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As many of you have noticed, the pace of disturbance has reached fever pitch in many, and rightly so, as from this day forward, there will be no holds barred. This may sound discouraging and even fearsome to some, but trust us when we say that you will not suffer unduly. And just what do we mean by that? Simply that you are not here to suffer, dear ones, you are here to conquer, and as such, the trials and travails you may encounter on your way are merely to help you to do just that. And when we say conquer, it is not in the old meaning of the word, for this is not about achieving an elevated status at the cost of others. No, this is simply about reconquering yourselves and your own inherent power, a power that has been taken away from you for such a long time. Again, we know that many will resent this message and call it redundant or at least repetitive, but remember, our task is to help you to fulfill yours, and so, we act in many ways as you supporters and cheerleaders, the bystanders that will egg you on to do all that you can to surpass yourselves.

For make no mistake, we are well aware that for some, this journey could not be more challenging than it has already been, but we also know that there is not a single one of you that is not capable of fulfilling this quest of being totally reunited with yourself in all of your glory. And through your very personal efforts, you will not only reclaim your own powers, you will also reclaim this planet back to what it was meant to be originally. A place for loving co-habitation, a place where mankind would live in harmony with themselves and all the magical creatures of Mother Nature, big or small, beautiful and wild. And as you know more than well, this has not been the case for a very long time, but now, thanks to your efforts, it is about to become so once again.

So take this as a reminder to keep the end goal in sight if you find yourself succumbing to these waves of transformational energy in such a way you think you are becoming utterly powerless. For you are not, in fact, you are reclaiming more and more of your original powers each and every day. But make no mistake, the feeling of powerlessness in itself can seem to go above and beyond of everything you will think you and your physical body are capable of. But you are made of strong stuff, dear ones, and you are capable of feats far, far surpassing all of the challenges you have already had to face on your journey and so, know that you have not even reached the nearest outskirts of your own limits. And that is something you can not do either, as you are above and beyond any old conceptions of human limits. But still, there will be more than one of you who still can hear that small and rather exhausted voice within saying "no more, you cannot take it, and neither can I". But remember, that voice is the voice of the old you, the little you, the one that had no way to access your own greatness. But now you can, and now you must. For no one can force you to step into your old and grand shoes, that is a decision that is left entirely up to you.

So remember that each time you find yourself starting to crumble and fall, give yourself a hug and some pep talk, and ask others to do the same for you. For you DO have it in you, but at times, the access to this greatness will be obscured by a seemingly impenetrable wall of physical and mental fatigue. So when you do find yourself slamming into that wall, know that there are more than one open door in this wall, ready to let you pass through without you having to exert yourself at all. And these doors are all marked with the same words: self-love. For if you manage to find that all-encompassing love for yourself, nothing will stand in your way, and you will allow your body and indeed your mind to become weary from time to time. For you will know why, and you will keep on loving yourself throughout it, no matter what happens. And then, you will find yourself passing through these seemingly dense phases much more easily, and you will not waste your time hammering on that wall, blaming yourself or even thinking you are failing in any way.

So again we say, love is the key that will open any door, also those within yourself, and we do know that these doors can be the last ones opened, for for some reason, mankind have found so many

excuses not to let themselves be loved unconditionally by themselves. They will feel far more comfortable about extending that sentiment to others than to themselves, but remember, to know yourself is to love yourself beyond any concept of limits, for you can never love yourself too much. For only by loving yourself unconditionally can you truly extend that same generosity towards others, and so, going within and giving yourself free reins to do just that will give you literally a free ticket to everything else. For then, and only then will you be able to reach beyond any limitations at all and go as far as you possibly can. For the borders you must cross are the borders you yourself have stipulated, and you have done so by a misconception of your own self-worth. For you are worthy of all the love you can engender, and all the love that others will send you in return. But remember, you are the main generator of this love, and you are the one that need to understand that unless you find it in you to let go of any limitations of loving yourself, you will carry these limitations with you forever, and they in turn will limit everything else for you.

So sit down and have a deep one on one with yourself, and see if you can find it in you to be honest about what limits you have given yourself. Are there none? You cannot be sure unless you give it a hard try. We think you will all find a way to love yourself just a little bit more. And when you do, you will see how this love that you manage to convey to yourself will be reflected both outwards from you, but also back from everyone and everything that surrounds you. For if you do not think yourself worthy of unlimited love, then how can you be able to receive this flood of love that is coming your way even as we speak? And remember, the wave of love that is approaching will not take no as an answer, so even if you do not feel you are worthy of receiving it, it will still come to your door, and it will refuse to let go of the opportunity to enter, even if it has to do so by literally breaking the door to pieces in order to be let in. So perhaps it would be a better suggestion to have it wide open by choice, as in your choice.

So choose to embrace yourself with all the love you can muster, and then some. That way, there will be no more walls to climb or locked doors to struggle with. For then, there will be no obstacles in your way, and you will greet this flood of incoming love with open arms, and you and it will become one, for never again to be separated. But if you choose to barricade your door, this wave will not only serve to knock you off your feet, it will be more apt to drag you down under and leave you floundering for a very long time indeed. This may sound ominous, but it is simply a reminder that this is all about free will, and it is as always you yourself who must decide whether to let go of the old and become even lighter, or stick to the old and risk inundation. We can not force your hand, or rather, your heart, in any way. For you are the masters of your journey, and that is how it must be, so this time it is as always you and only you who must make that choice. And you must do so at your very core, for this is a decision that will have to be a true one. And that is why we say make sure not to get bogged down by any temporary symptoms or superficial events, no matter how taxing they may seem. For at the core, you are more than ready to make the choice to stand tall and find your one truth, so please make sure you do not let it fade away under the pressure of the day to day chores and challenges. For this time, it is more important than ever that you manage to find that wide open door within, the door that is marked with LOVE and that only you can locate.

