A long time ago, mankind came to these shores for the very first time, and with them, they brought instructions to go forth and make themselves a home on this planet. And this instruction, this blueprint if you will, has been with you all along through the ages, and it has been biding its time, waiting for you to find a way to find your way to the very core of your being. For when you did, you would enable the last stage of this whole plan to come to fruition, and now, you all stand before this very last stage of this evolvement. For even if mankind's journey has been one that has taken many a detour on its way, you have not lost that inner spark, the one that has kept you going despite all of the obstacles you have encountered. And they have been many indeed, not least in the form of those beings who more or less hijacked you all and send you all wildly flying into a dark abyss of despair, where it looked as if you would all get completely lost. But you did not, for that inner spark, that part of you that is also a part of God, has been there all the time, keeping the fire burning, even when it looked as if every single spark of light was extinguished for good.

But it was there all along, tended carefully by people who knew of it, people who kept themselves off in the shadows, so that those representing an ever darker part of Creation could not see them. And there they waited, and there they kept tenderly blowing on the small ember that they managed to keep going, century after century, while in the rest of the world, mankind slowly but surely succumbed to the idea that the light within them was a thing of the past. Indeed, this extinguishing of memory was so total, it left no open doors at all to that place within that this small, flickering light still hid out, and so, the remembrance of your inheritance, your part of God, was forgotten and lay dormant in the vast majority of mankind for eons.

But now, that flame is blazing again, and that is because you are amongst those first brave pioneers who dared to venture behind these hidden doors once again. And what you found there, is what has been waiting there for you so patiently, generation after generation, lifetime after lifetime. For within you all, even within those representatives of mankind that you look upon as the darkest creatures of all, glows that same spark, that same little piece of God that everything in Creation has in common. For you are all chips of the same block as the rest of us, for we all share the same ancestry, and we all come from that same infinite ocean of energetic potential, that ocean that is set into being by the consciousness you are also a part of. For there is no division, there is no "them" and "us", there is only we – now and forever. And even if you do find yourself categorizing beings into all kinds of shades from black to white and every stage in between, know that no matter the appearance, whether that be on the outside or judged by their actions, it all stems from that same single source. And that source, is the Source of light.

We know this is apt to cause a lot of confusion, and given the history of man, it is not difficult to understand. For you have been living out a long and complicated history under the thumb of beings that you will have a hard time finding any light in at all, but know that it is there. But theirs has been a journey that has taken them even further out from Source, and so, their actions have been governed by that. But know also, that no matter how far out into the fringes anyone ventures, whether as a single entity or indeed as a whole constellation, they still adhere to the same rules that everyone else. For what is the basic principle in All of creation, is the interaction between energy and consciousness, and remember, consciousness has been set into action in ways that have been devised in order to create it ALL. And so, what may look as the grossest of imbalance is there with a purpose in mind, namely to create the new. And so too, it has been with mankind. For if you had not been taken under the wings of the creatures that took upon them to re-create what had been created as a grand school in the first place, your place in history would not be the same. For if you had not been under the kind of mismanaged by outside forces that you have had to suffer for so long, this planet would not be in that dire situation you see today. And so, your role as the pioneers, the ones that are about to complete a turn around the likes have never before been seen anywhere in Creation, this role would not have been called for.

So again we say, know that all is well, and know that everything that has happened to get you to where you are today has happened for a reason. And we are not just referring to your own personal journey. We are referring to everything that has taken place. And yes, we are well aware that these words will cause an uproar in some of you, and rightly so, for you look upon yourselves as the carriers of the light, the righters of the wrong, and you feel your mission is a mission with a higher purpose than merely a personal quest for freedom. And so it is – in every sense of the word. For you are all that, and more, for what you do, as we have told you on numerous occasions, you do on behalf of All of creation. And you do it because someone took upon them the roles as deactivators of the light on this planet, and they did so because they looked upon that as their personal right. They took what they could take, because they felt the urge to do so, and on the way, they enslaved a multitude of people and put them under a yoke that kept them sinking ever deeper into a morass of forgetfulness, fear and disempowerment. So to all sense and purposes, they created YOU, and so you stand here today, looking out at something that has come about because someone else created from the same urge you feel today. But to them, the purpose was the exact opposite.

We know these words will make many a head spin, but we also know that these words will make the penny drop, as the saying goes, for others. And please forgive us our somewhat unorthodox choice of words, for we do not take this lightly in any way. We are simply trying to help you to see the big picture here, and that big picture is perhaps infinitely more complex than you think you can even try to wrap your head around, but it is also infinitely more simple and extremely clear cut. For in order to see the light, the darkness will always have to be present in some form, and in order to create, you need friction. And so it is, and so it has always been. On this planet, Planet Earth, the friction has been such, it has created something that is not like anything anywhere else, and as such, the lessons have been learned again and again. But now, the time for a radical change is due, and the reason for this, is that there is indeed a time and place for everything – but not haphazardly. And so, what has been shifted to a gross degree in one direction, must be shifted back in the opposite direction, and so, the time for the light to reenter all of the great halls of your planet has come.

This shift has been a long time coming, and, as you all know, it was with you even before you came into being here on this little blue planet. Not only this time around, but before you even remember coming into being here at all. And so, you have been brought in to fan the flames again, not only within yourself, but within enough of your fellow men to ensure that this shift really comes into being. And with it, you have been given the task of literally rewriting your own history.

For mankind has a hard time seeing beyond the actions and so, you keep lists detailing the "good" and the "bad", and there is no way for you to overlook the distinction between them. But that is what you will have to remember, for again, this is not news to any of you, but it is simply something you have been programmed to forget the moment you stepped away from the complete version of you and stepped into that container carrying the name of "human". And so, you spend much of your time putting everything you encounter in one container or another, each coming with a neat label of "positive" or "negative", "good" or "bad", "them" or "us". And so, you keep dividing everything up into more and more fragments, all in a grand effort to keep forgetting even more of who you really are. For remember, everything is the same, as everything comes from the same Source, and even if it may look, taste, feel, act or behave differently, it all comes back to the same, it all comes back to ONE. And so do you, for you are no less God than anything or anyone you would define with such a description, so you are neither more nor less than anything nor anyone in all of Creation. This is the simple lesson you need to take to heart, for this is the one answer that will answer every single question you will still have. You are ONE, you are one single part of that grand total of ONE. You may feel separate, but that is simply because you have been taught to forget. But now, you have been told to remember again, and when you do, it will all fall into place, and there will be no one nor no thing that does not fit into that great, grand picture of YOU anymore. Nor will there be for everything else in existence, for this too, is part of you, just as you are a part of it. And so, we thank you, on behalf of us all, for doing what you do. For you do what no one has done before, and as such, you are making us all into an even greater version of us, for you are making this ONE into an even wiser ONE.

402

We have come to you today to share another important piece of information, one that for many will perhaps seem to confuse them even more at first, while for others, it will seem to be obvious from the get go. Then, we would like to take some time to delve further into another topic that weighs heavy on many a heart.

So let us begin this missive by talking about the fluctuating manner you are all starting to perceive your reality, and how you seem to float in and out of different states, without any obvious reason for it. For we think many of you can report being in an almost constant state of flux now, fluctuating between extreme clarity and obfuscation, between a surge of joy and knowingness and sense of exhaustion and despair, all coming together in a soup of contrasting and perplexing ingredients. None of them seemingly related to the others, and none of them staying long enough to let you fall into a state of permanence. Well, there is an easy explanation to all of this confusion, and that is the effect of the bleed-through of the unseen.

By now, you will all have acquired some knowledge of this universe of yours, and you will have learned that what you have learned earlier on in your life, is merely a small fragment of the truth. For what you have been told, is what mankind so far has manged to glean by looking around them and by taking in everything they can register through their senses. And, as you know, even by utilizing the most advanced creations you have accomplished so far, you have only managed to scrape a small scratch into the surface of All of creation. And so, what you have learned as facts and as an endless list of limitations, will now become null and void for you all as you have already started to let all of those unseen states percolate into your very core again after eons of absence. So what you have been, you are no more, or rather, what you once was, has been relegated to a quiet little corner of you, while the rest of you is busy at work filling itself up again with all of that long lost knowledge, and like dried up sponges, you are soaking it up into literally every single particle of your being.

