## 111

First, let us take this opportunity to congratulate you all. It is easy to forget the magnitude of your achievements dear ones, as you so rightly get rather bogged down in all of the physical and mental challenges you encounter on this way. You see, we have a very clear view of it all from our side, and what we see is beautiful to behold indeed, as you have all managed to raise the light quotient on your little planet to incredible heights. We know all too well that to you, nothing seems to be further from the truth, as from your vantage point, things seems to be more dismal than ever.

Threats of many kinds abound, both those of an environmental character and those set into place by the greed of human minds, so you are being exposed to so much darkness whenever you look around you. That is, if you choose to look in the direction your governments, leaders and the mass media are pointing, as it is as always in their best interest to make sure that you do not get your spirits up in any way. Therefore, it is indeed imperative that you choose your areas of interest with care, only then will you be able to tear yourselves away from the dismal and drab surroundings painted out in all of its glory by these warmongers and fearmongers. You see, you are in fact living in a world that is shining brighter than ever before, but as we have touched upon earlier, you are surrounded by a thin layer of dark fog that will seem to be almost impenetrable. But if you take just a small step in the right direction, you too will find that your vision is clear, just like those heading for higher ground suddenly find themselves lifted above the fog. And just like them, you will be able to bask in the brightest sunlight while at the same time the rest of humanity who have chosen to remain in the dark continue to live out their lives in this soupy fog.

Again, this is a journey of free will, that is, you choose whether you want to stay mired in the fog or if you dare to take the steps that will set your mind and soul free from this entrapment. And even if those steps at times hurt more than you could have hoped for, either in your physical body or emotionally, we think you will all agree that it is indeed worth every painful moment when you finally get the chance to breathe the fresh air unpolluted by the angst and fear that is so all-pervading down in that lower altitude. We venture to guess that you have all had some sips of this clarifying atmosphere already, but then another bout of these seemingly never ending readjustments hits you with full force, and you once again forget to savour the clear view around you.

This is not meant as any criticism dear ones, only as a reminder that you have in fact more than managed to fulfill your contracts so far, and you have all made such a giant leap by starting on that uphill trek a long time ago. The uphill has seemed to be so long however, that you have mayhaps not noticed that the incline has stared to recede a bit, and even if it still feels very strenuous, you have in fact already attained sufficient altitude to let yourself slow down a bit and savour the view. It is important that you do so, for only by looking back on the impressive distance you have already covered can you better judge the formidable amount of terrain you have conquered.

We know fully well that for many of you, this process at times feels like nothing as much as a stomping of feet without any forward traction at all, and that is understandable. Therefore, we are here to point out to you that you have in so many ways surpassed all of our expectations, and none of you are even remotely like the person you were before you started on this trek. To you, it might look like the same person staring back at you from the mirror, but that is only because you are still seeing yourselves with your old and not very perceptive eyes. Try to reach deeper sweet ones, and you will indeed see that you have started to metamorphose into something so

shiny and bright and beautifully strong it will literally outshine the old you still clinging to the surface.

You have already arrived in so many ways, but as you all know so well, that final pinnacle is still unclimbed, but never fear that it will be out of reach. It might seem to be hidden far, far above you in the clouds, but the truth is you can almost reach out and touch it already.

Again, do not forget to give yourselves all the credit you deserve for your own prowess so far. You have made it here, and this in itself is a guarantee that you already possess all of the courage and all of the strength you need to make it all the way. Just remember not to lose faith in yourselves, because that is the only thing that will make you tumble all the way down again. And you would not want all of your hard work to be in vain, sweet ones. You are here because you have taken yourselves here, literally on your own two feet. Now it is only the shortcomings of a too timid mind that can make you lose your footing on this lofty perch, so make sure that you plant your feet firmly in the ground to help yourselves feel the strength you have already gathered into your body. This will take you far, it will take you all the way to that elusive goal you still think is so far away. Well, let us just conclude that you have certainly completed more than the lion's share of the distance already, and even if the last stretch cannot be described as just a walk in the park, we think you will find it more than enjoyable if you make sure to keep your eyes on the blue skies above instead of the churning fog below.

## 112

We will now take the opportunity to give you all a few glimpses into your distant past, as this might shed some light on your future as well. You see, you have come a long way from your not so humble beginnings, as you are all citizens of a universe that far surpasses any understanding you can have of it as yet. It will be complicated to try to bring your head around the information we will divulge today, but rest assured that this is indeed something that will come naturally to you when the time is right.

