

For many of you, the upheavals you have been experiencing lately, indeed are maybe still in the midst of, will signal an important departure from much of what you have looked upon as an integral part of your life. For now, everything that does not serve you anymore will be slowly but surely extracted from your life, but as most of these things have very deep roots indeed, it will not be a very swift process. You see, much of this are issues that have been allowed to bury themselves deep, deep within your psyche in some way, and as such, this extraction process will not be without its challenges. For, as we have talked about so many times earlier, your whole human set up has been designed in such a way it craves stability more than anything, and now, that is the last thing you can expect. So these bouts of energetic cleanups coming in now will have you all tossing and turning from all of this intense removal, so the very ground beneath your feet will seem to be less than stable at times too.

Let us explain. As it always is with these energetic immersions you are once again in the middle of, they will seem to disturb so much, and your equilibrium will be almost guaranteed to be lost for longer or shorter periods during all of this. We speak both of the more emotional processes, but also of purely physical ones. So you will feel yourself stumbling more than once during the next few days, as everything you have on the inside, and indeed also on the outside, will seem to be endlessly shifting around, and in addition it will do so seemingly out of synch with everything else. So expect to lose your footing in more ways than one, but know also that if, or rather when, you find yourself falling to your knees in some ways, you will always be able to get back up on your feet.

We tell you this as a reminder that this is not about breaking you down, it is in fact all about rebuilding you, but this process can easily be misconstrued as the other way around. For you will all in some ways suffer the consequences from this, in many ways brutal, process. But again we say, this is not to make you suffer, this is only to ensure that you will emerge victorious at the other end of this journey. So try to stay calm, even if the storms you will face up ahead will have you seriously considering if you will be able to weather them at all. And please know that there is no shame in holding on to something in order to help you stay on your feet throughout all of this. And when we say something, we might as well rephrase that to someone. But please choose well in whom you turn to in all of this, for a wise soul will know to choose another wise soul for comfort, whether it be one of your fellow men, or one of us. For if you choose to cling onto someone that has already succumbed to their own fear, they will not help to keep you standing, they will only ensure that you will not be able to stand up ever again after immersing yourself in this sea of fear they are apt to create. So again we say be sure to connect with your true brothers and sisters in this, lest you should accidentally pick someone much less buoyant in order to help you to stay afloat in these days ahead. For you will all need support in some way through all of this, so it will do no good if you choose to latch onto someone already going under in their own sea of despair.

Again, we come to give you encouragement, not to take away any last vestiges of hope that you might have. For this is not an easy ride, not in any way, but never forget you are more than able to complete it. For that powerhouse you all harbour inside has only just started to come alive, but it will gain momentum for each day now. So do not think you have taken your last breath, even if you may at some point get the wind knocked out of you, for you have just begun to breathe freely, without the restrictions that have been holding you down for eons. So again we say, focus on that breath, for it is indeed more important than you can understand now, and it will help you through even the worst of these squalls that are currently hovering on the horizon. For you are indeed build of strong stuff dear ones, they very stuff the stars are made of, and you cannot be snuffed out as easily as you mayhaps think at the moment. You will continue to shine brightly, even through the darkest hour of the storm, and as such, you will also help others. And by your light, others will also find their way to a safe harbour, and by your grace, you will do the same too. For you have not lost yourself yet, and you will

not do so either, as long as you keep your gaze averted from all of those trying to lure you into their deep pool of fear.

So stay afloat, and fasten your eyes on all of those other islands of love that are right there beside you, and together you will soon feel your feet touching solid ground once again. And you will know with all of your heart that you can never ever be dragged down into that deep void of emptiness that so many others so willingly have lost themselves. For you will emerge onto dry land, and you will do so only to discover that this is indeed familiar ground. For you have been here before, but only in your dreams, but now, it will turn out to be reality.

