

Today will be an interesting day in many ways, and you will soon start to see things so much clearer. Not only in your personal life, but also in many things concerning the outside world. You see, the wheels have started to turn in earnest now, and as such, old modalities will be starting to chug along slower and slower. So, the differences will only start to magnify as the time seems to fly by faster and faster, while at the same time, people seem to be stuck in the same rut forever. So expect polarities of different wavelengths if you will, coexisting on the same plane, yet literally worlds apart, as the magnification of the differences between them crystalizes even further. So sit back and watch as the world starts to spin on its axis yet again, but this time, in a slightly different pattern that will have many interesting consequences.

We speak, as always, in parables, but the gist of the message is this: do not take anything at face value anymore, as underneath this superficial layer of "reality" a new reality is taking form, one that is so distant from the current one you have to face day after day, hour after hour. So do not lose hope, dear ones, even if you do feel mired in this old morass, growing ever thicker and more sluggish by the day. For underneath it, hidden from view, there is a quickening going on that will literally take your breath away when you finally get the first glimpse of it. It may still be hidden from view, but that does not mean that it is hidden from you. So go into your hearts, and you will find the answers you seek when looking forlornly at the wreckage surrounding you on all sides. For just as a snake will shed its skin when the old one has become too uncomfortable to inhabit, so too will your world shed this layer of discontent and mismanagement when it is ready to do so. That day is not too far off now, and we know that this sentence has been repeated so much lately. But it is true, so never give up hope that you will be here when the final unveiling will come about. For it will, and you will all be there as honorary guests. After all, it is YOU who have made it all possible, as the world you want is becoming through your actions and through your presence.

Our job is to assist you all in this process, no small task at that, but yours is the bigger accomplishment, and we salute you all for it. You are all making history, each and every day, each and every second, and it is a history of glory and love, not only of hardships and incessant toil. But as long as the new layer is still out of sight, we find it only natural that you at times have a hard time seeing past the latter. But we see it, and it makes us all shout for joy, because we can see how close you are to completing this monumental task. So do not give up on yourselves dear ones, you have but a short distance left, and even if our measures differ greatly from yours, know that you are also in agreement with us on this point. Feel the quickening of the pulse as you feel into the truth of this, and you know that it will all be worth it in the end. So stay tuned to that inner core, for it will help you cross this final, though somewhat strenuous, last stretch on your journey, and do not let the voices of despair drown out that guiding star inside of you all. It knows so well where you are going, and it knows that you have it in you to make it there, no matter what your body or your brain try to tell you in the interim.

Mankind have been trying a long time now to separate themselves from the shackles holding them down, and although this may seem to be even more improbable than before, you are actually well on your way to succeed in this endeavor. You see, the shackles have already loosened sufficiently for you to just slip them off with a slight shrug. But as this is not readily apparent to you yet, many will continue as before, trudging ahead, carrying the heavy burden with them with every step they take. You will see the truth of this very soon, as you will be able to straighten your back and feel this heavy load of cumbersome baggage of fear fall off, like water sluicing off a slippery surface. In other words,

this old and ingrained belief of martyrdom is just an illusion now, like so much else you see around you.

We have talked about this before, as your mind have a very, very slow way of coming round to the fact that the freedom you have seeked for so long is already here. Much like the body still registers the presence of a limb long ago severed, so too will your mind keep insisting that you are still unfree long after the freedom has arrived on your shores. And that is understandable, as the mind has been carefully preprogrammed to cling onto this belief. Otherwise, those who have set themselves in charge over you would long ago have lost the vice-like hold they have on you. For as soon as this truth seeps in, everything that holds you down will literally melt away. There is no such thing as a partially free human being. You are either still under the influence of this mind-numbing "drug" to call it that, that so effectively convinces you that you are powerless, or you find your true power. And when you do, no shackles can hold you down ever again, because when you start to tap into that powerhouse you carry inside, nothing can stop you from breaking down the artificial barriers erected to keep you away from this truth.