This is not new information to any of you, as you all harken from very distant shores to the one you are currently occupying, but up until now, this knowledge has been carefully hidden away, lest it should give you too much trouble in your current way of life. As you may well know by now, living out lifetimes as a human being on a planet so sorely surpressed from its glorious history is not an easy task, and it would be made even more impossible to go through if you had access to the complete history of your origins. Then, the tempation to give up this quest of fulfilling the need for the Earth's raising into the next level would be more than you could resist, therefore you have all been kept in the dark as it were to the truth about yourselves.

You see, if you could see everything in its true light, the grime and fear that encompasses so many human hearts would be too much to bear, and you would have fled these shores a long, long time ago. But now, the time has come to remind you of your brilliance, and as such, the veils that have been obscuring these truths will be lifted one by one, and you will for the first time as humans be able to see into the distant past, or rather, into the distant future. For the truth is, even if you have spent many a lifetime covering many a century on this little planet, you have come here from a place that resides far, far into the future, so you are indeed time travellers in more ways than one. This will be difficult to grasp for some, but let us just remind you that the concept of time that you all adhere to in your world is something that no other living being feels beholden to. In other words, time is not the defined, limited concept you take it to be, therefore, it is indeed impossible to place one event before another. To us, they are simultaneous events, but they are being played out on different planes, therefore, jumping back and forth between these timelines is a talent we have spent much time perfecting. So as to your concept of time, we

all do indeed talk to you from the future, just as you yourselves indeed can watch in astonishment and awe as another of your personas plays his or her part in this ongoing drama here on Planet Earth.

Again, this will sound confusing to many, but we also think that to others, this concept of multiple personas inhabiting multiple levels, or dimensions, if you will, is one that they have some inkling to already, therefore, knowing that it is indeed only one aspect of yourself that is currently going around amongst other fellow humans will not be hard to grasp. In addition, your so-called "higher self" is simultaneously living out other realities in quite different localities all around creation, but we would like to let you in on a little secret now: All of these fragments of yourself that is not currently being harboured inside of that frail human body is very, very interested in just what that fragment is doing, so there is so much vested interest in this scenario being played out in the year of 2012 on Planet Earth. In other words, you are indeed the center of attention, not only from all of us, but also from all of YOU.

For many, this concept of "higer self" and different aspects of that "self" is something they have pondered much about already, and to them, the insight that you are in so many ways helping and supporting yourselves by way of all of these other aspects will not come as a surprise. We have heard many times the question "who are you?". In other words, people have wanted to establish the identity of all of us faceless beings currently communicating with humanity trough channels such as the one we are using now, and the answer to that is simply: we are YOU. We are YOU in every nuance and fragment of your being, and we are YOU in every way you can dream of. Therefore, you are also US, and we are in no way alien to each other. We have just kept the ability to connect with the totality that makes up All of creation, whilst you have been separated from the same for so long. But now, the time has come to reconnect you, the lost ones, to the rest of YOU, and you will once again feel complete.

We are well aware that todays message will leave more lingering questions than it will give answers to, but we would like to say that this is only the first of many, many messages that will help to close this gap of confusion. In addition, you will be brought closer to us all by other means as well, and for most of you, direct communication will soon be the rule. In other words, in addition to these messages that will speak to you all, you will get individual updates directly by other forms of communication. This will happen in controlled settings, where you can be exposed to the truth as it were in a form that you can digest and take in at your leisure.

Let us leave it at that for now, even if we can already here the clamoring of voices asking all sorts of questions on this topic. That will come in due time, but for now, let us all say that it is indeed a pleasure to see you all lighten up at the prospect of this, the final reunion, and we are all more than eager to welcome you all back into your families. You have been sorely missed dear ones, but you are also applauded for being the brave pioneers you truly are. For no one has trodden on the path you are all so valiantly going forward on, and to us, no one could be more worthy of acclaim. For we all know you so well. You are after all the most cherished part of ourselves.