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Let us delve a little bit further into the nature of change, for that is what this process is all about. Change is a part of the natural cycle of All there is, for as you know well by now, there are no constants, as everything is in a constant flux, from one state of being and into another. The variables are many of course, as this process from becoming to being to destruction and back into becoming again comes in all shapes and forms, so what you are going through now, is simply a brand new variation of change, one that mankind is a newcomer to. For the cycle of mankind has been the same

literally for eons, and the only variable has been more or less the defined cycle of a lifespan, and the interchange between the different states of consciousness that can be attained. And as you all know well by now, there have been strict limits on both. But now, the limits have been taken away, and the cycle of change is about to become something very, very different indeed. And you know this, because you are the forerunners of this change, the ones that have elected to go through this process as the first ones, the pioneers, and as such, you are literally breaking new ground for all of mankind so that they can follow in your footsteps.

As we said, change is inevitable in Creation, but what you are doing, is literally to change your whole cycle of change into a brand new one, where not only the physical parameters, but also the less tangible ones will become as if new. For you are breaking out of the old mould, and you are all set to create a brand new one. And it is in all aspects a brand new one, for you are creating something that has not been created before. For you are taking the old concept of being human and turning it into a brand new one, and in this, it is in fact up to each and every one of you what the brand new mould for mankind will be. And will it be a simple one that will serve as the template for all, as in the old days, or will it in fact be a multiple one, where there are several different options, in fact, where there are limitless options to choose from?

We phrase this as a question, but we think you have already defined an answer to this. For remember, this is a process where you are in the driver's seat, and as such, it is you who have the power to decide the speed and the direction that this quest for the new will take you. And based upon the decisions you have already taken so far, we can easily conclude that the multiple option has definitely been chosen. For the notion of a singular set of parameters to define a human being has certainly been cast aside by you already, and as such, the field is wide open by now, and we are all more than eager to see just where this quest will take you. For remember, when we say that there are no limits now, that is the truth, but it is up to each and every one of you when you will take your foot off the pedal, stop your vehicle and say "this is it, I have arrived". For this is very much a solitary journey, where it is up to each and every one of you to decide just how far you will go. But remember, this is also very much a collective process, and so it will be the combined efforts of each and every one of you that will decide the end result. So there will be no "winners" and no "losers" as in who will make it the furthest, and who will not get very far at all. For it is in fact the combined effect of all of your energetic endeavors that is important, and as such, we will once again remind you that each and every one of you play an inestimable part of this whole process.

For remember, it is not given that you must all follow the same track, far from it, and as you have already decide to pursue different directions in order to carve out several different options of creating the new human, you will find yourself taking off in a very different direction from that of your neighbour. And that is how it is meant to be. Remember, out of chaos is where the new will emerge, and in order to make sure that what you end up with will encompass as many opportunities as possible to continue evolving, you need to take yourselves in every direction of the spectrum. And yes, we do use that word with intent, as you are all set to follow one certain set of energetic signature that will bring you out on a different trajectory than the ones following another frequency if you will. For this is about fanning out in every direction that can be pursued, and as such, you will carve out an infinite number of paths that the others who choose to follow can choose between. For you will not lay out one simple straight path that will take humanity into the future, for you are to become the rainbow tribe, the peoples that shimmer in every colour you can think of and then some. And when we say colour, we are not alluding to any superficial traits such as the colour of your skin. No, we are simply referring to that energetic signature that will constitute the ground note in each and every one of you. And in order for mankind to finally prosper, it has become necessary to change from that single digit, that singular tone that used to be the one and only calling card if you will for each and every one of you. But now, you have broken away from that, and you have already given yourselves so many new tones or voices, it is a veritable choir of heavenly voices that has started to sing out in unison.

For as we have touched upon earlier, you will each have your own individual voice or signature, but when it is combined, it will engender such a vast field of vibration, it in turn will serve to bring

mankind and indeed this whole planet into a completely new state of being. For you are literally singing yourself and your whole planet into existence again, by refusing to be silenced under that old dictatorial pledge whereas you were stuck in that one and limiting vibrational frequency. But as you have managed to break free from that, you have already set so much literally into motion by your new frequencies, this in turn has set off a whole subset of harmonies. For remember, one single note or one single voice does not equate creation. Creation needs plurality in order to create further, and plurality is what you have already created, and now, you will find your voices becoming more and more distinct, and you will start to see how it will in turn interact with others. For your vibration will ring out, like ripples on the surface of a pond when something is being tossed into it, and when those ripples interact with other ripples, they will start to form new patterns again, and so on in an endless process of cross-pollination if you will.

So again we say look for patterns where there formerly were none, for remember your brain is very good at this, but this time, look for patterns in a way that will not limit you. For a pattern can also be a pattern of chaos, it does not need to be a repeating pattern, far from it. This will sound very confusing indeed, but we say this in order to make you better prepared for the fact that these changes are truly an ongoing process now, and as more and more of you start to send out your new frequency over a much larger area, you will start to interact in a much more profound way also. And so, you will touch the lives of people you did not even know existed, and you will do so in very new ways, and the patterns that this engender will in turn influence the patterns of other people that are previously unconnected to you. In other words, this choir of yours is steadily evolving into something infinitely more complex, and through that, it is also having a larger and larger impact on the rest of Creation. Yes, we do mean that, as this combined effect of yours is literally rippling through the vastness of All of creation. So when you start to sing ever louder, we can hear it further and further afield by way of the frequential effect it has on us all. So keep on singing, even on the days that your voice seems feeble, off key or even non-existent, for it is always there, and it is always beautiful, and it is always very effective. For you are touching hearts in so many ways by your song, and these hearts are spread far and wide, not just on your planet, but beyond.

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The time has started to speed up, and we do mean that in every sense of the word. For what you have perceived as a defined set of coordinates, unchangeable, is that no more. You see, mankind has somehow taken into their minds that there are some so-called "natural laws" that are there for perpetuity, and that can be used to measure everything against, as it is defined as a constant. Well, that may have been the case, or at least, have appeared to be the case for a very long time, but now, everything is indeed in flux. So too those measurements you have come to abide by as the surest definition of something that has been deemed as constant for mankind. And when these seeming constants start to fluctuate, you will be hard pressed to find anything of consistency on any side, and so, the chaos we have already referred to will indeed take on a whole new meaning.