For that gaping void you have all sensed so strongly within, that void where you have felt such a huge part of you have been missing, that void is now being replenished from that Source you were disconnected from as you entered the state of being human. For as you all know so well by now, becoming a human means leaving behind so much of YOU, and so, that calling from within that has been transmitted through that God-spark you all brought with you from home, that calling has been heard and so, you have made the choices you had to make in order to be right here right now. That call to become ONE again has been so strong, and in all of you, it has created a strong desire to become that single but yet fully connected being you used to be. And yes, that is also the reason all of you are here at this very moment in time. For you came in, fully acknowledging the fact that your memory would once again be erased, just like it has been every single time you acquiesced to the restrictions of being a human, but this time, you also knew that the task this time, would be to remember that you had forgotten.

And this is exactly what you have done, and that is why the call from that void has been so powerful within you all from the very beginning. For some of you, you heard that call even before you became aware that you were only a human, and so, you have felt out of place from the very beginning. For others, that call has not been noticeable until later on in your life, when it started to make itself heard in one way or the other, and you realized it was indeed time to prick up your ears and listen. And so, that decision, that irrevocable decision was made, and you set out on a journey that has taken you all through fire and rain, through hardships but also to glorious moments of joy and companionship. And so that journey, that individual path you have all traveled to take you all to this very point, that journey will now once again take on a very different trajectory than before. For now, you will see how your path will start to interact with the paths of others in a much more direct way, and you will realize that your role will once again shift from being a singular entity on a quest for becoming whole again into becoming an active part in a circle of other beings, all being called to come together in all sorts of

ways, all with their own very special purpose in mind, but every single purpose closely linked to that of another.

For now, you will be called to step forth and start to truly create, not just for you, but for All of creation, and so, your days as true creators are about to begin in earnest. We know this will cause great joy in some, while it will cause even greater anxiety in others, for the questions you will be asking, are "What is my role? And how will I know what I am to become? And what if I miss out on it?" Well, the answer to that is indeed a very simple one, and that is simply this: you already know all that you need to know, and all of the intended connections have already been established. So what will take place now, is simply a gentle and gradual firing up of all of this inherent knowledge and of all of these connections.

So do not fret dear ones, once again we will say to each and every one of you that you are exactly where you are supposed to be, and the answers will come to you one by one as you become ready to receive them into your human state of mind. For some, they will already have started to seep through, while for others, the timing is not yet right. And remember, this is not a competition or a race to become the first one to know. No, this is in all intents and purposes an extremely complex operation, where every single person and every single event is closely linked to everything else. And so, the right trajectory and the right timing for every single fragment has been carefully calculated beforehand, and as such, know that it will all become clear to you once the time is right for you to take action in some way. And remember, sometimes taking action will mean to simply BE in the same place doing exactly what you have been doing. For that can also be your role, but the difference is, this time, you will know why.

So yes, you have all much to look forward to in the time ahead, but as always, it will be your physical body that at times will need to take some time out in order to readjust itself to these new surroundings. For remember, you do not exist in a vacuum, you exist in an energetic environment, and you are all closely linked up to every single section of it now. So this time, you will all feel much more strongly every single fluctuation in the energetic patterns as they rise and fall and shift about. And so, you will continue to feel off balance for most of the time, as not only will you pick up what is happening through your human sensory system, you have also started to interact with these energies in a much more complex way.

This is a subject we will return to later on, for this is all a part of your new role as multidimensional beings, and so, it is a topic of endless interest and indeed endless possibilities. But let us leave it for now and concentrate on how you might find a way to stabilize yourself in all of this energetic, mental and indeed physical confusion that you are standing in the middle of. As usual, the simple answer is this: allow yourself to let it just pass through you. For the more you resist, the more you will struggle, and we will again remind you of the old image of staying out in the middle of the river and refrain from trying to hold on to the shore. For then, no matter how fast the river flows or how often it changes direction, if you let yourself be carried along with the flow, it will bring you where you need to go without you having to exert yourself needlessly. But the moment you try to change direction by going against the current, or you try to stay put in a space that feels more comfortable for you at the moment and the need to keep going will seem to be too much to contemplate, know that this will only serve to heighten the discomfort.

For you are all being subjected to multiple layers of energetic communication now, and some of these new layers are starting to seep into your everyday life, and they are apt to create additional confusion within you. For you will start to see this whole process from that elevated point of view, where everything will become crystal clear, and you know that behind this wall of exhaustion and confusion lies a true Nirvana ready and waiting for you. In fact, some of you have already been to this Nirvana and you have gotten that first and heady taste of it, and so you can attest to the sensation of a total cessation of all discomfort, whether they be of a mental or a more physical kind. While for others, you have at least managed to get sufficiently above this energetic fray from time to time to take a deep breath that have made you feel calm, collected and ready to continue on for as long as it takes.

That is because you have literally managed to get your head above the waters in the way of leaving behind any and all old perception of what is real and what is an illusion and so, you have managed to let go of any lingering fear as to what will befall you and indeed this whole planet in the time ahead. For then, you will simply know that all is well, and it will continue to be so for infinity. While for others, the churning of all of these different layers of energetic density will have served to pull you under from time to time, and it in turn will have made you feel as if drowning in sadness, sorrow and indeed fear for the future. Again, we do not fault anyone for falling into these deep pockets of murky water along the way, for that is only as expected. For we also know fully well that these are merely pockets of polluted waters that you will soon exit, and you will start to see clearly yet again.

Yes, we know that this is a subject that may cause even more confusion and dissent amongst you, but again, we are here to remind you that even if this process may seem even more chaotic than before, this is simply because you have made yourself able to connect even deeper into this multi-layered "cake" of Creation, and so, your human-ness will still try to go in and reset the dial back to what it still may look upon as "normal". In other words, many of you will still fall back to looking upon this whole process through the eyes and the mind of a human, and you will try to select only that single layer that you are already familiar with. And so, you will feel even more unsettled by this increasingly complex array of signals coming into your system. Be that as it may, it is simply a phase that you will soon learn to disconnect from, and as you have already been firmly reconnected to this other, more multi-dexterous part of your being, you will soon learn to trust yourself as a traveller on multiple planes.

For this is simply a process of remembering who you really are, and even if this period of true recollection is confusing, it will soon start to fall into place, and so, we have every reason to expect that every single one of you will be able to float more comfortably in this ever increasing flood of light. For you will all start to learn to raise yourself to the surface every time you sense that old layer of density trying to drag you below that crystal clear surface and down into the silty depths. And then you will truly understand that the future is indeed bright for you all, no matter how hard any outside events may try to murky up the waters in any way. For remember, what you sense through your human-ness is literally one dimensional, and as such, it is restricted to that old version of your world, and indeed that old version of you. But now, both you and your world have graduated from that old school of singularity, and you have already started to follow the classes in becoming a fully fledged multidimensional member of the multiverse again. And as for all freshmen, this first period will perhaps make you feel even less accomplished than before, but we know that before long, you will all take to this like fish to water again.

For that is what you really are, full-blown members of the advanced swimmers' club. For you are no strangers to these waters, and even if this huge, infinite ocean of Creation is far, far bigger than your little pond, know that as long as you have all decided to start to swim again, you will have no problem navigating these high seas of endless potential. For you will not drown, you will all thrive, for the moment you dare to fully immerse yourself into these waters, it will all come back to you, and you will be frolicking there along the rest of us.

