

Once again, the sun is shining down upon your little world. But today, so much has changed since the last time she shed her benevolent rays on your part of this planet. For now, the quickening has begun in earnest, and there are millions out there starting to hear this call to stand up and take their rightful place in this battle. For a battle it is, and it has been carried out on many fronts for a very, very long time. But now, the end of all of these skirmishes is coming to hand, and as such, now we call to you all to put every man on deck as it were. This will sound dramatic, but we are not heralding in a mayhem of blood and carnage when we sound this clarion call. That is not your role in this, but doubt not, there are those who do have that role, but they are indeed already engaged in it, and have been so for a long time. But they fight in quite another realm than the one you currently inhabit.

Let us explain. We have told you earlier on that you are but a small part of a huge army that has been amassed off your shores for a long time now. You are indispensable indeed, because you are the ones that are actually on the ground, and as such, you are the anchors of energy, and you are the ones who have made the raising of the levels of energy on this planet possible. That is old news to many of you, but we will repeat it, lest you forget it. And not just that. Many of you are also responsible for carrying over so many of the messages and information that needs to be delivered to the ears, brains and hearts of your fellow men, and this is some of the work we referred to in the beginning of this missive. You see, up until now, these kinds of messages and bulletins have been restricted to "your own kind" to call it that, but all of that is about to change now. As this channel described in a missive a short time ago (The apprentices' manual lesson 1), there are literally thousands of people all over the globe, now being instructed that they play a very special part in the turnaround of this planet. For theirs is the role of conveying so much information, information that will indeed help mankind rectify the wrongdoings that have been played out for millenia on your shores.

We have told you this before, and now the time has come to make it clear to you all again. You have been in so many ways shielded up until now, and you have all worked very, very hard, but in many ways, you have done so hidden from view of the general public. And that is all according to the carefully constructed plan that has been made in advance of all of this. But now, the time has come to literally step out of the mayhaps somewhat reassuring and comforting shadow of anonymity, and step out and stand tall in your true roles as warriors on behalf of the light. This is, and again we will repeat it to make it very clear to you all, NOT a call to literally take up arms and go on some sort of crusade to bash your beliefs over the heads of others, more skeptic ones, No, this is a call for all of you to get ready to take on the task you will be given. For it will be given to you, it is not just something you can charge out and do yourselves in the heat of ardour and conviction.

So be prepared to step out in the open, and be prepared to do so in so many ways. Some will be called upon to convey messages, others will be called upon to connect with a certain person or persons, or to relocate to a special place, the tasks are numerous and varied indeed. Again, this is not an instruction to take up arms and form any sort of army, this is just a call to ready yourselves to step into your true roles as warriors of the light. And these warriors are warriors of the benevolent kind, the kind that will shine ever stronger as the darkness tries to outweigh all of this added light. They will never succeed in dampening it, but as we have said on so many occasions already, they will try their best – or worst – to do just that.

So now, the time for anonymity is coming to a close, and you will all in some way be asked to step up and show your presence in one way or the other. Some of you will go first, some will have to wait a little bit longer for their assignment, but know that you all have a very special place in this whole tapestry of light, and without you, an important piece would be missing. So be attentive, but be patient, for even if much has started to happen already, know that all is indeed carefully planned and

will be unveiled at the exact right moment. You are all now perfectly poised to become the shining examples you already have shown yourselves to be, but this time, the whole world will see you.

Part 202

We would like to give to you some details on an interesting topic that has not been covered much in the previous installments of this manuscript. By now, you are aware that there is indeed a quickening going on in your atmosphere, but besides all of the aches and pains in your bodies, you are perhaps not too aware what these changes will entail for the rest of the people in this world. We speak of course about all of those millions of people still seemingly unaffected by these intense energy downloads that all of you have had to endure for the last few years. For many, the bare fact that people around you have been able to move about freely, seemingly unperturbed, while you have been laid low by these selfsame frequencies have given you many an occasion to ponder. But from now on, you will not be the only ones feeling the effects from these new energy shifts any longer. Let us explain.

