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As you have already ascertained, the waves come and go, and sometimes, it is as if your feet are being knocked out under you. But at other times, you will feel yourself as lifted aloft, and you will feel how the power of the waves surges underneath you, carrying you higher and longer than ever before. For such is the nature of these waves. They are not here to drown you, but to lift you even closer to that oh so elusive goal that you have searched for for such a long time. And what is this goal, we may ask, and we think you have all started to find your true answer to just that. For what on the outset started out for many as a quest for that perfect world, has now turned inwards. For you have all started to see the truth that paradise is not something that comes from the outside, it is indeed something that comes from within. And as soon as you discover this, much will start to fall into place. For then, you can finally start to build your future on the most solid base of them all, namely the one that you always carry with you.

For eons, mankind has set his store on other, more flimsy constructions. And these constructions have been many indeed, and they have gone by the name of family or ancestry, government or even religion. But all of these, no matter how closely tied they are to each and every one of you, are outside constructions, and nothing to build your own future on. We do not talk about a complete disregard for your fellow men here, nothing could be further from the truth. No, what we refer to, is the fact that for a very long time, mankind has searched outside himself for some sort of salvation. And in many cases, it will have seemed as if he found it, only to discover that this salvation was a fickle one at best. For no matter how solid a ground you seem to stand on, it is nothing but quicksand if you do not have the rock solid foundation you truly need inside. For then, and only then, can you start to build everything else around you.

So that is what this process is all about, the tearing down of everything old and misconstrued, and the rebuilding of the most solid foundation of them all. Namely that fact that you are indeed sovereign beings, complete and perfect, and ready to start to go out in the world as such. And when you do, you will start to interact with all of these other, new rock-solid beings that surround you, in the shape of your fellow men and women. And together, you will build the world of your dreams. But again, that dream must start at home as it were, with the complete dismantling of anything old and substandard that may be present inside, for then, to put the good pieces back together and build it into this rock-solid and immortal being you are all starting to emerge as. For what we have talked about today is not news to any of you, for you are not novices in this. For you have been in this construction business for a very long time now, and now, the time has come to survey this magnificent structure you are about to complete. It can be difficult at times in midst of all of the seeming chaos to see just how powerful a structure this really is, and just as it is on a regular construction site, without surveying the blueprint, it can be very difficult to get a clear image of what is under way in this confusing mass of busy workers. But we have the blueprints, dear ones, and we can see just how faithful you all are in following them, and so we can see clearly just how close you are to putting that final capstone into place, and declare this, the work of re-constructing yourselves, as finished.

It may not be all of the comfort you need at times like this, when tempers fly and irritation can become high in this, the final flurry of finishing touches before the unveiling. But trust us when we say that even if you might feel a bit stressed out now and then, and you feel as distant from the finished product as ever, know that this is not the case. For you are not lagging behind, not in any way, and you will all make the deadline you have set for yourselves for this process. So fret not, even if you at times may feel like your whole structure is tethering on the brink of collapse. For your building is indeed built on solid ground this time, not on the loose and treacherous sands of yesteryear, and as such, it

can weather anything that maybe waiting ahead. We do not say this to imply any sort of cataclysmic event, we just say this in order to remind you that you are build of sturdy stuff now, and so come rain or shine, storm or quiet, you will be standing tall and proud and rightly so. For what you have done, is to build something that will last and last, and when you get to know this new you better, you will also see the bright future that you have in store. Not just as brilliant individuals, but as this whole beautiful conglomerate of magnificent structures, all linked together in a way that will make everything else pale in comparison. For this is no fata morgana, this is the true paradise you are building. For as you struggle and push to get those final pieces in place in your own personal setup, you are also simultaneously doing the same to this whole planet. For this is what dreams are made of. Not mere fiction, but the facts that you have already started to make it come true by making yourselves become true. The true humans, based on their true conviction that what you have become, will never be torn down again, and as such, paradise is already rising from the ashes of the old. And you are the ones making this happen, by doing the hard work of rebuilding your own personal being from the ground up. And now, you can all feel dizzy at times as you have started to raise this new you to such lofty heights, you are already towering above the old renamnts of the one you used to be. There is no need to look down now, dear ones, just keep your focus up, and you will have a better chance to finish this whole process off without being too overwhelmed by vertigo.