You are already in this truth, therefore, no amount of fearmongering can put you behind those bars again. That is, unless you choose to relinquish this newfound freedom yourselves. For if you choose to go back into fear because of the show being put on by your oppressors, those fences will once again become as solid as they once were. And they do so because you choose to reenter the old enclosure you started to liberate yourselves from. In other words, all of this seeming lack of freedom is only generated in your minds, and they are powerful generators indeed. But they are no match for the truth in your hearts, if you are willing and able to let that come out. Because then, there are no barriers in the world that can hold you back ever again, and there is no amount of drama or histrionics that can convince you to reenter the old cage of fear and feeling of powerlessness.

So stay your course dear ones, and do not let that fearful mind be allowed to convince you to turn back and duck behind those bars again. You have set yourselves free already, and even if there is so much around you telling you otherwise, you will know the truth of this so long as you do not fall prey to that insistent voice trying to take away your own powers again. Let them scream and shout all they want, because you know that the direction you are heading is the only direction to go. Because that is the direction leading into the future, and it will do you no good trying to return to the prison of yesterday. For if you decide that the known is far safer than the unknown, then that is where you will end up. In the well-proven but oh so lacking prison of yesteryear, where you will continue to languish with all of those other lost souls unwilling or unable to listen to the voice emanating from their hearts. So cast off any illusions that the old way is better because that is the way you know already, and walk bravely forth on that uncharted path into the unknown. That is the only way to find what you are really looking for, as that is where your future lies.

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Today's missive will delve further into a topic that is on many people's mind at the moment, namely the fact that time seems to be standing still in some aspects, while it seems to be speeding ahead on others. This is something we have delved into many times before, and aptly so, as this is mayhaps the most compelling sign that things are changing. And yes, it is important that you start to notice these irregularities if you will, as you all need to be more aware that things ARE in fact undergoing a massive change, even if it feels like the same old, same old in so many ways.

Let us explain. As you have all noticed, the media is as usual focusing on all the things in disrepair, as they are all part of a campaign trying to keep you in the dark. And we mean that in every connotation of the word. Many will scoff at these words, and call them hysterical or delusional, or any shade of the aforementioned, but if you start to look more closely at what you are served on a daily basis, there is a glaring lack of anything uplifting. And yes, we do use that word deliberately, as everything seems to

be tailor made to make you feel even smaller and even more helpless. Make no mistake, this is a deliberate force feeding of "bad news", and even if many of those feeding you all of these very disconcerting news are unaware of the role they are all playing in all of this, know that there are far more sinister characters literally lurking in the shadows, trying their hardest to keep you on this very unwholesome fare as long as they can. For they know very well that this sort of imbalanced "nutrition" will help to keep you all undernourished. Undernourished of hope, and undernourished in spirit. But know that they are also starting to feel the impact of the fact that you are all starting to find nourishment from other, less polluted sources than the ones they are in charge of. So yes, it is important to look beyond the bland but fearful face of regular mass media, and to start to tap into all of those other sources of information you have access to. And these sources are only multiplying in numbers, now that the veil has started to thin out to such an extent it is almost becoming transparent already.

So cast your eyes, ears and hearts beyond the ongoing drone of voices, trying to push you further down with every bit of "news" they try to force feed you, and you will start to see a much clearer picture of this world you inhabit. It is not just a world filled with doom and gloom, where everything is falling apart, and where Mother Nature is choking on her last breath from all of the pollution you so readily continue to spew out. It is all that, but there is so much more starting to become visible on the radar, if you can only manage to shut out the noise trying to drown out all of this new by screaming ever louder the same old fearful words again and again.

