

Let us begin this missive by commending you all for a job well done. You have no idea how important the events you have just been through were, but we wager that for many of you, today will seem to be a brand new day in more ways than one. You see, this last tuning have installed a new frequency in you all, and you are now playing a very different tune from the one you were able to produce only yesterday. So cudos to you all, you have indeed successfully installed a whole new "driver", if we could use a word you might be familiar with from your computer world. You see, now the old system that used to govern all aspects of not only you, but the world around you, have been overwritten, or rather, erased, and as such you have finally garnered the freedom you have been waiting for.

As usual, on the outside, much will look the same, but on the inside, everything will feel so much lighter, and we mean that in every aspect of the word. And as usual, your physical body might have a hard time adapting to this new frequency, but very soon, that too will fall into step with the rest of your being, and you will feel just how much lighter you have become. At the same time, you will feel so much more substantial, as the strength that has been buried deep inside of you now finally can rise to the surface yet again, and you will be able to face the real you after such a long separation. This may introduce itself to you in many different ways, but we think you will all have some sort of interesting "conversation" with your inner self in the days ahead.

That is all we have for you today, dear ones. Take some time to thank yourselves for the hard work you have just accomplished, and know that you have not only managed to liberate yourselves, but also your beautiful planet. Even if your eyes cannot yet see the full scope of the effect this new frequency will have on you all, rest assured that the time for mismanagement and fear has now been relegated to the past.

As the times rolls by, everything is starting to gather more and more momentum, and this can in many ways be likened to the start of an avalanche. Small and inconspicuous at first, but soon, it starts to grow both in size and speed, and after a short while, it cannot be stopped. Anything down hill will be smashed to smithereens if it happens to be standing in the path of this unstoppable force, so too with this in many ways cataclysmic change you are about to witness taking place on your planet. Again, we do not use the word cataclysmic to necessarily refer to a showstopping event of stupendous proportions, rather to the unmistakable fact that to those still set on keeping up status quo, all changes will seem to be some sort of catastrophe in their books, and the sort of change we refer to here, cannot be anything short of cataclysmic to them.

You see, their world is about to come to an abrupt stop, in other words, their world built upon subjugation of others in order to favour a few cannot sustain the onslaught of the forces that have been set loose upon your planet. As of now, nothing can hold back this great sweep of change that is rolling towards your shores, and even if these self-proclaimed powers that be in your world still try to maintain business as usual, they cannot hide the fact that something is amiss and that their whole system is verging on collapse. They are running to and fro, holding meeting after meeting, trying in vain to shore up not only your confidence in their abilities to rule, but their own too. You see, doubt has started to creep into the minds of these mighty men

and women too, as they all have a heart that has been quietly whispering their secrets to them. Many of them have managed to silence that voice for good, but there are some of these seemingly hardened men and women who cannot ignore this insistent voice inside, and when they do hear, fear will creep into their minds because they see that the road they have been pursuing for their whole life literally leads them to ruin

So what will they do, these men and women of power, when they start to understand that their power is only based on fear, and now that fear will indeed creep up on them and invade them. Will they give in to this fear and lash out, or will they instead choose to see the reason of that other voice they carry inside? The voice of reason, or the voice of love, the only voice that can give them the advice they should go by. Time will tell, as the avalanche is gathering momentum as we speak. But, as we have already stated, prepare to be surprised dear ones, as you might get some unexpected behaviour from some very unexpected people in very diverse positions. So do not take anything for granted, that is also an advice that bears repeating at times like these. Even if you might have your heart set on a certain outcome, we still have some surprises up our sleeve, so the help might come in a very unusual form and from a very unusual quarter, but rest assured that it will be a very welcome and indeed effective help when it arrives.

That is all we have for you this morning dear souls. We are aware that you are having a rather hard time assimilating this new frequency, so let your body lead to and give it what it needs in order to help it to recuperate after this heavy insertion. Rest well and play well as they say. You have earned every little respite that comes your way, so best take advantage to give yourself a little breather whilst you can.