For remember, you are not yet used to moving in these let us call them elevated spheres, and as such, you will feel a little bit insecure and unsteady on your feet. So just stay focused on where you are going, and do not spend too much time mulling about where you actually came from. That way, your heart will follow your eyes, and you will find yourself striving towards your own completion in a way that will help you to attain it faster than if you spend too much time looking back over your shoulder. For you are not going back, you are simply to keep moving ahead, and that is what you do each and every day, even at the times where you feel more like you are holding on for dear life, on the brink of being tossed back down onto the ground again. But trust us when we say that this is not the case, it is simply a signal that you have not yet gotten used to the purer air at this height. So just take your time and go slow whenever you feel the need to do so. As we said, there is no risk that you will miss your stipulated time of completion. So again we say that all is well, and even if your whole structure seems to be swaying considerably at times, it is more solid than you think and it can withstand it all. For you are made of the same stuff as the stars, indeed you are all stars, and you shine brightly even in the brightest of daylight. Not just today, but forever.

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The storm has subsided somewhat now, and the waves have quieted down compared to the much more intense surges many of you experienced only last week. This is all a part of the natural cycle of things, and you have all more or less become rather familiar with how this works by now. And this time, we think you will all feel the need to take some deep, deep breaths and savour the stillness that will follow in their wake, for this time, you have certainly been through the wringer in more ways than one. Let us assure you all that you will have become so much strengthened by this ordeal, for contrary to expectations, these intense energetic upgrades do not leave you totally floored for long now. Rather, you will feel an instantaneous relief when they subside, and not only that, you will also simultaneously feel an urge to literally get up and go. For, as usual during these very intense bouts of adjustments, anything concerning the future, whether it be imminent or more distant, seems almost impossible to even contemplate. But now, as this mental fog seems to have dissipated along with all of the physical symptoms, you will find yourself eager to set things into action.

For some, there will be things to plan and endeavours to initiate, while for others, there will still be the frustration of wanting so strongly to just DO something while at the same time you have no clear idea yet as to what this something is. This frustration of not knowing just what to do with all of this energy surging through your body and soul now can be a bit hard to maneuver around, but trust us when we say that you will all in some way find an outlet for all of this seemingly pent-up energy. For now, as the veils keep thinning more and more, your soul will start to speak to you in a way it has not done before. For your soul knows your true purpose, and it will start to prod at you in all sorts of ways in order for you to grasp the meaning of all of this. And so you might find yourself in an unexpected place at a very unexpected time, or there will be "chance meetings", both with people you might be familiar with before, or with total strangers. In other words, much will be set into motion now so that you will find a way to maneuver yourself into the right position as it were. For some, this will even entail a very different physical setting than the one they are currently in. In other words, do not be surprised if you find yourself moving away from something, or finding yourself searching for a new place. This could pertain to your workplace, or even where you live, so this can be experienced in all sorts of ways.

Again, this process is a very complex one indeed, as you are all players on this gigantic field called the new world, and as such, your interactions will be matched with those that need your participation in some way. For this is not a solitary journey any more dear ones, as this is to all intents and purposes a collective effort. And even if your life will be unique to you, and your experiences will not be the same as those of your neighbours, they are all connected in a way that will ensure the best outcome to all. For now, you are all a part of this world wide web of enlightened souls, and just like the filaments of the spiders' web, you are all linked together by almost invisible, but oh so strong filaments of light. And just like in a spider's web, you cannot connect with one tiny thread and expect it not to have any effect on the whole. For you are all linked through this web, and what one person does, will ring out across the whole web and affect you all. And no, this will not mean that one person can do harm to everyone else. For this is not a web that connects in a way that can be deemed as harmful in any way. For this web is all about channeling the beneficial rays of the light, and it cannot be manipulated in any way by others trying to use it for anything else. So in this way, it is also a safety net. For as long as you have chosen to connect yourself to this web, you are also protected by the combined power it generates, and as such, you have also been given the best protection there is. For the light is supporting you on all sides now, and if you feel yourself falling in any way, this web of light is there to catch your fall.

As always, it is governed by free will if you choose to attach yourself to this web of light in the first place, and so this net cannot help those still decided to stay unattached as it were. But for all those who have opened their very core to the light, this connection is now so strong it cannot be ripped asunder. And just as the slim threads of a spider's net are strong enough to carry the weight of beings many, many times larger than the creator of it, so too are these connectors of light capable of holding the weight not only of each and every one of you. For by connecting through this web, you all make it even stronger, and every time one soul is added to this intricately woven structure, the structure in itself becomes even more powerful. So there is certainly no risk of it becoming overloaded and susceptible to breaking apart. Far from it, it is only becoming more and more sturdy and reliable as the time passes and you are being joined by new "team members" every day. For as we spoke about in an earlier missive, this stream of newly enlightened beings is starting to gather momentum now, and this is a process that will only speed up.

The outcome of that is a very positive one indeed, but it will also engender its opposite. For as this web of light is becoming bigger and more powerful, the very fact that it is casting its net ever wider will engender a not so positive reaction in all of those still hell bent on staying separate from it. For they will see and feel how this web of light is encroaching on them on all sides, and so they will again

start to flail their arms about in a desperate attempt to keep these gossamer thin filaments of light out of their life.