Make no mistake, we do talk about an extreme upheaval in all of this, but there will be small and rather subtle signs at first that will defy the minds of scientists all over your planet. And remember, the mind will try to negate what can be deemed as impossible, as humans have a long history of thinking themselves able to cover everything, and as such, they think they have the one and only definition for what is possible and what is not. But now, the game is about to change, if we may use such a word, and the textbooks that have been used as the defining tomes for humanity's search for wisdom must be rewritten in many parts. For you are changing, and so is everything around you, and the one constant you have set your time by, your definition of time, is the first one that will be challenged. This will not be news to some of you, as you have perhaps already delved into the more hidden parts of these aspects already, and you have seen that there are indeed signs of this already appearing. For remember, what has been defined as the truth will take a long time to be revoked, as once the so-called establishment has made an agreement on this, they will find it hard to come to terms with the

fact that what they had agreed upon as the standard measure does no longer apply.

So your scientific communities will have a hard time coming to grips with the fact that what they have based so much of their equations on, the solid foundation that they have build their whole careers on, will seem to be dissolving under their very feet. Of course, this will not happen overnight, but the first signs that something is indeed afoot will start to come to light in the very near future. And as always, there will be minds that will be very receptive to this, in fact they are already eagerly awaiting such results, for they have been primed to receive exactly this kind of information. While for a large number of the same community, it will come as a large shock, literally to their whole system. And yes, we do mean that in every sense of the word also, for this will be information carried within a frequency that will literally start to blow a whole lot of fuses, to use a word you are all familiar with. And yes, those "fuses" will also be of a very biological kind, as within a human brain.

This will sound ominous to many, but this is what will happen as soon as the veil starts to thin out sufficiently for this information to start to seep out and into the sight of ordinary humans as well. And when we use this word, it is not in a derogatory sense, merely as a statement that what we refer to will also start to interact with all those of your fellow men who have yet to see what you have seen so far on your journey. Remember, you are the pioneers, the ones that know beforehand that something is indeed afoot, and as such, you are expecting these changes to occur. But to the ordinary man or woman, living their life in the same way they always have, they have no idea at all about what is about to take place. And for them, it will be a shock, and for some, it will be a shock that will make them feel like all that they know and all that they are is being smashed to pieces. While for others, it will be a shock that will jolt them awake, and they will spring to life literally before your very eyes. For remember, a shock to the system can also serve to revive one, as when an electric shock is administered to a heart that has ceased to beat normally, and that will enable it to start to do so again.

For this shock can in many ways be likened to that, as a surge of enormous power that will kick start many a human on the road to recovery. And when we say recovery, we refer of course to the path that you have already walked for a very long time now. And so, they will join you in their quest for re-entering life in a way that will enable not only them, but also this whole world a brand new life. In other words, they will join you in this labour of love, and they will add their weight to your side of the scale, and enable it to shift even faster. For you see, much will have to be changed in a very short time, and so, your scientists will be amongst the first that will have to contend with this huge turnaround, for they will have to jettison so much old baggage in such a short time, as they must be able to embrace the new in a very profound way. They will have to re-evaluate so much that encompasses the whole foundation of their logic, and this will in turn enable this world to rectify so much of what you have already messed up. Yes, we will use this word, even if it may sound rather flippant. For you do have a lot of mess to clear up, and you will be asked to do so in a very short time span indeed.

We will of course come to your aid, but again, you are the ones that will have to do all of the hard work in so many ways. And so, your scientific community will be put to the task indeed, and they will have to throw themselves wholeheartedly into this. Not only will they need to be able to rise to the occasion, even when all they have taken for granted will be shown to be less than accurate. They will also have to come to terms with the fact that there is another form of intelligence in existence that can teach them more than a few things. And so, many a proud mind will have to acquiesce to the fact that there are far more brilliant minds than them, and time will tell how many of these old laureates will be able to swallow this. But again, have no fear, for we do know already so many brilliant minds amongst you that will be more than ready to jump to the chance and throw themselves headlong into this pursuit. And trust us when we say, they will manage brilliantly! For again we want to remind you that this is indeed a very carefully calculated plan, and nothing has been left out, and so, we do know that all the parameters necessary to make this plan work has been met, and so, we will continue to unfold it all according to schedule.

We hear murmurs of dissent mixed in with cries of elation, and rightly so, for we do know fully well that this will have its fallouts in all sorts of ways. Just remember, mankind lives under the edict of free

will, and so, what will transpire in the time ahead for each and every individual is because of the choices you made even before you landed within this physical body. So no one will be forced to do - or not to do - anything, as this will go according to the role you yourselves took upon you before you came. Yes, there will be those who have chosen not to embrace the new, not in this incarnation any way, and so, they will act accordingly. But there will be a large number of people who came here explicitly for the chance to step into the new with everything they can muster and be a part of this enormous salvage operation. For this can be likened to the process of rescuing a sinking ship and getting it back into ship shape again after a close call. For mankind has indeed driven this whole planet up to the brink of disaster, but now, everything will be set into action in order to rectify all that has been taken too far into the extreme.

And so, you need not fear extinction, for that is not allowed, not even within the edict of free will. Remember, you can choose your own destiny, but you cannot choose that of a whole planet. So rest assured that in this case, all is taken good care of, and you will only have to choose your next step in this whole operation. For you are all sovereign beings, and if you have chosen to embrace the new, you will find that circumstances will arrive that will enable you to step up to the plate in every way. And for those who have chosen to disengage them from it all, circumstances will arrive that will help them to do so as well. So yes, all will be well, even if events may seem to point to the opposite of this.