Lately, the number of people complaining about both a physical and /or mental "symptoms" are growing around you, and it can be detected in so many ways. The number of people suffering from disillusionment and depression is sharply on the rise, and you can also see this in the restlessness in so many young people. Unlike previous generations, they are not all automatically primed to enter an "adult life" to call it that, where the transition from an education and into a regular job was usually a seamless one. In other words, this cycle of life that has been deemed as normal for any human growing up on this planet is no longer so, as the road ahead seems to be more and more confusing to those starting out their adult lives now. You will see much anger and discontent, as many young people will see through this layer of illusion that has been superimposed on a human life, where the only "good" thing to do is to literally follow in the footsteps of your parents. In the more developed parts of the world this will come about as a refusal to toe the line regarding employment and having a so-called "career", as many young people of today refuse to see the glory in an existence where they have to live out the same kind of enslaved life as their predecessors. In other words, they see the "normal" life for what it really is, namely a rat race, with people trying to keep their head above the water without drowning in financial issues. To them, the life lived by their parents and countless generations before them seems to be bleaker than bleak, and they will resort to any means of avoidance in order not to be caught in the same trap as those going before them.

For young people in the less developed parts of the world, there is a hunger for freedom and for knowledge that even surpasses the one in the more affluent countries, and there, you can see how the true power of the soul is starting to seep out already. For they will not willingly subject themselves to being ruled by a tyrant or despot, and they will not willingly stay in ignorance and poverty any more. There, the veil of fear is growing even thinner, and many of them have already found their voice and toppled the rulers by using that voice and by standing together. So you see, there are undercurrents here already, and they come from below, not from the top, and these undercurrents will only become more and more visible now that so many of your fellow men are also starting to wipe the cobwebs away from their eyes, ears and hearts. And what this will result in, is massive indeed, as in no part of your globe can a few hardened individuals be able to successfully curb all of this power that is starting to surge up from the ground and into the hearts of so many.

For it is exactly like a small stream that has been forcefully dammed up for too long behind a hindrance created artificially. The waters of freedom will somehow find a way, because it refuses to stay stagnant forever. And now, there has been a breach of this dam holding humanity back. At first, there will only be a trickle, but this will soon grow to a flood of liberated human souls of all ages finding their way back into the freedom of moving in the direction they first started out in before they were stopped so forcibly in their tracks. So expect to see many "symptoms" of this quest for freedom, now that so many others beside you will see through this illusion that has been holding them in

submission for far too long. They will no longer feel contentment in the life they are living, and they will actively start to seek other, more fulfilling ways of being. And make no mistake, many will seek in the darker corners of themselves, and they will only react with actions fuelled by the anger and the pain they find there. But for most, what they will find, is the peace and joy that resides in the innermost part of their being, and their actions will be guided by that. But never forget, those that will feel the urge to vent their anger will be far more visible than the great number that choose the light, so again, we implore you not to fall into the trap of believing that the world has suddenly become a much, much darker place. It has not, but it behooves you to focus on how the light will grow ever stronger in the hearts of so many thousands of people around you. That is the real news, not the few individuals that will choose to go on a rampage against humanity because of the pain they suffer inside.

So let this be a reminder that all of you, by your mere presence, can help all of those brothers and sisters of yours starting to awaken to find their own light. Because just by being who you are and by standing calmly in your light, will they also see their own light so much clearer. And so, they too will be able to tear their eyes away from the spectacle put on by those few trying to keep you all down by behaving in the worst way imaginable. So let us just conclude this message by saying that you are all indispensable in this process, because you are the beacons that will light the way and show thousands of others the path to travel in the days and weeks ahead. That way, they will be less prone to get tangled up in the thorny bushes seemingly surrounding them on all sides. And lest you have forgotten this, let us just remind you again that you are to be the wayshowers, not the sheperds, and as such, your only task is to keep walking in the same direction as before, and trust that those who choose to do so, will gladly follow in your footsteps.

So do not slow down and look back now, as this will only serve to slow down all of those coming behind you too. Now the time has come to stride confidently forward dear ones, and know that without you, there would be no path to follow for all of those starting to wake up even as we speak.

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We would like to take this opportunity to once again delve a bit further into the same topic as last time, namely the fact that the massives changes you are all anticipating are in many aspects already under way. You see, you have been programmed to expect some sort of massive upheaval, or cataclysm if you will. But again, the plan we refer to does not look the same as the one so many of your fellow men carry around in their heads. Therefore, many have lost their faith by looking in the wrong direction, waiting for something that has yet to manifest. Let us explain.

