be able to perform with the right voice, to put it like that. You are indeed nothing so much as a wonderful choir, and each and every voice, although beautiful in itself, holds a very special place in this symphony that you are about to perform. You cannot be replaced by anyone else, as you are the only one that can carry the special tune that you do.

This does not mean that this whole project will fail if some of the voices decides to keep mum, far from it, but we would like to take this opportunity to remind each and every one of you that you are all special, and you cannot be compared to anyone else in the universe. We do hope this will make you feel special too, as you have every right to do so. The voice you carry is something all of creation have been waiting a very, very long time to hear, so you can imagine just how eager we are to hear the sound of your choir soar through the ethers. It will be a beautiful song for all of those willing to hear it, and it will be a song of freedom, as this is what you have come to accomplish.

Some days, this goal will feel more distant than on others, so it is important that you remember to connect with some of your fellow singers. Standing alone is near impossible, especially now when the tempo increases even more. Never before has the maxim "strength comes in numbers" been more important to remember, and even if you sometimes feel the need to sequester yourselves from the hustle and bustle of a demanding outside world, do not forego the chance to meet up with your fellow lightworkers at any opportunity.

You know so well by now that you do not need to meet in person in order to feel the support from others out there. Luckily, these electronic meetingplaces fills an important part in connecting this world-encompassing grid, so reach out to each other there whenever you feel the need to assure yourselves that you are indeed far from alone in this at times very hostile

environment. Remember, whenever you do connect, the surge of energy that accompanies you wherever you go will also reach out and touch the sourcefield of the others you encounter, and together, you will produce even more beautiful and strong currents of life giving energy that will have many beneficial effects. Not only on those participating in these get-togethers, but everything else you come into contact with later on. It is like the old adage that one and one makes more than two, and in this case, the effects are exponentially more powerful than a mere adding together of your own personal forcefields. It will be like giving birth to a whole new set of light energy that will be able to transform so much around you without you even having to make an effort to do so.

As we were saying, you are all unique individuals, and together, you make up the most astounding tapestry of light and information. In addition, this tapestry is being worked upon by many other outside forces, so it is growing in size and strength each and every day. Nothing can make this beautiful creation unravel, no matter how hard they try, and soon, it will be visible to all. No more hiding in the darkness then, as everything and everyone will be illuminated by this gossamer of silken threads stretching and weaving together not only your planet, but the whole of the universe. You are all like little spiders, busily producing your own superstrong filaments that is helping this creation to cover ever larger portions of your globe, and your work is indeed having a strong impact on those still unawares that they too are "caught up" in this web of light.

These unwitting bystanders are those around you still insufficiently awakened to feel the pull of these threads of light, but soon they will be so enveloped in these shining garments that they have no choice but to wake up and see the beauty you surround them with. Then they too can choose to join this army of weavers, and add their own thread to this tapestry of light. Or they will have to let go of it altogether, as this beautiful weave will not and cannot trap anyone against their will. It can only hold those willing to add their light to the weave, not those only scheming to suck the light away from others. In other words, this is not a free for all, but a magic carpet only for those willing to contribute their fair share in order to keep it flying. You will not have to suffer the burden of any dead weight holding you down, so you will all be able to soar freely as soon as the warp and weft is strong enough to hold you all aloft.

#### Part 83

Let us begin this missive by saying that although things may seem to be a bit quiet at the moment, nothing could be further from the truth, as you are all going through massive changes. For some, it will feel like they are indeed almost sleepwalking most of the time, that all sense of belonging and participating in what the rest of the world is doing is almost non-existent. For others, it will feel like they are under water, like they are almost drowning in an overwhelming feeling of almost eerie calm, and that they are being smothered by a heavy feeling of silence. This is just a precaution dear ones, as you are in so many ways sheltered from the actual goings on, as they would seem to be almost too much to bear.

Let us explain. You are aware that there have been some very, very intense bombardments of energy during these last few days and weeks, and they have set off a sort of a chain reaction, not only in your bodies, but also in everything and everyone around you. Compared to you, the rest of the world is totally unaware of this process, but they will certainly feel the effects of this. Witness the unrest, violence and heightened tension that is currently being manifested in so many parts of your planet. You see, what seems to an untrained eye to be the destruction of many seemingly hitherto unchangeable parts of you world is not a mistake, it is indeed done with a very good purpose in mind.

We have referred to this earlier as a very thorough spring cleaning, and although it might seem at odds with the actual time of year, let us just say that this year, at least in this aspect, spring has arrived early. It will not be a spring of total bliss and peaceful activities all across your globe, far from it, but it will be a season of manifestation of the presence of so many layers of new and very, very vital energy. You see, in order to rid this planet of all of the accumulated layers of choking dust and grime, you need a good stirring up, and this is indeed what has just started in earnest.