So know that no matter what happens in these upcoming weeks, you are all heading for what you have taken to your heart as your destiny. There will be much chaos and much confusion, but also many, many reasons for rejoicing. For the light will pour in at such a rate, it will defy any description, and when it hits home, it will trigger the last stage of this huge transformation, and it will do so in a way that will leave no one out of the loop anymore. For this will affect all of mankind, young and old, clerks and clerics, rich or poor, high and mighty and humbler folks. And it will hit home equally, but the result from all of this will vary according to your own personal set up. So this means that your choice will make the end result, and your choice is indeed sacred to All of creation. It has always been thus, and it will be so too in this case.

So sit back and observe what will take place, for you also have the role as observer in this, even if you do play a major part in this whole undertaking. For you KNOW what will take place, even if you do not have all the details. And no, you will not have the details beforehand, you will simply have the knowledge of a huge transformation that will take place, and you will also know that if it were not for you, this transformation would not take place in the first place. So rest assured that even if you also will feel some trepidation when you start to ponder what is about to happen, know that this will end up just like you have dreamed of, seemingly forever.

For this is it, this is the start of the countdown to the last and final chapter in this story, the last chapter that will signal the start of a brand new story for mankind, the story where love will reign supreme, and where bygones will be bygones, for never to resurrect ever again. For when this is completed, you will have no reason to fear for yourselves, nor for your planet. For by then, you will all be sharing a bright future, connected and blessed in ways that have not yet been possible. For you are heading for the brightest of the light, into the very core, where everything will be resurrected in such a way, there will be no need to look neither forwards nor backwards anymore. For what will be, will be here in the NOW, and it will be everything you dream of and then some.

So take this as the first signal that now, the clouds that seem to gather on the horizon is not a signal of doom and destruction. Rather, it is a signal of redemption, a signal of a torrential rain of light that will flush away the last traces of the grime that has besmirched mankind and this planet for so long. It will wash you all clean in a way that will make you all glow from within, and you will use this light to lead yourselves into the new tomorrow, and you will use this light to close that last chapter in the history of the old.

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The time to go within has never been more important, as now, so much much is happening on all sides, you will be hard pressed to really notice what is happening within your own realms. You see, you can get easily distracted now, not only by the physical responses that these energies may engender, but also by all of the external noise that is currently sweeping across your globe. Make no mistake, not all of this noise will be there specifically to lead you astray from your own path, but all external affairs may serve as a diversion that will make it more easy for you to lose your momentum in all sorts of ways. So again we repeat the same advice we have been giving you for a number of times already, but never has it been more important. For now, you are about to step forth into virgin territory, and the only way for you to do that, is to connect even deeper within yourself than you have ever done before.

For that is where this unexplored territory resides, and that is the only place you will find it. It will not be shown to you on a screen or in the papers, nor will it be given to you from the mouth of another person. Rather, all of these outlets may serve to confuse you further at times like these, so we do advice you all to keep score of the time you use your senses externally, and make sure to give yourself more than ample time to focus all of your consciousness within. For again, what you find there, no one else can find for you, and there are a multitude of treasures within you all waiting to be discovered by none other than you. And if you do not find it in you to go and search for these treasures, they will lie there undiscovered. And remember, if you choose to abstain from this treasure hunt, the results will not only limit your abilities to go above and beyond any limitations, it will also affect the collective. For in this, you all play an intrinsic part of the whole, and the more you desire to seek the hidden treasures you all carry within, the more you will add to the whole. And as such, the more you find, the more we all will rejoice.

For remember, the result you engender will not only affect you personally, it will have an effect on All of creation. For you are not isolated islands, floating in a vast, empty sea. You are all molecules closely connected to all the other molecules in existence, and the moment you arrive at a higher level of understanding, you will ensure that everyone else is affected by the same level of vibration as you. And yes, we do mean all, as one set of frequency affects everyone else, both above and below them on the scale, in some way. For you are not solo players, you are all players in a vast orchestra, comprised of All of creation. So when you venture ever further within on your own journey of self discovery, you will help to change the tune of everyone else also.

But remember, this also goes for all those currently unable to even hear that there is a majestic song being played out. For what they will "hear" whenever you manage to amplify your output even more by accessing those inner codes that are still hidden from view, will be an amplification of a pressure that they will be hard pressed to define. They will simply feel the onset of an even more unsettling feeling of "something" approaching them, as they have yet to find the reason for this added pressure. For remember, whenever you open a new door within that will help you to step up your own frequency, you will also open the doors to something that will affect all, also those that are unwilling to acknowledge the fact that there is indeed a tremendous change going on. For what they will feel, is an even stronger impetus to feel off balance, and they will have an even harder time settling down and finding their own equilibrium back. For they will not find it before they themselves open up to this surge of energetic upgrading, and so, they will find themselves more and more confused and insecure about everything in their own life. And the results from all of this added pressure can be seen in so many of your fellow men now. But remember, you never know when the penny will drop, as they say, for each and every one of them will be invited to step through those wide open doors any time they feel ready to do so, so in this, no one will be excluded.

But back to your part in this, for it is indeed a major one, and do not forget what we have told you

already. You hold the wheel, and you have the foot on the pedal, so it is indeed you who are staking out the course and adjusting the speed of this whole operation by the choices you make. So again we say, remember to go within, for that is where you will find the next big thing if you will, the set of codes that are waiting for you to find them. And by simply seeing them, you will once again become the observer that makes them become. So sit down, close your eyes, and set off on an inner journey that will take you far, far away, to a place you have never been, but that eagerly awaits your arrival. And when you do get there, you will know it, for even if it has been hidden from you for such a long time, you will feel more than welcome when you arrive, and it will be like coming home after such a long and weary journey. And when you do get there, you will also know that now, nothing can ever take away that feeling of being home again, and you will know that from that moment onward, you will pick up speed and you will take All of creation with you in a joyful rush into the bright new future.