As always, mankind have been manipulated by the selfsame forces that have been holding you down by triggering the fear in you whenever you try to stray off the beaten path that they have devised for you. So making the changes and the choices all of you have made, has been nothing if not brave. For you had to face all of those fears each and every time you listened to your heart and dared to choose another path ahead than what has been inscribed literally in your genes. As we have talked about so many times in previous messages, mankind lives under the assumption that they have free will, when this "will" actually have been carefully tailored to suit the puppeteers sitting behind the scenes and pulling your strings. Therefore, your actions have in so many ways been controlled by the behaviour that have been preprogrammed into you. In other words, you must follow the narrow path set up by those creatures who have set themselves up as your overlords, lest you should make choices that would go against their best interest. And, as you already know, their best interest is not the same as yours. But as they have been very careful in hiding their tracks, you did not know that you were actually willingly following their lead. Hence, the mismanagement on so many levels, prompted by

those preprogrammed stimuli that would actually reward you whenever you did the things these overlords have deemed as "good".

And if you ever strayed away from their skewed road, you would be punished in so many ways, especially by the triggering of that inherent fear they have set you up with. And as you all know so well by now, going against the grain of what has been deemed as "accepted behaviour" is almost routinely met by ostracism from your fellow men. And we think you all have a good knowledge of the sheer amount of ridicule, blackballing, insecurity and unease life choices such as yours will engender. But you have persevered, no matter how hard not only those around you, but also that inner voice emanating from your own ego have been working away on you to literally stop you all in your tracks. But they failed, and you succeeded, and now you are all standing before us, strong and tall and shining your light over a sea of fog covering up so many of your brothers and sister. But now, from that sea of fog, you will see so many other brave souls emerging. And it will finally dawn on you that this path that you have chosen, and which you have been literally fighting your way along for such a long time, that path was not as solitary as you have been thinking. For there are literally thousands of others, nay millions, who have been following that same path, but as you have all been separated from each other, you have not been able to detect the presence of so many other brave pioneers fighting the same battle against the powers that be. But now, you will start to not only detect each other's presence, you will also start to interact much more closely in so many ways. And we mean this both in the metaphysical sense, but also the physical sense. For now, the time has come to start pulling those connections in, and to start to gravitate towards those you feel compelled to meet up with.

This does not mean that you all have to start literally flying around the world. It simply means that you will all find someone in your vicinity also emerging from that fog we mentioned earlier. And you will find that even if you up until now have seen yourself as a solitary island of hope, drifting in a sea of hopelessness, now you too will see dry land somewhere on the horizon. So start looking dear ones, as these fellow travellers might be closer than you think. And when you find each other, magical things will start to happen. Because then, the pooling of resources will start in earnest, and together, you will start to build something that is so vast and powerful you have no idea.

So know that your solitary journey across this immense ocean is finally coming to end, and you have so much solace and joy at hand. For your neighbour is as eager as you are to literally get this show on the road. You have all been well prepared for this, as you have all tossed off those old bonds of fear holding you down. And we want to remind you that you have all come this far by your own strength alone, so even if you do not find any of those other islands close at hand at the moment, know that you are strong enough to withstand a slightly longer period of solitude if need be. But again, you are not alone in this is any way, because we are always, always by your side. But what you have in store, is meeting up with some of those other shining souls who have so willingly fought the same battles that you have, and who have also set themselves free from the old shackles of "modern society". And when you do, nothing will be the same ever again.

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As the time passes and the gears shift, you will all feel the increase in activity now that the end of the cycle is coming to an end. A usual, this is not meant as a portent of doom and gloom, only as a reminder that you are passing out from the shadows of the old and entering the bright light of tomorrow. Let us explain.

As we have stated on so many earlier occasions, mankind have been thoroughly programmed to see any change for the better as the opposite, namely a shift into dire straits without any hope for

salvation. Hence, the multitude of doomsday sayers that so loudly declare that mankind is heading for destruction. And as this year by many has been labelled "the year of armageddon", everything is certainly heating up. Especially in these channels, that is, the electronic web that connects the world.

You see, there are so many still under the spell of the old illusion that they will waste no time in proclaiming the end of the world, and so many are willing to acquiesce to their point of view that they have all but lost faith in a new tomorrow. They will see death and destruction lurking in every corner, and they are met by daily missives in the news that seem to proclaim the same. Therefore, a feast of fear is starting to get a good grip on so many of your fellow humans. We have said it before and we will say it again at any chance we get: do not fall into this trap of engendered fear, as it is just that, a trap that will catch so many unawares and result in them giving away their newfound freedom in exchange for another long sojourn in that sea of despair that they had finally managed to extricate themselves from. So again, take this as a warning to be very careful about what you expose yourselves to in the time ahead, because there will be many an occasion to meet the messages from these doomsday sayers if you so will.