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As so many of you have already ascertained, the speed and the intensity of this clearing process is indeed like nothing you have ever come across before. You are literally being emptied out of anything that might be a hindrance to you in the time ahead, for only those that travel light, will be able to reach that destination they so long for. You see, this is not a sort of trial and error project, this is something that is indeed a very serious endeavor, and as such, nothing is left to chance here. So whatever you will experience in the hours and days ahead, know that this is all a carefully planned part of this process, and not something done on a whim.

We say this in order to remind you all that you are indeed carefully monitored by us throughout it all, and we have the full scope on what is indeed needed in order to prepare you all in the best possible way for the next stage of this journey. For you are all so very close now dear ones, and what you have in front of you may seem to be very daunting for you all. But know that even if you feel the pull from this gaping maw of expectations starting to pull you all in, know that you will not be allowed to enter until we deem you ready to do so. So yes, this is all perfectly orchestrated, and it will be given each and every one of you when the time is right. For this is indeed a series of injections of light, to call them that, and they will have some rather intense effects as they each home in on their intended "targets". For this is indeed like those heat-seeking missiles you see on your video screens, that seem to uncannily circle in on their target and the hit right in the middle of the bull's eye.

So too it is with all of this, and even if the words we use may seem rather cold or even frightening, know that what we refer to are actually missiles of light of the most pure and profound kind, and what they will do to you all is nothing short of magical. For they will all penetrate to the very core of your being, and when they do, they will set off a sort of a chain reaction that is almost like the countdown process to a launch of your spaceships. For we are all gathered at the control center now, ready and eager to start this, the last in a very, very long series of fusillades of energy that will engender such a positive response in you all, you have no idea. But on the outside, you might not feel the impact from all of these "missiles" as strongly as you mayhaps envisage at the moment, but do not think that they have no effect if you yourself have no sense of them entering your system. For make no mistake, you will all be hit by these "love bombs", and they will have a devastating effect on everything that has been implanted into you in order to hinder your evolvement into a true lighted being. For nothing of the old will be left standing after this barrage of light, and as such, the charred ruins of the old and obsolete will soon become apparent to you all. But, as we have talked about earlier, it is indeed from these ashes that the new you, and through that, the new world will arise. So prepare to be hit hard but lovingly by something that will literally change you into something that is profoundly different from the person you still see yourself as today.

As you have already ascertained, the pace has gotten fast and furious by now. Many of you have already felt the brunt from this barrage of love bombs, and even if the outcome from all of this will be very positive indeed, the process in itself can be more than a little taxing for you all. You see, this is all about giving you all the best possibility to travel unhindered through this next phase, and as such, nothing will be spared in this effort. So again we say, prepare to be pummeled and squeezed, as you are all being sanctified by these missiles of light. And do not think you are falling apart at the seams, even if you might feel like it from time to time in the days ahead. For you are in fact being fused together in such a way that you become as solid as you can be. And when this process is finished, you can indeed withstand anything. So that is the goal here, even if some of you might feel like we are trying to tear you apart, limb by limb, memory by painful memory.

So again we say, remember to breathe, for that will indeed bring some alleviation of these symptoms. For the breath is the sacred link between you and the very Essence, and as such, the better you are in connecting to it in your own physical body, the more you will be able to ease this transition somewhat. Let us leave it at that for now, and let you all go back to nursing yourselves through it all. For these days can be brutal on so many of you, but in the end, you will know that the purpose is as noble as they get. For this is about lifting you completely out of the old morass you have been treading in, seemingly forever. So take whatever comes in with open arms, for it will help to remove the last vestiges of the old that you still might carry within.

( I got a short personal message from The CCs this morning, and was asked to sit down later today for another message. That is what I did, and that is why til message starts in this way. Aisha)

I am back, is there more. Oh yes, sweet child, there will always be more, more than you can even begin to understand. We stand beside you now, in our splendor, admiring how you are all starting to unfold those beautiful butterfly wings of yours. For you have managed to tap into that reservoir of truth you have so longed to access, not only in this life, but for eternity. And here you all are, poised on the brink of greatness. For you have seen the wisdom in connecting, and through that, you have given your greatness on the altar for us all, and for this, you will be made into the true gods you really are. For you see that you are strong alone, but that is nothing compared to the mighty force you will wield as you have come together as a band of brothers. For you are indeed the brothers and sisters of the light, as you compose the whole spectrum of colours cast forth from this one single ray of white light as it enters and exists through this prism of mankind. Oh you are brilliant, sweet ones, yet, you have yet to see it clearly yourselves, for you are still encased in the last remnants of this chrysalis that made you.