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As you have already noticed, the incoming energies that accompanied last Sunday's momentous Gathering has perceptibly picked up speed, and rightly so. For as you all managed to jettison so much of the old dross you were carrying, you left a gaping hole within ready to be filled with light in a very different way than before, and as such, it is as if there is an ever stronger current flooding into you all. Again, this is a process that will be very individual, so you will all need to feel into this in order to establish just what is happening within you. And we do hasten to add that even if you yourself do not feel much difference at the moment, know that you too are encompassed by this overwhelming turn of events. For you are no longer the persons you used to be just a few days ago, as you have all entered this white hot furnace and deposited your old and now forgotten memories, the ones that you have held within for generations, but now has been sacrificed on the altar of purification. And a purification may seem to leave some scars as first, for as so much is being removed, it will seem to put you more or less off balance for a while.

Remember, nature abhors vacuum, and this gaping hole that used to constitute so much of the old you will not be left wide open for very long. In fact, it is being filled already, but as usual, this process will be taken in increments, so you will feel yourself more or less at loss at times whenever you try to figure out just who and where you are at the moment. You see, this whole process is in many way incredibly fast, but in some aspects, time will indeed seem to be standing still, and you will think you are being ground under the same stone forever. This is certainly not the case, but it is very understandable that you feel like that from time to time. However, we are more than happy to report that you have made an incredible progress just by allowing yourself to go through this ordeal of removing all of those old layers, almost like you were tearing off pieces of you own skin. For that is what this may have felt like for many of you, for these old scars and old impurities if you will have been deeply ingrained within you, and as such, they do leave a reaction when they are taken away. For they used to be such an important part of you, and when you do such a thorough removal, it is bound to take a while before you find your new bearings again.

In addition, what is coming in to fill this vacuum will also vary from person to person, for this will be attuned to what you defined your role in this new world to be. Remember, all that you used to be was an intrinsic part of the old definition of you, and now, you need to become clear on who YOU want to be in the future. For this is indeed entirely up to each and every one of you. You did come down here with a clearly defined role to play, and as such, there are indeed some guiding lines for you all to follow, but again, we cannot force you to do anything at all, so it is indeed up to each and every one of you to choose what road to take next. For remember, even if you do have a description of just what you were being sent here to accomplish, the task you are meant to fulfill can be done in a multitude of ways. Or you can defy it altogether and simply decide not to do it. Again, this is entirely in your hands - and in your hearts, if we may add, for you must follow your inner guidance in this if you want to find



the path that is right for you.

Remember, we have told you to choose something that will make your heart sing, for when it does, you are certainly following the calling from your higher self, and as such, you will be given a large amount of extra push if you will. For so it is whenever you choose to follow the path that has been laid down beforehand, the path that will ensure you achieve the goals you have set for yourself. But this is not written in stone, and it is indeed you who will be left to choose the way ahead. You might become disillusioned if you feel your physical body struggle at times like these, and so, thinking about what you want to bring to the future by way of what you will set into action by your own decisions may seem too big a mountain to climb at the moment. Just remember, you need not plan it all out now, that is not even feasible, as you need to keep a clear mind in the NOW at all times. And what we mean by that, is simply this: make sure that the first steps you take out of this glade in the forest are not taken at random. Rather, take your time to get your bearings first, and do not jump headlong into something just because you feel overly tired or frustrated or even lost. You can also find yourself caught up in the thorns if you choose to throw all caution to the wind and decide to just shut your eyes and tear along at full speed ahead in your eagerness to reach your destined goal. So again we say, take time to feel within, and listen to the voice emanating from your heart and you will never err in your choice of speed and direction. Remember, this is certainly not a race in any way, this is all about picking out the direction that is right for you. And when you find it, you will know, for then, your heart will start to vibrate in a way that cannot be ignored.

So again we say, do not give up and think you have lost it all because this process of realigning yourself with all of the new takes too much out of you. For you are on the right track, it will simply take some time before you can be able to read it clearly yourself. So trust us when we again repeat that all is well, even if you do find yourself more than a little confused and emptied out at the moment. Remember, you have jettisoned so much of who you used to be, it can in many ways be likened to waking up in a brand new house after moving away from your old familiar flat. Nothing will seem to be in the right place anymore, and it will take some time before you feel literally at home here. So sit back and give yourself some time to feel into this, and take some time to take stock of your new environs. For remember, you have moved away from that old and cluttered flat and into new lodgings. They are far more spacious, and we can guarantee they hold a few surprises, for you have yet to see all the rooms you have at your disposal now.

Again we give you a heartfelt salute from us all, and on behalf of All of creation, we thank you for what you have done. For it was indeed a major accomplishment, and it will be one of the most important moves you will make on this journey. So for now, let us just leave you with this advice: take your time, there is no rush, but do not sit around idle. Use your time well, for you need to use it to get to know the real reason for why you are here. You are certainly on a mission, but it is you and only you who can uncover the secret of just what it is you are here to share with the rest of this world.

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The times they are a-changin' is a tune many of you will be familiar with, and this is indeed exactly what is going on now. You might not be fully able to literally tune into the full extent of what we are referring to at the moment, but as with everything, it will become clearer for you as you manage to fully embrace all of your inherent faculties. So again we say, this is in all aspects very much an inner journey, one that needs to be taken in solitude, but also one that needs to be shared in a way that will enable both yourself and others to better see the path ahead.

For this is in many ways the underlying reason for all of this ceaseless stream of information we deliver. It is not only to give you a heads up as it were on what is going on on all the levels you may feel disconnected from at the moment, but it is also to remind you that so much of this is indeed going

on within yourself. For YOU are the virgin territory we have discussed earlier, and there is no one but yourself who can explore that to the fullest. And that is why we are here, to encourage you to do so. For that is the only way to find that future you so crave, as it is not hidden anywhere else than within.

This may sound contradictory to many, as they will point to other factors that play an important part in not only their own well-being, but that of this whole planet, and rightly so. But that is why we say, go within, as the answers you so crave are already there for you to find them. For you have the solutions, in fact, you ARE the solution to every single problem that plagues mankind. And we do mean that, both on a micro and macro level. For now, there are no outside factors that inhibits you, as those negative usurpers that have preyed so long on mankind, have lost the hold on your heart, but perhaps not on your minds?