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Today we would like to delve a bit further into the ongoing changes. Although they on the surface may not be as visible as some of you wish, rest assured that this world has indeed taken a giant leap towards a new tomorrow. Let us explain. These last days have seen a heightened activity in the influx of energy being beamed onto your planet, and we wager that for most of you, this has taken the shape of additional physical symptoms such as bodily pains, disrupted sleeping patterns and mayhaps a heightened feeling of urge, like you cannot just sit down and relax no matter how tired your body feels. And just like you, the rest of this planet has become almost compelled to keep moving. Nothing can be allowed to rest passive and inert now, as the time for shaking loose in more ways than one has arrived.

For many, this may show itself in an urgency to shift things around, either in a physical sense like moving furniture around and rearranging your surroundings, by doing extra exercises such as running or other strenuous activities, or by breaking up old patterns such as the place you reside, changing your work or maybe even your partner. You see, everything is being pushed about so much more now that these new energies have come in and stated their presence, and as such, nothing will be left untouched by these "interrupters", if we may use such a word. So if you take some time to ponder this, you might be better able to see the consequences of this, not only in your life, but also in the world around you.

Remember, this means that you can not any longer take anything for granted, so do not be surprised if something strange and unexpected should happen. Because believe us, it will. Everything is under scrutiny now, as all of the old contracts have been declared null and void. So take a good look around you, because what you see around you today may not be the same that you see around you tomorrow, and we mean that both on the personal plane but also on the

global one. No one will be allowed to just keep going in the same old rut, and people will be pushed about in all sorts of directions.

This will have many interesting consequences of course, as there is nothing that man fears more than having to change anything in their lives, whether they are an elected politician, a surgeon or a regular citizen just going about their daily lives. But now, everyone will be facing changes in their lives, whether they are big or small, they will be a constant companion to you all in this upcoming period. Again, you cannot take anything for granted any more, and you can no longer navigate by using your auto pilot as it were. In other words, everything you have in your life will be taken up for review, and you will find yourselves navigating in a much more meticulous manner from now on. You simply can not just do it on reflex as before, as that option is no longer available. Not to you, nor to any other, so be prepared to see some interesting about-faces in the time ahead, as now the steering wheel needs to be gripped firmly by you all in order to assert control in every aspect in your life. No more just sailing along in the same old rut. It is time for everyone to wake up and see where they are going, as going blindly ahead is no longer allowed.

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As we have discussed earlier, now the time for acceleration has come. Many of you have already felt this very strongly in your physical body, and we can agree with those of you attesting to the fact that this can not in any way be likened to anything you have experienced before. And rightly so, as this quickening of the pulse is something that will have many manifestations, not only in your physical body, but also in everything you have around you. And we refer both to the seen and the unseen realms here, as this magnificent new tune as it were, is playing out in all the harmonics, and therefore it touches to the core of everything. At first, not much will be apparent of all of this, but after a while, everything will become attuned, or rather entrained, and as such, much will start to work, or sing, together. This will have many, many beneficial effects, but remember that some things may look less beneficial than what they really are.

Let us explain. You might not be aware that different frequencies can work together in different ways. Some are very compatible, whilst others seem to be very disruptive, and when you bring them together, disharmony ensues, and the result can be very dramatic. It is like the collision of different wavelengths, much like the chaotic pattern that appears whenever waves of different sizes meet in the ocean. A slow, steady rhythm will be disrupted by a crossing pattern of faster and shorter waves, and then everything will be thrown out of sync until it merges into a harmonious pattern yet again. So too will it be like on your planet in this upcoming period.

Not only you, but all that exists here, indeed the planet herself, have been undulating to their own steady rhythm for eons, but now, thanks to these new, incoming and "disruptive" energies, this pattern will be broken, and a period of chaos will erupt before everything settles into the new - and may we just say healthier - pattern for you all. You have already felt the effects from this on your body as we mentioned earlier, and it will in many ways be a somewhat confusing and mayhaps unsettling feeling. This will also affect your emotional body, as everything is so closely linked you cannot separate one process from the other. Therefore, you will in many ways feel like you are floundering in the crosscurrent of intersecting waves at the moment, and it will be like you are being tossed and turned about without any seeming forward motion. Just like flotsam bobbing about in the wake of passing crafts, you will be feeling like you are being tossed around with no sense of direction, and this will indeed be very unsettling to most of you. Just remember dear ones, even if you cannot feel any sense of direction at the moment, there is a strong surge of current pushing you in the right direction, and soon, you will all be able to feel this slow and steady push onwards and forwards.