This will only increase as the weeks go by, and that is indeed the reason for the sense of being almost tranquilized that so many of you feel at the moment. It is almost like when they give you a mild form of anesthetics before a minor operation. Not enough to put you out completely, just enough to dampen you senses and remove any anxiety you might harbour. We hasten to remind you that this is not done to make you totally senseless and devoid of feelings in any way, but we think you have already gotten to the stage where you are able to witness all of this turmoil in a much more detached way, and that is indeed of importance. You see, in order for you to succesfully plant your roots in the new world of a higher vibration, you also need to retract all of your old roots from the not so fertile soil still covering the old Planet Earth, still fully ensconced in its third dimensional clothing. This may sound strange, but if you are not able to fully free yourselves from all of these old emotional connections, breaking free will not be possible.

Again, we do not by this imply that you wil be turned into cold hearted and unfeeling people, only that you will be better equipped to see the rest of the world and its inhabitants for what it really is, namely an illusion set up to favour a few greedy people safely tucked away in their hideouts. You have nothing to gain by continuing to involve yourselves in this messy play, so therefore we will assist you in so many ways so as to make you more than capable of severing all of these old connections once and for all.

As we have discussed earlier, this will not and can not be done in one fell swoop. It takes a lot of hard work and involves many steps, but the most important one is your mental release of all of the old. Therefore, you will find yourselves more and more watching as detached spectators as world events unfold in an ever more dramatic fashion.

To many, this sounds like you will all be turned into some kind of mentally inhibited zombies, but nothing could be further from the truth. It only means that your emotional capacities will be turned towards a more sound way of living. In other words, you will release yourselves from the stranglehold this illusion has had on you, where you have been held down by generations of fear and feelings of powerlessness, and you will refocus all of your emotional strength towards the coming of the light. You will still have strong emotions, but you will se how they start to manifest themselves in new ways, where your sense of love and connection will literally drive you to tears of gratitude.

You see, you are all beautiful sentinent beings, and now you will be able to access the full scope of your capacity for love and compassion, but it will not be wasted on the infertile ground created by those set on subverting others. You will be free to love with all of your heart, and you will finally see just how powerful this love can be, but first you need to liberate your own hearts from the heavy weight of the old. It is not an easy process, as we have touched upon earlier, as it also means a separation from much you have held dear for a very long time. But remember that this process is something you all need to go through in order to set your own light free. Only then can you be able to light the way for the others, and if they choose to do so, they will follow you through that door to the freedom that awaits you on the other side of this dramatic portal.

But we do feel the need to remind you yet again that it is not your job to ensure that they too step across the threshold, that is entirely up to them, so you cannot be held accountable for anyone but your own heart. You all know this so well by now, but it bears repeating as now the

time for tallying up the members of the tribe of the awakened is coming ever closer. Do not feel despair at this sweet ones, as the outcome will come naturally for all. Remember, you all have a choice in this, but this choice only pertains to yourself, not to any other, therefore the burden of choice is so much lighter than many of you have set your minds to.

Leave all of the heavy baggage of guilt behind sweet ones, it does not belong to you, nor to any other. You must all be sure to only carry yourselves across this threshold, it is all we ask. Still, this is not an easy task, as you have all picked up some extra luggage along the way, and rightly so, as most of you are very far from being solitary beings. Just remember, now the time has come to sort out once and for all what is truly yours, and what belongs to someone else. We think you will be very surprised – and relieved – by the answer you will find in your heart of hearts.

# Part 84

Mankind has come a long way from its origins, but mankind has a long way to go. You see, mankind is finally returning to their roots, and these roots have been buried deep beneath the layers of forgetfullness that has been put upon them by those still set on ruling mankind. You see man as a solitary species living on a little blue planet, far removed from anything else, floating silently in space. The idea of your uniqueness – and loneliness -is something that is a far, far cry from the truth, and this truth is what is slowly but surely seeping into your minds now that your hearts are starting to give away the secret that has been buried there for such a long time. You may well be aware of this already, but let us elaborate on the actual facts behind the existence of a human race.

This planet you call your own is not yours, it belongs to all of creation, and it has been set up with a very special purpose, namely as a sort of educational place where souls go to learn. And it is not an easy curriculum, your planet is considered as the most prestigious but also most challenging of schools in existence, as only here can you learn the lessons of experiencing duality while residing in a physical body. You think that living on earth is nothing if not unique, and in this aspect you are absolutely correct, as no place in creation do you have condition such as you have, where the majority of the inhabitants are suffering under the rule of a small and greedy race of rulers. This gives ample opportunities to learn of course, but let us assure you that the curriculum was originally something else and far more benign if you will, but as you are well aware of by now, the curriculum was forcibly changed in order to work in favour of a few intruders who literally made this planet their own little playground.

Much has been said about this already, so we will refrain from going into details on this subject for now, let us instead return to the origin of your species, and talk more about your future. As you might be aware of, your physical bodies have been constructed as a sort of vehicle which enables a soul to take up residence, and through this body and all of its senses experience a very different sort of life than what is possible in other dimensions. Your physical body is indeed a marvelous and extremely well put together functional system, and we are very proud of our accomplishments in this manner. You see, it has been designed by the smartest of brains, and if you have any knowledge as to what really goes on under the surface of your skin, you would indeed have no doubts as to the existence of a higher intelligence. Your scientists are still baffled by the complexities they find whenever they delve ever deeper into your construction to call it that, and there are still so much more to be discovered inside that vessel your soul inhabits. Still, that is only a minor detail compared to the real you, that is, the soul that has set up home inside one of these "vehicles" in order to evolve one step further by experiencing one more lifetime inside such a complex construction.