## 403

We have come to you today on a most important mission, for we are here to prepare you for what you have in store in the next few days. As many of you are already aware, the period we are referring to, is the one that leads up to that point in time that you have specified as the midpoint of the year if you see it as divided into two equal parts, both of them encompassing the same amount of light, although divided into two. This is as you know a roundabout way to describe the day of your recurring Equinoxes, the days that your planet seems to stand at a midpoint, a point of balance if you will, for then to start to shift ever so slightly on its axis yet again. We know that for many of you, this time of the year has always been considered an important one, and rightly so, but this time, we cannot stress enough just what an important period this will be. Or rather, what an important period it already is. For

this is not just a one-off, a one day event that comes and goes as quickly as that. No, this is something far more important, and the lead up to it is already well on the way.

We know that many of you can attest to this, for you have already been subjected to those first intense preliminary door-openers that have swept all over your globe, and even if the outcome of all of this door-opening so far have been less than enjoyable for many of you, the end result will as always far outshine the side effects from it. So again we say, know that all is well, and even if you will feel these energetic blasts to be more than what your physical body can bear, it is not. For you are indeed made of strong stuff dear ones, and even if your mind may start to falter alongside your struggling body, neither of you will have to fear the possibility of succumbing to any of those "ailments" you might fear at the moment. Again, we know that this will be less than consolation to those of you deep in the throes of these mighty blasts, but still, we will as always continue to remind you that you have all been carefully prepared for just such an occasion, and indeed, you are also carefully monitored throughout it all.

But let us return to the original subject, that of the upcoming event that will once again blast away so much of the remaining resistance that still abounds on all sides. For this will not be a normal event, such as the ones you are already well accustomed to. No, this will be of a much larger magnitude, and it will be one that has no precedent anywhere in Creation. Again we hear your questions, asking for details and more information to be given ahead, but again we have to give you the same answer that these are not questions that can be answered beforehand, but let us just repeat what we have told you on many an occasion before: What we are referring to, is an event of grand proportions, but it is not an external event, it is in every sense of the word an internal one, and this time, it goes both for you and for your loving planet, your home away from home, your Mother Earth. For as the days dawn in the weeks ahead, you will all find yourself within a very new space, and even if the outside circumference of it will look very much the same, everything within it will be very new. For even if you have all been through a long and gruelling process of re-setting you own personal setup in a way that leaves it free of old encumbrances and inserted detrimental circuitry of any kind, you still have a ways to go before you can function at your full capacity. But after this part of the process is over, any hindrances will be reduced to a minimum, and your own capabilities will start to evolve at an ever increasing speed.

We know that these are words you have heard before, and to many, ad nauseam, but again we remind you to take a look over your shoulder to see where you are now compared to where you have been. And even if that will be more than a challenge for many of you in the present circumstances, we also know that deep down, you will know that the answer is indeed a positive one. For although you still may feel more than a little bit challenged in every aspect of your life, you will also know beyond the shadow of a doubt that you are being propelled forwards at an incredible speed right now, and you are not alone in this giant race for the future either. For with every step you take, more and more souls will be following in your wake, and as you make headway, you break down the barriers that have also held the rest of mankind trapped. For you are the wayshowers, the pioneers, the ones that have taken upon them this grand task of breaking through every single barrier that have ever existed standing in the way between you and your former greatness.

For as you all know so well by now, what you are discovering, will seem to be unknown territory to you in so many ways, but what you are really doing, is rediscovering all of your former glory. For you are already everything that you have striven so hard to reach for, and now, as the days tick by and the tempo increases considerably, you will be helped to close that seemingly endless gap between then and now, and it will be done in a giant leap that will serve to bring you all up to par as it were. And just what do we mean by that? Simply that now, the energetic environment you have been contending with will change in a way that will be enormously beneficial to you all, as well as to your planet. For now, the whole field around your planetary body will make such an adjustment to the currents that run through it, it will be like switching from one kind of energy to a very, very different one. Again, we will refrain from giving you any details beforehand, but we would like to point out some things that may occur for you all in the time ahead as these shifts comes into action.

First of all, your physical body will once again start to exhibit signs of confusion in ways that it may not have done before. In other words, even if you are all well versed in all of the different ways that your body can react to these huge energetic fluctuations, it would not surprise us at all if many of you start to report new and diverse "symptoms". And yes, we use the word this way in order to remind you that you are not falling prey to any kind of disease here. For this is simply a sign of you body being "out of ease" in a way that it has not been before. And before any of you start to go into fear about this, it is not given that your body will start to react in a manner that is distressing to you. It can also start to react by going into action mode as in eager to do all sorts of things at an increased rate. So this can indeed manifest in all sorts of ways, we just want you to be aware that any signals that will start to be given now, are merely signs of you already being in full swing welcoming in these heavenly helpers in the form of energetic messages that help you to re-tune and tweak each and every connection in your body to prepare for the full blast of these Equinox energies.

For make no mistake, what you have ahead is more than a little ripple across the surface. This is something that will go to the very core, not only of you, but also your planet, and as such, the effects from it will be profound. So take some time every day to simply BE with yourself, and step back from it all if need be. For this is indeed a very important period for you all, and we want to advise you all to listen carefully to the inner guidance you will be given at all times. If you feel like being out and about, do so, and if you feel like the opposite, try to honor that as well. Follow whatever road that is being presented to you, as it comes into your consciousness in order to lead you to a space that is right for you at this time, whether that be out in nature, with friends or relatives, or somewhere completely different. Just remember that if you feel lost and alone, always ask for help, and it will be given to you. For this is not something that should be done in complete isolation from others, so seek company in a way that feels right for you, and reach out through means of your electronic devices, your consciousness or simply by allowing others to come into your space from time to time. Again, this is an individual journey, but some stages of it requires you to be just with you, while others will be better experienced as a group.

So let us sign off by saying that we know that many of you are feeling as if you cannot take any more of these energetic upheavals any more, and we have no problem in understanding that. And yes, we would gladly trade places with you if we could, but that is not an option, as the roles were handed out even before you came to be here in your very first incarnation within a human body. So this is something you have been primed for from the very beginning, and as such, no one can do your job in your stead. We wish we could help you in any way to further lessen the impact it all has on your emotional and physical bodies, but we are doing all we can to make this part of your journey as less challenging as possible. We know this is of little consolation, but you have been taken through this rigorous process step by step, at increments that have ensured your safety all along, and even if you feel ready to throw in the towel right now, we also know that the moment you feel the new stirring in your core, you will once again step up and say "I am ready and able and willing to take it all the way. For that is why I am here, that is why I was born into this very body, and together, we will accomplish what no man has ever done, and what we will do, no one in Creation has done before. I am here to shine my glorious light once again, and when I do that, it will shine across not only this planet but beyond, and for every step I take, the light will become brighter in every single being around me, both on this planet and off. For I am here to do great deeds by being inside a small and seemingly frail body, but this body is the key to the whole magnificent process, and this key is also one that will help to unlock the doors into every hidden chamber that exists. For this body will start to act as a magnifier of these heavenly signals so that no heart anywhere in this world will be able to remain silenced ever again. For as I open myself up to these rays of light, I am also opening up all of humanity to the knowledge that beyond the fear and desolation lies freedom, love and happiness for all."

We have once again assembled to greet you, dear ones, as you are indeed the bringers of the light, the people of the dawn, the ones that are making history with each and every breath you take. For as you once more gather to contemplate the fact that your planet has made another revolution around your Sun, and so once more, you find yourself in balance, where the equality between the light and the darkness, the day and the night seems to be in equilibrium. And so we come to you today to remind you of the role you are playing out in this enormous quest for freedom, for liberty and for love, for everlasting light and for the vanquishing of all of the old. For without you there would be no lengthening of the days in the form of an ever increasing amount of light shining down upon you all. We refer of course to something far less tangible than the light that your friendly neighbour, the Sun, so generously bestows upon you all. For the light we are referring to, is the light that is bringing in all of the changes you so hanker for, the light that goes all the way into your very soul, and the light that goes all the way into the very core of your planet. And, thanks to each and every one of you, this light has found a home here. And so it continues to grow and multiply, as each and every one of you act as prisms for this incoming light so that it can be refracted into millions of brilliant beams, scattering in all directions, penetrating deep into the darkest corners of this globe.