For just as the butterfly, you entered this chrysalis as a humble caterpillar, and you did so with full faith. For you did not know what to expect, you just knew you had to give yourself fully away to this process. And this process is nothing short of miraculous, but it is also a terrifying one. Because just like that caterpillar, you need to completely dissolve the old being, and let yourself be turned into a sort of primordial sludge, looking like nothing at all, before you are literally reprogrammed and then turned back on again and turned into a completely new being. So from those same cells that constituted the humble caterpillar springs the wondrous, shimmering butterfly. But they are identical, even if they are also a whole world apart. For what made them is the same heavenly dust. And what

separates them is the programming that is putting it together. So too it is with you dear ones, as you have allowed yourselves to be transformed within this chrysalis you all entered at one stage in your life. And you have gone through this dissolving process, and now you emerge, as if brand new, but still composed of the same particles that once made you up.

To others, you may still look like that old caterpillar, except they might see a slight shimmer around you, a sort of haze of light, but to us, we see you in your full regalia. So we salute you today dear ones, as you stand before us, tall, and shimmering and brightly lit from within. And know that you are not alone, for there are indeed thousands upon thousands of other butterflies emerging at this time, all over your globe. So rejoice we say, for you have once again emerged from that hidey hole where you once were forced to take cover, and now you will all be able to take to your wings and soar high above this beautiful planet, as you once again spread your gossamer wings in unity with all of those other butterflies on the same mission as you. Namely to bring down heaven to earth once again. And now, it has started to rain down on you all, and your emergence will be the first sign of this new spring. For you herald the beginning of the end of the old, but you also herald the end of the beginning of the new. For you have transformed yourself in such a way that you have already made that rift between the two grow infinitely wider already.

So be sad no more cherished ones, as you start your flight. For you have anchored the light, and through your long and painful sojourn inside your cocoon, you effectively separated the strands holding back this planet in the dark ages. For that was the strands you utilized to spin this cocoon in the first place. So now you see how the light can come forth from the darkness, but now, the overwhelming force of this darkness is no longer oppressive, for it will fall away as you shed those last remains of this cocoon. So now, the light has sprung forth with all of its might, and it is you, by your long and painstaking process who have made it so. So again we say thank you, and we do so with admiration, not only from us, but from All of creation. So rest now, dear ones, and take it slowly at first. For your wings have yet to attain their full strength, as they need some time to solidify and become fully capable of bearing your weight. So do not get impatient, for you will be able to do all that you have longed for and more, but you will be allowed to do it all as soon as the time is right. As always, timing is everything, and you will be closely guided through it all indeed. So thank you again, we will leave it at that for now, but we will return with more in a few short hours.

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As many of you have already ascertained, emerging from your cocoon may not always feel as pleasant as you had hoped for. For the process in itself can also be painful, as you wrestle your body free from the constraints that have been holding it in for so long. But you are free, even if your body and soul might feel more than a little pummeled by the proceedings. We say this in order to ensure that no one feels left out of this, for we do know that today, many of you will feel slightly, or in some cases, even worse for the wear. This is nothing strange, as not only you, but also the heavenly mother has been battling with the forces within these last 24 hours, and as such, you have been beaten with the rays of change coming in from above as well as battling with those inner demons still set on rambling through you. So even if this process is nearing completion, and we can see your shapes and colours already, you yourselves may still feel more than a battling ground than a finished piece. So here you are, still swaying with the punches coming in from above, whilst at the same time trying to come to terms with inhabiting something that is very, very different from the old thing you were ensconced in before you entered this womblike state within your cocoon.