#### 113

We would like to take this opportunity to delve a little deeper into the mystery of your origins dear ones, as that is indeed a subject that will cause many controversies in these upcoming months. Indeed, it is something that will be on the top of the list of things that one would rather not discuss, as this has been a mark of an unstable mind all the way back to the origin of humanity. You see, this preposterous idea that you do in fact harken from a very different world altogether has been vocalized by a few brave souls throughout humanity's history, but inevitably, this has been met with ridicule at best and persecution and death in the more severe instances. Mankind has been programmed well to keep strictly within the bounds that have been laid upon them, and one ironclad rule is the one that states that you must see yourself as the one solitary intelligent species occupying the whole of existence, and although you are to be considered as the pinnacle of evolution, at the same time you must not get any lofty ideas as to how powerful you as a single entity can be. In other words, you are both the best but also very limited when it comes to personal power, and this has been hammered into you from a very early beginning. Therefore, this idea of you being just a tiny fragment of an immense allencompassing and all-knowing creation is one that has been tried to be kept well away from your minds, but now the realization that this is in fact the real truth has started to surface in so many of you, and it is only a matter of time before it starts to seep out into the world at large as well.

You know so well that voicing out any of these facts that you will be allowed access to yet again will take a lot of courage, as you know so fully well that this will be met by many a harsh and sceptical word by those around you. But never fear, when you do start to vocalize your truth, you will also find that it resonates with so many others out there, and this will probably be the most important discovery you all will make in this process. For you are not alone in rediscovering these facts within you, and when you start to let them out of the bag so to speak, others will find that your words literally open up the doors to rooms inside of them that have been hidden away in the darkness for far too long. And along with your words, the light will flood into these rooms, thereby causing more and more of your fellow humans to rediscover their own history as inhabitants of a universe that is far, far more versatile than the one you are being faced with every day on your streets.

It will be an interesting process for sure, and not without its fair share of unexpected twist and turns on your way. You will see old friends and maybe even family members turn their back on you, but you will also find yourselves embraced by someone you would never ever expect would resonate with your version of the truth. Remember, this is not an invitation to proselytising, we do not imply that you must go out and stand on that proverbial soapbox and preach the gospel according to you. That is not what we mean by opening up about what you all harbour inside. We do not want anyone to think that they should follow in the footsteps of so many misguided prophets out there who try to convert the rest of the masses into the "one true faith". This is about something else completely, as it first and furthermost entails opening up to your own truth, and presenting it as such.

In other words, what you find inside is unequal to what someone else will find inside of them, but the underlying facts are the same. You are all members of a very, very diverse creation that has given life to so many different worlds. Worlds that encompasses a variety of different lifeforms, and of which humanity is only but a small drop in that vast ocean of intelligence. In addition, humanity can no longer claim to be the pinnacle of this creation, as they have in so many ways shown not only to themselves but also to the rest of us the limits of their feasibility of creating a self sustaining way of living. But now, in order to rectify this misconception

amongst humans, the truth about your lineage will start to become visible in more ways than one, and also from the most unexpected circles. Therefore, know that your role in this is indeed very important, as you will literally be a shining example to all of those still unable or unwilling to see beyond the borders created by their minds and by your oppressors. For you have started to see yourselves in all of your multilayered splendor, and once seen, it is never forgotten, and the truth of all of this will force itself out no matter how much you shrink from the thought today. When we say force, we do not in any way imply that we will unveil you all whether you are ready for it or not. No, what we mean by this is that even if your mind is unwilling to face that inner truth, or rather unable to do so just yet, your heart will be pushing your timid mind aside and it will do so in a manner that will be perfectly acceptable to you all. You will in other words start to embrace yourselves in all of the different manifestations of yourselves you will be able to connect with, and this will help you tap into that power you all carry inside that will eventually sweep away any and all of the objections your mind might try to conjure. This is in other words an unstoppable process, and it will have far reaching consequences, not only for you but also for the rest of creation. For as soon as you all take that final step into accepting and acknowledging the real, multilayered you, nothing can hold back the changes that will come through this awakening. Then, the dark fog will dissipate forever, and it can never again obscure your vision from seeing the beauty that surrounds you on all sides, even internally.

