

You have already been through numerous occasions when you find yourself suffering from the illusion of non-progress, and we are well aware that this is a phase that is taxing for you all. When we use the word illusion, it is with intent, because you are never suffering from a lack of progress, far from it, but as your human brain is still rather limited in its capacity to register progress in any other way than the one you have gotten used to so far in your long line of human existence, it is still quite challenging at times to make you understand that what may be construed as a standstill, or even a step backwards, is in fact nothing else than a giant leap forwards.

Let us explain. As we have oft talked about earlier, mankind has been held within very, very strict confines in all sorts of ways, also those that entails the use of your sensory perception. And as you know more than well already, the range of human capability compared to what you have already learned about the scope of existence, is an extremely shallow one indeed. If we should mention just one concept, the concept of sight, you know fully well that the human eye and the human brain seem capable of processing only a small fraction of the bandwidth that light is emitted in. Well, let us just add to that by saying that the scope is indeed even wider than what mankind has discovered, as your apparatus, no matter how intricately constructed by your scientists, is also lacking in ability as to discover the true scope of what is emitted as light waves. You see, you see only what you are programmed to see, and up until now, that has been quite limited, and the same goes for all of your other sensory capabilities. And so, what you see is merely a infinitesimal small fraction of what you get, to re-coin an old phrase. And so, there is no wonder that what you are able to discern from the world around you will tell you that nothing is happening at all. Not to you, nor to the rest of the known world that you are able to detect through your senses. And so, you will easily fall into despair, and your patience will come to an all-time low.

Again, we are not criticizing you in any way, we are simply pointing out a few facts in order to better aid you in this process, and so, we would like to take some time to point to some facts that will go undetected by most of you. For in time, this will be something that you all will be able to tune into on a regular basis, but as we have mentioned earlier, the “drag” that you all experience means that a sequence of events will take some time to fully register within your system. And so, any changes that will appear, and they might be extremely profound ones at that, will take some time before they seep into your consciousness. For a human mind is nothing if not tenacious, and as such, even when it is put before some clear cut and well defined changes, it will still try to balk at the idea of change in itself, and so, it will continue on in the same vein for quite some time before it actually adheres to the new laws of nature. We use this concept with intent also, as you have all gotten used to a life that is in all aspects ruled by what you deem to be unchangeable laws, like a “law of gravity”, the concept of time, the speed of light, and so many other “rules” and “laws” that you consider to be literally as unchangeable as if written into stone. Therefore, when a shift comes that literally shifts about on these concepts, your human mind will simply discard this as impossible, and will not even take time to try to ponder the facts that it is presented with.

This is simply a natural part of living as a human being, and as such, it is not something that comes as a surprise to any of us. Rather, it has been a well defined factor from the very beginning in this process, and so, the need to keep informing you about the real changes taking place has been written into this plan from the onset. For you fail to see the majority of changes that take place, simply because your brain refuses to acknowledge them. And it does so, because it has been trained to do so. So what you all will have to do, is to make your brain unlearn some of the old tricks it has picked up. This will in many ways be like training a little used part of you body, perhaps a small muscle somewhere that you did not even know existed, and as it has been lying dormant for such a long time, it itself has gotten used to not being used at all. And so, it needs to be coaxed into becoming a vital part of your body again, and as usual, this may come at a price at first. For as you all know more than well, anything not used will simply start to wither away, and when it is being put into use again, it will moan and groan and put up quite a racket at times, just like that dormant muscle will, if you ask it to start to exercise its abilities again after a long and leisurely break.

You may find these words to be a little bit flippant perhaps, but we are not saying this in order to make you feel like under-achievers in any way. We are simply reminding you that you have at your disposal a set of tools that you have yet to uncover and put into use. For they are all here, ready to be taken out from that old and cobwebby box they have been kept in for eons, and as such, you do have what it takes, but it might take some time to understand what it really is you do have. For you have got what it takes to start to tap into ALL of the information that surrounds you, and indeed is within you, and when you do, you will start to see, to hear, to know and to understand in a very new way. For then, you will see far beyond what the human concept of seeing is, and you will start to hear things that no human ear have been able to discern, and you will learn to understand things in a very different way than what you have previously been set up to do. For then, all of those human byways of putting knowledge into your head will be overwritten, and the pathways of accessing knowledge will become much, much faster, and indeed much more accurate. For then, you need not go by the way of seeing things with your eyes, for then, letting your brain process the signals and turn them into something that your mind can perceive. And then, you need not go by the way of your ears, for your brain to pick up subtle signals being emitted from an outside source either. For then, there will be no “outside source”, if you will, for as you rediscover these old tools, you will also rediscover how connected you are to ALL there is, and as such, the subtle signals and communication permeating it all will come within your earshot. And then, you will be able to pick up the minutest changes all around, and you will be able to perceive these changes we are referring to.

For then, you will SEE that the light coming into your atmosphere from your friendly neighbour, the Sun, is no longer the same light that it used to be. For it has changed in the most remarkable way, so that the very composition of it no longer matches the old one. And it has changed in such a way, it in turn is changing everything it touches. And no, this has nothing to do with what you refer to as “global warming” or the depletion of your ozone layer. We are referring to the very light particles themselves, and the way that they interact with each other so that the very composition and indeed the very “temperature” of this light has changed. And when we say temperature, we do not refer to the way that you measure it with your thermometers, we are referring to the wavelength it comes in, that is, the part of the spectrum that it belongs to. For this has gone through a very subtle shift, but this shift will have far reaching consequences for you all.

And no, not detrimental ones, we are referring to changes that will entail the parts of your dormant DNA to be activated. For this trigger effect will largely come via those emission you see – and indeed do not see – being beamed down upon you on a daily basis from your Sun. For the particles that are penetrating not only your atmosphere, but indeed the very core of your planet, are constructed in such a way, they will indeed set every single dormant switch encoded within your DNA to ON. In fact, this process has been going in for quite some time already, but lately, this process has been enhanced in such a way, it will act like a veritable chain effect and speed up this whole process exponentially. In addition, there are other factors at work here that are aiding you greatly in this process of changing from a human of the “old school” and into the human of the new. The limitless version of you, where your abilities to interact and indeed understand everything that is around you will be greatly enhanced. And yes, you have already come quite a long way in this process, but as yet, your old human senses are still very much in control when it comes to what kind of information you will be able to access. And as such, you will fail to perceive the new, because you are still very much being inundated with signals from the old. And so, the new will seem to be non-existent, when what is actually going on, is that all of the old is going out of existence. But, as we have told you before, not without making a whole lot of noise as it exits the door for the very last time.

Therefore, know that you are already very much immersed within the new, where you are literally inundated in all sorts of exciting information, and where you are no longer left out of the loop in any way. But in order for you to be able to literally take it all in, you need to find your way through this old and noisy labyrinth by metaphorically plugging your ears, the better to be able to pick up the sights and sounds from all of the new. For as yet, you are still very much geared towards focusing on the old noise and information you are so trained to pick up, and the natural inclination for your brain will be to disregard anything that does not fall into that category. And so, picking up these first faint threads

of that brand new conversation going on between you and the rest of creation, will be a difficult one. And yes, you are already very much taking part in this conversation, as indeed your physical body and those parts of your consciousness not defined by the human portion of you are already very much active members of this huge congregation of new voices.