For as the wheels turn faster and faster, the changes they bring about will make many a timid soul believe in the so-called end of the world, and they too will be apt to lash out in fear at anyone standing within reach. So stay centered, and know that the changes we herald do not entail the end of the world as they are depicted so brazenly in your horrorfilms. No, they entail something else completely, and as we have already discussed in these annals, the changes are already well on their way. As we said earlier, this is the end of a cycle, a cycle that has been too long in anyone's mind, and a cycle that has been forcefully prolonged by those dark overlords of yours. For them, what they see around them at the moment spell utter disaster, as they cannot but see that their sovereignty over mankind is coming to an end. But for the rest of you, what you will see around you will spell freedom, and we mean that in every connotation of the word.

So stay clear in your hearts about this, otherwise these naysayers might get their sticky fingers into your mind and try to convince you too that you should take another deep dive into that pool of fear that they know will wash away so much of that hard earned power of yours. We think you will all see what we mean by this, as they will in so many ways try to stage a show to engender just that kind of response from you all. Again, this is not meant to scare you, only to forewarn you that the troops of negativity are hard at work trying to find a way to entice you back into their fold. So always, always keep your focus on the light, and as you will see, the points of light are already starting to merge into bigger and bigger spheres that will be very difficult to lose sight of, even for the most timid of hearts. So stay strong by staying awake, and keep your focus, even if you are being battered and buffered by all of those trying to get you to look into the abyss they have created. That way, there is no way that you will do as they want and lose your footing ever again.

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Mankind as a species have for too been long been harbouring the thought that they are unable to do anything but follow in the footsteps of their forefathers. In other words, for many, the thought of opening up to the idea of not being the sole living sentient beings in the known universe is to them mere fantasy, as they consider themselves to be the pinnacle of creation. And as such, nothing can be done without them being the instigator for it. And they also see that as their entitled right, as they see the rest of the world surrounding them as their domain. But now, as more and more of you are starting to wake up to the fact that mankind is not alone in this vast space, the idea of sovereignty over other living beings is also starting to fall apart, and rightly so, as you are no more overlords over anything than anyone else. You are a mere speck in creation, but together with all of those countless other "specks" that exists everywhere else, you constitute a vast tapestry, woven together like silken threads

into something so beautiful it will literally take your breath away the first time you see it in all of its complexity.

For you see, contrary to what so many of your fellow men believe, you are not alone, and you never will be, and that brings with it so many repercussions. For as more and more of you awaken to this fact, so too the idea of only being accountable to your peers will also fall away. For you cannot begin to open up to this truth that you are but a small part of this whole creation without simultaneously give away the idea of yourselves as some kind of masters of the universe. For you are not, but so are no one else either, as this is a creation set up to by fragments where no one has more power or are considered as more important than others. That is because at the core, we are all exactly the same, and even if our outward appearances and place of residence will vary greatly, no one can call themselves entitled to be the "rulers" of the rest. And that is exactly where these fallen ones calling themselves your overlords have erred. They think that they can continue this little game of theirs, using you as their plaything and lording over you in every aspect, but that is no longer the case. So now, the tides have turned against them as we have already stated on so many occasions, and the time to put things into balance yet again has come. And with it, the idea that some of your own can claim to be rulers of the rest of you is also coming to an end. Because there is no way that any single entity will be allowed to misrepresent the people they call their constituency or subjects.

Greed, fuelled by fear, will no longer be the way in which mankind will rule themselves in the future, as the whole basis for this creation is respect and unity. In other words, the idea of fiefdoms scattered across your planet where everything is being divided up so that some can claim power over others, is heading for the scrapheap. For by stepping into the truth that you are in fact not just citizens of this planet, but also citizens of All of creation, you will also realize that you as a species is but one single unit, and with that, you will also realize that you have nothing to fear from your fellow men. You are not to be divided anymore, you are to be united as a single group of beings, all set to recapture the beauty and peace that this planet once held true. But on the way you will need to get rid of all the old notions of "them" and "us", defined by the appearance of your skin, by the language that you speak or by the place that you reside. In other words, all the old boundaries, whether they be on a map or just in your minds, will have to vanish in order for you to become the true citizens of the stars that you really are.