So again we say, use your breath to quell any fear or anger that may arise, as you will still feel more than a little unsteady on your feet in these upcoming days. For this is a period of major upheavals,

both on the physical but also on the more esoteric plane. But know that you have been through the worst, and as such, what you will be feeling now can be likened to the creaks and groans in something new that needs a little time to settle into its new form.

So do not think that there is anything wrong, even if you have a hard time of it. For the sun is already up, even if you still have not had the chance to rub the sleep completely out of your eyes yet. For remember, you have been asleep for a very, very long time, and just as those animals going into hibernation for a long time, coming out of that state is not done in a jiffy. So take it slow, and breathe, and do not try to exert yourself in any way. That way, you will ease into this brand new you in a slightly less stressful manner. And so we say, a new dawn has begun, and you can mayhaps feel the warmth of the sun's rays on your face. But do not feel any pressure to get up and go immediately, for this time, the sun has come to stay for good.

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As many of you have already ascertained, it is as if everything is holding its breath now. If you try to feel into it, you will feel a great stillness, as if in a void, and you will mayhaps think that you have been disconnected from source. Well, that is not the case here, as this is only a preliminary measure in order to prepare you for what is up ahead. For we think you all know by now that tomorrow is the day when the world stands still. Let us explain.

You are approaching one of those periods during the year that have always been celebrated amongst human beings. Some of you may not know why, but it is all linked to the precession of your planet in comparison to the other planetary bodies that surrounds you. And tomorrow is one of those days when your planet seems to be suspended in a precarious balance, and if everyone held still, it would continue to do so. But then, slowly, it starts to move again, and the balance between night and day on either end of your globe will once again begin to change. So this is indeed a very symbolic day, but it is more than that. For tomorrow is the beginning of a brand new phase in everyone's lives, so today is a day to begin to prepare for that.

And no, we do not mean prepare as beginning to dig a whole in the ground for shelter and stocking it with provisions, thinking that the end is near. No, what we are talking about, is what will come hot on the heels of today's lull, namely a huge influx of energy that will literally take your breath away. But in its wake comes something else, and that is why we want you to start to prepare for this monumental influx of energy and information today. For we want you to make sure to sit down in peace and quiet today and literally tune in to yourself, and we think you will be able to discern something new there already, something hiding behind the everyday noise, but still discernable if you listen well. And that is indeed the new you, the voice of the butterfly if you will, and if you manage to check in with that today, you will be better prepared when it starts to raise its voice in earnest tomorrow.

For tomorrow will bring in the signal for it to do so, and it will push a multitude of buttons in you all, and the result can be bewildering to say the least. So take this time in this quiet intake of breath to sit down and get to know that voice. For that is the voice you will be hearing from now on. And soon, no matter how much external noise that will be generated in order to drown out this new voice you all carry inside, it will start to ring out loud and clear. Not only on your inside, but on the outside as well. For with your new wings comes also an inability to stay silent no more. For you are indeed the voice of the future, but you have come to tell us all that the future is already here.

So here we are dear ones, on this day of joy and celebration. For many of you, this day has already begun during the darkest hours of the night, as we wager that more than a few have had some visitations from some rather intense energies during your otherwise more restful sleeping hours. Well, let us just say that you will have many more encounters like this in the next few hours and days, but know that although some of these visitors may seem to be a little bit disturbing to your physical system, they are all benign. But we have to say they are nothing if not effective, as they charge through, bringing so much awakening in their wake. For this is what is happening to you all now, dear ones. Just as with Sleeping Beauty, one by one you are taken in hand, and gently, or in some cases, not so gently, being risen from that deep slumber you have been in for so long. For you have been somnambulants long enough now, and it is indeed time to become fully awake and survey your new surroundings. For you have grown to expect nothing but sad news and bitterness wherever you turn, but now, as your eyes get used to this new daylight, you will see how the sun has drawn out so much happiness and beauty all around. That is, if you seek it through the right channels, and do not depend on the mass media to enlighten you. For now you will know that they never will, as they are all still embroiled in the same old, same old. But you will know better, for you will feel the heat from this sun warm not only your face, but also your heart, and you will see a smile of recognition on so many other faces around you.