And so, from time to time, many of you will in fact pick up bits and pieces from these ongoing discussions and interactions, but as they will be of a very different caliber than the ones you are used to taking part in, they will mostly go undetected or you will take them for being fragments of dreams or just a kind of hallucination. But trust us when we say that they are very much real, they are in fact far more real than the so-called reality you see yourself in daily.

For what we are talking about, is that endless stream of information in the form of vibrations, or frequencies of light, that you are already bathing in, and as such, they are a far cry indeed from that lower density, fear-based form of communication that will have you tied up in a knot on a regular basis. For what we are talking about, is a “conversation” of such lightness, indeed, it IS simply light, in all shapes and forms, and in every colour and nuances of such that you can think of, and then some. This may sound just as flimsy as the world of illusion we have referred to earlier, but remember, mass is not a sign of reality, rather, it is a sign of energy manifested through consciousness. And now, you will all be asked to tune into a reality that so far is not yet manifested on your shores, and as such, this reality will seem to be an illusion. But it is not, it is no less real because you cannot see it yet. For it is there, in all of its glory, but as a human, you still need some time before you can see it with ALL that you are. For through your still very human eyes, all you will see so far, is the sorry state of the illusion that was created around you a long, long time ago, and still, that sight will override the truth that is already here, but still hidden from your view.

So again we say, do not despair for what you fail to see, for that does not mean that it does not exist. Rather, rejoice in the fact that what you see around you, is simply the last remnants of the old illusion, already starting to fade away. And remember to plug your ears and indeed eyes if necessary, lest these last remnants of the old illusion will continue to hamper you in your quest for truly seeing the new. For it takes time and dedication to overrule the signals from the old, and so, we simply ask you to cease to disbelieve what you cannot yet see, and start to believe that you are truly capable of seeing it ALL. And then, you will give yourself the opening you need in order to truly start to find those tools that will unlock any and all of those long lost abilities to become the seer of ALL.

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The increasing activity in the sky will also induce some increased activities within you all. And no, we are not simply referring to all of that dreaded physical moaning and groaning that your body is apt to perform. Rather, we are referring to those activities that you are all eagerly awaiting, in the form of a deeper connection not only with those aspects of you you have yet to make acquaintance with, but also with the rest of Creation. For now, these long hidden doors will start to creak slowly open, and one by one, you will start to see glimpses of light where you before have seen nothing but blankness. And yes, we do mean that in every description of the word “light”, for the light you will start to distinguish will come in many shapes and forms, and we venture to guess that after this, you will no longer think of light as merely a way of illuminating the surroundings. For we think you will start to realize just what light is, for it is so much more than a particle or indeed a wave, the two conditions your scientists like to define it as. Light is indeed far more variable than that, as it can be likened to a living entity, and a highly intelligent one at that.

For light is so much more than the opposite of darkness, and light is so much more than the presence of something that can be seen. Light is also a carrier of whole worlds of knowledge and information,

and yes, we do mean worlds as in the one you are currently inhabiting. As we have told you before, the concept of mass is merely an illusion, a trick of the light if you will, and by and by, you will soon start to get the gist of what we are implying now. For again, we will give you this in the form of little snippets of information, some will perhaps even call it dis-information, for we are never the ones that will give you any answers outright. Much to the dismay of some, but still, this is all part of that much mentioned general plan. For you are the true explorers here, and in order for you to truly regain your true glory and indeed greatness, you must find a way to enter that greatness by your own volition. And as such, you will be asked to reach deep within for any answer that you may seek, and yes, they are all there for you to find, if you choose to do so. And no, this is not simply a ploy set up to give us a leeway out of any commitment, this is simply the name of the game if you will.

For you came here to remember, in order to resurrect not only yourselves, but this whole planet also from the clutches of fear and despair, and from that deep, deep pit of powerlessness humanity have hurled themselves into. So just like someone walking with crutches for a long time, your mind will tell you to keep holding on to those crutches, even after your body is more than strong enough to walk freely without them. And when we say crutches, we refer of course to that old and dare we say inbred notion of the need to be rescued by an outside rescue mission, in the form of some gung ho troops sweeping in to sweep you off your feet and put everything back into order again, while you watch timidly from a corner somewhere, like a shy maiden at a tournament. Well, this is not a game, nor a tournament, this is simply a lesson in growing back to your former glory, and as such, this is not a spectator sport in any way.

We know our words will be irksome and annoying to some, as they do go against the grain at times, but we are simply trying to remind you of your former glory, the better to make you ready and eager to regain that glory by opening yourself up to the knowledge that lies behind those seemingly water-tight compartments put up by your human mind. And yes, they may seem unbreakable and unassailable, but they are no more real than the rest of the illusion you see around you. And yes, just like that illusion seems to be the only reality you can rely on, the fact that you are an all-knowing and wise soul deeply connected to the vastness of creation will seem to be no more real than the illusion presented in your films. But in fact the opposite is the real truth, but this switch between what is perceived as real and what is perceived as mere illusion or even delusion is a hard one to make, and that is why we will keep pushing and prodding you with our words and with the energy that these messages contain, and that is why the light is keeping up doing the same. For this light that we mentioned at the beginning of this message is an interesting one indeed, for it is not simply what you see whenever you push a button or a switch in a dark room in order to bring the light in there. No, this is something far more complex indeed, and so, it will also serve to push and prod at you in all sorts of ways, and not only as the light be present as a visible presence.

In other words, the light we refer to is also that which you cannot see, for as we have already mentioned, the visible spectrum of light according to the human eye and indeed brain is an extremely narrow one, and you will simply see a small sliver of it. But now, you will be inundated with the full bandwidth if you will, and this light will start to talk to you in all sorts of ways. So yes, especially during the night time, when there may be no discernible light at all, will you be surrounded and indeed bathed in this light that comes in all shapes and forms as we mentioned earlier. So at times, you may find yourself almost crowded in by it. We say this in order to make you understand that these forms of light will indeed behave in ways that you have yet to experience, and as such, they might be apt to trigger remnants of fear within some of you. For they may seem to be “foreign”, and as you will perhaps be exposed to much of this during the night, it will be easy to fall into the conclusion that there must be something “dark and sinister” about this unseen light. And so, the step to think that this must be some form of unknown darkness instead will be a short one. But again we say, stay centered, and stay safe in the knowledge that you are all protected in all sorts of ways, and the only “danger” you will encounter, is that of your mind trying to send you into a tailspin of fear because it is uncertain as to how to encounter these new and very “foreign feeling” frequencies. So the only thing you need to do, is to literally step into this light with YOUR light, and then, you will find yourself being greeted by something you realise is a long lost friend.

For your light is the only guiding light you will need, and as long as you remember to hold your light high, you will never step away from it, and you need not fear going into fear. For your mind will always try to protect you whenever it encounters something unknown, and it will do so by triggering your own inherent danger signals, and it will do so at the first whiff of something that may feel “off” because it is something that it is not familiar with. Again, all you need to do, is to BE the light at all times, and then you will see the light coming in for what it is. And never fear dear ones, that there might be some unseen darkness also lurking in the corners. For that darkness will never step forwards into your own light, nor into any other form of light, and as such, it can never come into your presence ever again.

For you are sovereign beings, each and every one of you, and it is up to each and every one of you to choose what you want to interact with or not. This “new light” may take some time getting used to, but it will not advance any further than you allow it to. It might be “pushy” in the form of making its presence known, but it will not cross the borders you yourself erect and “invade” you in any way. It will simply wait until it is invited in. But again, it will let you know it is there, so it might continue to come a-knocking from time to time if you choose to withhold your invitation for a while. You see, it is here to help you, and it has been ordered to do so by the power that runs through All of creation, but again, it cannot do so against your will.