You know well by now that your soujourn on this planet is seldom a singular visit, in other words, you return lifetime after lifetime in order to get ever more exposure to this sort of environment, where your species interact with another in a manner very unique in all of creation. Humanity as as species has evolved slowly from primitive groups, subsisting on hunting and gathering, into a seemingly highly developed form of society. This is not a mean feat, but as you have been told repeatedly, you have a long way to og in order to achieve your ultimate goal.

Were it not for the tricksters that came to your shores a long time ago and turned the tables in their favour, your ultimate goal would be achieved a long time ago. In fact, many of the old civilizations you today refer to as primitive were much more advanced down that road, as they still had many remnants of their old lineage still active in their minds. Therefore, their way of coexisting with their brethrens from far away shores ensured a highly developed society, with skilled scientists and an abundance of knowledge, and an almost total lack of warmongering, diseases and oppression. But then, as you all know, the uninvited visitors came and history were turned on its head. You as a species were put on a very different track, and soon, corruption and greed – and an imposed forgetfullness – ensured a rapid decline into a society rife with warfare, sickness and powerty. You have struggled through this morass of desperation for a very long time now, and the extra luggage you have been forced to carry has certainly made its mark on your world. But now, you are about to eject all of this extra baggage, not only as singular souls, but also as a species, and finally you will be put back on the right track again.

You have no idea just how much this will alter the history of mankind, as without this forced hindrance of old lies you will be free to grow as you should have been right from the start. This will make everything new again, and you will not waste much time in taking up the slack and correct the course so that your journey will have a much more peaceful destination. You see, once you regain your memories, you will find your strength, and then nothing and no one can hold you back. All of the old imprinted patterns of greed will fall away, and you as a species will again start to work together for the betterment of all. Again, once you start to pool your resources, that is, once your free spirits starts to connect, the combined effect will be unbelievably strong. As we said, in your case, one and one will not make two, it will grow exponentially into something so powerful it will literally wipe the slate clean.

In other words, you will all be able to breathe the fresh air of freedom again, and you will start to build the society you want, a society based on love and a common interest, where ego has no place and death is not a threat, only a natural way of ending one lifetime before starting a new one. That day is not far off now dear ones, but you are only now starting to feel this power inside of you. In the days and weeks ahead, this power will grow so strong, it cannot be ignored. Not by you, nor by any other, and then you will have no choice but to set it free. And then, your whole world will change, as you set your hearts and minds to creating your new tomorrow.

That will be a day to remember for all, not only on our little planet, but also by all of your celestial families, scattered in so many places across all of creation. You see, you are not really of this place, this is a place where only those that chose and where chosen to come, may exist. Except for those few trespassers of course, but let us not dwell on them now. You are the stars of this story, and now all focus will be on you.

Although you probably refer to yourselves as humans, your origins are something else, as you are all emissaries from other civilizations, sent down to this planet a long time ago to act as carriers of information. You came down to bring knowledge back to your own, after having accumulated so much by spending lifetimes playing the part of a human inside a human body. In order to play your part well and learn as much as possible, you were put through a process that deleted much of your original imprint as you came in. Without this, you would be hard pressed

to absorb all of the lessons you came down here to get. You see, life on earth has in many ways been about learning how to have shortcomings and restrictions that does not apply in other places of creation, and these lessons can be very difficult to endure if you have too strong memories of a much more carefree existence in a very different environment. So the intentions were good, but when these small remnants of home were even more supressed by those who came in and took over the show as it were, things took a turn for the worse.

Fortunately, they were not able to eradicate the last little glimmer of home completely, and it has been guarded well deep inside of your hearts. Now that little glow has started to burn ever brighter inside of you all, and the flame is burning away so much of the shame, guilt and fear that has kept it hidden away. Now the knowledge that you harken from a very different place is no longer something to be afraid of. It is something that gives you pride and joy, and rightly so, as soon you will all stand proud and talk of your ancestry to everyone.

Do not be afraid of the ridicule this might engender from a few lost souls dear one, it will be short lived as they too know all to well the truth in this. But you will also see the truth in the fact that many will choose to deny to themselves that this is indeed also their truth, and they will choose to stay to behind with the rest of the souls that will continue to live their ever shorter lives in the illusion they have created. They will be allowed to do this, as they have chosen to sever their connection to their reality once and for all, and for them, a planet called earth will continue to exist as long as they are able to hold it back from total annihilation set in motion by their own actions. For the rest of you, life will turn bright once again as you will see not only yourselves but also the rest of your celestial families in the true light yet again.

### Part 85

Today will be a day almost like any other, but only almost. You see, the heightened levels of energy have started to make their mark not only on you, but also on everything that surrounds you. For many, this has started to show itself as increased levels of aches and pains, especially in the bones, and also in the activities in your brain during your sleeptime. Let us explain.