For we have come to once more sing your praise, and we are but a small fraction of the heavenly host that at this very moment is doing the same. For without you, this all-important light would not be able take hold in this seemingly barren land. For you are the anchors, you are the ones that through your very tangible body can enable this intangible light to become manifest. And it is the effect of this light passing through you that are making it all come about. For as you so willingly open yourselves up to these injections of energetic particles of different wavelengths, you act as manifestors, it is through your body that the changes become manifest. For without you, it would simply be a potential, but an untapped one. Remember, matter is indeed energy interacting with consciousness, but in this case, it is energy interacting with consciousness and a physical body. This may seem to run counter to what you have learned so far, but this is the case. For without you, no changes would come true, as you are the ones that harbour the only possibility to make them come about with your very presence here on this planet at this exact moment.

And so, we would like to take some time to remind you all that even if you do feel frail and unimportant, you are nothing of the kind. For you are true creators in every sense of the word, and as you take your breath, you inhale the potential, and as you exhale, you make it come into being. We know this will not match the idea you have of manifesting in perfect detail, but this is in fact the simple but ever so efficient explanation to this whole process. Our task is to be the observer and the intermediary, the ones that have the complete and detailed overview and therefore can assist you on every single step of your convoluted journey. For as you all know so well by now, you do not have a detailed map with which to trace your route beforehand. Or rather, you do have that, but it is lodged somewhere deep in your soul, and it is not given to you to print it out and use it as a navigational device in the usual sense. For you need to navigate by your own inner compass, and as this whole operation is something that is intricately planned beforehand, but at the same time something that is in constant flux according to the steps taken by every single participant at any given time, following a predestined path would not be of any help at all.

That is why you will feel like you are walking into unknown territory every time you take a new step, and rightly so. For no one has gone down this exact path before, and therefore, you need to be able to truly listen within to get your bearings. And that is what you have all done, and that is why you are all here at this exact spot at this exact point in time. For you are here to create miracles, you are here to increase the amount of information that can be delivered and taken into use, not only by you, but by every single soul on this planet. For remember you are doing this for the collective, and even if this entails that each and every single one of you will have to travel your own unique path to do so, you are also very much an intrinsic part of this whole machinery. For you are indeed the cogs and the wheels that are driving this whole process forwards, and you are doing so at an ever increasing speed, and so

we have come to remind you that once again you are in the process of speeding of this process even more. For as the day of the Equinox dawns, you will all in some way participate in a huge quickening of the incoming tide of light, and even if it for some will seem to be almost too much, it will only serve to lift you all to even higher realms, and through that, your speed of manifesting will once again increase exponentially.

So again we say thank you for all that you are and for all that you do, and know that you are the ones pulling in all of this extra light by the very fact that you have managed to anchor such extreme amounts already. For you are the ones doing it, we are simply here to aid you in every way we can, and we know that in the times ahead, what you will be able to accomplish through all of this light-catching and redistribution will be more than enough to make even the grandest of dreams come true.

## 405

You have by now been exposed to these brand new energetic frequencies for a short time period only, but already, you are all showing signs of the deep change that has taken place. For some of you, this is also becoming apparent in numerous sorts of ways, while for others, the deep changes have yet to become noticeable to the outermost layers of your being.

Let us explain. As you are already aware, the totality of your being is indeed an incredibly complex one, and even if a small minority of you have already been able to reconnect to every single layer of you, for most of you, this process will take a little longer. Again, this is not any kind of race or competition or any proof of ability or prowess, it is simply a sign of the different roles you are playing in this huge and complex process. For you are all exactly where you are meant to be, and for some, this will entail accessing their full repository of knowledge earlier than most, while for others, it means that they will be guided in a slightly different way.

Again, nothing will be left to chance here, so the work that is carried out by every single individual involved in this whole turnaround process cannot be eliminated or replaced by anyone else, simply for the fact that you all carry your own unique programming specifically tuned to fill that one designated slot in this huge orchestra. So just as a violinist cannot exchange places with a percussionist, no matter how skilled a musician he or she is, none of you can simply decide to switch places with any given person involved in this huge galactic orchestra at any time. And so, we urge you once again not to compare notes in the wrong kind of way, as in comparing your "success" or seeming lack thereof with others. For you are all a success story in every sense of the word, but as you all move forwards, you do so at a specified pace and in a very specific direction, unlike that of anyone else's. This does not mean that your path will not correspond with that of someone else's from time to time, but when it does, it does so because it is meant to be so. So when you find yourself seemingly diverting from the general direction that others are taking, it does not necessarily mean that you are moving in the wrong direction, that you are stalling or falling behind. That is, as long as you know deep within that you are following your own inner guidance.

For as we have told you earlier, you are the one with the hand on the wheel and the foot on the pedal, and so, if you choose to disregard the signals your higher self is sending you continuously now, you might be apt to get entangled in a cul-de-sac somewhere. But this is something else entirely, and we are certain that you will all know the difference between honoring your own path and going against your own inner knowing. Be that as it may, at this stage of the proceedings, many of you will find yourself abruptly turning down one for you perhaps surprising side street, at least compared to the choices others around you are making. And we would not be surprised if many of you will find that this seemingly quiet, unassuming street suddenly turns out to be an expressway towards a very intriguing destination, one that you did not even know you had a desire to visit.

In other words, this has turned into av very different "ballgame" now, to use a phrase many of you are familiar with. For now, the force fields within you all and indeed the totality of the gravitational field that encompasses not only you, but this whole planet, has changed to such a degree, there are many, many new opportunities coming into being even as we speak. For now, there are brand new carriageways opened, roads that have been untraveled for eons, but now lie there beckoning you to come and take a look. And all of these new roads or highways and byways if you will lead up to some very, very interesting conjunctions, places of interest, but not simply for the views. In other words, you will all be lead down brand new roads taking you to gateways that have once again been declared for open and accessible for all. That is, as long as you choose to take these new and for you extremely unfamiliar roads.

For there are no signs pointing you in the direction of these new and untraveled roads, or rather, there are clear signs to follow, but they are not marked as distinctly and in the same manner that the more "normal" life paths are staked out. So now, you will be asked to search deep and to listen even more intently, and we would also like to remind you not to dismiss anything that does not ring a bell as it were at first sight. In other words, you must muster the will to stay open and inquisitive, and to be willing to heed some signals that may seem indistinct or unfamiliar at first. For many of the old and more traveled upon paths are still there, beckoning those of you more inclined to choose the known over the unknown, and as such, it behooves you all not to simply walk ahead without even taking the time to look around you intently before you decide upon the next step. For over there, obscured by some kind of superficial conundrum, might lie an important passage that will speed up your own journey exponentially, and so, this is indeed a time for evaluation, reassessment and clarity.

And why are these important pathways so hidden, we hear you ask. The answer is simply this: they are not hidden, but as you have yet to get accustomed to taking in the totality of your surroundings through the senses not encompassed simply within the scope of a human mind, you are still very much apt to overlook what will become more obvious as you train yourself to become fully awakened. For this is what this is all about, awakening the dormant senses, the ones that have been there all along, but has become neglected as a result of the reprogramming that you all have suffered, the reprogramming that was done in order to make you all feel so much smaller and less incredible than what you truly are. So again we will use the parable of the unused muscle, and so you need to start to train those still half dormant muscles. For just like in a physical body, your natural instinct will be to favor those muscles already working at full capacity, and so, if you do not consciously choose to engage those still rather feeble feeling and untrained parts of your being, you will literally miss out on information that could help you to speed up your own progress.