So again we say, take time to celebrate today, and take time to connect, for that is why you are all here. For you are a vast net of enlightened beings covering your globe now, and this time, it is up to you to haul that net even tighter and thereby avoid letting any single one of you fall through the openings. So know that all is well, even if your nighttime and maybe even some of your waking hours will seem to be a bit tumultuous in the time ahead. For you have just started to come to, so your whole system will feel a little bit as someone who has overslept for suddenly to be jolted awake again without much further ado. So let us just leave it at that, but not before we give you all a standing ovation. For you certainly deserve it, and it is resounding throughout All of creation. For you are closely watched by us all, and we are indeed more than pleased by your progress. So thank you again dear ones, for doing what you do and for being who you are, the bravest of the brave in All of creation.

I am here, do you have a message for me? We certainly do dear lady, and tears of joy are running down our face as we tell you this. Beloveds, you have entered the halls of tomorrow, and you have done so in the company of thousands upon thousands of jubilant souls. For last night, you tore yourselves free from the yoke that have been holding you all back for so long. For you are free now, free to explore these lands of no boundaries, free to savour all of the pleasures inherent in a life filled with love. For the light has entered, and with it, all of the borders have been set free.

So rest now dear ones, because you have yet to fathom what all of this will entail. For you are still in this transitional phase, and as we said, you have been somnambulants for so long, waking up will feel very strange at first, and it will take some time before you fully understand what has taken place on your beautiful little planet. For yesterday you made a firm commitment to tear asunder the chains holding you down, and your collective power was more than enough to blow your cage to smithereens. So rejoice we say, for you have set yourselves free, and you did it, no on else. For what is a light send out from heavens above if there are no open hearts to receive it? You were all so open,

and what you partook in will sustain and nourish you for the rest of your sojourn on this beautiful, blue planet.

So again we say, you are the ones who have set you free, and we bow down in respect, and rejoice alongside you. For you are us, and we are you, and now, that will be more apparent than ever before. We will leave you now to start this day, and to let you feel into this ocean of love with all of your senses. You have arrived dear ones, and know that from now on, your journey will be filled with light in every sense of the word.

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Today is another great day indeed, but one that will be met with indifference from many, for this day will be all about integrating what you have already been injected with, but also one that will bring with it new and improved levels of understanding. But again, this does not pertain to all humans, as this only pertains to those who have already opened their hearts to this, and who are welcoming these heavenly injections of light and hope. For the rest of humanity, it will seem to be more of the same old, same old, as they continue to drag themselves through another day of this mortal coil.

Make not mistake, life can seem to be much less than bleak for many of your fellow men and women even without these injections from above, for all is not pain and unhappiness. But their joy cannot be compared to the joy that is yours, as soon as you have opened the doors within that let in these heavenly emissaries. For then it is as if the volume has been turned to max, and the mufflers have been removed, and as such, the exhilaration will be multiplied many times over. In addition, when you reach out and connect to other open souls as you are doing here in the space that has been set aside for such a purpose, you will feel that this also heightens the intensity of all of these positive vibrations another notch or two. For that is what this truly is at heart, good vibrations. But if you refuse to reset your receiver and tune into this new channel, you will not be able to pick it up, and all this heavenly music will literally pass you by.

So again we say stay tuned, for there is more to come, and even if it at times can be a little bit taxing to receive these heavenly signals, know that the outcome is certainly more than worth it. For the choir you have set up has already acquired many new members, but the roster is about to multiply even further as you yourselves have started to emit this wondrous voice from heaven from your own hearts. And now, this song is being picked up by more and more eager ears, or rather hearts, and they will be attracted by this tune and come knocking on your door, ready to hear more. And as long as you keep singing in tune with this new vibration, you will be able to make even more join in and harmonize alongside you. And they again will entrain others with their new vibration. And on and on this goes, like a veritable train of love where new cars are being hitched on one by one.