So again we say, you are the solution to every single problem you see around you, and you are more than strong enough and wise enough to tackle every single one of them. We will be at your side, every step of the way, and we will do our part in order to make you find those solutions in a way and at a speed that you could not have done single-handedly. But for us to be able to aid you, you must first of all come to your own aid. So that is why we say go within, and do so with the intent of one that is actively seeking the greatness that has been lying dormant there for eons. For you are like Sleeping Beauty, someone who has been kept sedated for such a long time, it can take forever to wake up again. But wake up you must, for in order to face the future, you must have removed those last vestiges of induced sleep from your own being.

It can feel uncomfortable at first, much like the sensation when blood returns to a limb that has been numbed down for a while. But remember, all of these "needles and pins" you will experience on the way are truly a sign of you finally waking up. For that is what this whole process is all about, waking up to the fact that you are a far more powerful being than what you have thought yourself to be, and as such, the process can very much be likened to a patient who has been in coma for years, suddenly coming to. And so it will be a period of bewilderment and confusion for you all, for you will need to get acquainted with that "new abode" of yours we referred to in an earlier message. Remember, you have left that old and cramped flat behind, and now, you inhabit far more spacious living quarters than before, and one that has a whole new set of rooms with which you need to get acquainted with. For there resides so much of your own powers, the powers that have been locked away in a storage vault all of this time when you have existed as the old kind of humans, the humans running on one single cylinder, functioning on barely a fraction of their own power. But now, you will be able to rev the engine and utilize its full powers, so perhaps this is not the best time to sit idle?

For as we have told you before, you are the one with the hands on the wheel and the foot on the pedal, and you are the one who needs to decide whether or not to go and explore that new mansion you have just moved into. We cannot make you do it, but we will continue to remind you that you cannot stay asleep anymore. For if you do, not only will you miss out on quite a lot, you will make it harder for this world of yours to wake up to a brand new reality as well. For the world of your dreams will only become a reality if you make it so. So again we say, go within, for that is where you will find the brand new you, the you who is more than ready to shoulder any task that may stand in the way between you and the future you dream of.

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As you have perhaps already noticed, the speed with which things are happening now has increased exponentially, and many of you will find yourself holding your breath at times now, as the view from within will seem to be one of motion blur. Let us explain. As we told you, utilize that small breather you were given over the weekend, for now, things will once again take on a new speed, and indeed

direction. For now, you will all feel compelled to stop hanging around as it were, and even if the view from your current station may be construed as a pleasant one, it is not the view you have come to see. For you have far loftier goals, dear ones, and as such, resting on your laurels will be a thing of the past.

We know this will raise more than a few hackles, as you have certainly not been resting any of you, but what we wish to imply with these words, is simply the fact that there are no limits to your exploration, and as such, it is indeed imperative that you continue to feel that hunger within as to how far you can really take yourself. Remember, this journey is in the hands of yourself, and as such, it is indeed up to each and every one of you to decide when to take your foot off that pedal we have already referred to so many times. And even if your physical body may be imploring you to do so at this stage, it will make you feel far better if you decide to keep going.

This is not any kind of threat, rather, it is indeed a reminder that you have all come to this place with a specific task in mind, and we can safely say that so far, no one has yet to finish off the list they brought with them when they came. We know that this will elicit more than a few groans of despair from many of you, but as we have already talked about, there is still much work to do before this planet has become the place you all wish for it to be, and as such, the work is not over. But as we have also told you, the work we refer to, will be work that will make your heart sing in every way. So know that even if you all will feel more than a little battered and bruised at this stage, and that our reminder that the end is not yet reached will make you feel even more so, please remember that what you have ahead, although it very much qualifies as hard work, also will be events of such a nature, it will not be looked upon as work. Rather, it will be looked upon as a fulfillment of a dream, for as you continue to push ahead, you will start to see some very gratifying effects from all of your hard work. And yes, we do refer to effects that also will be noticeable on a global scale, and even if most of this work will be taken on an internal level, the external effects of them will become more than noticeable.

Remember, we have told you to search within so that you can find all of those halls of magic that awaits your arrival, for what you will be able to accomplish once you have set your foot within these doors, cannot be described as anything less than magic. Therefore we say, do not think that all of the hard work is over, but also, do not make the mistake of convincing yourself that you are not strong enough or able enough to accomplish anything more at this stage. For you are all more than ready to take up the challenge we give you today, of not stopping before you find what you have been looking for for so long. For it is indeed already here, ready for you to find it. And when you do, you will instantly know that from that day on, no task will ever to be too big or too complicated for you to do. For then, you will well and truly step into your old shoes again, the ones you wear whenever you claim your true role as a Master.

So do not let a weary body and a perhaps somewhat befuddled mind hold you back more than necessary. We do not say this in order to make you feel less about yourself if you find yourself at a very low ebb at the moment, for this is not to be taken as any form of chastisement or criticism. Rather, it is to be taken as a confirmation that you have so much more to gain from allowing yourself the chance to press ahead and not stop before you too can fling open that door and jubilantly enter your hall of treasurers. For we want nothing less for you than to achieve just that. In our minds, you are already true Masters, but for most of you, you still cannot grasp that fact yourself. Therefore, let us repeat that it is up to each and every one of you to verify this fact by accessing your own greatness, and even if a weary body might induce you to slow down for a little bit, do not let it hold you back for too long.

For there comes a time for all when you have to decide whether to achieve that goal of re-accessing your own greatness, or to step back away from that quest altogether. Again, no one but you can decide this, but we are all rooting for you and hoping that as many of you as possible will choose greatness over despair. So again we say do not let this chance pass you by, and if you need to take a short break, please do so, but use it wisely. And reach out for support if you have to stop, the better to be able to continue your quest afterwards. For we want you all to attain your old glory, but we cannot put that

crown back upon your head. That can only you, and you alone. So we will be standing by your side and cheering you on, and we are more than ready to celebrate you when you finally take that crown in your hands and step into your very own true self of Masterhood.