So do not lose faith in yourself or this process, and keep in mind the fact that you are only being swept up in this maelstrom of cross currents, and that it is in fact the best place to be. After all, you all want change, and this feeling of discombobulation is a clear signal that change is not only imminent, it is already starting to take place.

And if you feel more than a little bit unsettled by this process, do not forget that the rest of the world will be reeling even more by the impact of these new powerful waves, pushing against that old and staid rhythm you have all been so mesmerized by as to almost fall asleep at the wheel. As we stated earlier, the time has come to switch off the auto pilot and take a firm grip on the steering wheel. Otherwise, you might get more than a little bit floundered by the effects of these great waves of energy that will literally blast their way through the wall of unchanging swell that has been pushing you all in the wrong direction for such a long time. And just as hardened sailors, trust that your vessel is more than capable of weathering out any storm that comes in your way, so long as you do not lose your head and do silly things like falling into fear. Then, you might be tempted to try to outrun the storm and keep doggedly going in the same direction as before. That would not be advisable, as your vessel will be far more adept if it can be allowed to ride out the storm by bowing to the wind instead of trying to fight against it. That way, you will be spared the risk of capsizing, and when the skies finally clear again, you will see that although you might have suffered a small tear in the rigging, you will still be able to complete the journey.

The situation will be different indeed for those literally turning a blind eye to the storm, refusing to give any leeway to the thought that a change of course might be more prudent. They will literally be blown out of the water, as their vessel is not sturdy enough by far to outmaneuver these winds of change. So batten down the hatches dear ones, you are about to witness the biggest waves ever hitting your shores. You are made of strong stuff, and you are smart enough to know that keeping up with the old guard and disregarding the signals coming in will only spell disaster. You will all manage to keep afloat, at least as long as you do not let any of the old drag you down. You have already jettisoned sufficient amounts of unnecessary cargo so you will be well equipped to keep a well balanced buoyancy in these churning waters. Others will not be as lucky, as they have stocked their vessel with too much plundered goods. Well, let us just say that they will certainly pay a hefty price for their riches, and the more greedy they have been, the faster their topheavy ships will be sunk by the onslaught of these stormheavy seas.

Do not fear the winds of change dear ones, even if they might make a mighty roar when they come crashing in. You will not be caught unawares as so many others, and we think you will all give out shouts of joy when you feel the first gusts of wind whipping in your face.

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Since the dawn of mankind, the quest for something bigger and better has been on everyone's mind, and rightly so, as you have all been imbued with a longing for striving forwards. Let us explain. As we have already touched upon on so many occasions, this planet has been designated as a starting point, a place where a soul can go back to the very beginning of evolution and start that long road towards perfection, or rather an all-encompassing presence, as "perfection" is a very biased word for you humans. You see, you tend to look upon perfection as something that is utterly flawless, and therefore an unattainable state for most, while we look upon perfection as a description of anyone getting to know the very core of themselves. Therefore, in your world, perfection has been used as a sort of hindrance, a too high a fence that no one has felt capable of scaling, and therefore it has left so many of you feeling worthless or not good enough. Well, let us just say that there is no fence, as you are indeed already perfect just as you really are, but for so

many, that road to self discovery has been and is still fraught with too many self-imposed hurdles, and therefore this training ground has indeed been more challenging than it was originally intended.

You see, everyone comes to this place to learn to live a life filled with challenges in order to make themselves even more impressed by what they really have inside. But due to the circumstances put upon your world from the intervention of entities with a far more selfish approach, you have been literally inundated with restrictions set up just to hinder that road to self discovery. Hence, the feeling of shortcoming and in many ways total powerlessness that has allowed mankind to be held captive by these bandits, more set on self gain than allowing the true evolution of human capital if we may use such a word.