For as we have told you before, it is indeed up to each and every one of you to choose the speed and indeed the direction and the duration of your journey, and as such, we can only put all of the available tools to your disposal. Whether or not you choose to pick them up and take them into use, is up to you. But this new tool, this light of many names, is a tool that is eager to be put into use by you all, and so, it will also be eager to announce its presence in your vicinity, so do not be surprised if you hear it knocking on your door. And yes, it might do so during the darkest hours of the night, but again, that does not mean it is a signal of something not of the light, far from it. And when it does come knocking, you will know what it is if you answer the door with your light. For then, these different forms of light will know how to speak to each other in a language that you also will understand. For the light will speak in the language of love, the only language it knows.

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By now, you will all have been well acquainted with these endless fluctuations of energy coming into your being, and we venture to guess that you have all in some way been able to access hitherto unexplored territory within. This may not feel as any major feat to some of you, as you have so far probably not been able to get but a small sip from that huge ocean of endless information that lies within, but still, we do think it has whetted your appetite for more. For more is to come dear ones, and it will come in fits and starts, in huge chunks and in tiny morsels, and probably when you least expect it to. For in this, as in everything else, trying to force your way forwards will not work very well, as it is by simply allowing yourself to let go of the need to control this process that you will be able to fully enter this ocean of the future. And so, whatever it takes, make sure you do not make the mistake of setting up a plan on how to do this.

For remember, mankind has a habit of making up little lists, you even call them your “to do lists”, and you have trained yourselves well to think that as long as you follow this carefully constructed paper trail, you will find yourself moving forwards at an appropriate speed, and you will reach your designated goal just as you have planned it. Well, this is not one of those old and literally single dimensional journeys, and this is certainly not a course to be taken or a piece of furniture to be assembled according to that enclosed manual. What you are doing, is something very, very different indeed, and that is why we are saying to you over and over again to let go of any preconceived notions as to how to go about this in the first place.

For the more you try to find the “right” way to do this, the more you will literally be getting in your own way, and the more you follow what you have learned is an eminent tool – namely planning ahead and acting out a carefully put together sequence in order to advance towards your goal – the more you will be apt to lose yourself in your own good intentions. So again we say, throw caution to the winds, stop trying so hard to DO and try to just BE YOU. This will sound like a rather childish and over-simplified way to go about this, but again, we have told you before to become as if a child again. Remember, we are trying to guide you through that process of liberating yourself from the old bonds of being a human being within the strict confines that have been erected around you, and the only way to do that, is to stop acting like one. You see, you have all your lives been carefully trained to do the right thing at the exact right time, and if you have ever been encouraged to think outside the box, there have been some very strict rules underlying that seemingly liberated way of going about things. For to be a human, is to follow a very set way of being, and especially a very set way of DOING things, and so, as this pattern has been worn so thoroughly into you all, it has literally produced a very deep groove within you that is hard to escape from. For even if you THINK you are free, you will in many ways still act according to that old and imbued way of thinking and acting, and as such, it takes quite a lot of effort to shake oneself loose from that old groove. But the biggest challenge is this: the effort we refer to, is in fact the opposite of effort. For you need to become effortless in a way that will make all of those old rules and instructions become null and void once and for all.

Again, we will seem to be talking in extremely convoluted terms, but what we are trying to tell you all, is that this is in fact so much more simple than what many of you are trying to wrap your heads around at the moment. Do not forget, we have an intimate knowledge of mankind, and even if we can be criticized for only seeing you “from afar”, we can only see too well the old patterns repeating themselves, seemingly endlessly. Except for in a few instances, when we see the joy and exuberance in someone suddenly realizing the gist of this message: becoming free is simply a question of acting as if you are. In other words, you need not change anything in your daily life, you need only see it for the true illusion it really is, and when this really sinks in, all of the old patterns will melt away like a sundae in the midday sun.

This may sound like we are oversimplifying, but bear with us as we try to give this to you in a very clear and succinct manner. For what YOU see, are the obstacles, and again and again you try to crash your way through them, like a stubborn creature butting its head again and again into the same wall. But if you lift your eyes, you will see that there is no wall, it is simply a figment of your imagination, and if you simply step back, you can easily step aside and continue onwards, unhindered by what you for so long have seen as an impenetrable barrier between you and the rest of Creation. You see, your mind is still very busy setting up all of these imaginary roadblocks, and so, your frustration continue to increase as you find yourself endlessly searching for that exit-sign somewhere. But none seems to be in sight, and so you try harder and harder to knock down that wall again. Again, to no avail. But if you do manage to step back a little bit, and simply open up to that child inside who will see blue skies where that “adult” in you will see a gray prison wall, you will find yourself flying free under this blue sky, unfettered by that old and still in many ways imprisoned way of thinking that comes so naturally to so many of you.

For you are no longer imprisoned, you simply THINK that you are, and so, the autopilot will kick in once again and you will keep running around and around in that same old rut of frustration and exhaustion. But there is a simple way out, and that is to let go of all of the old notions of working your way out of this prison. For it is indeed this very idea of “working” that is keeping you in there in the first place. So again we say, let go, and jump off that cliff and into the freedom you so long for. It is there for the taking, ready to fall into your lap the very moment you decide to stop trying so hard to reach for it.

As many of you have already noticed, this influx of energetic transmission is pushing on a whole new set of buttons within you, and by doing this, you will subsequently start to see things in a very new light indeed. And yes, we do mean this in every sense of the word, as not only the inherent quality of this light, but also your ability to perceive it, is changing rapidly now. And with it comes a whole new sense of being not only human, but something far, far more complex than this. In addition, your ability to sense everything that lies beyond the scope of human understanding will also magnify, as you will be brought into contact with spheres of Creation you were not even aware existed. So yes, much is opening up now, and it can be easy to think of oneself as getting lost within this at times mesmerizing and complex maze of new beginnings and old departures.

For as you start to open up to all of this, you will automatically start to shut down so much of the old and obsolete systems within, systems that govern not only parts of your physical vehicle, but which also governs your entire way of being. You see, as you start to see with your new eyes, you will also stop to see what is not necessary for you to see. To use an old phrase, you will start to turn a blind eye to those aspects of human life that no longer serves you. And as such, things that have been construed as hindrances earlier, will no longer be thought of as such, for you will no longer see them. And what do we mean by that? Simply that as your whole being comes into play, those parts of you that still adheres to the old ways of thinking, acting and indeed being, will cease to function. And just as the body itself shuts off energy to those parts that remains unused over a prolonged period of time in order to focus its attention on those parts that are in use, so too will your system simply switch off anything that is no longer needed.

So by and by, you will find yourself becoming very new indeed, but still, it may not even feel like that to you. At least, not superficially, for as all of those brand new parts of you start to kick in, your focus will automatically shift, and you will switch seamlessly into your very new way of BEing. So again, those deepest and most profound transformations that you go through may not be perceived as such, for they are so profound, you will lose any contact with that old version of you, and looking back, it will be like looking back on someone else's life altogether. Or it will be like looking at a piece of fiction if you will, a play acted out by actors, each one performing their designated part in what has been titled "your life". And this is in fact exactly what has taken place up until now, for what you have lived through, has all been designed to give you the opportunity to be exactly where you are at this exact point in time and so, as you are reading these lines, we can only congratulate you all on a job very well done indeed.