But fret not, as this will only be a natural consequence for you all once the veils have opened completely and you can see this fact for yourselves. Then, these old notions of separation will become null and void, and only those resisting to accept the whole truth of this unveiling will stubbornly try to cling on to the old way of making themselves separate from the rest of you. But they will have to struggle hard with this, to no avail, for this is a fact that will be more than obvious to you all. So no matter how high they seem those old and rigid frontiers set up to keep you all apart, not just from us but also from yourselves, they will all fall down under the pressure of the truth. So look ahead, and you will see a people united, not just with their brethren from around the globe, but also with all the rest of us ready and eager to be united with you once again. That time is coming dear ones, and it will come mayhaps sooner than you think. For we see how so many of you have already opened your hearts to us, and as this flow of love continues to grow, these borders are already starting to crumble. And crumble they will, there is no force in the world able to hold back this flood any longer.

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As you have already ascertained, the waves of energy are crashing onto your shores again and again, and with these waves, much debris is being churned up. So to the casual onlooker, the amount of detritus seems to be ever mounting, even as the waterline is creeping up closer and closer to their feet. Let us explain.

As we have stated on so many occasions, the tides have indeed turned, but with the tide, there will be what some will refer to as a veritable influx of denser material. By that, we mean that because of the fact that the amount of light on your shores is increasing, the easier it will be to spot those remnants of darkness that is still hanging on as it were. And so they will in many ways become more apparent to you all, and for many, that will to them signal that you are becoming more polluted by it than before. So to them, the way towards being cleared of these damaging goods seems to be a very long one. Hence, the level of frustration is rising, and so too the amount of vitriol that is pouring out of your fellow men. This comes in all shapes and sizes, but these outbursts are only caused by them focusing of the detritus still left instead of the clean waters streaming in. But just like it is difficult to concentrate on savouring the scenic view somewhere if it is marred by too much litter left by previous visitors, so too it is in this phase of the cleaning. So much is being washed up by this ongoing cycle of incoming waves of purifying energy that it will seem like you are becoming more and more polluted, when the fact is exactly the opposite. But to you, it may look like you are stranded in a backwash, surrounded by all sorts of unsavory flotsam cluttering up the surface around you, and the surface itself will seem to be slick with the oily residue of chemicals leaking out from some decaying structures. It is difficult not to feel tainted by these spills of negative energy, but there is a safe way to get out of it. By literally ducking under the surface, you will see that this scum is literally just that, a thin layer covering the surface on a small part of this vast ocean you are all swimming in. And under that thin film, everything is as pristine as it was in the very beginning, and down there, you can find peace, tranquility and ease.

As always, we speak in parables, but the message is clear. Do not let these outbursts of desperation fuelled by the dying gasps of the darkness taint you in any way, as it is up to you whether you choose to wallow in them or not. For you can easily avoid it all by going inwards and reaching that point of serenity and calm that resides there. And when you do, all of the unease, anger and frustration will be washed away again. So take this as a reminder not to stay in those polluted pockets that will pop up in the most unexpected corners now. It will only serve to pollute you too and leave a film of sludge that will cover your eyes from the light.

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As you have noticed, these swirls of energy that are enveloping you have become more and more tangible to you all in so many ways. Both your physical body and your mental body have become almost battlefields it seems at times, because there is such an ebb and flow going through your whole system that is constantly changing. Keeping your balance and your focus will seem almost impossible at times, at least if you go about it in the "old fashioned" way. Let us explain.

As we have talked about earlier, you have certainly entered the flux now, and with it, all concepts of stability and certainty must be left by the wayside. For if you expect to find true balance in the sense of keeping yourselves standing rigid and unmoving throughout all of this, you will literally break into pieces. That is because you have to adapt to a new sort of fluidity that will entail being in balance even when everything both around you and inside you is wildly fluctuating. And that is no mean feat, because it will literally go against so much of what you have taken for granted before. But that is just it, as the old "truths" do not any longer apply, not even in this. You see, as everything is speeding up, so too are your abilities to maintain balance even if you seem to be tottering to and fro with no set pattern. That is, if you understand what we mean by "balance" now. Balance used to be described as keeping a stable equilibrium, like the eye of a storm, where everything seems to be motionless while everything else is in constant motion. Well, that used to be the right way of describing balance, but now, it is actually something else completely. The best way we can describe it to you now, is by using

the image of someone balancing on small segments of ice floating on the surface of a lake. If you stand still for too long, you will literally fall into the water, but if you keep moving in a fluid motion, you will be able to keep your balance. This will probably be a difficult notion to wrap your head around, as we have used the image of a tree so many times. But now, being as hunkered down as a tree will not serve you any good, as then you will in many ways be wrenched away from your roots and end up toppling to the ground or splintering into pieces because the pull of the forward movement will be too strong.