You see, you all came to this place in order to rediscover yourselves, by living so-called ordinary human lives time after time and going through a plethora of human experiences at every end of the scale. This place is a place for experiencing so many things that are non-existent elsewhere in the multiverse, and therefore you have all been ground like a grain of sand trapped inside a shell. All set up to make you the shining pearls of perfection on the outside that you truly are on the inside, but as you well know, this learning curve was abruptly halted by those who took an interest in this planet and used it as a refuge for their own dirty little game. Well, their game is up, and the time for returning to the old way of developing has come. Not as in going back, but as in going forwards, and in allowing the true you to rise to the surface. And this time, the process has been sped up, as it is indeed time to allow the first humans ever to cross over that threshold of finally revealing the answer to the question that has been lingering there since the first dawn of humans. "Who am I really? What is the true potential in me, and how can I use it to the best advantage for all?"

You see, once that fear has lost its vice like grip on you, these truths will indeed become self-evident to you all, and then you can finally say "I have mastered the art of self discovery, and I have completed the journey towards myself." And what you will find, is magic indeed, as it will open up the floodgates and let in all that has been hidden away from you from the first moment you entered into the state of inhabiting a human body. You will no longer look upon yourselves and see shortcomings, you will look upon yourselves and see perfection, and you will see perfection in every flaw that you carry, both on the inside and on the outside, because you will realize that "flaws" are only marks of perfection, as it is nothing negative at all, only a way to make an individual out of each and every one of you. You are not exact replicas of one and another, you are all perfect images of YOU, and there is no one in the whole of creation that is like you at all. So rejoice dear ones, as you are finally getting close to that final dawn when you will realize that you have nothing more to learn and nothing more to achieve, as you are indeed perfect in your own image.

That does not mean that there will be no more work, however, as you will be called upon to use your newfound skills in so many ways, but rest assured that you will do so with joy in your heart. Because then you will not be holding yourselves back by thinking that you are falling short of the mark in any way, and then you can free all of the energy you have been holding back by doubting yourselves, and this energy alone is enough to fuel a whole revolution in your world. You cannot see it clearly yet, but this mispent energy is such a strong force, and it has been used to literally cripple the whole of humanity. You have been told in no uncertain terms that you must never cease to feel imperfect in every field of life, and if you take some time to consider this, you might get a notion of how much energy will be liberated once you cast aside any such notions of low self-esteem. So be prepared to be amazed once you start to tap into this forcefield of self pride and self-esteem, it is literally without end as you have all you need and more to feel literally on top of the world.

Remember, you are made from the same stuff as stars, so you are stars, shining ever so much more brightly than those "stars" you see paraded in front of you in your media, surrounded by glitter and fanfare. Soon the fanfares will call out from every little corner of your world, as so many of you finally realizes his or her true potential. It will be a day to remember dear ones, as the walls of imagined ineptitude come crashing down, never to be re-erected again. Then, no outside force can ever again dim your light, and you will see just how blindingly bright you all shine. It is enough to brighten up not only your world, but All of creation, as once you let go of this yoke that has been holding you down, you will lift us all up to the higher spheres.

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Let us continue this saga about mankind's quest for greatness, as this is indeed the underlying thread that connects all of these missives. And when we talk of greatness, we do so in every aspect of the word, as you are indeed such magnificent creatures in each and every way. But, as have oft been mentioned in these annals, you were made to forget this greatness when you came to these shores, as it was ordained that this place was to be a place to learn and to remember yet again. In other words, a place where each and every soul had to resort to begin at the lowest level, and then literally start to crawl back up towards the pinnacle they once came from.

Let us explain. In order to truly learn just how great one are, one needs to be stripped of every last vestige of this greatness, as otherwise, one would in many ways be tempted to become blind to this selfsame greatness, or take it for granted. As we have mentioned on so many occasions, this planet of your is in fact the only place where someone can come in and learn this from the very beginning, as it takes a lot of hard work and courage to work oneself through the denseness that coats everything in this environment. In other words, this is like a "boot camp" for the hardest of souls, those that have it in them to keep striving forwards no matter how hard the opposition seems to be. Many, many have been waiting in line to enter this realm and be a part of this brilliant training, as that is what this was originally designated to be. And many have completed their training here too, and have brought fond memories of their sojourns here back to their own homes.