For there is a whole new world starting to emerge, and as we started this missive by saying, you can literally feel it by the way that your sense of time is starting to behave very odd indeed. That is a sure sign that the superficial world is starting to crack at the seams, and the new world underneath it is starting to come up to the surface. Much like that old and tight skin of a snake will start to sever, in order for the new and better fitting to come out. So be vigilant, and start to tune into all of these undercurrents of change already swirling around you. We know it is not easy, as it has to compete not only with all of the noise from the old, but also from all of the aches and pains in your body. But the changes are already here, and you will find them if you start to look for them with more alert eyes. In other words, we invite you to go explore all of those bits and pieces of the new starting to emerge, like small islands of light in a sea of gloom, and we think you will find more and more islands like these when you have managed to identify the first one. So look around you dear ones, and follow your heart, as this will help you see in the right direction. And never forget, what you seek may be closer than you think, as the changes you have all been through have already shifted so much of your own energy, it will have had to affect some things or someone very close to you.

So take the time to seek it out, and play with these new snippets of "time" that suddenly appears, as if out of nothing. For when time starts to stretch and bend and move, know that everything else is starting to do the same. Nothing of the old and rigid can withstand these fluid moves, and it is literally doomed to fall to pieces, much like a too rigid structure will topple and fall when the earth starts to shake. But you are as flexible as straws in the wind, so best get used to swing and sway with the movements that these shifts in the timelines will incur on you all. And have fun while you play around with them. This is a serious matter indeed, but it is also one filled with joy, if you are willing to learn the lessons of fluidity in the midst of this rigorous fight put on by those trying to keep up the old.

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As of yesterday, the pressure has increased yet again, so do not expect too smooth a sailing in the days ahead. We can hear the groans already, as this time, your physical bodies will have to bear a somewhat heavier burden than before. Do not fret dear ones, this is as always a sign of progress, even if your bodies seem to think otherwise. And yes, we are aware that we have promised you more ups than

downs in the times ahead, but this does in fact constitute an "up", even if it might throw you off balance for a while. You see, these intense upgradings are no more than an extra push to get you faster to that finishing line, but as all pushes in the back, this too will mayhaps be construed as somewhat forceful and annoying. Be that as it may, we know fully well that the outcome of it will be very, very beneficial for you all, even if the actual insertion will feel anything but.

Let us change subject somewhat, and delve a little bit further into the concept of time. For, as you know too well already, this concept is apt to cause much confusion in the time ahead. Much will seem to be faltering, on the brink of destruction, for suddenly to take a step back again, and vice versa. In other words, the collapse of the timelines will also bring with it much change, but this change will not unfold at a steady pace and in the sequence you would expect in a "normal" world. In other words, this will in many ways seem to be like a dance, where you take two steps forwards, but suddenly you are propelled back again, and then to one side and then to the other. In other words, progress, as you know it, will not be a slow and carefully sequenced chain of events bringing you forward step by step, in carefully measured out increments. No, it will seem to be much more chaotic than that, so it can at times be more than difficult to discern any improvement at all. Hence, the feeling of bewilderment and impatience, as you are literally being moved forward, backwards and sideways at the same time.

Just know that all of this confusion is a good thing, as this is a signal that old and well-proven paradigms do not work any more, as the time for fluidity is already upon you. And as we have discussed earlier, this will benefit all those already fluid enough to be able not only to survive, but to thrive in an ever shifting environment. For that is exactly what you have on all sides now, dear ones. You are in flux, and All of creation is also in flux, but as this is the first time you have had the experience of this state, you will be hard pressed to stay balanced in all of this shifting to and fro. And if you follow your old instincts, it will be even more challenging, because then you will try to grab onto something firm and rigid in order to keep your balance. But that will not do you any good at all, as this will only serve to literally throw you completely off.