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We think you will all feel a sort of quickening in the air now, like a slight shift in the pressure or the temperature, and we gather many of your animal friends will exhibit symptoms of noticing the same. For there is something approaching indeed, and you are just about to pick up on the first signals coming in from this rainstorm of light that we have referred to so many times in earlier missives. For it is indeed approaching you, and now you will all feel these faint stirrings coming in, just like those magnificent beasts, the elephants, can pick up signals through the soles of their feet.

For there is indeed a brand new vibration coming in, and anyone with their ears close to the ground energetically speaking, you will already have picked up on these still rather faint signals. But now, these signals will indeed amplify, so that more and more of you will start to sit up and prick up your ears in anticipation. For you will feel the oncoming of something so magnificent, it can almost seem to be too much, and along with the anticipation, you might also feel the stirring of anxiety setting in. Let us just assure you that this is only to be expected, for what you are feeling into, is a change so fundamental, it will indeed wipe the slate clean in so many ways, you will not be the same after you have been under this deluge of energetic purification.

And remember, you are still very much identifying with the old you, the one you used to be, but are not any longer. Still, the memories have not been wiped completely from your very being, and as such, you will still have a hard time envisioning yourself as you are to become. And so the old instinct of shunning change will automatically be triggered in so many of you, and even if you do not have a conscious image of what you have in store, your inner being knows all too well what a major transformation this will be, and so it will be a mixture of longing and fearfulness. For deep down, you all know there is no going back now, you have indeed committed yourself to become as new again, but when your mind tries to grapple with this fact, all it can think of, is death. For this has in many ways been a procession of deaths, as you have all one by one shed those old layers of you, and alongside with this process of resurrection, goes a process of death. For the old you must leave in order for the new to take its place, and even if you have all been deeply immersed in this cycle of death and rebirth for so long on this journey, this time the results will be so deeply transformative they are apt to trigger what is left of that old defense mechanism of staying within those old confines and definitions of who you think you are.

But all of those old walls have been torn down now, and even if you have yet to grasp the full extent of this, you are already flexing your wings and testing out what this death of the old really means. But now, as those powerful winds of change are building up on the horizon, the realization that the old you is indeed already a thing of the past will start to seep in, and it is apt to cause more than a little frisson here and there. So do not be surprised if you find that old and familiar feeling of anxiety cluttering up your stomach, but know that this is simply a sign of what you are about to become. For as these storm-force winds start to sweep across this planet in the very near future, all of the old and outdated ramshackle parts that used to be you, will be blown away forever. So you might feel naked and vulnerable, even more so than before as you start to face this truth, for in this as in all things that entails deep and irreversible change, it takes time to find that equilibrium again.

So again we say, know that all is well even if you yourself might feel less at ease than usual, and know that any knots within your stomach are simply a sign of an approaching event that will take you literally by storm and lift you out of the old, and firmly set you feet first into the brand new you. And

from that, your brand new world will be born. So give yourself the assurance you need in order not to go into fear as these energetic stormtroopers approach. As we have told you before, they will not come to break you down, they will come to set you free once and for all from that old prison of limitations. For there are no limits, but as yet, you have not been able to literally see that for yourself, and so you continue to see walls and barriers where there no longer are any. And that is why this lightstorm is so sorely needed. For you need help to set your mind free from it all, and that help is getting closer and closer even as we speak.

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As you have perhaps already ascertained, these incoming waves of energetic flux can be rather bothersome at times. That is, your physical body may have a hard time keeping up with all of these fluctuations, but again, we implore you to remember that they are all in fact doing you a world of good. And we do mean that in every sense of the word. For these waves are pushing you further and further ahead, as the changes they bring within you are preparing you more and more for that upcoming energetic implosion, if we can use such a word. For this will in many ways be likened to an implosion, where the pressure from the outside will create an impressive effect on the inside. And then, you will all start to unfold yourself and go up in bloom. For the seed that was implanted within you from the very beginning, and that has been lying dormant for eons, has been carefully watered and nurtured these last few years. And as such, it is now more than ready to take that decisive leap and burst forth in all of its glory.

For by your willingness to search for that seed within, you gave it the chance to germinate after this long, long sleep, and now, as in the journey of all seeds, comes that all important phase when that first little sapling that broke free of the shell stands poised to start to grow and unfold in earnest. For you have only seen that very first little green sprout, but as with everything in nature, that first little growth gives little away of the beauty and magnificence it has in store. For will this little sapling turn into a giant oak tree? Or perhaps a resplendent shrub, covered in a multi-colored display of finery? Only time will tell, for even if you all carry similar looking seeds within, they are all programmed to become a variety of different species once they start to grow and unfold in earnest, so by looking around you now, you cannot know what any of you will turn into once this growth spurt picks up speed.

So when this huge shower of energetic rain hits you, it will indeed signal the start of this final unfoldment, and you will all cast off those old remnants of the little seed that once contained you, and start to grow into the one that you truly are. But until then, we will do all we can to prepare you for this important stage of your own rebirth, and as such, you will continue to feel the incoming energetic booster rockets push and pull at you in so many ways. For what we are doing, is simply to make sure that you are well prepared for this last and final show of strength that will enable you to come forth as the ONE, the one you are here to be, the one that contains it ALL, the one that will do what it takes to make this whole planet become as if new again. For as you each step into your true one, the roles that are already programmed within you in those seeds you carry within your every cell, you will find that truth you have been searching for for all of your lives. Yes, lives as in plural, for that whisper from your very core, your DNA, has been carried with you all the way from your beginning, as the ghost in the machine if you will, and even if you at no stage may have been able to consciously connect with this dormant core within, it has still been there and helped you to evolve towards this, your final destination if you will.

For this is it, this is the life that will change every single life you have ever had, and through that, change the life of every single person on this planet. For as you awaken, and step into the wholeness that is the true YOU, the effects from your personal unfoldment will reach out, like those proverbial ripples on the surface of the water. For as you change gears and start to vibrate at the frequency that

has been there waiting for you for so long to tune into, you will send it out far and wide, and through that, touch the very soul of every living being on this planet. So you will touch the hearts and the minds of your fellow men, but you will also make the rest of this living planet sing out in joy alongside you. For everything will know it, in the same instance that you yourself make this monumental discovery of the real you, and as such, your personal journey will instantly become a global one, in every sense of the word.