As you know well by now, your physical body has a hard time accomodating all of these new energylevels, and because of this, it will at regular intervals sound the alarm bells as we have talked about earlier. This is not dangerous, only varying degrees of annoying and at times almost debilitating, and it is also something you in many ways have gotten used to. But now, these levels of energy will start to make themselves known at an ever increasing rate, hence the pains in your bones. The bones are the densest parts of your human body, therefore they have the hardest time adapting to these new frequencies. It may be very painful at times, but again we repeat it is not detrimental in any way. Take it as a signal that your body is indeed adapting to these new frequencies, although at a slow and rather uncomfortable rate.

Your bones are literally becoming less dense, but not in the way that those suffering from a disease called bone loss experience. No, they are only adapting to the new lifeforce that is surging through you, and as such, it is indeed eliminating everything that does not need to be there anymore. You are starting to lighten up – literally – in so many ways, and this process is causing especially your bones and your joints to protest. For some, this can at times be very painful, but again we assure you that nothing untowards is happening to you. You are only preparing to fly as it were, in other words, your body is starting to develop into something that will in many ways be able to override many of the physical laws that govern the rest of your fellow men. This does not mean that you will suddenly float away into the ethers, but it is indeed an important preparation for the time when you will be able to switch between this more "solid"

state and a much more fluid one later on. This will not make much sense to you at the moment, but we will fill in the gaps as it were on this theme later on when you have all started to approach the next level in this physical development of the ascension process.

Your mind is also working extra hard at the moment, and we venture a guess that the nighttime is no longer a relaxed and blissed out time for many of you. Rather, it has turned into the time for work, as this is when we can access your whole system fully and do most of the rebuilding work that needs to be done. This does not only entail to your physical body, but also your mental capacities, and therefore you have very strong memories of both visual and other sensory experiences whenever you wake up from a period of "sleep". We use these marks here to signify that you do not in fact go into a regular sleep any more. What you do, is to switch over to another state of awareness, and it is indeed a state of the utmost importance. This is when you are relieving yourselves of so much of the old, by sifting through all of your memorybase and letting go of so much of the accumulated baggage you carry from all of your lifetimes on this planet. In addition, you get a hefty refill of information and energy via us, and this will also make its mark on your subconsciousness.

For many of you, this period of "sleep" is also when you are being transported into many other realms, either for educational purposes, for medical proceedures or for various meetings with important personell and maybe even family members from home. For some, clear memories of these nightly soujourns are starting to linger in your mind also after you have awakened, and we know that this is a source of joy for many. It makes this process easier to go through, as you have a clearer picture of just how vast and all-encompassing this journey of yours really is. But never forget, you are only given small glimpses of all of the glory you have waiting for you behind the curtain, as it is indeed imperative that this does not take away the focus from your main objective, namely the work you have come to do on this planet called Earth. As we have discussed earlier, memories from home can make you want to leave this job altogether, and that would not do, therefore as a precaution you have all agreed to be kept in the dark as it were to the remainder of your memories from home, at least until it is deemed not to be detrimental to your work. That is the reason for all of these jumbled and confusing dreamlike sequences you have in your head whenever you come out of such a nightly journey, but now these memories will come through ever clearer as you are preparing for full disclosure, to use a term you might be familiar with. In other words, the curtains will be pulled further apart, and you will be allowed to bring back ever more detailed descriptions of your nighttime visits, as now these will only help you to continue on your way towards fulfilling your purpose here.

We hope this will give you some release from the physical discomfort you are currently being exposed to, and that it will also help you to get through this next intense phase. As always, we do not intend to cause you any discomfort, but it is indeed an unavoidable part of this upgrading process. As usual, patience is the most useful virtue for you all, and we hope we will be able to alleviate some of the downsides of this process by giving you tools that will help you combat them. Sharing our words and our energy is only a part of this toolchest, and now these surfacing memories from visiting other dimensions will also start to be an important part of this aid package. As always, we also implore you to reach out to each other, as you all will benefit from connecting with those around you experiencing similiar states. And never forget, laughter is the most powerful tool you all have in your toolbox for this journey. Do not take yourselves too seriously, this is indeed a time to lighten up in this aspect too. That is all from us today, but we will return again with more on this and other subjects soon. Thank you for your patience dear ones! We are all in awe of your contribution to this work, and we could not do it without you!

#### Part 86

Todays missive will in many ways be like so many of the others we have given you these last months, as we always strive to give you another reason to keep going. In other words, we see these missives as important in the way that we are anxious to give you all a helping hand in this process. We are more than well aware that this cannot be easy for you, and as we have discussed on so many previous occasions, you are indeed pioneers in this work that you do.

Do not think that this mean that we have no idea as to just what you are going through, far from it. This is in all aspects a carefully put together plan, and nothing has been left to luck or fate. In addition, you are all carefully monitored at all times, and this gives us a clear insight into just how this process is unfolding, so nothing is left to chance here.