So again we say, help yourself to fully awaken by not giving in to the temptation to simply step forwards without even taking the time to sit down and survey your surroundings in every direction. And when we say every direction, we are not simply referring to a 360 degree sweep around the horizon. We are also referring to the other directions, as in up and down and most of all, inwards. For you are truly multidimensional beings, but as yet, you have very little training in existing as such, and so, without making an effort, you will continue to exists on a singular level like you always have. And that is why we say it is incredibly important that you take the time to acknowledge the fact that now, everything has indeed become much more complex. And do not let that tempt you into thinking it will be too much and therefore it is better if you close your eyes to it. For this time, the one thing you would want to do, is to finally open your eyes for real. For if you do, you will see behind this thin and simple minded illusion you have been staring upon for all of your lives, and when you do open your eyes in every sense – and with every sense you do have, not just the ones that are defined within the boundaries of a human existence – then and only then will you be able to truly live at your full potential.

For you are all set up with an incredible array of abilities, but as yet, they lie there undiscovered, like long forgotten treasures in a deep closet. But now, that door has been flung open, but if you continue onwards thinking you can find this treasure by simply being the same old you, you will most probably walk right past that door without you even noticing it is there. For remember, we cannot force you to

find your own hidden treasure, we can simply do what we have always done, remind you of its existence. But if you allow yourself to become a seeker and an explorer in every sense of the word, that is, constantly pushing yourself beyond what you already think you know, then you will certainly find yourself staring in awe at the treasures lying before you. And then, you will know that you did what you came here to do. For you have come to rediscover the wonders that are YOU, and even if you have all already found much joy in discovering the truths that lies beyond the old versions of you, there is still so much more to find.

So do not let this chance pass you by, as you are all set and ready to become truly complete for the very first time ever at the earliest of opportunity. But if you disregard the call from within to search for that more elusive road, you might fall for the temptation to rush ahead down the first well trodden pathway you can find. But that does not take you in the right direction, for what you seek, lies a little bit more hidden than that. After all, it is for you to find, not for someone else to simply stumble across on any given day.

So again we say, go and seek, and ye shall find. And yes, it might bring you some frustrations along the way, for it is not certain that the first opportunity you meet is the one and only way to go. We know this will cause more than a little irritation in some, for you can already sense that you are tantalizingly close to discovering this seemingly elusive treasure trove, but we do hope you will find some consolation in the knowledge that this impatience you do feel, is indeed a certain sign that you are fully committed to the task. And so, what you do, will certainly serve to make you not give in to simply tagging along with anyone else without making those all important personal choices you must make to find YOU.

## 406

You have by now started to access some rather interesting layers within you, and even if you might not have any clear recollections of this yourself, you have already started to tap into that magnificent reservoir you all harbour within your very being. At first, it will be like tentatively dipping your toes into a huge, beckoning ocean, but as we have already told you before, it will not take long before you all start to venture deeper and further out into this brand new cosmos of intelligence. For to you, it is indeed brand new, that is, it is new in the way that you have no recollection of ever having been immersed in all of this information before, so to you, it will be like a child venturing forth into some great and to them, hitherto unknown hall. And just like a child, you will all delight in what you discover there.

For remember, now there are no more locked doors or other hindrances standing in your way. That is, except for your own reluctance to venture forth into these cavernous and seemingly never ending halls of knowledge. For you all came into this world carrying this huge library within you, in the very core of your being, and it is not only a part of the more esoteric aspects of you. No, this is indeed information that is written into your very being, into your very flesh and bone. For this is in fact what is already stored within that vast repository your scientists have given the name of your DNA, and as such, you are truly walking, talking libraries, capable of delivering forth so much knowledge singlehandedly it will far outnumber all of the information humanity as a species has collectively managed to put together already. In other words, not even that magnificent creation you are already staring at in order to absorb these words can match your ability to store and access information, for your brain and indeed every single cell of your body is capable of feats far, far surpassing anything any current man made electronic device can ever do. So yes, you have much to learn in the way of trusting your inherent properties, for at this stage, you still very much consider yourselves as more or less ordinary members of the human race. But the wonderful thing is, even the most common man, to use a concept you will all be familiar with, is such a walking, breathing miracle, you have yet to see but a tiny morsel of what any single one of you are capable of.

For remember, even if you have made choices in your lives that have enabled you to latch on to these incoming energies that have allowed you to step ever closer to that magnificent treasure you carry within you, you are no different from any human being you might encounter anywhere on your planet. For you all carry this same incredible knowledge deeply engraved into your very being, but the difference between you is simply this: your willingness to allow yourself to consciously access it all. For it is there to be taken into use by every single member of humanity, and at any given moment in time now that all of the old restrictions have been lifted. For it is there, ready and waiting for you all to come into the presence of it, and when you do, you will know that there are simply no limits to what mankind can accomplish. For then, you will for the very first time fully realize the untapped potential you all carry, and then, you will know beyond the shadow of a doubt that there is not one single troubling aspect anywhere on this planet that cannot cease to be a problem, no matter how complex or unsolvable it may seem. For these problems have all been created by you, and they have been created by that superficial intelligence you have been able to connect to so far in your development. But as you start to chart the depths of your true wisdom, you will understand that you can not help but to solve all of these crippling problems that plague mankind and indeed this beautiful but heavily scarred planet you all inhabit. For that is why you are here, to rectify what has gone wrong and to restore humanity and your home, your Mother, back into the brilliance you once were.

And do not fall back in fear from this knowledge because you think that you cannot handle all of this inherent power, "for look how badly we have handled everything we have gotten our hands on so far" we hear you say. Yes, humanity has a long history of mismanagement of every single resource you can think of, from your own powers to the once pristine planet you live upon. But do not fear dear ones, for this time, what is opened for the public does have one simple restriction put upon it. It cannot be misused or mismanaged by someone trying to manipulate others by accessing their own powers, that is simply not possible. For the knowledge we are talking about here, your ancestral knowledge, vibrates at such a high frequency, you cannot interact with it if your own vibration is not within the same range.

In other words, anything or anyone still vibrating at the lower, denser frequencies will not only find the doors locked, they will not find any doors at all, for they do not carry the right energetic frequency that will serve to unlock the doors into these great halls of wisdom and knowledge. And as such, they can only be entered with the purest of intention, the intention of doing good, not just for you, but for All of creation. And so, this vast repository of knowledge can only be accessed by someone fully committed to working for the light, and the knowledge carried within you all will only come forth when you have fully shifted from the old version of you and into the new, vibrating at just the right level. And as you have all followed this path towards attaining this new frequency so faithfully, you have also taken the steps that has made these halls accessible for the very first time.

Just remember, you will not find your way there accidentally, for you will be taken through a carefully constructed path that is there for you, and only for you. Again, this is indeed a collective endeavour, but it is also one where every single one of you will travel down your own unique path in order to cross that threshold at the exact right time, looking for exactly the right answer to that part of the riddle that is yours to solve. For remember, just like in an orchestra, you all play your own unique role, and there is indeed a score to follow that will ensure that you all fall in with your contribution at the exact right moment and at the exact pitch and tempo so that it will fuse seamlessly with this whole symphony.

For you are all playing one single instrument in a huge, galactic orchestra and as such, you may feel small and insignificant. But you are not, for without your part in this score the end result would indeed be lacking. So therefore think big dear ones, and do not let yourself squander away any energy struggling to find yourself worthy of the trust that has been put upon you. For you are all worthy of this, as you are all true Creator Gods, and now, you stand before the biggest challenge of them all: to dare to access that truth fully and start to BE what you truly came here to be.

You have by now passed over a threshold that will lead you all into brand new halls of energetic information, and for many, this information has already started to seep through in the form of images, sounds or even more tangible effects. In other words, the thinning veil is already letting much of what has been hidden start to come into view, and as it does, you will find yourself stepping further and further away from what the majority of mankind still look upon as the reality. For as the veils continue to diminish, you will also see how your grasp of what constitutes reality and fiction will start to blur. This may sound confusing, and for a period, that will indeed be the case, but as your senses and indeed your "everyday consciousness" to call it that starts to readjust to all of these new layers of information, you will soon settle into a very new way of life where you will find the prospect of juggling these different concepts easy to handle. For as we have reminded you on so many occasions, you are indeed multi dimensional beings, and now, that will become more and more apparent to you all as the bleedthroughs start to multiply and you feel yourself switching back and forth between these different layers more and more seamlessly. But yes, at first, you will find it hard to stay balanced at any given time, and even your physical body will react much like it is apt to do if you are in an unsteady environment like on a boat at high seas. For nothing will feel as if it is solid, nor permanent, and as such, it may cause you all to feel a heightened sense of anxiety or even physical discomfort. Again, there is nothing wrong in any of this, it is merely a signal that you are truly going through a huge shift, and as all of these shifts goes, it is apt to cause some alarm bells going off within you.