For the light is frightening to so many, as they are not used to anything else but the dark shadows. So they will scrunch up their eyes and their hearts in one last attempt to keep this light out, because they are convinced that it will harm them in any way. But the light will not harm anyone, for the light will bring in the love that is so desperately needed, even in the darkest of souls. That is where the need for love is the largest one, but that is also where the fear of love is so huge, it will make that person do the most outrageous of things in order to try to keep the light at bay. For when the light enters, the darkness must go, and with it, everything that used to be there will be forced to change in a way that is so profound.

For remember, there is no darkness that is able to withstand the power of the light, and even the darkest of beings will become transformed whenever the light is allowed to access it. And whatever has been programmed to stay in the dark, will fight for its very life in order to be left to do what it has been taught to do. So the light is not welcome everywhere, and it will be told so in no uncertain terms. But the light will sometimes find a way to penetrate anyway, for there is many a darkened soul that has left a chink in their armour. And this small opening is all the light needs in order to come all the way in. So remember, there will be light seeping in to the most unexpected of places, but that is because there is a small opening that has been left there on purpose for the light to find it. Only those who have chosen to deliberately close themselves 100% for this light, will be left in the dark as it were.

For this is something that will not and cannot be forced upon anyone. Light is like the water, it will seep in and flow the natural paths that have been set up for it. But where it has been blocked completely off, it will turn around and find another place to fertilize. And now, there are many a fertile ground being exposed in former totally barren places. So even as the clamor from those shutting themselves up as clams will continue to escalate, the light will continue in its silent way to penetrate further and further into the core of humanity. And once there, it cannot be cast out again. For once the light has been invited in, it has come to stay forever. So look around you, and we guarantee you that you will see the first traces of this light in so many of your fellow men. And know that even in those making a big outward show that they are fighting off the light in any way they can, there are some amongst them where it has started to drip in already. It will be a very small trickle at first, but this small trickle is all it takes. And soon, these small trickles will all start to grow into a veritable roar of liberating light in even the toughest of souls.

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The tide has turned a long time ago, but still, there are those under the influence of thinking that nothing is happening at all. They kick up the dust, and complain that everything is at a stand still. But is it truly that? We challenge you all to take a good look around you, and we think you will all see traces of this rush of incoming energies on all sides of you. Not only in the heart of those likeminded souls you are gathered together with here in this space, but also further afield. For your world is already starting to move beyond the level of awareness you might have thought was the limit for everyone not as "open" as you to these new energetic messages. For they are all moving in some way, and even if some of you have a hard time seeing it, still it is happening, each and every day.

So again the message is the same, remember to focus your intent in the right direction, and then you will truly see results. Not because you are the one who will make all of this change happen, but

because you too have in many ways been blinded to the effects of the light. For remember, for eons you too have been forced to stare into this wall of darkness that surrounded you on all sides, and now, when that impenetrable wall has been reduced to a heap of rubble in so many places, some of you still insist on keeping your eyes on those portions of the wall still standing as if nothing have happened. And so you feel despondent, and think that all of this work has been for nothing. But if you are willing to shift your focus, and in most cases, only for a mere fraction of an inch, you too will see that what was once a seemingly impenetrable fortress wall has now been breached in so many places. And now, you too will find a place where it is so easy to jump over the rubble and join those already frolicking in the fields outside.

We do not say this to scold you in any way, but just to remind you that the present is in some aspects mayhaps already much better than what you have envisaged some of the future to be. But again, it is the eyes of the beholder who define the "reality". And so, if you choose to keep staring into the wall, then the wall will keep you captivated for a very long time ahead indeed. But if you choose to shift your focus, and run out and join all of those free spirits already savouring the sweet air of freedom, your reality will also follow suit. So again we say, be careful with what you attach yourself to, for the glue that keeps you in place now is a very strong one indeed. So make sure that you let yourself have the freedom of being glued to the brighter parts of this world, for they do exist, and they are getting brighter and lighter by the day.

And remember, the walls will not fall down any faster if you insist on trying to punch them down by focusing your whole power on them. These walls will fall the minute you step outside them. So give yourself the freedom to do just that, for by deciding to stay cooped up inside the remnants of this old fortress, you are only making it stand just that much longer, and this will not help you, nor the rest of mankind. You are here to break through the walls by letting go of the fear that helped to keep you imprisoned behind them, and this you cannot do by being unable to let these walls fall from your attention. So let go of any thoughts of being a battering ram that will force these last pieces of brickwork down. That is not your role, your role is to fly over these walls with your beautiful wings of freedom, and the moment you take to the air and lift yourself off from these old grounds, you will make the walls around you crumble into dust. And that is the only way to ensure that this old prison will not be standing a moment longer than it was supposed to.