So take whatever may come in the form of some rather intense energetic transmissions for what they are, a much needed extra support in order to prepare you to go forth and become the real you, the final blossoming of that long dormant seed, the final unfoldment into the magnificent being that has been lying within you, waiting to come out and show itself in all of its glory. The road you have traveled, and indeed the few short steps that you still have to take to get you to that final blossoming may not be described as easy and uncomplicated, but we know you will all come to the stage when you will shout out in unison, "it was all worth it in the end, for now, I see ME, and I rejoice with all that I am, for what I have made myself become, and for allowing myself to become it". For you are the ones doing it. We can only support you in any way we can, but it is you, and only you, who will have turned that dormant seed into the most magnificent of creations. We cannot wait to see you all in the fullest of bloom!

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As you have noticed, the frequencies that are buffeting you now are indeed a far cry from the ones you have been bathing in for quite a long time now, and rightly so, as these last few days a whole new set of energetic encodings have transformed the very atmosphere around you. And, as usual, with these new encodings comes a whole host of energetic reactions, both on the physical but also on the mental levels. And for many of you, these new currents have literally dislodged the very deepest residue that your cellular memory has kept hidden from you, forever it seems. And now, you may be struggling to cope with all of this flotsam that is suddenly paraded in front of you, and you may find yourself seemingly slipping under the surface, unable to even breathe. So let us take this opportunity to remind you all that this whole process is not about breaking you down, rather, it is all about breaking away any and all of the old incrustations that have kept your soul trapped within for such a long time, and even if this breaking apart of this hard shell or carapace that has been constricting your very soul may feel almost unbearably painful, it is indeed imperative that you go through this process. And please trust us when we say that the very reason so many of you are experiencing this at this very moment, is because you are finally ready to do so. Remember, what we refer to is a pain that goes so deep, your own body has done all it can to hide it from you, so that you could literally survive this far in the first place. For there are limits to what a fragile human can endure, and so your trusted companion, your physical body, has taken upon itself to protect that fragile inner child in any way it can.

For it has acted as your custodian in this process, and so, it has removed the most painful of memories in a way that has made them tolerable to most of you, and as such, you have been able to come this far. But now, you have all grown so much in stature if you will, that you are finally able to take it all on, and so your body is, perhaps somewhat reluctantly at first, letting go of all of these hard begotten shards of information that it has done its best to encapsulate deep within your very tissue. And so, they can suddenly appear before you in extreme detail, and for many, this will come as a shock to their whole system. For you may have forgotten so much of it, or perhaps you thought you had processed it all already, but there are still some remnants, and in some cases, large swathes of "forbidden territory" that suddenly open up before you. For your own bodies have restricted your access to these places before, and rightly so, for if you had ventured too far within these darkened rooms earlier on, you would have stood a great chance of getting lost here. But not any more. For now, you have the light by your side, and as such, there is not one single darkened room within any of you that can trap you in its grip. For you all carry so much light now, it will light up even the deepest recesses of your very being, and so, nothing can hold you back from finally entering those parts of you that you have not been able

to reach before.

This may sound like an unbearable ordeal, for if there is one thing that is uppermost in anyone's mind, it is to lessen the impact of anything that is painful. But trust us when we say, that even if this process may feel unbearably painful at the onset, it will very quickly turn into such a haven of release and relief, it will leave you all literally refreshed and reborn. For this is what this is all about, finding that courage within that will allow you to open that final door, the one that has been marked with a huge warning sign, and so, has been carefully avoided forever. But now, nothing can stop you from entering this room, for the deeper this cavern is, and the more horrendous memories it contains, the greater the power you will unleash within yourself. For this is a veritable powerhouse dear ones, and the deeper your wounds go, the stronger the current of healing light will be. And as you take a deep breath and dare yourself to finally wrestle open that door and step across the threshold, the wind in your back will increase as a veritable storm of light follows you into that chamber and literally blows all of those dark memories out into the open. And when they become exposed to the light, they finally lose any capacity they ever had of holding you down. For then, they become as if weightless, and you are finally released of that burden you have carried with you - in this life, and in all of the lives that came before this.

Remember, your physical body is capable of carrying memories implanted within your cellular structure from way back, long before this current physical body ever came into existence, and as such, you can all carry so much baggage with you that now will come up to be released. But as you have already opened yourself to the light, the light will help you to finally face whatever it is you have to face in order to become free at last. And even if the light within you is more than powerful enough to wash away any and all traces of dirt and grime that has accumulated in this, your very own chamber of horrors, it is also important not to close the door to any light that will offer to assist you from the outside. For All of creation stand poised to offer their assistance in this last and oh so crucial process of removing any old shackles on your soul. And so we ask you all to ask for assistance, and it will indeed come in all shapes and forms, from your fellow men, from your animal companions, from Mother Earth herself, and indeed from so many not in a physical body. We are all here for you, and we stand ready to embrace you in our loving arms and help you to find your balance again. For removing what in some instances can be large chunks of dark matter, will take its toll on you all, and so, it is important to remember that even if you are the only one who can decide whether or not to open that inner chamber and expose it to the light, you have so many standing by your side, ready to add their light to yours in order to get this painful process over and done with in the shortest of time spans.

So again we say, do not fear dear ones, for even if you are in the middle of these painful throes of remembrance, they have come up because you have allowed your own strength to carry you through this ordeal. But you need not face it alone, in fact, we advice you not to face it alone, for the light is here, in full force, ready to lend a hand and steady your heart as you finally step across and into that inner sanctum. And when you come back out from that inner chamber again, you do so as the victorious one, the one that has finally conquered the very last bit of embattled territory within. And then, you will go in peace, for then, the light will give you all the peace and inner strength you need to embark upon that final unfolding of the true you.

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