Remember, your whole system has been previously geared to maintain status quo at all costs, and as such, it will have more than one reason to rebel in the days and indeed nights ahead as this huge shift continues to unfold. For this is, as always, a gradual process, for if not, it would simply render you all unable to cope at all. For this is not merely a superficial change, this is something that goes deep down into your very core, and indeed, the exact same goes for your whole planet. So as things start to shift, much will be set into motion, and we do mean that both in a physical and indeed a less concrete but still just as powerful way.

For what you are about to go through will entail literally turning over every stone within you, and as you have no idea just what we are referring to, we would like to delve a little bit into some of the details. For you are all creatures of habit, whether you are aware of that or not, and as such you will find yourself searching in vain for any clues as you are being transported faster and faster down this transformational path toward attaining full and complete functionality of all of your inherent abilities. For what you will be searching for, are things that will resonate with what you already know, but what you will find, is an abundance of unknowns in the form of new ways of imparting knowledge and information via a brand new set of energetic pathways. Remember, we have already told you about this brand new grid that you have all been instrumental in setting up, and now that this becomes more and more activated, you will literally be inundated with a flood of new signals and messages that will find their way to your consciousness via these brand new pathways. And so, you will at times feel as if your brain is in overload mode, and that it is about to shut down completely. It may feel more than a little bit unsettling at first, but you will soon learn to understand that this is in fact just a natural part of this process.

So do not worry if you find yourself as if reeling around in a whirlwind of seemingly incomprehensible signals coming at you from all sides, it is simply a result from more and more of your own synapses starting to reactive themselves at the behest of these new energetic messengers that are communicating with your whole nervous system in a very new way. So too may you find parts of your body suddenly starting to act or react in a very new way, and the feeling this cause may vary, but will in all probability be something like a sense of tingling or more intense reactions like a deep throbbing or a series of muscular twitches that come and go. You may also experience short periods of numbness in some muscles, or effects like you get after a period of extra strain. In other words, both your body and your mind may exhibit some at times rather intense symptoms of heavy and unusual strain, but do not let that lead you it thinking that something is amiss.

As always, we do remind you to listen well to whatever signals your body will be sending you, the better for you to ascertain if they are indeed something similar to what we describe here, and therefore is simply a natural fallout from this intense upgrading, or if it is a signal of something else entirely. Again, this is in all intents and purposes a very individual process, and as such, not one of you will experience this in the exact same way as others, even if some of the symptoms will match, so do not let anyone else than you decide if you think you are experiencing something that does not sit right with you. In other words, stay alert to any signs that come into your awareness, and learn to listen well to what they are conveying. For this will be a period of much confusion as this communication really starts to kick in, so we will once again advise you all to check in with yourself at regular intervals the better to keep your "ear to the ground" as it were and understand better what is going on inside of you. For as the time and indeed everything else seem to speed up, you may feel hard pressed at times to keep up with it all, but do not despair. You are not expected to, for this is indeed something that will run its course whether you can pinpoint every single detail of this huge shift or not, for this is a process that you are not in control of yourself. We know that this may cause more than a few voices to be raised in alarm, but trust us when we say that this is indeed an extremely benevolent process, and the reason that it is beyond your control, is exactly the same that is making your physical body run the show on a daily basis already. You see, all of this entails the full and complete cooperation from that extremely intelligent and complex creation that you call your body, and this amazing creation is well and truly a full member of this task force. And so, all of this communication that will be going on, and that will leave you feeling more than a little bit flustered at times, will be no match for you body. For the inherent intelligence within this apparently simple lump of flesh and blood is fully compatible to the most advanced signals coming in through this brand new grid of energetic pathways, and so, all you have to do, is to sit back and try to enjoy the at times rather noisy and seemingly chaotic show. For your body knows fully well what to do, and if you manage to sit back and tune into it, we know you will sense that all is well even during the most turbulent of times.

Again, if you do find the opposite to be true, your body will find a way to tell you this as well, so we do ask you to keep your ear to the ground as we told you earlier. In other words, do not be afraid of something being amiss in all of the hullabaloo that you may find yourself in the middle of from time to time in the time ahead, but do not disconnect completely from yourself either. For if your body wants you to act on something, it will tell you so, so better keep your eyes and ears open in the time ahead. It might not be more than asking for some extra rest, or some form of extra exercise of sore limbs, or it may ask you to cut back on certain foodstuffs or to increase the intake of something else. In other words, it will try to convey to you what it will need in order to keep this transformational process running as smoothly as possible, and so, the more you manage to tune into your own body, the better and the faster this partnership will evolve.

For you and you body are indeed truly a match made in heaven, and even if you may at times doubt this as you start to notice what this process may entail, we know you will all find a way to thank your own body for all of the hard work it has agreed to take upon itself. For it is indeed your body who is the key to this whole process, as without it, you would have no reason to be here in the fist place. For this whole transformation of Planet Earth from a battleground of negativity into a haven of loving cooperation can only be made possible by the very fact that you as nonphysical beings are able to reside on this planet within this same physical vehicle. So remember to take good care of this amazing companion, and learn to listen to the advice it will give you in the time ahead. For it will work very hard, not just for you, but for this whole process, and as such it deserves all of the love and gratitude and cooperation you can give it.

Time is indeed speeding up once again, as as things seem to become more and more blurry because of the speed of interaction between you and these incoming energies, you will all at times be hard pressed to see anything ahead. And rightly so, for this is not the time to look ahead, this is simply a time to just be within that minuscule, but ever expanding little sphere known as the NOW. For this is where you reside at all times, but for some reason, it is a time in space that mankind seem to have overlooked for such a long time, and so, you choose instead to linger in the past or skip ahead to a place you think of as the future. Well, when you do this, you are simply narrowing down the whole bandwidth of opportunities and potential you have at your disposal, and as you single out one of this multitude of possible scenarios that may or may not play out in the time ahead, you also close up other and more beckoning doors that are also there, ready and waiting for you if you so choose.

We know that these words are apt to make many a head spin, but we are simply here today to remind you all of a lesson that has been given again and again, but one that is also the fist to slip away the moment your head starts to get into the action like it usually does. You see, mankind has a long history of getting in its own way by alternately spending too much time looking back on things that are bygone and outdated, or by staring ahead into the murky mist to try to discern any possible routes ahead. This may not sound as a bad thing, but the only problem with this is, you are apt to search for more and more dire straits, and so, you will automatically make these dire predictions come true more often than not. And why is that? Simply because that so well-ingrained fear has been in the driver's seat, and when that is the driving force behind more or less anything you might consider to do or not do, the results are given beforehand.

Like attracts like as the old saying goes, and as we have told you before, manifestation occurs when consciousness interacts with the energetic sea of potential that surrounds you on all sides. And if every single molecule within you have been reprogrammed to be in a state of alert and fight or flight mode seemingly forever, it does not take much imagination to see what the end result will be. Or rather, take a look around you and see what many of your fellow men are busy enacting at the moment, and you will see just what we mean.

But, as we have told you over and over again, the old school of fear is no longer viable and its rules are no longer applicable. For you have chosen to graduate from it, and you have all done so with the highest of grades. Remember, this is a place for learning, and it is not a primary school. This planet is in fact one of the most advanced places of education anywhere in Creation, and so, only those called to take on the challenges they will meet here will be taken on as students. And you have been amongst those chosen again and again, and you have learned the lessons faithfully, every little painful moment of it, and so, you have learned all that is possible to learn from that old curriculum. But now school is about to start again in earnest, and this time the first lesson will simply be this: re-learning to stay in the NOW, and to stay in a state of love, not instinctively sink back to that old trait of living from fear. It may sound like a simple assignment, but believe us when we say that it will be perhaps the most challenging one you have ever met. For this will be a time with much going on on all sides, and so, learning to stay out of the fray and stay focused and still in that eternal, peaceful now will be a lesson that will come at a price for many.