It is easy to agree with all of this in principle, but as many of you have already ascertained, trusting yourself enough to let your wings take you over to those greener pastures is quite another thing. But do not wait too long now, lest you miss out on so much of the fun. For as soon as you arrive on that other side, you will find yourself surrounded by so much love and laughter, you will forget all about that long prison term you had to endure. For your memory will be wiped clean of all of the duress, and you will not waste another second thinking "what if" or "why did I do that" or "why not sooner". For then you will begin anew, and you will focus all your energy on creating, not on tearing down or even feeling remorse. For that is when you start with a clean slate, and you will have all the colours in the Universe to choose from when you start to make your own first image of the life you are about to start living.

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As you have mayhaps noticed dear friends, the fires have been stoked now. For as we approach the first Gathering that has been set up for this upcoming weekend, many of you will feel how the heat of the fire will reach a heightened momentum now as you have agreed to take part in this world wide event. For the threads you have all so studiously gathered will already start to become a

part of the great fold now. In other words, you have all been caught in this new web of light filaments, and now, we will make sure that you are all securely fastened as we start to spin the threads and weave you all seamlessly into this magnificent structure of light. This does not imply that you are prisoners in any way, quite the opposite. For this only means that you are no longer the solitary journeyer through a dense vacuum of lower densities, for now, you have all joined the party as it were, as you have all been connected to the filaments of tomorrow. And by your very actions, you have made that decision to the thus included a very long time ago. For this YES was something you gave on a soul level before you even came in, and as such, the joy you all feel in your heart comes from the realization that now, this YES will start to come into full effect.

For the journey you all had to take to bring you to this point has been a long and arduous one indeed, and for some, the trials and tribulations may not even seem to have lessened yet. But trust us when we say that your agreement to be an intrinsic part of this joyful web of light that has been started to spun, is a decision that will also cut all of the threads to the old that still feel like chains around your neck. For the net cancels the old, in every way you can think of, and when you all step into this great bright Pond together in a few days' time, it will be like the final anointment that will wipe away the tears and the sorrow, the anger and the despair once and for all. For then, you will all be given the opportunity to really connect, not only with your own true core, but with the core of All there is. And once you get a glimpse of that, so much of the old dross will simply fade away, and it will be just like old fading photographs in an album. And even if you decide to open up that old album to take a small stroll down memory lane, it will almost be like looking at the memories of a stranger. For that used to be you, but it will not be you any longer. For now, the fires have been stoked good and well, and the heat from the flames will not only warm your hearts, but it will also burn away anything that has no place in this, the new you and the new world. For like a phoenix from the flames you will all rise again, and together you will stand shining as brilliantly as never before.

So again we say, all is well, even if you at times may feel the heat to be a little bit too high in the days ahead. For the preparations before the first Gathering are nothing if not thorough, and as such, you can all expect some interesting encounters with yourself in the days and indeed nights ahead. But breathe deeply, and know that you will not be burned by these flames of purification. For you are like the diamond still encased within a thin outer layer of carbon, and in order for the diamond to emerge completely, there may still need to be some measure of pressure and heat to bring it forth. But again we say, you are all guided closely throughout this last stage of the process, and we think you will all find a way to truly connect with the joyful part of this stage of the journey as well. For you have opened your hearts to this, and as such, you have also given yourself the permission to rejoice, not only for this Gathering, but also for yourself. For you have all started to shine more brightly than ever as you set up on this initiation, for that is what it really is. We will of course return with more on this remarkable effort you have all agreed to take part in, but for now, we will leave you all to ponder our words, and to give yourself ample time to rejoice and renew your vows to be a joyful being once again.

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The time of your Gathering is fast approaching, and the energies that you have all brought down to this planet via your physical vessels are already starting to announce their presence to you. So you will all have felt this in some way in these last few days, and it will all start to intensify somewhat as the big day draws nearer. For, as we have already talked about, this is something that in many ways will be like a culmination of something that has been going on for a very long time. For you have already been anchors of light for so long now, and the energies you have been instrumental in pulling in, the

strands of light as we have called them, are already here, and now, this weaving and connecting together is in full swing. This will not come as a surprise to any of you, as you have already felt so much more connected to this beautiful grid of fellow lightworkers, and indeed, also with us who currently reside behind the screens as it were. But now, everything will indeed start to speed up, and as we gather all the threads and continue this complex process of connecting and interconnecting them all, it will be as if portal after portal open up, and you will feel yourself stepping into room after room on this journey towards completion.