In other words, do not seek support outside yourself, at least not in something or someone belonging to the lower density, as all of the old is programmed to try to maintain status quo. Just find your center, and you will find your balance, for you are in fact experts at navigating these choppy waters. And just like a seasoned seafarer, you will find your sea legs no matter how much the deck beneath you buckles and heaves. As always, you have it in you already, it is just a matter of finding it – and trusting it. Then, you will actually begin to revel in this momentum, as you will feel the true lifeforce behind all of these seemingly unpredictable currents moving back and forth, up and down. So ride the waves, and do not become afraid if you feel you are about to lose your balance now and then. Know that you will make it in the end, no matter how many times your knees start to buckle, just as long as you do not grab onto the wrong support. If you need help with finding your balance, go inside, or seek out those on the same wavelength as yourself. All others will only serve to drag you off your board, and this will only leave you floundering in the wake instead of riding the crest all the way to the shore.

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As we have so often touched upon earlier, the upheavals and changes you all perceive inside yourselves may not always be apparent on the outside. So the seeming discrepancy between what you experience in your physical body and what you see in the world around you seems to be great indeed. In other words, why do not the rest of the world notice what is going on? In fact, they do, but as they do not have any reference points or vocabulary that can help to make things clear to them, much will be stored under the label of "confusing feelings and happenings." So yes, they are not totally unaware of what is going on around them, but they have either suppressed it all, or they are too uncertain or afraid to voice it out loud, even to themselves.

You see, no one can go around on this planet anymore, unable to feel even the slightest tinge of unease. Now that everything is about to shift into an even higher frequency, it is like the ground you walk upon is literally vibrating with energy. And as such, it is almost like walking upon a live wire, where the current makes your whole being vibrate. So, for all of those "unenlightened" to call it that, they will feel their whole core literally starting to shake as things are being turned up a notch. And no, it will not be a shaking like in a major unleashing of the earth's crust, it will be much more subtle than that. But still, it will be noticeable to all, and for many, it will be the signal they have waited for in order to start their own process of opening up to the truth they harbour inside. To others, it will be like a clarion call signaling the alarm bells in their whole being, and they will become even more afraid of what the future has in store for them.

In other words, the polarities between those already starting to open up to these new energies and messages and those literally clamping down, hell bent of preserving status quo, will only open even wider. For now, the message from these incoming energies will be heard by so many more than those already on the path towards self resurrection. In other words, expect to see more fallout from all of these heavy bombardments of energy you are in the midst of at the moment. And expect to see both unexpected awakenings, but also some fierce resistance from people you would think would be much more perceptible to these life enhancing waves of energy. For nothing is written in stone, dear ones, and you all have a choice whether to heed this final wake up call, or ignore it completely. For now, the time has come to make that final choice, and it will be interesting indeed to see who amongst those still unwilling to listen will finally surrender their hostility and decide to join the lighter side, to call it that. It will be interesting too to see who amongst your brethern will decide to give up their search for the truth, and relinquish their hold on this ladder leading them up from the darkest pits ever devised, and let themselves fall back into the ever murkier waters beneath.

So again, be prepared to be surprised, in more ways than one, as you can never in advance be sure of what choices your fellow men will take. Be prepared for surprises, but do not berate yourselves if someone close to you makes a "wrong" choice. For remember, it is THEIR choice, and their choice only. You can only honor their choice, and if your roads diverge after this, all you can do is to accept it. Needless to say, this can and will be heartbreaking to many of you, but again, we remind you that your only task is to be a wayshower, and we will remind you again and again, for this is a fork in the road that will take many by surprise. So stay your course, and make your choices wisely. You have already chosen the fork leading towards the light, so do not toss that aside in an attempt to herd those near and dear down the same road. If they choose to take the other, there is nothing you can do to force them to change their mind. So send them off, and send them your love, that is all you can do. Remember, you have made your choice, and they must make theirs, and even if it will be very painful for many of you, it is also what is meant to be. For their choice must always surpass your wishes, even if your wishes are coming from the truest part of you. So keep going forwards dear ones, even if you at some stage have to leave someone you love dearly behind.