For now, as the curtains go down on that old version of you, there will be no lengthy curtain calls, for you are all more than ready to exit this theater of your old life and step out into the real world. And yes, we do use that word with intent, as now, your REAL life is about to start, for all intents and purposes. For every thing you have done so far on this sojourn, and indeed in every previous incarnation you have had on these shores, has been preparations for what is to come now. For this time, you will start anew, unfettered by anything of the old, but still, it is thanks to every single second of your former life, and indeed lives, that you are able to stand here today, resplendent and emerging as those truly lighted beings that you are about to become. That is, you are already ALL of this, but as yet, you have not been able to fully take in the whole scope of this, and as such, the best is yet to come. For now, the doors that were flung open a while ago will start to beckon more and more of you to step across the threshold and out into the wide open spaces of your new life, in your new world, where everything will be up to you to create from scratch. That is, so much is already here, ready to be taken into use, but again, it is indeed up to each and every one of you to determine the speed at which all of this will take place.

So look ahead, and take a step forwards the better to be able to peek through this opening towards that dreamland that awaits you. We know that for many, this beckoning freedom will still feel a bit too overwhelming, and you will content yourself with looking at it from afar for the time being. Take all the time you need, for this will not go away, but know also that in order not to miss out on too much of

the fun, do not hold yourself back for too long. That way, you will be amongst the first one able to finally frolic in those fertile fields we have talked so much about, and that way is also the only way to find out what lies behind all of the magnificent words we have used to describe what awaits you. And yes, we feel more than confident that none of you will find any faults in the prior descriptions that we have given the moment you fully start to interact with these fields of freedom, or rather, you will think we have not even done them justice. For this is indeed beyond words, and it is indeed beyond what a human mind can even begin to describe itself. But when you do go there, you will know with all that you are that this time, you are finally home for good.

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You have all been put on the fast forward track by now dear ones, and as everything continues to speed up, your perception of the reality that surrounds you will also start to change at an ever increasing speed. You see, the veils have started to dim down now in all aspects, so what you see, will continue to magnify in all sorts of ways.

Let us explain. It will not come as news to any of you that the world you see around you is not the world you have taken it to be, and now that will become obvious to every last one of you. That is, to every one that have made the same choice as you, namely to truly open your hearts to the light and through that, allowing yourself to start to see what has been here all along but that you have turned away from earlier, seemingly forever. For the light will bring much clarity to you all, and when the fog lifts, you will see beauty where there was none, you will see emptiness where before there seemed to be darkness, and you will see forever where there used to be a wall stopping your gaze. For as the fog lifts, it will take away the illusion of separateness, and it will take away the illusion of darkness, and it will take with it the illusion of limitation, and as such, it will be like standing inside a cramped, musty apartment where all of the walls and the roof suddenly falls away, to reveal the bright blue sky up above, and endless green fields on all sides.

We know we use simple metaphors for this, and it may sound like we think we are talking to children, but again, what we are trying to make clear to you, is the simplicity that has been hiding behind the ever so complex construction you have been so deeply immersed in. For in your minds, you feel as if you are grappling with layer upon layer of confusion, where one thing seems to stand in the way of another, and where one road will lead you to a dead end, and if you turn around, you will find the same dead end staring you in the face. But all of this is simply an illusion, created to keep mankind forever searching in vain to find a way to endure this imprisonment inside a frail body, and ensconced within a world that seems to be literally crumbling more and more even as we speak. Well, this old world of your is indeed falling apart, and rightly so, for it is not anything more than a make believe, a set of props constructed to keep you going in an eternal cycle of slavery under your own beliefs of not being good enough, not being powerful enough nor being deserving enough to attain your own freedom.

These prison walls have been pressing in on you for such a long time, and as we have talked about earlier, even if these self-imposed and indeed superimposed limitations are no longer valid, you will still in your mind seem to feel their presence very much governing your every day business. And so, you will automatically try to fall back into the same pattern as before. We know we have delved into this subject many times already, but again we need to repeat it, as you need to be reminded of your freedom. For even if you have attained it, you have not yet given it to yourself, and so, you have yet to fully experience it. That is, expect for a few brave individuals who have already started to take the first deep inhalations of the pure, clean air that is now available to you all. And we know they can testify to the clarity it brings, both to body, mind and spirit, and as such, we can only implore you all to try to do the same as these pioneers have already shown you.



For it takes courage to venture outside the tried and “true”, for as you all know, once you truly let yourself take in the fact that everything you have taken as facts previously are merely figments of your imagination, you will need to make such a huge adjustment to yourself, you think it will be too much to handle. But that is not the case here, for as we have already told you, this transition from the old to the new is one that will go seamlessly, and it is simply your ideas on how this transition will and must come about that are standing in your way now. For the more you think about it, the harder it will seem to be, and the threshold between you and that freedom you so hanker for will seem to grow higher by the day. But again, this is not about DOING anything, this is simply about ALLOWING yourself to take that step, and once you put that thought into being, it will automatically come about by itself. For this is not about scaling the highest mountains or crossing the deepest of rivers, this is simply about letting go of all that you have been, and letting it slip through your fingers like water flowing downstream.

It sounds complicated, but that is because words are always complicated. But you still feel the need to see the words that will explain this whole process to you, and so you wait, and you hope you will see the explanation of this whole process that will put your mind at ease. For then, you say to yourself, I will simply follow the detailed instructions, and then, I think I will be able to make it. But you will have to wait forever if you are waiting for that instruction, for it will never be given to you. That is, it will never be given in a form such as this, in a sequence of letters, presented on a page for you to take in through your eyes and process it with your brain. For this, you are already a master of, you need no tuition to do this. All you need to do, is to let go of the idea of needing to learn it thoroughly before you attempt to do it. This is simply a choice of jumping or not, of letting go or holding on, of following your inner wisdom or listening to that overly cautious “voice of reason” that is trying to persuade you to stay back.

For this is not something that will or can be explained, this is simply something that is already here, within yourself, ready to be embraced again after lifetimes of negation. For you already know who you are, and you already know what you are capable of, but still, you feel the need for some outside confirmation. And no, we do not blame you for this, for you are merely following the gut instinct of a human being, that side of you that has been the ruler of you, seemingly forever, and as such, you will sit back and rethink each and every option. For this is how you have been trained, and so, you will hesitate to jump when the option to do so is presented to you. Again, you all have the choice, for it is you and you alone who must make the choice, for it is your will that is the one who has to take the decision. Not ours and not anyone else’s either. For you are sovereign beings, but you are also still very much human, and so, that human side will try all it can to hold on to its authority.

So again we say, do not hold yourself back any longer, and do not think you have to know what to do before you do it. For you do know everything, but you are still very much under the influence of the old you, the you that has been programmed to sit up and listen and wait for orders and instructions. Because you think you are simply not wise enough to have a go at it by yourself. But this time, that is exactly what you have to do. For this time, you must be willing to simply let go of EVERYTHING in order to slip through the old net of being human, the net that has held you captive forever. The gaps in this net are large indeed, but still, you seem to find way to get ensnared in it, or you refuse to let your fingers loosen their grip from the thread of hope you have been holding on to. For you hope for an explanation or a piece of information that will make this jump less daunting. But that will not come, for you have already learned everything that needs to be learned. But what you need to do, as we have told you earlier, is to unlearn all of the traits of being human, a dependant and all of the old ideas, and to trust yourself enough to simply let go.