We are aware that for many, all of these communications will fall on stony ground one time or another, as it is indeed difficult for you to keep the focus at all times, and understandably so. You are under so much pressure, and at times it can all feel to be much too much, and you lose your momentum and fall back a bit. Do not berate yourselves for this dear ones, it is very understandable and no one will criticize you for this. So if you harbour any misgivings towards yourselves whenever you fall under the weight of this responsibility you carry, please try to refrain from scolding yourselves in any way. It is only to be expected, and you do not need to fear any recriminations from us, rather, you will have our sympathy, as we see just how much you all have to struggle with at times.

Remember, you are working so hard not only for yourselves, but for all of creation, therefore all of your endeavours are more than appreciated, and you are indeed heroes to us all. Never let your own frailty be a source of admonishment against yourselves, as you are all doing exactly what is asked from you. Or rather, more than what is asked from you, as you have all more than surpassed our expectations already. Not only have you done everything according to the plan, but the plan has been adjusted several times already because you have managed to accelerate the process on your own accord. That is indeed something you need to take into consideration the next time you feel that you are standing still, or maybe even backsliding. Remember again, that nothing you do is without meaning, and nothing you do is wasted. You are constantly striving towards that final goal, and even if you yourselves at times feel that you are slipping back, nothing could be further from the truth.

Therefore, we wish to take this opportunity to implore all of you to remember to celebrate your achievements. You have come such a long way in a very short amount of time, and although to you this process will seem endless at times, it is so much closer to being completed than you could ever imagine.

We know that for some of you, these words may seem to be just another trick to lure you into pushing yourselves forwards when you already feel more than exhausted and ready to throw in the towel. Easy for us, you might say, as you do not have to go through what we are going through. And you are certainly fully in your rights in saying so, as our role is more like a spectator than a participant, but never forget that it was you yourselves who made the choice to come down to do this, the most challenging but also the most coveted job of them all. You see, you are considered as the lucky ones, as you are the ones who were picked out from the multitude of souls who volunteered for the job. So many wanted the chance to be a part of this unique experience, but you are the ones who were finally chosen. So know that even if you at times feel despondent, and think you lack the skills and the stamina to complete this mission, then know that you are the only one in the universe who thinks so. We all know that you are more than qualified for this job, and it is just your ego trying to pull the strings yet again to

convince you that you are nothing more than a mere mortal, unable to achieve much in your short life on this little planet.

If you could see yourselves from our perspective, or rather, in the true light, you would never ever again doubt your abilities sweet ones. You are all gods, in the literal sense of the word, and your powers are beyond any limitation you could conceive of. But as we said, this truth had to be left at the door when you entered the domains of the human abode, and as such you need a little reminder from us at regular intervals. And we will continue to do so until the day comes when you have all rediscovered the real you, and found that ocean of unlimited energy you all carry in your hearts. That day is coming ever closer, and for some of you, the taste of the first sip from that ocean has already lingered on your lips. Soon you will be able to drink freely from this source, but until then, please remember to open your hearts and listen with discernment whenever the voice of smallness tries to make you shrink back into a small and seemingly insignificant member of the human race. You are neither, and we will all do our best to shake that misconception away from you for ever. For some, it will be easy to shut out that belittling voice, to others, it will take some time and a lot of hard work. But remember, we are at your side every step of your way, every second of your time, during your heights and your lows, and we will never ever forsake you. You are us, and we are you, and soon, we will all be together in the full light of the new dawn.

#### Part 87

We would like to delve deeper into the somewhat murky past of your planet, and also look further into what's in store for this next period. Although much has been said about this already, we feel it to be only prudent to repeat some of the information, as this might make it clearer this time around.

As you are well aware of by now, humanity started on this journey as a species unfettered by any hindrances, whether they be self-imposed or otherwise, and this held you in good stead for a long time. You developed from a rather primitive organism and into something much more specialized, and you went from being organized in small groups into a much more complex social structure. As you well know, inside all of these hominids delved a soul that harkened from a very foreing place, because this planet was set up as a place for educational purposes, serving the whole of creation. This has always been a much sought after place, and many, many souls applied for a position here as this is a very unique place to brush up on so many skills. Nowhere else in the whole of creation can a soul experience the same variety of living conditions as here on earth, and therefore the waiting list was long for acolytes trying to develop themselves further than they were able to back home.

You had so many opportunities to evolve, and they were indeed eagerly seized upon, as the only thing that was agreed beforehand, was that you were to be ruled by free will. In other words, no one outside of your planet were allowed to intervene in any way, as it was indeed deemed to be absolutely necessary that this planet was to be left to find its own way from the darkness of the least developed mind and out into the light again.

Civilizations came and went, and many of them became very skilful in adapting not only to their environment, but also to develop their knowledge in all fields of science. As you may remember, some of these previous civilizations surpassed yours in many of these fields, even if you still prefer to call them primitive. The reason for their excellence in many fields was that they had not lost their connections to home, in other words it came natural to them to seek contact with off-planet beings in their efforts to stretch their skills and abilities to the max.