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These last few days have been more intensive than most. In fact, you have all by now attained a new level of energy in your bodies, and this is one that will leave its mark not only on you, but also on the society in which you live. Let us explain. As we have often times discussed, these injections of energy and information are so much more than the fleeting impression of physical and mental exhaustion and imbalance that they carry with them. In other words, although they might seem overly negative whilst they are being transplanted into your system, they will literally do you the world of good. As you know so well by now, the amount of unpleasantness can very well mask this fact, as you are only aware of the side-effects, not of the real effects they carry with them. To put it more succinctly, you only feel bad from all of these hard labour pains of evolving, as your body and your mind has yet to register the arrival of the "newborn" to call it that. In other words, you have yet to see the progeny you

are all in the midsts of bringing forth, as this is mostly obscured in a fog of, for some, intensely physical discomfort and also some very unpleasant mental downturns. But after this, we hope this fog of bewilderment and disillusionment will start to clear somewhat, and you will begin to see what is emerging, literally by help of your own physical bodies. For you are in so many ways literally giving birth to the new world that you are so longing for, as it is through your bodies that the most important parts of these energetic uploads are being carried.

And why is that, we hear you ask. Why do we have to utilize these, for some, "primitive" organisms if we are the ones we claim to be, namely representatives of civilizations far more advanced than what you at the moment can claim to be? Well, let us just say that this has been the agreement all along, as this process is something that would not have been allowed to come about in the first place if you did not agree to participate. You see, this is an undertaking on a far vaster scale than you mayhaps can envisage at the moment, but it is one that would not be able to be initiated were it not for the fact that you have volunteered to come into these earth bound bodies in order to be able to stand as beacons of light, funneling all of this transformational energy into the planet you stand so firm on. This may sound strange, but it is an indisputable fact that without you serving as anchors for these injections of energy, this whole operation would be futile indeed. Hence, the need for all of you "footsoldiers" to call you that, as we, as less tangible participants, would not be allowed to intervene in any way. And it would not be possible either, as these energies cannot be made effective in any way without being literally transmitted through you. This is a very complicated process, and one you are not currently able to grasp to its full extent, so let us just give you a few details, and leave the rest for a later date.

As you are well aware, the physical body in which you are currently residing is not the real "you", it is only a carefully constructed vehicle that enables you to move freely around in your everyday workings. Or rather, not "freely" in the same capacity as we exist on other planes, but freely as an accepted member of the human family. And as such, you have already become an important player in this game, to call it that. You see, without you, there would only be the "unseen" representatives on this planet. Make no mistake, they are many, but they have never been allowed to have free reins here. As we have stated earlier, this planet was originally set up as a training ground, used to teach members of many different civilizations the arts of existing in a place ensconced within a physical body. But as earlier discussed, this training ground was long ago literally hijacked by a brigade of beings set on entertaining themselves at the expense of all other creatures already represented here. But now, their time is up, but in order to readjust the flagrant imbalance that these trickster have beset you with, you need to do the most important part of this readjustment process by literally lifting the level of energy in your own bodies to a level that will shift the whole balance from predominately dark and back to light again.

In other words, you are like points of light that have been dimmed down for eons, now being slowly but surely switched on to maximum power again. And now, as you are starting to glow ever brighter, everything around you will start to stand out much clearer too. So the fact that you are raising your levels to new heights day by day, hour by hour, is literally making the whole planet start to shine again. You are as beacons, but the combined effect of all of you far outshines the effect you have as singular lightsources. So you are in effect creating a strong energetic filament crisscrossing this whole globe, making the patches of darkness stand out more and more, as the light you are all taking in is making the contrasts bigger and more pronounced by the day.