## 114

Never fear for your sanity sweet ones, even if you might encounter some things along the way that will challenge you mightily in this upcoming period. You see, once you have decided to let the veils start to drop, much will come to the forefront of your mind that might seem to be less than appropriate by the so-called normal standard. Or to put it more bluntly, the things that will start to seep into your consciousness that have been hitherto hidden in the deep recesses of your mind will seem to be almost supernatural to you, therefore it might be perceived as the imaginings of a mind that is starting to lose the hold on normalcy. Well, let us just say that this is something to strive for indeed, as the norm that is deemed as normalcy in your old world is very limited indeed, and now, the time has come to lift the lid on what the rest of creation deem as normal.

You see, to us, the whole of creation is so varied and wonderful, but to you, it might seem to be almost too much, as you have come to see creation by the very limited eyes - and indeed mind-of a human, and therefore your recollection of this whole multitude of existence that you are surrounded by has gone away from you. Therefore, seeing and sensing it again after such a long absence it will be like you have never ever encountered anything like it before, therefore you will at times have a hard time accepting what is there in front of you. And when we say "in front of you", we mean it in every sense of the word, as you will be able to perceive things that will be literally invisible and untouchable to others, as now the full scope of your senses will finally be revealed to you. In other words, you will start to interact with seemingly insubstantial things, things that will seem to linger in your field of vision, within earshot or hovering inside of your mental awareness in some ways that seems to be very intangible, but still perceived as real.

This might lead to all sorts of confusion, for it will be like two worlds colliding, or almost bleeding into each other. The tangible one you have inhabited up until now, and the other, more etheral one that is starting to fade into view seemingly superimposed upon the other one. As we have stated so many times, finding your balance will be the biggest challenge ahead, so too in this. Because you will encounter so many instances where you literally feel yourselves straddling a gap between two very, very different worlds, and it will be a mighty challenge

indeed not to lose your footing and fall into the chasm between these two worlds. But remember, that is indeed your role, as you are to be like the walker on a tightrope between two vantage points, and just like that tightrope walker, you must strive to keep your balance. And when we say balance in this instance, it is indeed the mental balance we refer to, as it is indeed vital that you do not lose it by way of going into fear. Fear is the one way out that you must avoid at any cost, as it will literally drive you over the edge. You must strive to keep your mental capacity at the best of its ability, because you must be able to discern the truth behind so many seemingly confusing signals your brain will start to send you now.

Remember, you have opened a door into a very multilayered world, and as you have been born and bred for such a long time in a single layered one, your brain and your heart will start to see different things whenever these new layers start to become more and more tangible in your life. Your hearts will know that all is well even if your brain will scream that something is very, very amiss amidst all of these confusing incoming signals that will start to appear in torrents of advancing light. Your senses will in many ways be bombared with so many to you unknown signals, and this will indeed set off the alarm bells within your mind. You see, your mind has been well trained to behave itself and to only "read" the signals you are presented as being reality, and to ignore anything that comes from your own intelligence. In other words, to obey the "orders" from the tangible world and mistrust any signals that seems to appear from the more intangible one.

To many, these very confusing signals from the hitherto invisible layers of existence that surrounds you on all sides will seem to be identical to those conjured up by a mentally incapacitated mind, and they will fear that they are literally going insane. We hasten to add that this is not unexpected, as your society has put a very short leash on what is deemed as "normal" and what is not, and in the very near future, you will all have many instances where you encounter things that will be defined as abnormal and insane by those around you who have refused to open up to this multi layered life themselves. We advice you to not listen to the advice from these sceptics, as they will certainly ensure that you lose that balance we have implored you to find and upkeep, and as such it is once again imperative that you seek out the assurance from those literally likeminded to you.

In other words, now the time has come to stay connected with others on the same journey, and never to lose this connection, as you will be more challenged than ever by those who deem themselves to be normal and lucid enough to say what is right and what is wrong. For deep inside of them all lurks the same truth that you are facing now, and as long as they dare not open up to it themselves, they will seek to eradicate that same truth from others. You see, they cannot stand the strength in those brave souls such as yours that have managed to pry open that door and look into the hidden depths of themselves, therefore they will resort to any means to try to take this newfound strength away from you. They will look upon your freedom from fear as a threat to their own way of living, and as such they will say and do anything they can in order to instill that same fear into you again. So seek the counsel of brave souls such as yourself, for that is the only way to ensure that you stay on the road towards that final dawn.