Do not get us wrong here, we are not talking about giving up your equilibrium and your grounding in any way, we are just talking about finding a way to keep that whilst not being bogged down by it in a way that will stop you moving with these incoming energies. For as you all have noticed by now, they do not pause any more, they just keep on coming, and so, you will hardly have any time to stop and take a breath before the next one hits you and starts to propel you forward again. So yes, the challenges keep mounting, as you need to take this on in a very different way than before. Whereas it used to be the case that you would get a period for assimilating and adjusting to the new levels of energy in between these bouts, now they keep coming at you like an incessant flow of waves that just rolls in without any pause between them. Hence, the increased pressure you all feel that seems to take forever to get used to. In all of this action, you have perhaps not noticed the fact that you are in fact becoming very adept at this, and that your physical body, albeit somewhat battered and bruised by now, actually have the ability to keep going forwards anyway. That is because you have been well trained by now, and you would not be exposed to this seemingly relentless barrage of energy if we were not absolutely sure that you could take them.

We know that for many, this will seem to be very far from the truth, but believe us when we say that you are so much stronger than you can actually fathom yourselves. And even if your physical body keeps up the choir of moans and groans, aches and pains it is only for show, as it too has become more adept at taking in whatever it is exposed to. So all of these physical complaints and mental downturns are actually mostly for "show", if we can use such a word. Because you are all thoroughly readied for all of this change, and so all of these "symptoms" are much like the phantom pains we have discussed earlier. In other words, your body still thinks it has to protest loudly whenever it is hit by one of these magnificent waves of energy, so it will comply and do its best to tell you that it is not very happy at the moment. But in fact, it is happy to comply each and every time and start to readjust itself once more, because you do not any longer have those physical and mental barriers set into place in order to restrict you. So take these complaints for what they really are, a mere echo from the past, when you were a much frailer person. And learn to stay in balance in the new way, where you flex and bend and keep moving with the flow, without losing your focus or your inner strength. It may sound like a tall order, but you are already doing this unconsciously. It is only a matter of becoming conscious of this whole process, and then you will start to relish all of this movement, as you will see that it is taking you faster and faster towards that ultimate goal you are all dreaming of.

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Time is speeding up, and much is starting to fall by the wayside because of this. To many of you, this is perhaps not too apparent in your daily life, but if you go into this with your eyes and hearts wide open, we think you will all see and feel much change already. As always, the mass media is above all focused on trying to keep you all into thinking that everything is as before, or maybe perhaps a little bit worse. But again, we implore you not to get lost in the millions of unencouraging words and images they continue to spew forth. They are only meant to discourage you all from seeing the truth, namely that this world is indeed changing, minute by minute, one soul at a time. It may sound like this whole process is going excruciatingly slow, and for some, it seems unbearably so. And so they have all but given up, not only on themselves, but on your whole planet. To them every day will seem to

bring you all closer and closer to that final darkness they dread, and so, they will lash out in their desperation and feeling of despair.

We cannot judge anyone for that, as it takes much to keep up your hope and your willingness to continue this battle of wills. Because, when it all comes down to it, that is what this really is, a battle between that programmed response of negativity and feeling of powerlessness, and that strong and shining core of indestructible force that is burning inside you all. It will not always be apparent on the outside, but for many, that strong and shining core has been growing ever stronger. Especially in these last few weeks, as it has been fuelled up so much more than before from these relentless streams of energy that is literally being fired into not only you, but your whole planet. But what good is a strong core if it cannot make itself heard above the din from that stubborn mind, you say. Well, the answer to this is as always the same. Humanity carries within such a magnificent force, and the day they realize this for themselves, there is no going back. For you can never ever learn about your true strength one day and then willingly give it away the next. But as long as you have not dug deep enough, this cannot be sufficiently apparent to you. So therefore, if you, for some reason, stop yourselves from truly finding the strength within, you are effectively cutting yourselves off from the powersupply you so sorely need right now. For, as you have already been confronted with on so many occasions, this battle of wills is becoming more and more ferocious, and the tricks being played out by "the other side" to call it that, is becoming nothing if not more devious. There are myriads of traps set up each and every day, where individuals, organizations or even governments engage in acts of negativity that can easily be seen as confirmation that the light has lost, and that you are all plunging ever deeper into the morass of darkness. Be that as it may, for so long as you manage to hook yourselves up to that never ending supply of power you have within, no manner of negative actions can take away the fact that the amount of darkness is actually decreasing day by day, minute by minute.