But then, something happened that changed the rules completely. In defying of the rule of free will and no intervention, representatives of another civilization decided to make planet Earth their new abode, as they had mismanaged their own in such a way they needed a new place to live. And what better place than planet Earth, so full of resources of all kinds, and so easy to invade. As you know, they were very skillful at manipulating others, and the human race fell under their spell very easily. They knew fully well that if they managed to reprogram you all, it would be very easy to take over complete control of your societies, and in order to achieve that, what they needed to do first was to eliminate all traces of your former connection to other evolved beings residing on other planets.

They were so successful at doing this that soon what was left was only a small remnant of memories hidden away in the innermost sanctum of your hearts. But in some populations, these memories were revered and kept strong in the minds of all, and therefore these groups were persecuted almost to extintion. This has continued well into your lifetime, and you can see for yourselves the amount of suffering so many of your so-called indigenous groups have been forced to endure throughout the centuries. But now, their hidden knowledge can finally start to be shown openly again, and for those of you keeping a close watch on what is going on around the world, you will see that now all of their old stories and prophecies are starting to be heard in every corner of the globe. You see, they know fully well what is going on, and they have been waiting for this for generations. Listen to their words, and you will know that this is the time for the big change, the period of closing down the old corrupted way of living, and the time to start all over again with pure intentions.

Although much of this has been known for a very long time, your captors to call it that has managed to brainwash the majority into thinking that this period will be a period of increasing violence and destruction. You can see how it is already manifesting not only in your financial system – set up by these usurpers to ensure a total submission of you all - but also in the so called civil governments that are trying to take away even more of your freedom in order to save their own purse and keep them in power. They will use every opportunity they have to increase your level of fear, thereby trying to convince you all that without them, everything will turn into chaos and mayhem. In other words, they will not let you change your way of life in any way that does not favour them, they only want for you to continue being submissive and meek, ready to follow their orders at every twist and turn. They are becoming desperate now, as they can see how their empires are literally falling apart between their fingers, and they will resort to desperate measures to try to keep on to the fragile hold they have over mankind.

Never forget that the last thing they want, is for people to start thinking themselves, and especially about just how much power the common man really has over his or her own fate. No one can contain your powers once you have found it in yourselves, and that is why they are trying their damnedest to shift your focus away from yourselves and literally frighten you away from the truth. Watch how they are rattling their sabres in the Middle East, Africa and Europe. They will keep feeding you all lies as to just how unbalanced everything is now, and they would love nothing more than the chance to start another war to avert any scrutiny into their own actions.

Never fear your own powers dear ones, this is what will set you free in the end, as then you will see that these creatures running the show can never ever outnumber or outmaneuver you ever again. They cannot, because they cannot help but stay stuck in their own low vibrational field, so when you open up to these incoming light energies you will automatically become independent of them. That is, if you realize your own powers and do not let yourselves be convinced otherwise by these skillful manipulators. They are nothing if not intelligent, and so far they have been very successful in holding humanity back in the lower densities. But now, you must all wrench yourselves away from this illusion of powerlessness they have implanted in your brains, for it is you and only you that can ensure your own liberation from this self imposed prison of

doubt and insecurity. Again, we do not say that it is easy, we only repeat that you have literally all it takes to unwind yourselves from these threads that are holding you down. It can be hard to see all of the light you harbour inside, as it has been shielded from you for so long. Time to open your eyes sweet souls, you are about to fully awaken from this bad dream you have been stuck in for such a long time.

#### Part 88

We would like to take this opportunity to delve deeper into your tomorrows, as that is a subject that often enters the conversation these days. As you well know, changes are afoot, and they go deep, deeper than any changes humankind has been through before. That is easy to understand, as mankind's current way of living is so far from sustainable, and now it is change or disappear forever from the face of the earth, as there is no way you can continue in the same tracks. At least, not for long, as Mother Earth is losing her patience once and for all. In other words, even though mankind cannot abide change if they have a choice, now they do not have a choice any longer. You have been leading the way down a one way street, and now you are approaching a cul de sac you have no way of getting out of on your own.

You are well aware by now that the notion of free will has been set up as a clause for anyone that enters your living space, but now that free will clause has indeed been set aside, at least in one aspect, namely that of blindly continuing to destroy the planet that gives you sustenance. "No more" is the order from above, as you have so far failed to learn your first and foremost lesson, but as we have discussed so many times earlier, it is by no means solely your responsibility.

As the order of no interference has been revoked, much has also been set into motion that has made the notion of free will null and void in some cases. You do still have a free will as to deciding whether to tear yourselves away from the old and disillusioned way of living, but that choice will certainly have its implications as to what you might expect to happen in the remainder of your sojourn here. You see, if you choose to stay on in the lower dimensional version of the earth, then the outcome has been decided already. In other words, that world cannot be turned back from the aforementioned cul de sac, no matter how hard her inhabitants try to convince themselves that they have a free choice as to what their future will be.

On the other hand, for those who choose to ascend together with Mother Earth to a higher dimension, there will also be some limitations as to what you can choose to do, and what will be impossible to act out. For when you step up your vibration, all notions of a manipulating ego must be left at the door, and any actions carried out in the manner of the greedy, fear guided "normal" way of living in your current world will not and cannot be tolerated. You see, these actions can only take place in the lower dimensions, therefore the notion of free will can never go beyond any limitations set upon them by the level of vibration your soul is currently at.