We use many, many words to try to give you that last little push, but in fact, the words are merely a superficial way of trying to push you with the energy they contain. For these words in themselves have no value, no words in the world can give you what you already have within. For you have the freedom there, it is there for the taking, and it is not hidden nor hard to get at. All you have to do is to stop trying so hard – the advice we have already given you, but one that needs to be repeated. So stop searching, and stop hiding from the truth, and the truth is simply this: you are already there, but you

cannot see it, because you dare not let yourself see it. Freedom is not for everybody, freedom is for those willing to embrace it freely, and if you find yourself lacking, you will not think yourself worthy of it. And then, you will turn your back to YOU, and you will turn away from that beckoning door and stay inside that little room you already know so well. If that is what you choose, it is a choice we will all honor. For we are not here to chastise you in any way, we are simply here to try to help you to choose the freedom. For not only have you earned it, it is yours for eternity, and it was yours even before you came. For it is what has been given all from the very beginning, but it cannot be forced on anyone, it has to be embraced.

So we hope that our words and indeed the energy they carry within can help to chip away some of the resistance you have to fully embrace not only your freedom, but yourself. For that is indeed two sides of the same coin, but this coin is also one that can be seen for the treasure it truly is, or it is a coin that one can choose to simply let slip through the fingers and be forgotten, like a cherished possession lying forlorn in a dark corner somewhere. So take some time to think hard where your coin is, and know that even if you think it is lost forever, it is actually always there, in the very center of your being, waiting for you to retrieve it again.

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As you have perhaps already envisaged, this period will be one of intense goings-on on all levels. Some of it has already started to surface, but as the frequencies of these incoming energies continue to heighten, so too will all of the ensuing effects from them. You see, the buttons are already being pushed, and when we say buttons, we refer of course to whatever it is that you are carrying with you. And this time, we are referring to those buttons that activate so much of your innate qualities, those that have been dormant for such a long time, but who will start to be awakened one by one as these energies come in and start to nudge them into being.

Nudge is perhaps not the best word to use here, as the momentum of these energies is more than a little intense. In any way, they will serve to activate so much of you, and as things get into a roll, you will find yourself rolling along with it at an ever increasing speed. And as such, keeping your balance will perhaps become more than a little challenging for you all, even if you have become more than adept at this from earlier rounds.

For even if you have gotten used to rolling with these punches, this time, you will probably find yourself taken by surprise more than once, for this time, these sequences will not be following the same predictable patterns as earlier bouts have done. You see, these punches will come and go, and they will come from every direction you can think of, and then some. We are aware that the word punch carry some rather negative connotations, but we use it in order to describe the intention behind them, and the intention is not to try to beat you to the ground, rather, it is to ensure that you become fully functional at all levels. And in order for you to do so, the energetic forces will not hold anything back, because it is indeed imperative that you are fully triggered by these sequences coming in now. And so, you will feel the forces behind all of these blasts, but you will also feel the positive response they will generate in your own system, as it literally kicks in at full effect.

For this is indeed a beautiful and gracefully choreographed sequence that is being enacted now, where the response and the reaction going back and forth between you and these incoming energies can almost be likened to a duet on the dance floor. It is like a well tuned couple assisting each other through a masterful piece of ballet, graceful yet full of strength and assurance, and where each partner is carefully listening to the response from the other before the next move is taken. So too it is in this, for you are not merely the recipient here, you are also very much an active partner, and so, the communication is going both ways here. For as you start to soften and open up, these incoming pulses

will start to interact with your whole internal system, and the two of you will start to have an in depth conversation going on, and it will be one that will be going on for quite a while.

For remember, this is not something that is carried out in a flash, this is something that will be carefully orchestrated in order to obtain the optimum effect for each and every one of you, and as your physical body is one of the partners in this dance, its needs and its limitations needs to be taken seriously. And so, even if you will feel stretched almost beyond your own limits, know that you will not be taken beyond any breaking point, but you will indeed be challenged to go just that one step further than you perhaps thought yourself capable of. For you have been well ingrained with all sorts of ideas about your limitations, and as such, you will think yourself capable of far, far less than what you actually are, so in this, you will be prodded and stretched and pushed ever so gently at times, and more seriously at others. Not to prolong this period of unfolding, but to make sure you do not stop too soon.

Remember it is you and only you who can decide just how far you are willing to take yourself, and so, you can stop this at any time if you so wish. But that does not mean we will stop trying to get you to stretch yourself a little bit more. For you have it in you to go far beyond any horizon you might care to paint up in vivid colours yourself, and so, it is our task to entice you to go as far as possible in order to realize your full potential and not just a small sampling of it. And as such, we think many will look upon us as that rather annoying teacher or perhaps that at times rather stern trainer that keeps pushing you when all you want to do, is to simply give up and say enough already. Remember, this is the role we have been given, for we are the ones that have been designated as your support team, the ones that will be by your side, encouraging you and giving you that extra push in order for you to be able to go all the way in and access whatever it is you have yet to tap into. We know that this will at times make us less than popular in your eyes, for we are the ones that will pop up at all times and remind you of your reason for being.

For it is not about lolling about in a dazed bliss, as some of your compatriots on this planet still seem to be doing. No, you are the ones that have chosen to awaken yourself, and when you do, you know it is impossible to just roll over and go back to sleep again. And when we say sleep, we mean as in forgetting about who you really are. For as you have already decided to open up to the truth that you are far, far more than a somewhat dazed and confused human being, eking out a rather meagre existence on this battle worn planet, you cannot just close that door and go back to simply existing again. No, you have decided to come alive now, and as you have so decided, the sleep must be banished from every single cell of your being. And when we say this, we mean that you cannot become half awake, you have to become fully awakened, so that you start to function at your maximum capacity at all levels. And this is what this stage of the process is all about, awakening all of these last bits and pieces that have been slumbering peacefully away up until now. And as you know more than well, this will also entail some at times rather annoying signals being sent out from these rather reluctant somnambulists.

For what has been put to sleep such a long time ago will not always jump out of bed, all ready and set to go. No, it will be a period of some stretching and yawning, and perhaps some grumbling and complaint before it all gets ready and set to go. So in many ways, this can be likened to going into a room of sleeping youngsters and turning on the light, telling them it is time to get out and start the day in earnest. You know how the response is apt to be, for remember, even if these sleeping parts of you are vibrant and full of energy, taking them from zero activity to 100% is not done overnight. So there will indeed be a period of much confusion, of stumbling around and shaking of the head in an attempt to clear your mind and clear your vision.

For this is indeed a major operation, where all sorts of interlocking parts will need to quickly remember just how to interact with each other again. So except some rather confusing periods, where you will find your days full of starts and stops, reruns and roundabouts, as all that you truly are will start to get it together by and by. It may be more than unsettling at times, for you will perhaps feel as if you are literally starting to lose it, but try to remember that this is simply a result from this waking up

process. For it is not one that can be easily accomplished in one go, like putting together a simple meal with just a few ingredients. No, this can more be likened to a complex sitting, involving a whole set of subsets, all needed to be activated at the right time and in the right sequence, and as such, there will be times when you feel as if you “fall out”, when everything seems to be disconnected at the same time. But try not to worry, it is merely a sign of everything being reconnected again, and as such, you will just have to get used to this sensation of bewilderment for a while.