Together you will all make it, alone, you will be easy prey for all of those fear mongers who have already gotten their first whiff of the scent of freedom that you all are starting to send out now. And they cannot abide that smell. It makes them feel that inner longing to experience it for themselves so much stronger, and their gut reaction is literally to ward it off in any way they can. So connect well, and connect strongly, and help each other to straddle that great divide. Think of yourselves as a long line of luminous beings linked together to form an impenetrable and unbreakable chain of light, swinging freely over this dark divide. Shine on sweet ones, and remember that nothing wrong will befall you even if you at times will be hard pressed to distinguish clearly between all of these multiple layers seemingly appearing at random in your mind. You will be like that novice sailor. After a few bouts of motion sickness and wobbly legs,

both your stomach and your balance will be sturdy enough to navigate this undulating new sea you are about to cast off upon.

# 115

Do not despair sweet ones, even if you think you do not see any of the oft mentioned changes you have been waiting for for so long. You see, you can in so many ways be blind to your own magnificence, and this in turn will make you lose faith in yourself. You think you do not make any progress, and that everything is as dense – or maybe even denser – as it has been for such a long time, and this way, you end up with a heavy heart indeed. Well, lighten up sweet ones, you cannot even begin to imagine the magnitude of change you have already accomplished.

Please understand us when we say that this is in no way meant as any criticism, we just want to help you see yourselves more clearly than the perhaps overly murky image you have of yourselves. Your mind can and will play many a trick on you, and it is not unheard of that it can manifest so much cobwebs that it literally hides away the brilliance of your soul, and this has turned away many a weary soul. It is hard to keep your focus on the brightness inside at times such as these, when the density of your surroundings keeps pressing you further and further into a corner. At least, that is exactly what this process feels like to so many of you. You are as if suspended between a rock and a hard place, and the grinding and grounding of all of these outside and inside forces can wear down many a brave soul. Just remember, this whole process, even if it makes you feel far, far older than your physical age is in so many ways, is indeed the same process that will turn a grain of sand into an ageless, bright and shiny pearl inside the seemingly unassuming outer layer of a humble mollusc.

In other words, this process in itself with all of its challenges both of the emotional and yes, very physical kind, can make many a brave heart flounder and go under. And that is only to be expected, as it is indeed very hard to see the reality of this process. You can in other words have a hard time seeing your own progress, because it becomes almost obscured by that everyday grind of constantly striving and fighting to keep your foothold on a road that could not be more rocky. It is almost like every step you take carries you further into a wilderness that makes the view even more restricted, and that is why we are here following your every step. Not in order to check your progress, because we cannot and will not do anything that will make you lose your momentum. No, we are here to be that constant reminder of your greatness, as it is only for the lucky few to be able to keep that focus amongst this ever denser jungle of tentacles clawing and scratching at you from every side trying their best to keep you back and hold you down. This constant fight in itself can be taxing enough, but you also have to cope with the weariness of a physical body that at times almost refuses to take just one more step.

To sum it up: You have all covered so much ground and risen in elevation these last few months, but due to the clouds and underbrush covering up your field of vision, you feel almost like you are lost in an impenetrable wilderness. Again, nothing could be further from the truth, but we do understand those falling under the spell of this thick layer of obscurity. Therefore, we will do our utmost to help you feel your way through this dense fog, because you are the ones propelling yourselves forward, and you are doing an excellent job of it, but the forces of counter resistance are doing their best to hide this fact from you. It does no good to open your eyes you feel, because then you only see even more of this dense underbrush crowding in. Well, close your eyes sweet ones, and FEEL into your surroundings. Then you can mayhaps discover the fact that

the air has already cleared and the steepness of the hill has already started to give way to a much more easily travelled incline.

#### 116

Tomorrow will seem like so far away, at least the tomorrow you have all been waiting for so fervently, as this much heralded day seems to be ever fading into a very distant future. We know this may seem like a rather tiresome subject for some of you, but we will be insistent on focusing on this for now, as the waiting time seems to be stretching on interminably. We know this subject is one that pops up in many a conversation at the moment, and that patience is indeed wearing more than thin in so many places, but please believe us when we say that the major part of this ordeal is indeed behind you. That will not be much of a consolation to all of those sitting in the midst of turmoil at the moment, but we will continue on in our mission to motivate you all to keep up the good work. You see, you are very, very close to that seemingly intangible goal, but as the last stretch in so many ways will be the most challenging one, the goal may seem to recede too far to be attainable. That is also the case here, as to many, the final stretch does include the final cleaning operation. And that final cleaning operation entails going deep, deeper than you ever would have thought to be possible, and what you find there, is the most profoundly hidden scars you carry. These scars have been hidden away for a very good reason, as they are the ones that have hurt you the most, but now they will be and must be cleansed and healed once and for all.