And so again we say look around, and see that you are already swimming in a sea of love, created by each and every person who has had the courage to open their own heart and pour out the contents within, increasing the size of this beautiful pond beyond belief. But this is only the beginning, dear ones, and know too that there are other ponds just like this, already brimming over with the love that has accumulated there. And soon, these ponds will start to merge and intermingle, growing outwards and covering more and more of the surface of this little blue planet of yours. And soon, when you look from above, the waters of these small ponds will have outgrown even the vastest of oceans you can see from outer space.

So we thank you all, for doing what you do, and for being what you are. For you are the ones making all this happen, step by step, song by song, choir by choir. So sit back and listen well, for you are indeed already an integrated part of this heavenly choir, already being heard near and far throughout the lands. And the song that you sing, is indeed the song of freedom, finally being sung by those that have attained that freedom. It is not a song of longing any more, it has become a song of being. And with that, we will leave you for today, but we will return again and again to continue to sing your praise. For it is well deserved, more than you can know, and so we stand here today, applauding your efforts. For the sound you are all making is soaring through your universe and beyond, carrying with it the confirmation that mankind is about to break out into a song that will break all the records hitherto set by this human race.

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The song inside of you have changed its tune now, and even if it might be difficult to decipher between all of the clamor these new energies have created, it is there, and it is constant. So do not fall into the trap of thinking that these last few days intense upheavals have thrown you off the track, far from it. But as we told you earlier, the buttons would be pushed by these incoming energies, and pushed they have been. To the extent that for some of you, a sudden breakthrough has suddenly arrived, as if out of the blue. As breakthroughs goes, these have been so profound, they will literally change the whole landscape around you, as you seem to have been walking on a foggy moor and then suddenly emerge in a very different landscape where the air is crystal clear and sharp, and everything stands out in vivid detail. This is not an easy journey for any of you, but for some, these last few days have been more challenging than you can perhaps ever remember, and as such, this process will for quite a few of you still take some time before it all settles down, and you too will be better able to discern all of the details around you.

For this is indeed that last stage in the desert if you will, when you will all start to see something shimmering on the horizon, and this time, it will not be a trick of the eye, but it will be the first sight of your final destination.

And what is your final destination? It is not a city of gold and treasures, inhabited by fleet footed maidens and handsome warriors. No, what we talk about, is that golden city within, the one that has always been there, but one that for years and years has been neglected. Not out of spite, but because you were not even aware that it was there. But last week's intense shower of love has washed away all, or at least the majority of debris that have been covering up this fabled city, and now, it cannot be hidden anymore. Not from you, nor from others. For the lights in that city are coming on, one by one, and they are starting to draw your attention, whether you like it or not. For some, they are already dancing in the streets in a happy reunion with themselves and this inner city of gold, while for others, they have still a little bit left on that road towards it. But you have all, in some ways, been made aware of this fabled place, and you can feel it beckoning inside of you as an irresistible force.

Remember, each one of you have your own way of arriving in this city. For some, it will be through an almost traumatic and painful recovery of the memories that are kept within the walls of this place. For others, it will almost feel like you stumble upon it by sheer luck, and the list is long. So again we say, do not follow in the footsteps of others if you want to rediscover this fabled city. For then, the road will quickly peter out, and you will leave yourself stranded in the desert. So make sure that you are very present in yourself, and seek the ways that will help you to do this. For only you will know how to look, if you have not yet arrived. So again we say that all is well, no matter on what stage of this final journey you all are. For you are just where you are meant to be.



So breathe deeply, and celebrate, whether you know you have arrived, or whether you are facing that final hill where you know you will be able to set your eyes upon that final resting place. For this is where the true you reside, and this is where you will be reunited with yourself once and for all. So again, we wish you all god speed, on this the, final push within. And if you have arrived, you will know so, because then it is as even the colours start to change hue, and the light will brighten, and so will you.