Again, do not let yourselves fall into fear simply by reading these words, for we know that to many, they will serve to set off all of the old alarm bells of doom and gloom, and you will be sorely tempted to go by your old instincts and let fear take hold of your reins once again. So give yourself enough time to dig deeper, and to try to see what lies behind this urge to go into fear the moment you realize that big changes are on their way. Why is it that you feel the need to hunker down and stove away cash and candles because you think the end is near in the same way you have seen it presented on films and in books? Do you think the reason could be something else than a sign of "natural alertness"? Could it perhaps be a way that someone has been trying to hold you back by triggering all the panic buttons you have so conveniently accepted to take on? Or could it be because some of your former masters were less interested in giving you every opportunity to grow by learning and more

interested in lining their own coffers? We think you all know the answer to this, as this is a topic that has been oft discussed before. For as you are all well aware of, this magnificent place for higher learning, this Cosmic campus, was long infested by parasites that eschewed every single golden rule, and set themselves above any and all formality, but again this is also a thing of the past now, and as such that old concept of divide and conquer is no longer applicable on your shores.

But that does not mean that every single trace of this old programming have been deleted from your being, for it will still linger on in a deep corner somewhere within many of you. And that is why we are here to once again remind you to be alert to any signs of "red alert" being signalled from that old and more primal part of your being who has been programmed to be set on survival mode in such a way it will try to switch on all of the old manifestations of fear at the first opportunity. In other words, the more you are able to simply BE in every moment, the more you will be able to survey your field of influence in such a way, any old and unwanted gut instinct to react in a less than beneficial way will come to your attention at the earliest of opportunities, and you will be able to rein it in and let the light take the reins.

You see, many will try to squint their eyes to shut out the glare from the incoming light, and when they do that, they will try to convince themselves that it is not the light they see, it is simply more darkness. For as the light increases, any lingering shadows will deepen, and so, what is merely a trick of the eye will seem to be something far more intimidating to many a timid mind. For remember, no soul will be tricked into thinking that more light equals even more darkness, but a mind still bend into thinking in the old and corrupted way will be far easier to convince that the illusion is a reality, and that the light is nothing more than a faint glow of your imagination.

Again, we speak in parables, so let us simply boil it all down to this: never doubt the power nor the function of the light, for it is here to carry love into every single heart on this planet. But for many, the prospect of opening themselves up to something that will seem so foreign to them after living lifetime after lifetime literally in the dark, the confusion it brings will make them fall into fear. And this is a time where so much light will fill your skies, your hearts and your souls, and so, it is wise to stay focused lest you should all for the temptation to look around you too much. You see, it is you and only you who can govern your mind, and the only way to do that, is to let you heart set the pace. For you heart is following the light, and it will welcome every single particle of this life-enhancing stream that will flow down upon you. So your heart knows what is good for you, and your heart will show you the way, but only if you forgo the urge to try to second guess what the future may bring you. For you are not here to pare down the possibilities in any way now, you are simply here to receive the light in any way you can. And then, the light will speak to your heart and together, they will lead you all onwards and forwards, one step at the time, one NOW following after the other. So you need to truly BE here and now, and then you will find peace and assurance in every breath you take, no matter how frantic the other, less centered ones around you will behave.

So again we say stay focused and stay calm, and observe yourself to gauge the reactions that may be triggered within. If any outside influence starts to raise the alarms, be sure to check in and override any panic-buttons that may go off automatically. Fear is the old world, love and wisdom is the new world, and before you have learned to stay constantly centered in the new, you must train yourself at any opportunity to make the choice to be in the new every time the choice arises. And arise it will, for now, the old is starting to crumble even faster, and so, you will have many an opportunity to give yourself the lesson of being centered within the NOW in the days and weeks ahead. It is a lesson that we are certain you will learn quickly. After all, you have all made the choice to close that old chapter of fear and to open a brand new book called living your life from love. So we welcome our first class students, you are all truly first class, eager to learn and more than enough skilled to take on your new assignment with gusto and credibility, and we are certain that you will all deliver outstanding results.

You have by now started to prepare yourselves for what lies ahead, for even if you are not consciously aware of it, your innermost being has been waiting for this forever. You see, you knew beforehand what you could expect on this journey, and even if that may seem like too much to comprehend at the moment, you came down into this physical body of yours, this time traveller to find another well-fitting description for it, well versed in the challenges you would face along the way. You also came in knowing that this would not be merely toil, travail and heartache, for the real reason for your arrival here this time was one of joy and one of elation.

And so, this is the real reason that has kept you going through all of the ups and all of the numerous downs, through hardship and despair, and through your darkest hours. For you knew fully well that you did not arrive onto these shores just to suffer, not this time. For you have been here again and again, searching enlightenment in the form of understanding, by seeing what lies on the other scale of the light, and to see just how far from the light is was possible to travel. And, as you all know so well by now, the possibilities are indeed endless. And as you searched high and low, both literally and figuratively through the densities and through the unlit corridors of the human psyche, you found so much knowledge that you carried with you as you left that physical body behind. For this mortal coil as they say kept turning around and around, and every time you came in, you gathered even more information that could be of immense help to All of creation.

Remember, this place is for individual and collective accruing of learning that is being held in safekeeping for the betterment of all. In other words, whilst being within a human body on Planet Earth, everything you experience will be carefully recorded, and the records will be kept for eternity. And no, not to set up a list that you will be held accounted for, where your so called "good deeds" will be carefully sifted to see if they outweigh the so-called "bad deeds" and then you will be rewarded accordingly. No, in this everything carries equal weight, and everything carries the same reward of thankfulness from All there is. You see, what you learn, you learn for us all, and so whatever has happened throughout your repeated journey to this planet will be held aloft as a shining example of courage and willingness to go that extra mile in order to accrue the experience no one cold have attempted in any other location than on Planet Earth. But again, this time it is different, for this time, you will learn the biggest lesson of them all. For this time, you are here to relearn to remember everything, and you are here to remember the greatness that resides within each and every one of you, and you are here to help to bring this knowledge out from the darkest corners of each and every one of your fellow men.

For you are here to reignite the light, not only within yourself, but also in everyone around you. For as you start to blaze ever brighter, you will accomplish this seemingly impossible result in everything and everyone around you. Remember, you are not here as preachers and reformers, you are here to be living examples of the light, and that is what you already are, and that is what you already perform to the highest of degree. You see, you seem to think that you must work so hard to "save the rest" from themselves, but that is not your role. You are here to be a shining example, and then, the rest will follow suit. If they choose to do so. For just like no one could force any one of you to reopen the doors to that great hall of greatness you have within, so too can you not force anyone else to make that same decision to join you in this ever increasing light. For that is indeed a decision that must be made individually, by every single soul currently inhabiting this planet. For some, the choice will be an easy one, for they can already feel the stirrings of something great and wonderful within, and they will look at you and see their own journey in your loving eyes. While for others, the road will be a longer one, and they will make the choices they will feel is right for them. Whether that will be to exit their current body and re-enter within a physical vehicle more prepared to take on this task of lifting themselves to the light by way of a far more adaptable spark of consciousness carried within them, or

if they will choose to linger on in that dark valley of despair they know well, and to them will seem to be the safest place to continue on dwelling in.