But that was a long time ago, as the history after the fall as it were is a completely different one. The tricksters that came in and overran this training field was not intent on letting this project continue in its natural cycle. They were far more content with holding it up in its tracks as it were, and stop any but the most fundamental of developing processes here on this planet in order to maintain control over it. And they were successful indeed, as you can see well documented proof of wherever you turn your eyes. Yes, mankind has evolved since they came, but in what way? We defy anyone who say that mankind is now at the pinnacle of creation, and that they have evolved from a very primitive species into something very, very advanced. It might seem like that to an untrained – or rather normal human – but to everyone else in the multiverse, the truth is glaringly obvious.

You have veered so far off your original course, and so, the decision was made to bring you literally back on track again. Hence this abrupt commencement of the so-called awakening. And as you are all well aware of by now, this awakening has entered a stage that is mayhaps the most important stage in mankind's history. There is no turning back now, no matter how hard those forces still intent on tying you down to the old tracks try to cast their spell over you again.

As we were saying, this process has indeed entered a critical stage, but because the so-called critical mass, i.e the number of souls saying yes to taking part in this process, has by now more than surpassed the stated lower limit, the process itself cannot be stopped. You are too many

who have already managed to sufficiently open your eyes to see the truth and opened your hearts to fan the flames inside to stop this now. So even if the ground feels more than shaky, and you feel ready to topple over any moment, know that you are indeed guaranteed to succeed in this quest of liberating not only yourselves, but also the planet we all love so dearly.

Do not think that this will be an easy parade where all you have to do is to wave flags and cheer, but we think you have taken in the truth of this already. After all, you would not have made it this far without all of the hard labour you so willingly have contributed already, and for this you will be richly rewarded indeed. That might seem to be a somewhat slim and insubstantial promise at the moment, as for many of you, the concept of ever finishing this task seems more remote than ever. We understand this, as this final stage is indeed the most challenging of all, when everything you have grown accustomed to seems to be vanishing, literally between your fingers, and you feel as if standing before an empty void without anything but your own hope and faith to cling on to. And your grasp may even seem to be faltering, as you face one challenge after another. Anger and desperation are quick companions to this fear of letting go of the past, when the past is all you know, and the future seems to be literally going up in smoke as the tensions heightens in every corner of your world. And this anger and desperation will find a way to assert themselves, so too amongst those of you defining yourselves as bearers of the light.

Make no mistake, you are not immune from falling into a deep trough of fear, and this will make you say or do desperate things at times. Please, do not give into this anger by attacking yourselves if you do fall back a bit. It is only natural that you do so, but try to resist that impulse to punish yourselves for this little lapse in concentration. For that is what it really is, just a small lapse, but do not let that make you lose sight of the real you that is still in there somewhere, underneath this frantic layer of a seemingly frail little person screaming for help in all the ways it can think of. For you are not small, and you are not frail, and even if your actions and your words tries to tell you otherwise, you are indeed shining paragons, worthy of love and praise. So see beyond this thin veneer of human frailty dear ones, especially at times like these. Otherwise, you might lose sight of the real truth that hides behind these harsh words and angry actions. The truth is that you have never been closer to the real you, the magnificence that lies underneath this skin of fear that covers so many at the moment. A small scratch, a little drop of self love and tenderness will bring it to the surface. So stop beating yourselves whenever you see or feel the fear pushing you about, and start to love and cherish yourselves just a little bit more. It will literally make all the difference in the world.

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Let us being todays missive by probing a little bit further into the past, as the past is indeed an important place for you all. Not to get stuck in, as so many have chosen to do, but to use as a launching pad for the future. Let us explain. In order for mankind to realize that it needs to do some very important changes, it is always useful to open one's eyes and take a good look around. And when we say "around", we imply both your physical surroundings but also your timeline. In other words, lift your focus from the tip of your feet and survey everything that is surrounding you on all sides. As you might be very familiar with this practice already, we venture to guess that what you saw when you did just that, enabled you to start tearing yourselves away from it all. In other words, those still sleepwalking in their daily lives are not the ones reading these words at the moment, because they have not even touched upon the idea that something is amiss and needs to be corrected, not only in their own life, but in the world around them. They cannot see that the direction your species has been travelling in for such a long time is indeed a direction that will literally take them over the cliff, and therefore they obligingly continue in the same vein, day after day, life after life. Whereas you, who have already pushed the sleep out of your eyes, you can see in all of its glaring clarity that very much is amiss. In fact, it is in many

ways beyond repair, and therefore you have taken it into your hands to create a brand new reality, one that is taking you all towards a much better future than the road you were all travelling on up until recently.