This will resonate with many, but others will shake their heads in disbelief, and rightly so, as this is indeed a path for individuals, not for the great masses, and you all have to pass through your very own history in order to get to the end of this. It may sound exhausting, and in many aspects it is, and therefore the whole process in itself cannot be likened to anything but toil of the hardest order. Therefore, the end goal will have faded away for so many, as that literally enlightened state of living seems more than far away at the moment. Just remember, all the things you are working so hard to jettison now are the ones that have held you back from this literally lighter state, therefore this process of clearing not only yourselves but also so much of your environment of cumbersome baggage is all important, but it is also apt to make you more than ready to throw in the towel at times.

Please believe us when we say the the end is indeed so near, and this speeding up and intensifying of it all is actually signalling this very clearly to you all. However, the physical and emotional fallout from this intensifying process will make many a brave soul falter in their steps, but we do implore you not to fall for the temptation to fall back again. You have completed almost the entire process by now, so do not give up when the finishing line is almost within sight. We are well aware that for many, nothing could seem to be further away, as things are indeed falling apart right, left and center at the moment, but again, that is indeed a sure sign of success. That may sound like a misrepresentation of the situation, and rightly so, as you have all been well trained to try to keep everything under control. But now you can not and will not have any control whatsoever as to what will happen around you, because everything and everyone will be swept up in these monumental changes that will literally wipe the slate clean in so many ways. Remember the rest of your compatriots are busy accruing more and more heavy baggage by the day, so they will fare much, much worse in this upcoming storm of purification, so although it certainly may not feel like it at the moment, you are all perfectly poised to weather any storm now as you have already managed to jettison the majority of your added weight. You are already sufficently lighter to be able to float successfully on the surface of whatever it is that

will come in with the high tides, but for those still clinging on to the old, they will not be able to keep their heads above these frothing waters of change.

So count yourselves lucky that you decided to take on this challenge of that very, very thorough inventory of all that you have accumulated through the lives you have spent living on this little planet, as this careful inventory has enabled you to rid yourselves of that crippling entourage of emotional and physical baggage that would have ensured a final setback to all of your dreams. You have made yourselves able to reclaim that dream, and you are so close to starting to live that dream, even if your body and soul seems almost too exhausted to be able to do so. But again, soon the skies will clear and you will literally feel all of that heavy weight lifting off you for that final time, but in the meantime, make sure to look in the rear-view mirror, then mayhaps you might be a tad surprised to see the distance you have fought so hard to conquer. It is not a puny stretch dear ones, it is literally a giant leap of faith, and it has already brought you more than tantalizingly close to your final goal. So bear with us, and most of all, bear with yourselves, as you are about to take the last steps that will bring you safely ashore and into the brilliant lights of that much awaited tomorrow.

## 117

Todays missive will be charting more unknown waters, as we would like to delve exclusively on what is going on behind the curtain at the moment. In other words, we would like to give you all a sneak preview behind the veil, as you are at the moment at times almost certain that there is nothing but emptiness there. In fact, nothing could be further from the truth, as behind that thin membrane obscuring everything from you a whole lot of activity is going on. You have mayhaps a hard time believing this, as there is no sound or movement discernible on your side, but believe us when we say that it is literally a beehive of activity on our side. Although you might feel that you are the ones hauling all of the load on your own backs at the moment, the burden is more equally distributed, even if it might seem to be more like a spectator sport from our point of view. And make no mistake, we love watching you all at your labour, because you are doing so much beautiful work on behalf of us all.

You have mayhaps already come to the conclusion that your work, even if it feels very solitary at times, is indeed a toil taken on for the whole planet, and that is very correct. As we have delved into earlier, Mother Earth needs you as much as you need her, therefore your work is indeed essential to her – and to us – as well. But in order for your work to be a success, we will have to do our part of the bargain as well, and our job is to make sure that you get all of the tools and all of the assistance you need in order to fulfill your part. So let us just give you a few examples of the work we are doing on our side, maybe that can help assuage some of the anxiety on your side of the veil.