But, as we have said again and again, these remnants of darkness will put up a hellish fight in order to try to keep their grasp on your minds. For they know that if they manage to keep your mind captive, your heart and soul will have a hard time shining through. And thus, by capturing your minds with even more deranged actions than before, they will literally try kick the door to your own powers shut and make you overlook it in your desperation. So take this as another reminder not to get caught up in this display of wanton recklessness that is paraded in front of you every day. Instead, seek inside, and seek the solace of likeminded souls. And by that, we refer to those that have put their heart above their mind, and realized that only by demoting the mind and giving authority to the real voice inside can you help yourselves to ride off these storms of negativity. It is a mighty battle indeed, and the most important one is the one that has been raging inside of you all for such a long time. For many of you, the battle is already won, as you have managed to reconnect yourself with that true source. But for some, the battle is not over yet, as your mind is literally giving you a fight every step of the way. So make sure to find trusty allies that can help you to overcome this voice of unreason that is emanating from your mind, and know that allies can be found in the most unexpected corners. Just know that you must be discerning in this, as we have told you before. There are some wolves out there lurking inside the shape of some innocent looking beasts. So reach out for assistance, and know that you will receive it, but always, always check in with your heart to ascertain if it is the kind that will truly be of help to you. Otherwise, your mind might be apt to play another trick on you and once again make you overlook the real truth that comes from inside.

We know that this is not news to any of you, but once again we find it important to remind you all that the battle is not over until you find your own strength in this. Because you are not here as spectators, you are here as conquerors, but the major victory is the one you must score over your own mind. It is not easy, but once you have succeeded in readjusting the order of power inside, it can never be reversed. And when you have won this battle, so too has your planet scored another important point and raised its total level of awareness another notch. You are here as warriors, and as warriors you will set the pace for tomorrow by winning back your own powers, and by that, winning back this planet

from the shadows of the darkness. So step into your true power, and you will all step into the full light once again.

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As of today, many will feel the need to stand a little bit taller in the role as carriers of the light, because now, the level of energies has reached a plateau that will be important for the next phase in this unveiling process. Let us explain.

As we have said again and again, this process will be taken in increments, and the timing of each sequence in this program of downloading energies not only into you, but into your planet as well, has been carefully planned. Each stage is carefully sequenced, both in timing and in intensity, and together, it will become a structure so formidable there is nothing like it in the universe. You have been builders for a long time, and now, the structure you have all been busy putting together is becoming more and more visible. For some, they have already gotten their first glimpse of the totality of it, but for others, all they can perceive so far is just some of the foundation blocks that are making up the lower parts of this structure. This may sound confusing, but let us use the analogy of the elephant in the dark room yet again. If you were placed before this magnificent animal, but you were only allowed to touch what was right in front of you, you would not be able to faithfully describe the whole being as you had no way of sensing or seeing the rest of it. So too it is with this process, and as you all play a very special role in all of this, you will only be witness to what is happening in your sector of this building. So, unlike us, you will have a hard time trying to see the full scope of it all. Hence, the different impressions you all have so far.

But now, some of those interlocking doors that connects you all in this magnificent structure will start to open bit by bit. And just as with the people gathered around that elephant when the lights are slowly turned back on, you will start to see more and more of the complexity of it all, and we think you are in for many a surprise as everything starts to become clearer. For, as we have told you before, the human mind is incapable of even trying to understand all of this, because you have been set up with very narrow confines for believing in realities that you have no previous experience of before. Therefore, this will be like stepping into weightlessness when you expect to stand on solid ground. So yes, it will be exciting in so many ways, but it will also be challenging, because you need to put away any expectations or notions that you carry within your human mind. In other words, this needs to be taken in not by using your intellectual capacities, because they are too limited. This needs to be literally stepped into with your whole being, and as such, it will once again be a major challenge to all of those still insisting on going by the old rules.