So now, the vistas are truly starting to expand in so many ways, but if you yourself have not felt any of this up until now, it may be because you spend a little too much time looking down at your feet, trying to gauge which way the land falls. And that is not strange, for this will in many ways be a little bit like learning to walk, or indeed, learning how to ride a bike. We all know that in order to find your balance, it is indeed best to focus your gaze on a point far ahead, and try to avoid the temptation of looking down at your feet. It might feel like it is the best thing to do in order to make sure that nothing will trip you up, but in fact, the overall balance is far better achieved if you literally lift your gaze and fasten it on the horizon. That way, not only will your own balance improve, but you will also be better able to see just how far you can actually see now.

For everything is indeed expanding at a rapid rate now, and unless you actually become aware of it, it might be a missed opportunity for your own growth. So let go of the need to keep gazing so intently at yourself, and let yourself open up to be more fully able to take in the awesome surroundings. For they have truly changed so much during these last few days, we guarantee you it will take your breath away if you manage to take in the full scope of it all. For you are no longer riding inside that dark and dreary tunnel of yesteryear. You have exited at the other end, and there, the vistas are breathtakingly beautiful. So fill your lungs with this fresh air of freedom, and let your heart sing to the tune of this new and improved world that surrounds you. For this is just the beginning dear ones, this is only the first glimpse of what you have in store as soon the train you are travelling on finally will pull in at the station of your dreams.

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As you have mayhaps noticed, the energies coming in can be categorized in different modules, and the reason for this is a very simple one. One of the layers of this huge energetic web is a part of the all-encompassing one that surrounds and connects everything that exists. Not only on this planet, but everywhere. And this infinity grid, if we may call it that, is the energetic part of this weaving together that many of you have experienced already as a river of light. It is in so many ways a very peaceful and golden hued energy, one that will ease you and release much of the energetic stress you have all experienced lately. These weaving strands of this golden bliss is something that will become even more prominent as the day of the Gathering approaches, and we invite you all to take a small sip from it whenever you feel like it.

For you are all already connected to it in some ways, and the process that will be finalized on Sunday is the act of connecting you all more closely together via the intricate strands of these filaments of light. More on that in a later missive, but now, over to the other, and mayhaps slightly more prominent presence of the other energetic layers you are swimming in at the moment. For as we told you all beforehand, this week leading up to this energetic Gathering would in many ways be a challenging one for so many of you. Buttons have been and will be pushed in so many ways in this, the last effort to completely scour you of any last remnants of old dross that still may cling stubbornly to that otherwise brilliant surface of your precious diamond soul. For you are all flawless within, but there might still be

a few bits and bobs of dust and grime not thoroughly cleansed beforehand. And as such, the intensity of these energetic scrubs may at times feel a little bit on the rough side. But please, do not take any rough handed effects from all of this as any sort of punishment or reprimand, for they are no such thing. This is just Creation's way of making sure that you shine with all of you inherent brilliance, unhindered by any old dust that may have gathered in a corner somewhere. For you deserve nothing less than to stand bright and tall, like the beacons you truly are, when we sound the call for you all to gather and connect in a few days' time from now.

So again we say, all is well, and you are indeed in good hands. For you are all being prepared, so that you will present yourselves in your splendid robes and be at your very best when the time for the party is at hand. For you are all worthy of this special, or maybe we should say VIP treatment, for you have taken upon you the formidable task of clearing not only yourselves, but so much of the collective dross alongside your own in this prolonged process of enlightenment, and you certainly deserve to be allowed to shine in all sorts of ways. So please, remember to breathe whenever one of these heavy duty clearing bombs may hit you, and know that they are all for your benefit, even if it feels at times like they are trying to stop you in your tracks. They will do no such thing, in fact, they have been specially designed to clear the path ahead of you. So stay centered, and stay connected, and please, do not forget to seek a little shelter at times by searching for that other part we told you about earlier. For this golden web of bliss has been spun around you, and we urge you all to feel free to let yourself sink into it as often as you like to find the solace and companionship you so truly deserve.

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Dear friends, dear family! Yes, we would like to extend our warmest welcome home to you all, for you have truly passed the border and returned back to your former glory in so many ways. We know that for some of you, this will leave many a question mark within your mind, for you fail to see anything different in your life, or even in your physical body, and so you will think "what on earth are they talking about?" So let us explain a little bit about what has happened in these last few days. For as you consciously opened that last door into the very core of your heart, whether that was before, during or even after the Gathering many of you took part in, you also removed the last obstacle standing in your way. For know that this is how this has always been decided, the choice must be yours, and yours only. No one or no thing can force you to surrender to yourself, that is only your decision, and yours alone. But when you do make that decision, no one and no thing can stand in your way either. So as you say YES to yourself, All of creation will listen, and the doors will all open as if by magic. For then, and only then, can you step into your true self.