And so, as the light continue to increase at an ever increasing speed, so too will these decisions start to manifest in all sorts of ways. So yes, you will see drama playing out on all sides, in the form of elation and wonder, but also in a heightened sense of despair in those amongst your brethren who cannot endure to face this light. And that is why we once again will remind you of your role as wayshowers and as pioneers. For you are here to literally show the way by standing in your light, and by being in the now, and by not letting yourself be tempted to fall into the same cauldron of fear that others will choose to plunge themselves in in the time ahead. For remember what we have already told you, as the light increases, the shadows will seem to darken, and this will trigger the last remnants of fear in many a timid mind. So you are here to dampen the fears by simply being in the light, and by keeping up that heartbeat of love that is already beating out a safe and steady rhythm, not only inside each and every one of you, but also within your Mother, your home planet, the living embodiment of Creation that is carrying you all towards the future. And if you ever doubt your own strength, try to tune into hers, for it is indeed invincible, and it has already started to increase exponentially because of this whole new energetic environment that you are all suspended within.

So again we say, hold still and take a pause, the better to tune into your own steady rhythm of light and then, take some time to do the same with your Mother Earth. For her powerful heartbeat can be felt in all sorts of ways, and even if she may trigger some uncomfortable sensations within all of you as she continues to shift and rearrange herself in preparation for the growth spurt you are all approaching, do not let that fool any of you into thinking that she is doing anything that can be construed as negative. She is merely following her nature of growing towards the light, and now that so much that has been standing in her way and blocking out the light has been removed, she will indeed start to stretch herself as much as she can, the better to allow for the inevitable expansion that comes with this increasing amount of light that is a constant source of replenishment for you all at the moment.

And so too will you feel the need to extend yourselves beyond the old limits, and you will do so in all sort of ways, and alongside this expansion also comes challenges in the form of growing pains, temporary imbalance and the odd aches and a feeling of resctriction. But again, these are all just signs of your own growth, and as such something you should try to look upon as signals of success. We know this will be hard to do as some of these aches and pains can be more than unusually hard to digest, but still, they are all signals of your own empowerment, an empowerment caused by this incoming flux of light. And now, that influx will increase steadily, and so, these creaks and groans, these periods of upheaval both internally and externally will become more than noticeable. So again we remind you to take a pause to reconnect to that steady and steadfast harbinger of good times that is already beating within you and within this planet, and know that this beat is the beat of the new, the one that will have you all up on your feat and dancing with joy before you know it.

## 410

The tides they have indeed changed, and so much will change with it, as this incoming riptide of energies will continue to create upheaval in all of the old sediments still obscuring mankind's vision of reality. For you are still very much in the dark as to what the real reality is, as the great majority is still immersed in this old fog of illusion, or perhaps we should rephrase that into this old fog of disillusion. For still you will see an abundance of negativity around you, that is, if you choose to tune into those channels still busy sending out these same negative signals. But if you have managed to tear yourself away from the old drama still being played out on those old screens that have been set up between mankind and their inner core, you will already have started to see not only through this old illusion, but you will also have seen the first new glimpses of that brand new reality being played out in its full technicolour splendor.

For what you see is merely a small fragment of what you are about to get, as these ever increasing incoming waves of light will continue to wash away more and more of the old illusion. And as that disappears, what has been portrayed as the stark, grim reality in shades of black and grey will start to disperse like grimy water down the drain, and the true colours in every sense of the word will start to emerge. For just as some of those old masterpieces created by long ago geniuses will be restored back to their former glory by a steady hand and a skilled technician into becoming vibrant and alive once again, so too will this world reemerge from a sea of murkiness, darkness and despair and shine in all of its splendor once more. And this is not something that you will have to wait long for, for this is a process that is already well on its way. And for some of you, those first tantalizing signs of this vibrant newness have already become apparent, both within you, but also as you gaze around you, looking into the hearts and the eyes of your fellow men.

For remember, this reappearance of glory comes from within you all, it is not something that will be applied on the outside, like a coat of varnish covering up some old dents and scratches, like people do to try to dress up something they are trying to sell off to a less suspecting person. For this change is not a superficial one, made up to make it look new. No, this is a profound change taking place from the inside out, changing every single molecule within your body into a brand new version of you, a new version vibrating at such a high frequency, it in turn will help to retune anything and anyone it comes into contact with. For you are indeed the walking healers we have talked about earlier, and as you have already started to hum to this new tune, you have already started this escalating process of evolution within so many of your fellow men as well, by your mere presence in their vicinity. And as you go about your daily chores, you bring this harmony of souls with you wherever you go, making this harmonic sing out loud and clear all over the place and as a result, every single particle within range will pick up this vibration and start to react to it.

Make no mistake, some of the reaction you will engender may be thought of as negative. That is, if you fail to understand that someone acting up or lashing out in anger in your presence do so because they feel the inner turmoil from their own god spark starting to sing out in order to join in in this heavenly choir that you represent. And so, any sudden bursts of anger or negativity from anyone around you are simply signs of them noticing their own inner spark for the very first time. This is simply a normal reaction from having been immersed in the same low frequencies forever, for as soon as you enter the picture, something profound starts to happen within them, and this will not go unnoticed. But for the most part, the reaction you will get, will be one of recognition, a sudden smile, a deep, penetrating look or a nod of approval from someone you least expected it from. You will also go around noticing nothing at all at times, but do not let that lead you into thinking you are not having an effect at all. For now, you can not help but have an effect, for you are so deeply entrained within that huge wave of energetic harmonics that is sweeping all across your globe, your very presence will serve to enhance these signals in such a way, even the dimmest of lights cannot fail to pick them up.

So again we say thank you for being who you are and for doing what you do, for you are bringing light into every single heart on this planet. And as you move about, you also serve to enhance the connection between heaven and earth in a very literal way, as you also serve as the physical anchors that help to connect most of the incoming currents to the very surface of this planet. And through you passes an enormous amount of light and information, information that is instrumental in rewriting the history of mankind, and information that is instrumental in rewriting your DNA in a way that ensures that all of the old locks will become unlocked again by a myriad of different key frequencies that together will ensure a total freedom for your physical body to start to function at optimum capacity.

For as you already know, even your scientists have had to acknowledge the fact that a human body seems to be far more advanced than what you have been able to tap into, and they have calculated that what you are utilizing today, both of you brainpower and also of some of those other forms of intelligence they have managed to detect within your physical body, is merely a small percentage of what seems to be available. And as you perhaps also know from the old schoolbooks, nature does not waste any energy in maintaining systems that are not of any use. So perhaps this will help you all to

understand that you already carry within you all that you need in order to rectify the old wrongs on this planet, and all that needs to be done, is to set the rest of these magnificent inner reservoirs of energy and information into full use. After all, that is why you have them in you in the first place, and if they were not meant for use, evolution would simply have made them disappear a long, long time ago, just like gills and webbed feet were no longer a necessity when your "forefathers" started to walk on land. And so, these old and up until now undiscovered treasures will come into full effect one by one, and as they do, so will your capacity to change the rest of this world back into its former glory emerge in full.

For you are here not only to facilitate this change, but also to enact it. With a little help from our side of the veil of course, but still, you are the ground crew, here to make the dreams come alive in every single way. And not only will you have the pleasure of making it happen, you will also have the pleasure of savouring the wondrous results. And that, dear ones, is a gift that no one deserves better than you. For you have done all of the hard work, you have literally started from scratch by pulling yourselves out of the morass, and now, the time has come to start to pull the rest of the world with you. And no, this does not mean that the burden will increase, it is quite the opposite. For as you all manage to release all of the pent up energy and knowledge that has been hidden within, you will also shift into a manner of existence that will serve to literally lift you out of the drag of the old density. And as such, the burdens of yesterday will be no more, and what you will experience, is the joy and the rush of the elevation, not the heavy weight of negativity that used to try to pull you further down.

For you will no longer suffer from this gravity of the old, instead you will be lifted by the lightness of the new to new heights, and as you lift, the rest of the world will be buoyed by your ever increasing lightness. And so, what seemed to be the heaviest burden of all will become a lesson in enlightenment – in every sense of the word. So let us leave it at that and leave you to ponder our words, and make sure that you take ample time to tune in to your brand new inner channels. For that is where you will find the good news, and they will continue to arrive in an ever increasing stream in the days ahead as these incoming energies continue to lift you all ever higher above the old and outgoing mode of existence.