As we have delved into earlier, we are indeed a huge force to be reckoned with, and that pertains to every connotation of the word. We are almost like an army, but an army that has been set up to liberate, not to conquer. And what we have come to help liberate, is the force that has been kept away deep inside each and every one of you. So you see, even if this liberation campaign requires a lot of ground support to call it that, the true freedom fighters are yourselves, and you are indeed the bravest of the brave, because you came in knowing fully that you would be operating behind enemy lines as it were. So even if we can be of assistane in so many ways, you

will be exposing yourselves to the fire from your opponents merely by the fact that you choose to open the door to your own freedom.

Let us return to the subject of our role in this powerplay or show of force. As we were saying, we make up a mighty army, armed will literally all of the knowledge in the multiverse, and we have all of the power in the multiverse at our disposal as well. As you might know well by now, we, unlike you, have maintained that all-important connection to All there is, therefore we can call upon help from literally every corner of creation, and we do so fully in compliance with All there is, as this is not an isolated skirmish located to a small part of creation. Therefore there is much vested interest in the outcome of this battle of wills, as the results obtained here will ring out all across the web of filaments crisscrossing your universe and beyond.

You see, we are here to help restore balance in a place where much imbalance has been created, and this imbalance has been tainting so much else, and in order to restore this imbalance, you the ground forces, have now been formally reconnected to the outside world yet again, and therefore our task of assistance can be and will be more visible than before.

We have come from many parts of creation, and we all bring special talents and have different designated tasks in this. Some have come as specialists in treating your physical bodies, as this is the weakest link so to speak in your defense. As you know so well by now, this physical body you inhabit was originally designed to withstand so much more than the current edition of it, so since you will all have to be restored back to your former glory to call it that, it is essential that this is done in the most advantageous way. Many of you will have some lingering memories from visiting one of these healing chambers to call them that, who have been set up all around your planet, and some of you also have memories of encountering some of the medical staff working there. Remember that although some of these procedures might be perceived as uncomfortable and maybe even unsettling, all that is done to you whilst you are visiting one of these facilities is done with your wellbeing in mind, and you must remember that what we do is to restore your strength, we are not taking anything away from you. Or rather, what is removed, are things that have been programmed into your system in order to ensure a short lifespan. These can be manifested in so many ways, from a controlled onset of a debilitating illness to a mental trigger that will undermine your will to live, so there is a long list of procedures that you will be put through in order to correct all of these malfunctions that you have been set up with from your controllers. Remember, you all have different programmings, therefore every procedure is carefully tailored to serve your needs. Some need extensive work done, some have a lighter load that they carry, so each and every one of you will have a very different case history to call it that at the end of this processing.

In addition, we have set up a whole host of deprogramming centers, where you are taken to be "re-minded" of your own capabilities. In other words, a training ground where you get to recapture all of your "lost" abilities. Remember, you all carry the seeds of your greatness inside, but it has been well hidden for thousands of years. Therefore, you need our help to gain access and indeed regain your own faith in your abilities to use these talents yet again. Hence, the recurring dreams for some of you of learning how to fly, moving objects at will, time travelling and other things that seems to be "out of this world" as you might call it. We venture to guess that for so many of you, these dreams are hard to let go of once you reenter your awakened state, and that the temptation to reenter your dreamstate is strong indeed. Do not fear dear ones, as the novelty of these first fledging attempts of remastering your old skills will wear off, you will discover that these things will start to seep more and more into your consciousness while awake, so in the near future, you will not have to go to sleep to experience these seemingly impossible endeavors. But that is still a little bit off into the future, as you are nowhere near completing this "crash course" in re-entering your original state of being, so again patience is called for. Hopefully, these nightly encounters and endeavors will linger more frequently in your mind from now on, thereby assuaging some of this longing.

Another important subject is of course your ancestry, so we have made sure to have representatives from each and every civilization that has members living as human beings on hand. You see, it has been important to make you feel at home once again, so even if it might feel lonely down on Earth, you will all start to have a much freer access to likeminded spirits. In other words, communicating with others that harken from the same "place" that you do will certainly help to strengthen your resolve, and this work is also intensifying now. We know that for many, so much of these encounters are still going on behind closed doors as it were, in other words, you will not have any clear recollection of them once you return to an awakened state after a nightly sojourn to your "relatives". That will in some ways be taken as a confirmation that they are not able to secure this contact, but please do not think that anything is amiss if you are amongst those seemingly "un-contacted". Trust us when we say that not one of you have been left out in the cold, and that there is a very good reason if you cannot recollect any of these meetings.