And now, so many of you have made that decision, and now, nothing will ever be the same. But again, on a superficial level, not much will be visible, and you will look around you and see more or less exactly the same as before. But if you look closely, you will already start to see some subtle differences. Maybe the air itself seems to be shimmering in a slightly different way than before, the colours may seem a little bit more vibrant, and profound words will fall easier from your lips or even your fingertips. As we told you earlier, these will seem to be big shoes to fill at the outset, and the very thought what all of this will entail may be more than a little daunting. So you will not be tossed headlong into this, dear ones, and as this is a message that has been oft repeated, we also know that it is a message that will be apt to cause irritation for some. For what is new, they will say, you always promise far reaching changes, but then, after the set time, you always say the same: "have patience, and the changes will be small, and hardly perceptible at all."



Well, all we can say, is take a look at your recent past, the last twelve months or so, and be truly honest with yourself. Do you see any changes at all, or none? Do you still just see the bills piling up, and only unfriendly faces staring at you from the crowds? Or do you see something else? Again, this is important, for in your hearts, you will know so well what changes it is we are talking about. For these are not superficial changes, flouted in the massmedia on par with the warmongering or the silliness of so called celebrities. These are changes on a profound level, changes that will truly stir your heart and bring tears of joy to your eyes. Have you felt any of this lately, and so, what was the reason? For that is where the truth lies, dear friends, for your heart never lies. And from now on, you will all feel your heart quickening, and this response of joy will become more and more frequent as you truly learn to tune in to this new frequency you have been embedded within. For now, you are no longer those solitary beacons, taking down and anchoring the sounds from heaven and broadcasting them out into the night. Now, you are truly ONE, and you all hum to the same tune, and you cannot help but do that. For you have all been hooked up to this continuous generator of light and energy, and through you all, this new sound of joy is already covering your whole globe.

So prick up your ears, and you cannot fail to hear it, nay feel it, in every bone of your body. And every time you consciously reach out to any other member of this web of light, you will literally feel the vibrations coming through you. For you are no longer separate, and your message of joy will no longer drown in the pitch black darkness that used to surround your single beam of light. For now, it is as if the very air is alive and humming with this same tune of joy.

So go out and savour this choir with every fibre in your body, and do not forget to say to yourself "this is here because I AM here, and it is by my very existence that this whole planet has started to hum in harmony once again after eons of disharmony". And know that this benevolent vibration is already starting to have its effect on everything else, for it cannot help but to keep reaching further and further out from the Core, and further and further into the core of everything that surrounds it.

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As the days and nights pass by, the magnitude of what you have become part of will start to seep in in so many ways. Yes, this does entail some rather intense personal clearings, but at the same time, it also signals the start of a brand new era. Not just for each and every one of you, but also for this planet. You see, as we have mentioned in an earlier missive, this connecting and gathering that you have been focusing in on, is not just something that you have been partaking in. For this is indeed a global event, or rather events, in more ways than one, as there are other groups just like yours in the middle of going through this same deepening of relations. And when we say relations, we refer to both the personal one, the one where each and every individual get a chance to delve deeper into their own core than ever before, but we also mean this process of connecting, or rather, reconnecting, both with their own aspects "behind the veil" as it were, and indeed with all the rest of Creation. But this is also a process of connecting and weaving together so many individual people scattered across your globe into a myriad of these webs of light, just like the one you now feel yourself so deeply attached to.

Let us explain. As we have mentioned on many an occasion before, this all has to do with specific frequencies. And just like in magnetics, different frequencies are drawn to each other, hence the resonance you all feel when you enter this Pond for the very first time. For what has drawn you here in the first place, is the inherent attraction that the vibrational frequency of this Pond carries. For you will have felt as if it spoke to you, and that is in fact just what this frequency does. It works like a homing beacon, sending out signals that will attract all of those capable of tuning into this signal. And what makes you capable of tuning into it, is the frequency you carry with you when you enter into a

physical body and become an inhabitant of this planet. And remember, there are many different frequencies that one can carry, but each and every individual has one that is the signature one. And whenever you come across someone carrying this same kind of energetic signature, you will automatically notice it. Hence, this experience of meeting someone for the first time, but still feeling as if this is someone you have known all of your life. Or rather, for eternity. For underneath this superficial human layer, you are all just walking energy fields, and your energy field carries this signature frequency, and this frequency is becoming even more activated now. And that was indeed the process that took place before, during and after this so-called Gathering. You are all part of the same frequency group, and so, you will have this affinity for each other. It is literally in your blood, as all that you are comprised of, carries this same signature. In fact, this is what is encoded in your DNA, and so, this is not something that can be faked, if we may use such a word. In other words, you will be naturally drawn to the people who carry the same "tune" as you, and you will have a much more neutral, or at times, even negative, feeling towards those that comes with a very different frequency than yours.