Again, this is also very much an individual process, and so, your sequences may not be fired up at the same time as others, so if you want to compare your process with the one that others are going through, try to do so in the right way. That is, do not think that everything has to happen to you all at the same time, rather, look upon this as a period where you will all need a form of confirmation by the fact that everything will seem to be falling apart at times. And when you feel like this, it is indeed more than advisable to ask for assistance and assurance.

For what looks like chaos from the inside, will look very different from a higher perspective, and as such, remember to ask for assurance from the sources that will give you a true answer based upon wisdom, not a false one based upon fear. So again, the simple solution is this: always go within whenever you need assurance, and always remember to give your support to those outside of you that needs it too. In other words, find your own balance by going within, and when you feel connected, you will also be able to help others to find their equilibrium. For if you in some ways go into fear, you will only make it even harder for yourself if you try to find an outside source to confirm your fears, instead of listening to that calm and reassuring voice you all have within. It will guide you through the choppiest of waters, and it will help you to see that even far, far out to sea, you are as safe as anchored up in the most sheltered of harbours.

For in this, you need to trust yourself enough to let these waters carry you as far out as possible, the better to make you able to truly tap fully into those never ending resources you already carry within. So the more you insist on hugging the shoreline, the worse these storms will seem. For their task is indeed to make you set yourself free and let yourself drift out into the unknown. For it is only in that wild blue yonder you will find the full and complete version of you. The one you will see if you insist on staying closer to home, will simply be a faint echo of what you could aspire to be if you allow yourself to become fully awakened by these powerful yet friendly blasts of energetic winds coming your way.

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Today is a perfect day to delve into a subject we have touched upon earlier, but it is one that bears repeating, and that is the subject of self love. And as today is a day that for many is in so many ways connected to the subject of love, we would like to take the opportunity to remind you all of the importance of self love. For it is indeed the very foundation of all love, for if you refuse to give yourself the gift of unconditional love, you are not being true to yourself if you only extend this gift towards others. You see, even if this may seem self-evident to you all, it is also a subject that many will turn a blind eye to every time it pops up. And the reason for that is of course the obvious one, and it is simply the fact that you for eons have been instilled with the deeply ingrained idea of your shortcomings.

You see, if we should ask any human alive today to set up a list of what they perceive as their shortcomings, they would not hesitate in start listing them up for you in great detail. But if you ask them to make a list of all the positive attributes they see in themselves, the list tend to be a much shorter one. In fact, we can sense that some of you are already squirming in your seat reading this, for you will already be lost in your own list of these perceived “shortcomings”. And why call them that, when what you look upon as so-called shortcomings are merely a true sign of your willingness to explore every single aspect of Creation to the fullest?

Remember, that is why you all came to be here in the first place, life after life, so that you could see, feel, taste and experience it all. And yes, we do mean all, even those aspects of life that you with your best of will cannot even try to describe as anything but negative in every way. Well, what if we remind you that all of these so-called dark deeds carry no more nor no less value than everything you care to describe as loving traits? We know that this is indeed an aspect of human life that many have a hard time facing, for to you, mankind has always been told to strive to “do good”. Actually, you have all been instructed to simply do it all, and try it out in life after life, so that you get the chance to experience every single aspect of living within a human body, within a human society, in ways that will enable not only you, but All of creation to learn as much as possible. Remember, whatever you have done and are indeed doing during one single lifetime, you are not only doing for your singular enlightenment, no, you are doing it on behalf of All of creation. And so, every single second of your sojourns here on this planet will be carefully recorded and kept for future reference. Not only for your own personal enlightenment, but for everyone else’s.

So again we say, remember that no matter what you do, or even what you refrain from doing during your life on this planet, it is ALL for the best. We know this will have many a finger raised in the air from people ready to interject with protestations, but this is indeed the short simple truth. And so, the concept of self love should be an easy one to grasp, but as you have been well trained to think that you are from the outset imperfect, and that no matter how hard you try, you will never be good enough, it is indeed almost impossible for a so-called “normal” human being to embrace him or herself fully. And that is easy to understand, given the programming you have been indoctrinated with, the old parasitic one, that has been telling you to stay in a constant state of feeling inadequate, powerless and fearful for the future.

Well, that program is no longer valid on these shores, and even if many still choose to live by those rules, we are here to remind of you of the reality that lies behind all of these old smokescreens of disinformation. For there is no one existing anywhere in Creation that you should love more than yourself. You are perfect in every single aspect you can think of, and in every single aspect you have yet to remember. And so, we have come to you today, the day that is a day for love to be celebrated in many of your cultures, to tell you that today, we ask you to celebrate yourself, and we ask you to celebrate ALL that you are.

For you are nothing short of magnificent, you are a true Master, for you have allowed yourself to come to this planet and BE and DO it all, for the sake of us all, and you have made a brilliant effort in each and every way. So again we say on behalf of All of creation, thank you for being who you are and for doing what you do. We could not have made it without you, for not only are you in the midst of delivering such vast amounts of light to this planet, it has already changed its destiny forever, you have also in lifetime after lifetime delivered invaluable experiences to the rest of us by being willing to come into a human body time after time, and to use that human body to sample the delights and the horrors – in equal measure and with equal merit. So again we say, this is indeed a day to sit up and take notice of YOU, of all that you are and all that you have been. And that is certainly something to truly celebrate. So we hope you will join us in a heartfelt and grateful salute to you, our beloved shining star, currently housed within this human body you refer to as yours.

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By now, many of you will have felt the tugging from these energies, and we can sense a heightened sense of frustration in all those still insisting on hanging on. You see, this is not an easy task, for even if you think yourself already well above and beyond the struggle of release, this is in many ways not the case. Not to dampen your spirits, but we would like to delve a little bit further into this enigma of resistance, for that is what so many of you are experiencing at the moment.

Remember we are here to help you to get airborne, and the only way to do that, is to allow yourself to let go of all of the old ballast that is still holding you tethered to the ground, and as such, the more you flail and struggle, the more you seem to find yourself entangled in all of these old ropes, and the more you will feel as if pushed deeper and deeper into a corner without your own volition. But such is the paradox in this process, that the more you struggle to let go, the deeper you seem to mire yourself in everything that you do so want to get rid of. And yes, it is frustrating, and yes, it is painful, for it is a little bit like a trapped animal fighting and pushing in order to break free, but the only tangible result will be an even stronger feeling of restriction.

So that is why we are here, to remind you all that you are so close to attaining that true freedom, the one that will serve not only as a breath of fresh air, but as such a total sense of liberation, it will literally take your breath away. But what is standing in your way, are still those same obstacles that have been there all along, and the only place you can locate them, is within. For no matter what your external circumstances are, no matter how strapped you are financially, nor what kind of relationships you find yourself in with others, it is simply a figment of your imagination that this is the real reason for your sense of imprisonment. For there is nothing outside of you that can hold you back once you attain that freedom within, the freedom that will enable you to literally scale any mountain without seemingly having to exert yourself in any way. For the moment you let go of any inhibitions that are still holding you back, you will fly all the way there without feeling even out of breath.

And when we say inhibition, we refer to that old and by now well known idea that you are simply not able to let go, for these things are simply a part of you. They have always been thus, and so, they will continue to be so, and so, you will have to content yourself with watching from the sidelines as those other, more fortunate ones let go of whatever it was that held them back. For they are perhaps more entitled to their freedom than you? But that is not the truth, but it can be a convenient illusion to hold on to, when you think you find this struggle to release simply to be too much. And so, you let yourself fall back, and you feel even more despondent than before. But again, that is why we are here, for we know that at this point in time there are so many going through this exact phase where they say to themselves “enough already. I have been releasing and fighting for my freedom for years and years, but now, I do not have it in me to go on anymore. What a failure I am!” And so you sit back and try to lick your wounds, but no matter what you do, they only seem to hurt you more. But remember, you are never not good enough, you are simply exhausted, and so you lose sight of your own strength, and you feel as if everything is slipping away from you, except for that old baggage you so want to be rid of.