In other words, free will still be free, but there will be limits as to how low the level of your actions can be. This may sound like there is no thing as free will, and in some ways you are indeed right, but again, your old planet Earth was set up with this rule in order to enhance your possibilities of learning how to exist within just such limitless borders. This held no problems, and your planet was indeed flourishing, but not after this rule was blatantly misused by those eager to exploit it for their own cause. As you well know by now, their rules of conduct corrupted the whole humanity in such a way that the old school of education was turned into a farce. Therefore in order to set the record straight once again the slate will be cleaned and you will be allowed to start all over again in a new frequency that will ensure another way of evolving that will include free will within the possibilities that this new frequency will carry.

The old world in its lower density will of course have a wider scope of said free will, at least if you count all of the baser actions that this lower density will allow for. Therefore, free will to abuse yourselves or others will still be allowed there, but it will never be allowed in the higher realms.

So you see, free will is not totally free at all, rather it is a set of loosely constructed laws that gives you access to certain ways of behaving that must concur with the level of vibration you resonate with. As planet Earth has been residing at a level that is below so much of the rest of creation, the possibilities to educate yourselves have been far wider than in many other dimensions. Therefore, a position at the academy of human life has been much sought after. But now, there will be two different classes, and most of you have already graduated from the third level density one and moved up a notch.

We will not define the accurate level of density in your current state, as it will fluctuate somewhat before you settle down in your new semi-permanent one for the remainder of this lifetime. You see, everything is in flux once you have risen above the third density, therefore you will also be able to experience multiple levels of density during one lifetime. This will be too complex to explain at the moment, so we will return to this subject later on when the timing is right. For now, let us just conclude that life as a third density citizen will continue much as it has done, in other words the souls choosing to reside there will have to endure all of the hardships they have ordered for themselves. They have chosen to stay on in an illusion that will make their own lives ever more challening, before they finally decide that they have had enough of the harsh lessons they came to aquire.

For the rest of you, the time has come to start living a very different life indeed. You have chosen to go into the light, and therefore you have been taken out of the old class and put into the new. Just as in a regular school, changing classes will have its challenges. A whole new set of rules, new surroundings and a new set of classmates. It takes some time to familiarize yourselves with all of this, and especially since this change came rather abruptly. We know you have been waiting for this for a very long time, but still it will take some hard work to settle into your new groove as it were. On the surface, everything will seem to be much like the old class you left behind, but slowly and surely you will open up to the fact that nothing remains but a lingering sense of illusion, and soon this too will start to dissipate.

This transition period will be a challenge in many ways, but again, know that you are supported every step of the way. This is not a class that will be left to fail, this time everyone will graduate with excellent results. It might not feel like it at the moment, but we do assure you that you are all star pupils in every sense of the word, and even if the sound of your ego is still echoing in your mind, remember that this voice of smallness is finally fading away for good and you will all start to see your true colours in all of their glory. Time to go to class sweet ones, we know you will have a wonderful time this semester!

# Part 89

Let us begin this missive by confirming that although on the outside much seems to be very quiet, underneath there is much turmoil at the moment, and we think you have all picked up on this one way or the other. You see, you are so connected to everything now, you cannot help but be exposed to all that is transpiring not only in your realm, but also in the rest of creation. For many, this will take the form of a deep unease, a feeling of disconnection and a feeling of longing.

This longing may be very unspecific, but it will be strong, and the reason for this is easy to explain.

As you have started to open the doors to your hidden memorybank, you have also started to feel the pull from back home, therefore this strong sense of disconnection from your current surroundings will just become stronger, and the call from your ancestry will be heard ever louder inside of you. Remember that these are just sings of adjustment, and although they may feel very unsettling at the moment, you will soon learn to balance these conflicting feelings of living in two different worlds at the same time. In addition, the rest of the worlds inhabitants are starting to feel the pressure more and more, and you cannot help but be affected by this also. It is important that you learn to discern what is emmanating from your own core and what is echoing in from your surroundings. As we have said earlier, you must manage to have a clear view of what is yours, and what belongs to others, as otherwise you might be overwhelmed by this heavy burden of anxiety that is emmanating from everyone around you. Remember, they are feeling the pressure of a system that is falling apart around them, so they cannot help but react with more fear. You, on the other hand, must be vigilant and keep your focus on the truth of this process, namely the fact that you are watching the birth of a whole new world simultaneously as the old system is grinding to a screeching halt.

You must in other words focus on the ever growing amount of light that is literally suffusing everything around you, and try not to be dragged down into the darkness that is keeping the light out from the hearts of so many others. You have a choice in this as you always have, and for now, be aware that the darkness will seem to be even more profound than before. But again, remember that this is only a trick of the eye, as your brains cannot adjust to the new levels of energy just yet. In other words, you will have a much clearer view of the remnants of the darkness than the huge volume of light that is currently being injected into your atmosphere, and therefore there will be some that choose to disregard this light altogether and lose their hearts and lose their way and stumble back into the small pockets of darkness that is still in existence around you.