We know our words will make many of you scratch your heads in confusion, because this is a big picture we are trying to give you, but let us just sum it up by saying that even if you might feel like an insignificant – and at this stage more than washed out – player, you are literally the main character in this whole salvage operation. Without you, we could not be of assistance, and without you, this planet where you reside would never be able to wrestle herself away from those dark fingers trying to pull her further down into the darkness. For now, the sun has finally risen over the horizon, and it will never set again, no matter how hard those old tricksters will try to sling their mud around. They will leave their mark here and there, as they trash about trying to dim the light already present, but no

matter how hard they try, they can only leave a few smudges. For you are no longer dimmed down, dear ones, you have started to shine in earnest. And as you are approaching your full powers again, the light will only continue to strengthen, and those unable to face this intensity will have no other option than to turn away and find another dark corner to inhabit.

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As you have already noticed, things have started to heat up yet again, not only in your mass media, but also inside your own bodies. The energies seem to be almost running rampant at times, but although the respite you had may have been brief, it was enough to make you more than well prepared for what you have coming up. Let us explain. Even if it does not in fact feel like it, your bodies have become so well adapted to all of these surges in the energyfields around you, so now, they are almost instantly up to par no matter how high the voltage of the latest "bombs" that hit your fields had. In other words, you have become very adept at absorbing and assimilating these new frequencies. And even if your physical and mental bodies still sound off their protests at this, they are in fact much more adaptable than before, and they take a much shorter time in equalizing out the balance as it were and finding a steady stance on the new level it has been hoisted too. In other words, beneath all of these aches and pains, grins and groans, your whole "machinery" is working super fast to adjust, unperturbed by any superficial irritation. For it is only superficial, even if you feel the discomfort literally in your very bones, much like the surface of an ocean becomes very agitated when the force of the wind increases, while at the depths, total calm persists. So too it is with you, as you on the surface will feel like you are being tossed to and fro in an endless onslaught of breaking waves, while at your core, all is sailing along at a sure and steady pace, heading in the right direction, not about to be veered off course no matter how high the waves become. So you see dear ones, you will not drown in all of these super intense energy blasts, it only feels like it. And even if it feels very, very real to you that all of these bodily discomforts and mental downturns will literally make you run aground, you will not, for your core is super strong and can take anything we give you without even flinching. So trust that you are all on the course to the shore you so desperately want to climb on to, and know that you will not falter, even if at times it seems you are all grinding to a painful halt. You are not stopping, you are advancing at a steady pace, and you are keeping a true course, no matter how tossed about you feel.

This will indeed be important to keep uppermost in your mind, now that this selfsame mind is literally being inundated with "bad news". You see death and devastation, sadness and sorrow all around, and it is so easy to think that the plight befalling so many of your fellow men is a sure sign that everything is going into pieces. It is not, it is only a sure sign that all of this skewed "reality" you have been living amongst for so many lifetimes is now literally falling apart at the seams. And what will emerge, will be so remotely removed from what your eyes and ears have to endure in ever larger doses every day now. So remember to keep your focus elsewhere, as you must not let yourselves be captivated by this show that the darker ones put on, as this will only serve to cut you off from the real truth. And the real truth is this: for every day and every second, the light is increasing, and with it, the distance to that fabled shore is diminishing as you are all closing the gap by being who you are. You are pulling yourselves – and your world – closer and closer to the light, and you are doing a formidable job of it too. So rest assured that even if you feel more than a little battle weary, you are well equipped to pull out all the stops now, as you are being called to stretch yourselves to your very limits for this final stretch out on the open sea.

Know that you are and always will be protected, so do not convince yourselves otherwise. Because it is only too easy to be duped into thinking that we have literally left you to your own devices out on the high seas, but that is not the truth. Call for us, and we will show you just how loved you all are, and even in the depths of despair you can feel our presence by your side. We will never leave you, as you

are more dear to us than anything. You are the embodiment of Spirit, and as such, you are the true bearers of the light. Not only in your world, but in ours too.