And so, it is as if everything comes crashing down, and you with it, and it is as if you are left in heap on the floor unable to even get to your knees, much less back on your feet. So we say to you, you are not lost, nor are you out of the game, you are simply temporarily out of breath. So we ask you to sit down and reestablish that connection to YOU that seems to have come undone in all of this toing and froing. For remember, these energies are doing all they can to help you shake loose any old baggage still hanging around, but in the process, much may be apt to get out of sync as well. And so, what you take for a permanent disconnection, a permanent cease of communication, is merely a small blackout of services, caused by these intensely fluctuating signals going to and from your system and the Source of these helpful, but rather heavy handed energies.

So we ask you to take some time to reconnect, for that signal from within is always there, clear and pure, and when you do reconnect, you will find that you are not lost nor left behind, you have simply tripped over that small heap of old luggage still cluttering up your space. And remember, this is not clutter that you need to spend time or energy on decluttering. All you have to do, is to take a step aside, and walk right by it. For this is what you need to do in order to truly leave it behind, stop worrying about it. For it is not yours, it never was, you simply picked it up along the way, and by and by, you started to believe that it really belonged to you. But it does not, and so, you are free to simply leave it sitting there by the wayside as you continue on your journey with a much lighter step, and no extra load at all.

We make it sound so simple, and that is because it is simple, except within your mind. For that is where this has escalated into a battle for so many, as you put so much of your weight into trying to shift this heap of old luggage to and fro, pulling your hair in frustration because the sheer weight of it all is simply too much for you. But you can put down your arms, and stop figuring out how to find a way to overcome this burden. For all you need to do, is to realize that it is not yours anymore, in fact it never was, and so, you are simply free to leave it behind any time you find it in you to do just that.

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We want to return to a topic that has been mentioned before, but that bears repeating as we usually say, and this time, it is the subject of time. Time is a subject that will keep popping up in our missives, and rightly so, as the whole concept of time and indeed the limitation you seem to think it has is indeed a subject that lies at the very core of this whole operation. You see, mankind's idea of time as this linear stretch of events that slowly unfolds at a designated pace will also help to limit your ideas as to how and when a certain event may come about. For to you, things can only happen at the level of consciousness that you are able to witness. And so, you see strict limitations to everything as you seem to think that everything must adhere to these limitations that your idea of time sets up. For these limitations are indeed so basic to your whole idea of living, as you see how the clock starts to tick the moment - usually recorded for posterity - when you take your first breath and until that moment - usually also recorded for posterity - when you take your last. And so, each life is a line in the sand if you will, starting at one point and running parallel to all the other lives or lines that exist simultaneously to yours, and so, you all share the same intrinsic idea of when a certain event took place as you can go back in your annals and look at the time and the date when it was recorded.

And so, when you think back or when you plan ahead, you always adhere to this same strict line of time with no exception, so to you, time is indeed a straight and narrow line stretching forwards and backwards into infinity. But still, it is indeed straight as a ruler with no deviation to it at all. And so to you, nothing that falls outside of this thin line can exist, for if it does not fit into your concept of time, it does not even enter into your mind. Why, you even use your measurement of time to define the "age" of the light that comes into your line of sight whenever you look up to the sky. For you define the distance to the twinkling pinpricks of light you see above you in the night sky in time also, as in when the light from that star started its journey towards you. And so, your concept of time stretches into every direction you can see, yet it also narrows everything into that same thin line.

For us, the concept of time is indeed a very different one indeed, and now, you have perhaps also started to sense that time as you know it is no longer the same to you either. For to us, time is indeed a malleable subject in every way, and to many of you, time has seemed to take on this same formability too. For many of you will have sensed that time is no longer that defined, steady rhythm, meted out by your clocks and as reliable as nothing else. Now, you will find that the very idea of "keeping time" will throw you off balance, and you will indeed have a hard time - pun intended - keeping track of it all. For if you try to go back and describe just what you were doing at any given time - a concept that normally is an easy one to take into your mind - you will perhaps lose track very fast if you try to put these events on to a defined timeline. For what used to come naturally to you does not do so any more, and you will see that this straight and clear cut line will become squiggly and fuzzy, it will seem to back up on itself, stretch out and compress like an accordion being played by a very unskilled musician. And so, things that may actually have taken place at two almost identical points in time may seem to grow wider and wider apart, while things that took place with perhaps several decades between them will seem to have taken place almost simultaneously. We know that you will all be able to report similar instances, so again, we are here to remind you that this is simply a sign of you breaking through more of the old barriers that have held you captive for such a long - yes - time.

For as you break free of the old bondage of linear time, you will also find yourself much freer in so many other aspects. For when the rest of humanity still try their best to keep marching to that same old

beat from their clocks, you will become a time traveller in every sense of the word. For as you leave the old confines of linear time behind, you will begin to understand that there are so many new levels or dimensions to explore, dimensions that exist simultaneously with the old and single minded one you have experienced so far. And yes, we do use single minded with intent, as you have up until now been living your lives as if you simply existed within this strictly defined narrow line of time, the old way of living your life unrolling that single-laned band that stretches from birth to death for then to be abruptly cut off again. But now you will start to experience a multidimensional version of you, the one where there are no endings nor beginnings, but where it all comes together in endless cycles of bands of time, like a Moebius strip seemingly biting its own tail as it traverses in an endless quest for knowledge and experience. For now, you will see that this narrow band of a human life is nothing more than a simple little line in the sand, but from now on, you will be invited to explore the whole beach, and beyond.

For a human life is simply a narrow little furrow in the sand, and the visibility is very limited by these narrow walls defined by the timeline you have all been well trained to follow. But now, you see these walls crumbling before your very eyes, and you will begin to understand that time need not be looked upon as a sort of straitjacket anymore, and the idea that you might even "run out of time" will be cause for mirth, not for desperation and frustration. For running out of time is indeed something you are no longer capable of, for now time will be at your disposal, and not the other way around. For earlier, you have felt forced to live your life dictated by the clock, and so, you have watched as the seconds, minutes and hours have seemed to literally run out into the sand, for never to return. And if you did not take advantage of this exact "now" it would never return, and so it would be defined as "wasted time". Well, there is no such thing as wasted time, and that is an idea you will soon find more true than what you can even begin to grasp now.

For time is, as we have told you earlier, something very malleable and indeed, it is something you can even have a conversation with. And when we say conversation, we mean as in an interaction. For remember, time will no longer be restricted to a defined set of compartments, each measuring the same, as in your concepts of seconds, minutes hours and so on. For these compartmentalized ideas of time is no longer the ones that will define your lives as you start to peek over that wall that separates humanity from the rest of Creation. For then, you will see that you will be able to step back and forth between these "compartments" very easily, and you will understand that moving between the different layers of this multidimensional "cake" of Creation will also send you back and forth between many different versions of this concept of "time".