We do not condemn any of you if you too should lose the grasp on your sanity as it were and fall back a notch or two, as this period will probably be amongst the most challenging you will encounter. We do not say this to scare you in any way, we just want you to know that we are well aware of the battle that will be raging between many a heart and mind in this upcoming period. You see, in your heart of hearts you all know fully well that although turmoil might erupt at any time around you, all is well and just as it is meant to be. But in your mind, things might take on another meaning, as it will try to tell you that everything is wrong, nothing is going according to plan, and you seem to be further from the goal than you have been before. If you can remember to check in with your hearts message at regular intervals, it will be so much easier to override the minds supposed voice of reason, and you will not have any problems in navigating the choppy waters ahead.

If you find yourselves succumbing to that negativity residing in your mind, ask for help and guidance from those around you that manage to keep their inner channels of communication open at all times. There will always be someone in your vicinity that can help you to boost your strength and resolve in some way or another, and we remind you again that strength is indeed in numbers, and for now, it is vital that you do not insist on going solo for the next stage of this journey.

Connect in any way you can with souls that you can resonate with, and together you will make each other more resistant to the intrusion of negative thoughts that will suppurate from the ocean of unawakened souls as things start to escalate around them. You must try to be islands of clear headedness in this ocean of fear, and in order to manage that, lift your eyes from the churning seas and focus on all of these other islands of calmness that surrounds you in every

direction on the horizon. In addition, be sure to reach out to us, and know that we are standing by your side day and night, so even if you will at times feel like the loneliest person in the universe, know that nothing could be further from the truth. You are literally surrounded by love and light on all sides, so be sure to open your heart to it whenever you feel the fog of forgetfullness approaching you. Together you will make it to the other side of this approaching storm, but alone, you will indeed have a hard time keeping your head above the swells. Be calm sweet ones, even if a storm is approaching, you must not fear. You can weather out anything now, even if your scared little mind might try to tell you otherwise.

You are all wearing a shining armour of light, so never let your guard down by dismissing your own strength. Your heart is so much stronger than your mind is, so again, stay in your heart and all will be well. We wish you a safe journey sweet ones, and remember that we are with you all of the way, no matter what transpires in these next few days and weeks. This may sound omnious, but rest assured that all is going according to plan, and as long as you keep your focus on the light, you will fare well. Fear is the only thing that can penetrate your armour, so be sure to call for assistance if you feel it coming too close. And remember to look out for your bretherns too. A helping hand is much appreciated whenever someone find themselves standing less sure on their feet than usual. And now, you might find this balancing act a bit more challenging than usual. You will not fall, even if your mind is a bit wobbly at times, at least as long as you remember to balance yourselves by listening to the truth you always find inside of your heart.

# Part 90

Today we would like to delve deeper into the feeling of separation that so many of you experience at the moment. As we said in a previous transcript, this period will probably count amongst the most challenging ones, and this feeling of being lost will be a part of the explanation. You see, by now you have all transitioned so much that you have in fact lost almost all of the connections that held you emotionally attached not only to your daily life and your surroundings, but also to almost everything else that exists. This is not an easy transition, and you do not seem to have anything firm to hold on to at the moment. It is like everything has been let go of, and you do not yet have something new to take its place.

This feeling of being in a void will only intensify as you are being separated even more from your old moorings, and as we know that this will challenge you in many ways, we wish again to impart the advice to stay connected to someone that can help you through this part of your journey. If not, you will find it hard indeed to continue to trust yourselves and not lose faith in your tomorrows.

We wish you could see just how close you all are to finding the bliss you have been craving for so long. We know that this will be a small consolation when the bleakness of separation still prevails in these upcoming days, but please remember to remind yourselves that this is only a period you have to get trough, not a permanent fixture in your life.

We know that this will be hard to swallow at times, as you will all have a hard time finding the light inside of yourselves at intervals on this journey, and especially now when you are approaching the cusp. It is by no means an easy quest you have started on, and again, you are not called the bravest of the brave for nothing. Just remember, that even the brave need someone to share with, and only in sharing your hardship can you make this burden a little easier to endure. You are not alone, and please do not think yourselves to be any lesser if you feel the need to call for help. Quite the contrary, it only shows your real strength if you do.

You see, that is the real secret behind this strong feeling of separation. It is there to make you connect even stronger than before, as it is indeed vital that you do so. Remember, we have talked about this on several occasions earlier, as the combination of all of your different energyfields is what makes this whole process come together. You are as we said individual voices in a beautiful choir, but if you insist on standing alone and singing solo, your voice will be nowhere near as strong as if you too join in that world wide choir. Together all of your voices will drown out any white noise, but separately the force from your singing will not be as powerful as we wish it to be.

Please join the choir sweet ones, it will not only make you feel stronger, it will make you all immensely more powerful. Together, you can change your world, alone you will find your voice softly trailing away into a mere whisper. We wish you all luck in this connection process, and we know so well that along the way, you will all find some wonderful new soulmates. This too will make you hearts sing in so many ways, and then this feeling of being so lost will dissipate and be but a memory soon.