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Since the first break of dawn, mankind have wandered on this planet searching for their roots. For as you know so well by now, you hail from a place far removed from these shores, and that calling in your heart has always been there. However, for the longest time, that voice was so small and timid, both by design but also because it was suppressed by forces on the outside not wanting you to hear it. But now, it is growing in strength day by day. And as it grows in strength, so too does your longing for liberty from the shackles that have been holding you down in every way you can think of. But now, the realization that this does not need to apply to you any more is getting to the forefront, and with it, the realization of your own strength. For you are not timid, helpless human beings, being held forcefully down in your own ignorance. You are powerful creatures, capable of standing tall and shining your light over a vast distance. You have already started to straighten yourselves up, and your light is already strong enough to blind those less attracted to the light than to the shadows.

So now, you will start to see many things happening around you that you would never, ever expect. Because your light is making everything start to grow again, much like the sun coaxes the dormant seeds far, far underground to start to sprout after a long, hard winter. For you are heralding in a new spring dear ones, a spring that will not be silent, but a spring that will bring with it shouts of joy all around your globe. But make no mistake, it will also bring with it shouts of anger from all of those unable to face this awakening, as they are not only uncomfortable out in the sun, they are literally shunning it, because it makes them feel the power they so detest, namely the power of freedom. And for many, that power is so overpowering, they would rather it not existed.

Let us explain. It may seem unthinkable that people actually shun freedom, not only in others, but also in themselves, but this is easy to explain. You see, they have been carefully manipulated by outside forces into someone that will behave meekly in all circumstances, as they have been carefully manipulated to be subservient to everything around them except those humble and loving creatures they call animals and beasts. In other words, many, many people call themselves the ruler of their world, but the only way they can "rule", is by holding down and mistreating other living creatures that they consider to be less developed than them because they "deserve so". But they do not rule anyone, least of all themselves. Because they are again ruled by their own fear, a fear that has been carefully planted in them by those that actually rule them, namely those creatures who have set themselves up as lords of your planet such a long time ago.

But you dear ones, you have learned that no one can rule you. So long as you banish that fear completely from your being, you become the sovereign beings you really are. And you have started to do this, by the thousands, all over your globe, and this rush towards freedom, this vanquishing of fear, is becoming such a massive force, it is literally changing the landscape in which you travel. For your fearlessness is contagious, in the way that your energy has been lifted to such heights, it literally bleeds into the very ground you walk upon. And by your actions, you are also lifting the vibration on your whole planet to such a degree you have already passed the so-called critical mass. And by that, we mean that there is no turning back now, there is no way that this planet will once again be plunged down into the dense depths it once had to wallow in. For you have pulled not only yourselves up from these depths, you have also pulled the rest of this planet with you, so no wonder the toil has been so hard for you all.

But again, remember there are so many around you literally unable to exist at this level. To them, it is almost like trying to breathe the thin air at the top of the highest mountain on earth, so they will try all they can to pull not only themselves, but the rest of you too, down to what they deem to be "safe ground". So stay your ground dear ones, as they unleash all the tricks they have in order to accomplish

just that. For know that they will not succeed in this futile endeavor, no matter how hard they try or how much darkness they expel in order to dim all of this light that they hate so much. They will not succeed, but they will succeed in pulling some of you down with them if you succumb to their power-play and hurl yourselves back into their steaming pit of fear.

So yes, this is another warning to keep yourselves at the summit, where you have already managed to successfully climb, and avoid looking down into the chasm of fear where you came from. It is only too easy to be overcome by vertigo and topple back down again. So plant your feet firmly in the ground, and hoist your flags in jubilation, because you have managed what so few thought you would in the beginning. You have climbed out of this bottomless pit of fear, and you are back up in the light and the fresh air, and there are literally millions following in your footsteps. But you are the pioneers, you are the ones who set up the route that got you here, and this is the route that so many others can follow, thanks to your hard labour. So rest your weary legs, and stretch out those tired fingers, for you have managed to succeed in climbing to the top of this so-called "unclimbable" mountain. Now the time has come to look at the view, for it is magnificent indeed! You will rest here for a bit, but not for long, for you have other mountains to climb and views to savour, but we will leave that for another day. Know that this one was the most challenging one by far, so we think you will find the next ones more enjoyable than this. After all, you have already become adapted to the height, so your body will have less to complain about as you start the next surge forwards and upwards.