It is very interesting, is it not, to take a look over your shoulder and see where you came from? The distance you have covered in a few short months and years is astounding, to say the least, and you all know in your heart of hearts that even if your life in many ways seems to resemble the old one, at least on a superficial level, you know you have travelled a gigantic distance away from the time you too were one of those weary and dispirited travellers that kept your eyes downcast and your nose pointing to the ground, lest you should be intimidated by what you saw all around you.

But you have lifted your eyes, dear ones, and in doing that, you literally broke the connection that held you tied down to this old trail of misery, and you have entered a new life, where everything may seem to be even more exhausting, but where you know that this is caused by your efforts of rebuilding not only yourselves, but also your planet. And this can in no way be likened to the exhaustion you felt whilst trapped inside that illusion you once lived in. You see, you are feeling the effects of your hard work now, and you will be rewarded accordingly, whilst before, you were only feeling the effects of being literally drained of all life while being alive. In other words, you have finally started to breathe freely, after being sucked dry from being inserted into a matrix that had only one purpose, namely that of feeding those at the top every last drop of vitality you had, and with it, every ounce of possibility of ever breaking free. But you managed to extract yourselves from these threads, and remember, that even if you do feel entangled in this old web of lies, you are in fact free already. It is like the last tatters of a net still attached to your limbs, but the net has been cut free from its anchorage, and you can already move in your own chosen direction, instead of only following the pull and suction from that old river of misery.

We know that this freedom can be hard to fathom at times, because you have so many of these vestiges of the old still cluttering up your space, so it is indeed important to keep vigilant so as not to be lured by these remnants into thinking that you are forever trapped. That might actually cause you to be inadvertently reattached to the old yoke, so we would like to take this opportunity to remind you all to survey your surroundings – and your whole life – very, very closely. We think you will find so much freedom to discover there, literally at your feet, if you manage to clear away the cobwebs that are obscuring it at the moment. This cobweb can take many shapes, as it can be in the form of old habits, connections or rules that you have yet to discover is no longer an actual part of your life anymore. They just look like they are, but it is indeed up to each and every one of you to take that broom and go at it. In other words, take some time to declutter whatever is obscuring your newfound freedom dear ones, and we think you will all see that you are so much more liberated than you can perhaps envision at the moment. We have talked much about a thorough spring cleaning, and we know that you have all done much of this already, but the old systems are nothing if not stubborn, and they will try to hold on in any way they can. So do not hesitate dear ones, you still have some cleaning to do, but we do guarantee that the results will take many of you by surprise, and a very pleasant one at that. Remember, this is not about processing large amounts of heavy baggage, you have done that already, no, this is only about sweeping all of the detritus away once and for all. It will help to clear the air in more ways than one, and we do think you will get a kick out of it while you're at it.



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The time is approaching for yet another round of intense energy bombarding your little planet. As always, you will feel the onslaught from all of these highly charged particles in so many ways, but rest assured that even if the process in itself might be somewhat hard to digest, the outcome of it will be beneficial indeed. You see, these incoming energies will drive another nail into the coffin of all of the outdated and outmoded processes and patterns that have been holding your species back, and from now on and to the end of this week, you will literally feel how things are starting to fall apart at an even more rapid rate than previously.

Everything will be accelerating yet again, so best be prepared to fasten your seatbelts and hang on. As always, not much will be apparent on the outside at a cursory glance, but you will indeed be more than encouraged from what you all experience in your own lives. Daytime and nighttime action will in many ways blur into each other, and you might be hard pressed to tell the distinction between them. In other words, your so-called dreamtime will become more and more lucid and apparent, and you will start to take a much more active part in your lessons during this stage. It is time to broaden the scope yet again dear ones. School is opening for another semester, and the lessons you will be given will make your hearts soar in more ways than one. Be prepared to be astonished by what you find hidden away in your inner core, because now so many doors will open it might take your breath away. That is all for now, we leave.