But for those already sufficiently free from the old limitations, this will become like a child's play in every sense of the word. Yes, this is important business indeed, but it is also something that you need to approach in a creative way. In other words, have fun and play around with all of these new concepts and ideas that will start to show themselves to you. Remember, you are used to a very set way of acquiring new knowledge, but this will in so many ways go against that. So, at the risk of being even more confusing, let us just sum it up like this: Open up to what you meet in the very near future, and remember that you must also take in the full scope of your surroundings. Something new might appear out of the corner of your eyes, or even behind your back. So stay in flux, and keep up that shifting, twisting and fluid motion we spoke of earlier, as this will also ensure that you do not get too rigid in this next phase of this process. For this is important to remember indeed, as otherwise you might get it into your head that the straight and narrow path you have been following for so long will continue in the same direction. It might not, so if you insist on carrying forth no matter what signals that might be emitted from some very unexpected directions, you just might end up stranded in a corner somewhere.

So open up your mind, or rather, cast it aside, and free yourselves from any expectations you have as to what and whom will be part of your next adventure. After all, you might overlook something important if you let your mind choose your next step. Your mind is narrow, and your future is so much more exciting than anything your mind might conjure up. So cast off, but do not set your course, and let providence lead you. For as long as you listen to your heart, you can never go wrong, even if the change of course might take you by surprise. And not only the direction, but also the manner in which it is changed may be unexpected, to say the least. Just know that you are all part of a very carefully constructed plan, so even if you still have to go about this without seeing the complete structure, know that we have it all perfectly laid out. So trust us when we say have fun and let loose. After all, you have nothing left to lose except the limits holding you back from your freedom.

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As you have all noticed by now, everything is speeding up, and both the outer and inner world is almost as in a blur at times. You may feel yourselves as if suspended in a runaway train, uncertain about the direction, a bit fearful about the speed, and with no idea when you will arrive at your designated destination. As we have said on so many occasions, the task you have taken upon you is not for the faint of heart, because this journey entails literally going into most of it blindfolded. And when we say blindfolded, we mean that in the sense that you have no idea as to what the next stage will bring with it, and you have no idea how your physical body or your mental body will react to the things you will be exposed to on the way. You just know that you HAVE to do this, as in your heart there is a calling so strong for going ahead with it you just cannot ignore it.

And so you have all cast off into the unknown, just guided by that light you all carry inside, and you have done so without even any guarantee that you will make it all the way to the end. You just know that your heart is set on this, and you will give it all you have in order to be able to fulfill this calling from the heart. For some, the journey will seem to be far too long, and you decide to step off at the first possible station and mayhaps resume your journey at a later stage. There is no prejudice against those of you that choose so, because in all of this, you are the ones setting your pace and deciding on your direction. Remember, you are all on your way to the same "end station", but some of you will choose the express train, while others will choose to search out the byways and hop on and off a few times. That is all in your right, as you are only fulfilling your own destiny in this. We cannot tell you what is right for you, because that is something you have full control over. However, there are some checkpoints on the way that you all need to pass, and if you try to continue your journey without complying with this, you will find that your train will remain at the station until you do.

You see, this is a journey of discovery, a journey of acquiring new skills, and a journey of letting go of some old baggage. So even if you will all do this in your own unique way, there are some things you will all have in common. The timing for all of these "key points" will not be identical to any of you, so even if you have some fellow travellers at your side, we remind you again not to be too interested in comparing journeys. At least, not if you go about it in order to establish if you are doing it "the right way". For there is no "wrong way" in any of this, except when it comes to resisting the changes that this journey will be all about. Because you cannot complete this by being the exact same person you were when you left off from your starting point. When you arrive at the end, you will have made yourself into a very different person, in every connotation of the word. For you will have had to let go of so much that constituted the old you, and you will also have acquired so much light on the way that you will in all aspects be shiny and new.

We speak in parables as always, but we think you get the gist of this message anyway. Namely the fact that even if you do meet up with resistance on the way, either from yourself or from someone or

something on the way, learn to see that it is indeed a vital part of your journey. So we ask you to look carefully into each challenge you meet on the way, the better to be able to ascertain what lies behind it. Are you being challenged by something or someone trying to hold you back, or are you being challenged in order to help to speed up your journey? So again, the same message: always use discernment whenever you come across something that triggers you in any way, and try to figure out what the message in it really is. It will help you tremendously in sorting out what is necessary for your journey, and what is only acting as a hindrance to your development in any way. That way, you will find your journey easier to accept. Because the challenges you all meet will not just disappear, but they will take on a meaning that will give you ample opportunity to really connect with who you really are becoming.