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Fall equinox message

Today is indeed an important day, as you are once again in the middle of a yearly focal point that will enhance everything. So keep your focus clear dear ones, as it will only be too easy to be overwhelmed by those few dark spots still remaining in your atmosphere.

Let us explain. As we have discussed earlier, the amount of light on your planet has multiplied manyfold throughout this last period, and as such, those remnants of darkness still clinging to the surface of our planet will become even more visible. Moreover, in their panic, they will literally resort to any means they have at their disposal trying to convince you that they are much more powerful than they really are. Know that this is only a feeble show of strength, as they have almost no strength left to make their voices heard. But again, make no mistake, they will waste no effort in trying. So be prepared for bouts of outright nasty behaviour erupting in the most unexpected corners, but again, know that this is only a sure sign of desperation as they muster their forces for one last show of their "might".

So use this day wisely, as it is indeed a day of hope and joy for all of those already standing in the light, safely out of reach from those dark shadows so desperately trying to encroach back on the territory they have already lost control over. You are standing there as beacons yourselves, and today, your light will become even stronger as you all focus it on the time ahead. Because you see the future already in the corners of your eyes, and you will feel it approaching as the hours goes by. For now, the time will seem to stop for the old system, but for you, everything will seem to speed up as the world once again tilts on its axis and the forces of freedom accelerate. You are all racing ahead, and no matter how fast the darkness will seem to fall now that the days will become shorter on one half of the planet, know that the light is increasing even more.

So give yourselves the time and space to sit down and connect with this ever growing light today. And give thanks for all that you have accomplished so far this year. You planted your seeds a long time ago, and you have nurtured them well. Now the time to harvest your bounty is upon you, and we think you will find the harvest to be beyond even your wildest expectations.

As you have mayhaps already noticed, the air is rife with disquiet and unease, and many of you will feel out of sorts because of the energies swirling about you now. The light is increasing, not in slow and steady increments now, but in intense bursts of energy that will start to transform so much around you. But with it, the denser energies are starting to act up even more. Just as when the tide has turned and the water is being pulled out from the shore, so too the dark ones will be pulled away from yours. But they will not leave voluntarily, and as they are being pushed away from your shores by the ever advancing light, they are using all of their feeble force to kick out in every direction they can. And their outbursts will be felt by many of you. So do not let them fool you into thinking that you are becoming as feeble as them, and that you are losing your grip on this whole process. They would love to take you with them as they sink ever lower into the despair of the vanquished, and they are very good at it too.

Just know that these energies of distress that they are emitting are only meant for hurting you, not helping you, and if you fall into this trap, it will be very easy indeed to lose your focus. They are more devious than you can imagine, and they are so good at manipulating others by the signals they send out. So, even if you feel more than a little shaken these days, try to go beyond this layer of unease and go back to your center. And call for us, as we will gladly help to stabilize you yet again. This is not a sign of weakness, far from it, as you have all in some ways been shaken by all of this hysteria being put out by those that surround you. You are the bravest of the brave, but you will need support when these entities so desperately reach out to pull you down with them. This is not any form of criticism, rather a reminder that you have our support at all times, and as such we ask you to reach out for us now if you feel more vulnerable than usual. You are so strong, but even the strongest amongst you will feel this pull from the undertow created by these forces being pulled away from you, so do not berate yourselves if you feel a bit wobbly at times like these. Just give us a hint, and we will give you a hand, and gladly so, as we are more than delighted to be of assistance. After all, that is why we are here. For we are your brothers and sisters, now and forever.