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Today, the sun and the moon are doing their celestial dance, and this will indeed affect you all. It will be a major download of energies coming your way, and you will feel it stirring deep in your bones. Do not hesitate to feel into this, as you will in that way make it even more powerful. You see, these incoming energies want you to notice them, as they would like to invite you to dance as well. This will sound cryptic to many of you, but we invite you all to play around a little with the concept of outside forces commingling with your inside forces, we think you will find it an entertaining pastime, and that you will feel the swaying back and forth as the duality merges into one still point. That is all for now, we leave.

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Let us start today's missive by saying that from now on, you will all feel the energies working you over in a very insistent way. We say this only to prepare you for some rather heavy bombardments up ahead, and so that you can try to relax into these tumultuous times instead of going into fear because you think that something is amiss in your physical body. By now you are no strangers to these inoculations to call them that, and you have perhaps already noticed that they have in many ways taken on a different temperature or flavour, and in a few hours, a new voice will join this chorus of insistent changemakers bathing not only you but your whole planet in a very benevolent, if rather unpleasant, barrage of high intensity voltage. You see, the planets in your heaven are once again preparing to make an elaborate display up above, and this will in many ways signal both the advent of something new and herald the end of something old. In

other words, think upon this as a sort of portal that once you have passed over the threshold of this, there is indeed no turning back. Your planet will take its first step into the new tomorrow, and even if the old will put on an impressive show to try to convince you otherwise, they are slowly but surely letting go of the grip they have had on you for eons. Their time is running out, and after tonight, the sand in the hourglass will start to run even faster.

We have talked about the speeding up process before, and now, it will once again be like shifting into an even higher gear as you are all being propelled forwards by these new energetic particles slamming into you. It is like millions of little hands are pushing you at the back, telling you to go faster, faster, and not to try to slow down and hold out against this energetic forward momentum. Many of you have tried that, as you feel the need to slow down and digest all that is happening at the moment, but let us just say that this is not a good idea. Remember, it is only your mind that feels the need to analyze and mull things over, but the mind is an old and slow thing, not adapted to this new speed of light that will literally lift you up and propel you at lightning speed towards your new tomorrow. Your heart know this well, and it is literally singing with joy as you feel the speed ever increasing. It is not frightened by speed, it revels in it, as it is so used to this way of evolving from back home, where you are unfettered by a slow mind that has been trapping you all to the ground down on earth. Now the heart can feel freedom lifting it once again, therefore let your heart show you the way, and dismiss the mind's insistent voice to "slow down, take it easy, do not lose control here."

Your mind is wrong. Just lift your feet and let yourselves be swept along in the rapids of this ever moving river of change. The speed will not kill you or harm you in any way. Only fighting against the currents can be detrimental to you, as then the force of these particles will increase exponentially and literally tear you away from your frightened grasp on the old embankment. Do not let this happen to you, and know that "keeping control" is the last thing you must try for at the moment. Control is the old ego trying to stem the river of change, and control is what will assure a very unpleasant submergence under the surface of this river if you try to hold on to what you know, instead of letting yourselves be transported by these currents into your future dwelling. So let loose and enjoy the ride. And trust that even if you have no idea what is ahead on this rapidly swelling river, trust that you will be held aloft through even the most turbulent of passages, and you will arrive safely at the most beautiful landing.

Do not fear if you feel yourselves going under in these churning waters, as only those paralyzed by fear will drown in their own sorrows. The rest of you will only get a quick and invigorating baptism along the way, so just shake the waters from your eyes and keep going dear ones. And remember, do not grasp after anything sticking out from the shores in order to stop this wild ride. It might feel tempting to slow down the pace, but again, it will only serve to drag you under the surface for a prolonged period of time, if not forever. So stay afloat, and head for the middle of the river, then this ride will be less bumpy than if you try to keep close to the shore. You are safer in the middle, as that is where the current will transport you more swiftly along than along the embankments, where the detritus collects and you might get caught up in an eddy. We are watching you all the way, and we know that you are indeed excellent swimmers, so we have no worries about you making it to the designated landing place downstream. So just pull up those feet and let the waters bring you safely there. Your mind will simply have to let go of the control, and the energies will do the rest. See you there, sweet ones! Not long now till you feel the current taking a strong leap forwards and hurtling you along into the future.