We think many of you will have a hard time following these words, but let us just sum it up by saying that the walls are falling away in every sense now, and one of the results of this will be felt in your inability to keep track of time. That is, in the human way of defining it. So know that even if you will feel more than a little bewildered from all of these seemingly unending versions of time lapses, peculiarities and paradoxes, they are simply a sign of you becoming untethered from this old thread of third dimensional restriction, and you will begin to learn to straddle the divide between then and now in a very different way than before. And with this untethering will also come a new form of balance, as you will begin to understand the concept of simultaneous bi-location, a concept that necessitates disconnecting from the old in every way, especially the sense of time.

So again we say, simply go with the flow, even when it seems to take you far beyond what your mind can comprehend. For it will not take you anywhere you are not meant to go, it will simply take you out of the known waters and into the brand new, unexplored ones in ways that will help you to set yourself free from the old and dive all the way into the new.



As many of you have already noticed, these incoming energetic fluctuations have started to affect you in so many ways, and even if you at times will feel at loss to describe just what you are experiencing, we can only say that you are going through something that has not been previously experienced by any living being before. For you are pioneers in every sense of the word, and as such, you are already treading on virgin territory, and the remainder of your journey will take you even further into these uncharted waters. We know that this may sound unsettling to some of you, but again, you are not sent out on a wild and reckless chase for something that is elusive, rather you are being sent out on a journey that is taking you back to you, in every sense of the word.

We are aware that these words will indeed sound repetitious to so many of you, and rightly so, as there are none amongst you who took the first steps on this journey yesterday. No, this is for all of you a journey that started a very long time ago, and even if you have only recollections of what you have done so far in this current embodiment of your spirit, let us just say that nothing you have ever done has been without this goal in mind. And so, this journey has indeed been far, far longer than you can comprehend at the moment, and before you start to get even more exhausted thinking about the implications of this, let us hasten to remind you that you are here now, at that last and final stretch towards attaining that end goal you have been striving towards – seemingly forever.

We know fully well that for many of you, this will sound like no consolation, for even if you focus your mind on just this single lifetime, even that will seem to be overly taxing to contemplate, and right now, you may even feel as if you have changed not one iota from the person you were for as long as you can manage to cast your mind back. Well, that is indeed understandable, for again, all of the hustle and bustle, the wear and tear of this whole process will in so many ways grind down your ability to literally see not only yourself, but this whole process clearly. For your vision will be blurred in all sorts of ways, and so too it will seem is the case with the rest of your ability to perceive the truth. But still, we are indeed confident that none of you can say that nothing has happened, and that you still feel stuck in the same old, same old.

For nothing is no longer what it used to be, whether you look on the outside or the inside, but still, there are indeed many, many voices trying to convince you that this is not the truth. They will try to hammer in the same old message of despair, disillusion and disempowerment, and so, it can be hard to ignore these voices when you yourself seem to be stuck in a space that gives you nothing but hard work. And so you may falter again, and you may feel your confidence slipping away, and you will think that you have been fooled all of this time, and you have been sent on a wild goose chase for the entertainment of some unseen forces that seem to take a liking to pulling your leg. That is understandable, and we do not fault any for getting this idea into their head. For your heads have been well programmed to stick to these kinds of patterns and mental loops, where you seem to go around and around in an endless pattern of despair and hope for only to fall back to despair again. But we also know that the vast majority of the people reading these words have managed to get themselves unstuck from these old ruts of disbelief, and so, you have already travelled quite a distance from the person you used to be, and you are pulling and stretching on the few remaining threads of the old yoke still trying to hold you back.

But from time to time, you may find yourself seemingly back in that old rut again, fighting hard not to lose hope that everything you have accomplished, has been for nothing, and you are right back where you started. But you are not, you are merely experiencing a bleed through of the old programming, the ghost in the machine if you will, making a last effort to try to entice you into thinking that this ghost, this shimmering illusion of reality is for real, but it is not. And so, whenever you find yourself being revisited by some of these old ghosts from the past, all you have to do, is what you have done every time you have found yourself thinking you are lacking in any way. You must simply reattach your focus to YOU, and not let it stray all around you, where it is apt to get tangled into this old web of disinformation and propaganda.

For remember, the voices from this old ghost town are still making themselves heard, that is, if you choose to let yourself listen to them. But if you instead choose to ignore them, you will hear those other voices coming to you loud and clear, and the message they bring, is a very different one indeed. For these voices carry the truth in the form of light, and the light has only one message to convey, and that is the message of love. Conventional wisdom says that hate is the opposite of love, but many of you have already discovered the real truth: fear is the opposite of love, and fear thrives whenever it can manage to push the focus away from the light. For then, the mind will start to wander off by itself again, and as usual, it will try to seek back to what it already knows. For remember, the mind can be very set on avoiding change in any shape, size or form, and so, the very idea of venturing into virgin territory may be too much to contemplate for such a timid, human mind.

This is not said to discredit any parts of you, least of all your mind, it is simply said to remind you that from the beginning, your mind has been set to survival mode, and as the time went by and other forces not representing the light intervened, your mind got this survival mode ingrained even deeper, and this version of it was acting out on one impulse stronger than the rest, and that was the impulse of fear. And through the ages, fear has been pulsating in and around you all so strongly, it became the overriding force within, and so, stepping away from this instinctive reaction of fear whenever you encounter something that is very new is indeed one that has taken you all a long time to master. But now you can master it, as you have all proven again and again. For you have already become masters in mastering the art of looking upon change as inevitable, and as such, you have indeed managed to get out of that old rut of fear. But, as we told you, that old ghost will still try to rise its head from time to time, and we venture to guess you have all had your fair share of these whiffs of the old disillusionment and desperation caused by that lingering smell of the old.

So that is why we return again and again to remind you of YOU, of who you truly are, and why it is you are going through this monumental change in the first place. For it is not in order to “entertain” us or any other part of Creation you can think of. No, this is done in order to liberate not only you, but your whole planet from this old and crippling controlling force, the one that rears its head and sends out signals of fear every time anyone tries to step outside the old borders.

But you have already trespassed these borders, in fact, you have left them behind a long time ago, but that does not make that old voice give up trying to get you back into the fold again. But you are far, far past the point of no return dear ones, and even if you might find yourself experiencing that same crippling gut reaction that used to be triggered within you by that old voice of fear, know that this is merely an illusion too. For you are no longer governed by this fear, it can only make your physical body respond in some measures, and so, your mind will try to chime in with the same reactions it used to respond with whenever the whiff of fear entered you earlier. But again, you are older, and you are far, far wiser now, so whenever you feel this old pattern revisiting you, all you have to do, is to take that same reassuring trip within to your own core.

For whenever you do this, you will feel the love that is pulsating stronger and stronger there, and you will feel how this pulse is not only coming from within you. No, this pulse is the cosmic pulse of love, that never ending heartbeat that will supply you with everything you need as you continue on into these beckoning unexplored places. And so, you will never run out of power, for you will never run out of love. But you might soon find yourself running out of excuses for not believing in this all-powerful force that is all around you. For even if your body and your mind may be screaming for mercy from sheer exhaustion from time to time, you will have no problem in accessing this immense powerhouse of love. For you are all so deeply and fully reintegrated into this vast, intergalactic grid of love by now, there is no way you cannot get a positive answer if you send out a request for a refill should you so need it. For it is all there, waiting for you to welcome it with open arms, and when you do, no matter how high that old voice of fear will try to shout into your eyes, ears and mind, you will not listen ever again. For you will see it for what it truly is, merely a sour, lingering smell from days gone by, days when you were a very different person than you are today. For then, you were merely a human, but now, you are a master, and so, you can start to simply BE the master you really are.