This may sound strange, but it is indeed a vital part of this plan for rebirthing your whole planet. For individually, you do not carry enough weight to make much difference, but as soon as you get entrained as we like to call it, or connected if you will, you start to form an energetic grid that is vastly more powerful than the individual components put together side by side. We have discussed this in some detail before, so this will not be news to any of you. But what may be news, is the fact that there are so many other groups of different frequencies going through the exact same process as yours. You will find them on this world wide web you call the internet, as they have also been guided to set into motion a sort of gathering or mass-communication like you have in your Gatherings, and for some of you, you might even be called to take part in other activation sequences with a different group from this in addition to what you have been doing here. And this is because that in these different frequency signatures, there are also subgroups, and these subgroups criss cross their web of light with others that they are in tune with. This will sound very complicated, and it is indeed difficult to wrap your head around, so do not try to understand it all. But just know this, if you do feel called to connect in any way with someone, whether that be a single person or a group, it is always important to answer that call and follow through on this hunch. For there is always a reason for it, even if that reason may not be apparent to you at the outset.

Again, all will be known as soon as the time is right, but for now it suffices you to know that this has all been carefully planned in order to get you all ready and perfectly placed. So when the time comes for you to step into the role that you will carry into the future, you will be connected with all the right people, and you will be connected to this web of energy through all of the contact points that are needed for you personally to function optimally. For now, that is as far as we will go with details, for this is indeed a very complicated picture, and one it is impossible for any of you to get the full scope of yet. So let us just leave it at that, and remind you to follow your inner guidance in all of this. It may sound difficult and overly complicated, but know that all it means, is that you will feel the joy in your heart whenever you take a step that will enable you to connect in all the right ways with all of the right people. For then, the love you feel coursing through your whole being will continue to increase in a way you have not been able to feel before. So this is, in all aspects, truly a labour of love, and it is also a labour of love that will reach far and beyond your own shores. You have gotten a small glimpse of this through the visions many have shared in the aftermath of this, your first Gathering, but know that this is nothing compared to the joys you all have ahead of you.

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You have by now gotten used to the idea of reading words given to you through an intermediary such as the channel we are using. However, from now on, we also want to urge you all to try to communicate directly with us. And when we say "us", we refer of course to the collective known as The constant companions. This is of course just to make it easier for you to open up to all of this, for if we had asked any of you to just pick out a name of an entity you wanted to communicate with, it might have left you stymied in so many ways. So, that is also the reason we have chosen to appear in the form of a faceless and nameless collective. You see, you have all the ability to connect with "the other side" as many like to refer to us as, but until now, it is one that has been reserved for a small number of people. And the reason for that is easy to explain. Mankind have been on a long journey to reach the point they are at today, and now, finally, you have made yourself ready to truly step into your true roles as citizens not just of this planet, but of all of Creation. And this journey has been one fraught with many perils and disturbances, and as such, information has been controlled in so many ways. We know that this is not news to any of you, for you all know well that here has been a lot of manipulation going on behind the scenes as it were, and this road that mankind have travelled down for such a long time, is not the road that mankind set out on from the beginning. But now, much has indeed been rectified, and as you all know, your own personal journey have been a vital part of this restructuring of your planet. For without the clearing and enlignening process you have taken upon you, nothing much would have changed at all on this, your home away from home as we like to call it, and mankind would have been forced to continue their journey towards and over the precipice to certain destruction.

But, as recent events have more than shown, enough of your brethren have chosen to do the same about-face as you, and for these last few months, the amount of light being poured into your world through your physical vessels has grown so much, it has washed away almost all traces of the manipulating denseness that used to surround you on all sides. We will not go into further details about this, we just bring it up in order to explain some of the reasons why you have in many ways been forced to go through an intermediary whenever you wanted to listen to the words coming from the light. But now, so many of those detrimental forces have been neutralized or removed, and so, your own abilities to connect will be greatly enhanced.

You see, and open channel is an open channel, and earlier, it was much too tempting to those not so keen on enlarging the light quotient to use that open channel to further their ideas. In other words, many attempts at manipulation in the form of disinformation and willful embedding of low frequencies have been carried out, and some of them were indeed successful, while others where aborted. But still it was enough to keep us all busy to try to minimize any leakage of dark matter into the channels of the light. And believe us, it was at times a very hectic atmosphere on both sides of the veil. But now, the whole playing field has been changed in so many ways, and in addition, your own level of vibration has been raised so much higher by your willingness to tap into, and indeed be connected to, this web of light you have all become a part of. So now, the stakes are very, very different from what they were only a short time ago, and so, we urge you all to start to listen more closely to the signals you will be getting in the time ahead.

For you too have your own Constant Companions, and they do come in all sorts of shapes and sizes. For remember, you are no longer a solitary being, travelling solo on this journey. In fact, you have never been a solitary traveller, but now, the time for you to start to connect even closer with your mates has come. Of course, some of them you have met already, maybe even in a physical form, but others are more unknown to you. In addition, your own group will have changed considerably

throughout your journey, as they are all carefully chosen to match your vibrational field at all times. So yes, they are your constant companions, but they are also constantly changing, even if some of the components of your group will be constant.

We gather that this will not be news to everyone, for some of you have for a long time had the ability to connect with entities on the other side, but for others, this will be new territory in all manners of speaking. And so, it will also feel a little bit daunting at first, for how do you know who it is you are "talking" to? Is it not just yourself? Well, maybe it is, because you yourself are comprised of several levels of awareness, and the one you "live and breathe" with every day is just a part of this whole. But now, as you all become ONE, you also become ONE with yourself, or maybe we should say "yourselves", and therein lies the first step towards acknowledging the messages you will be getting. For many times it is indeed YOU speaking to YOU, but it is a higher level of consciousness within you that is speaking to the human part of you. In addition, you will also start to get signals from other entities, so there is indeed so much to discover now.

We know that this will seem to be not only daunting, but downright frightening to many of you. For what if the someone that comes knocking on your door will be of the not so benign kind? Well, let us first of all say that the chances for that are not very high, but in this, as in everything else, it is a question of awareness and intent. For you always check the credentials of anyone that wants to enter your home, do you not? In other words, you will use your discernment in this as you do in everything else, and if there is something that simply feels wrong, just say no and refuse to give them entry. It is as easy as that, as no one can "enter" without your consent. And now, the light you all carry within is so strong, it will act as the best of shields in any circumstances. So just stay centered, and stay alert, and feel into whatever you feel approaching. And please know, even the most benign of energies can be a little bit overwhelming at first, but then, just ask for them to take it slow to let you get used to the energy. For this is first and furhermost a question of energy, and so, every new encounter will feel just that, new, in some sort of way, because you will come into contact with a form of energy that will feel a little bit alien to you, if we may use such a word. Again, just do what feels right for you, and do not try to force yourself to do anything. Just remember, the doors are not locked any more, and so you are also free to enter these halls of "free speech", but do so at a pace that feels comfortable to you. And pick your "companions" to connect with as you feel guided to. Just know that you have litterally a whole host to choose from, and they are all eager to say hello in some way or another. And if you feel totally closed up, and everything seems silent, know that you are not alone either. You have just chosen to take your time and wait a little bit before you take this first tentative step into this, and that is OK too.

Again, this is literally a one-on-one thing. So each and every one of you will have your own experience of this. Some of this energy will come to you in the form of words, through your fingers or through your ears. Others may have a heightened awareness of shapes and images, while others will start to sense unexpected smells in unexpected places, like the smell of roses when there are no roses present. Things like that, big and small, are all signs of someone trying to say "hello" in a way, so do not think you have to follow in the footsteps of this channel in order to be able to communicate with your constant companions.

Let use leave it at that for today, but we will indeed be back with more on the same subject later. Until then, we invite you all to start to listen well so as not to miss any "hellos" coming you way.

As the waves from the initial splash into this lovely pond of light you have created have started to subside, many of you will feel yourself at a slightly different place, or rather, state than before. For as you so lovingly opened yourselves to this energetic grid that was created from your individual strands of light, you also let down the barriers that have been protecting your innermost sanctum for such a long time. And by doing that, you allowed the light to touch your very core, and for many, this will have far reaching consequences indeed.

For know that for so many, you have been spending a lifetime, if not many more, behind hidden barriers you had build around your very soul. These barriers were there to protect you in so many ways, but over time, those barriers became a hindrance to your own liberation. You see, your ego had taken over these barriers, and as egos go, they are nothing if not eager in maintaining status quo. So in this process of enlightenment, you have chipped away so much that was standing in your way of attaining your freedom, and then, when you finally thought you were free, these bursts of lightwaves barreling through you all in the aftermath of this reconnection would literally crash into these, the last frontier as it were, of self-imposed protection. For some, it was a minor event, but for others, it was literally a shock to the system.

So we venture to guess that this last week or so has been an eventful one for many. There will have been cries of joy, but also tears of despair. For nothing will be left untouched now that these old barriers have been dismantled once and for all. But again, it is also up to each and every one of you how to react to what you finally find exposed by this light. For it is there, and you cannot but see it. But you can choose to embrace this truth, or you can choose to walk away from it. No matter what you choose, the decision is yours, and yours alone to make, as it will always be. Just remember, no matter what you choose to do, never have you had so much light at your disposal to help you see through, and also, walk through these truths that lay before you.

So choose well, and know that this light can seem painful in so many ways, but it is also a light of healing. And know that this time, it can heal the last of those scars you might still harbour inside. That is, if you allow it to do so.