Again, everything we do is with your best interest at heart, so when you are ready to remember, trust us, you will. And please, to not berate yourself if these memories still elude you as it is not because you are doing anything wrong. This process cannot be speeded up more than it currently is, therefore you will always get exactly what you need at exactly the right time. We are well aware that this will inevitably lead to frustration, but be that as it is. All in good time, as they say.

As we were saying, you have all been working more than hard lately, and although the bad news is that your workload will not lighten anytime soon, let us just say that the assistance you get on your way will continue to strengthen. We can already hear the groans of desperation emanating from all of those already staggering under a seemingly impossible burden, but let us just hasten to add that you will in no way be burdened by something you cannot carry. This will sound like puffs of hot air to some, but let us just remind you that you have still not tapped into that never ending reservoar you all carry inside, so let this be a small reminder that this journey is all about finding that power within. You can and you will take another step forwards, even if you feel about ready to fall flat on your face, because we have every faith in all of you that you can manage to rouse yourselves enough to be able to push through this haze of confusion and exhaustion and see yourselves for what you really are: creatures of such a magnificence you can literally burn through any thickness of dampening energy that is trying to hold you back.

And never forget, now the biggest part of this sticky goo trying to hamper your progress is seeping out from your old ego trying to convince you once again of your inability to raise yourself up from the mud and strive forwards with confidence. In other words, most of the resistance you encounter will come from the inside, not from outside forces, so this is in every way a battle of wills. Never think that you are unable to conguer and win back yourselves dear ones, because you are so incredibly more powerful than the outside layers of yourself are currently signalling. Deep inside, you are more powerful than the mightiest of mankind's power generators, and although your physical body is apt to lag behind in this amazing progress you are making, it too is more than capable of housing this powerhouse of yours so you will be able to utilize all of your strength from the moment you really start to tap into it. Therefore, do not despair even if you do feel more than burdened down at the moment. Realize that it is all a puny show of strength from the forces trying to make you turn a blind eye to your own magnificence and slink back into the slimy sea of discontent and disempowerment so many of your fellow men are bobbing around in. You, on the other hand, have been destined to recharge and reboot that dormant powerhouse again and wrestle yourself free from these in som many ways selfimposed thoughts of inadequacy.

Stay upright dear ones, even if the ground seems like the best place to be at the moment, because you really belong up in the clear air, breathing freely and flexing your new found

muscles in any way you can. Again, the pressure will not lift anytime soon, but you will start to push back with so much force you had no idea you even had it in you. And we are on your side sweet ones, giving you a hand and refilling your flasks whenever you are in need of some extra supplies to keep you going. We will not abandon you, not now nor ever, and hopefully, you will not abandon yourselves. You are more than strong enough to fight your own battle, never ever doubt that, but it is indeed a privilege for us to be allowed to take part in your fight. And we are truly honored to call ourselves your allies. After all, you fight this battle on behalf of us all, and you do so in the best possible way. We salute you all brave soldiers! You feel battle weary at the moment, but you will soon find that your real strength will start to make itself known to you in so many ways, and then the thought of laying down your arms and surrender will never ever enter your mind again.

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Once again we would like to take the opportunity to delve further into the magnificence that is you, as it is such a far cry form that fragile human being so many perceive themselves as. You might know already that you are indeed comprised of far sturdier stuff, indeed, you are but a twinkle on the canopy of heaven, but you are a twinkle, a glimmer, that will shine on forever.

Let us explain. For now, let us just forget the whole set up that you see in the mirror each and every day, namely the somewhat homely face and body of a being defined as a human, with all of the traits and all of the connotations this implies. Let us indeed concentrate on your essence, your spirit if you will, as that is something of such a mangitude it will literally make the whole lump, to call it that, of your human body seem like nothing but a mere speck of dust. And rightly so, for even if it is a construction of such complexity and marvel you can literally fill thousands of books on it, it is nothing compared to the magnificence that is the real you. For you are the cosmos, and the cosmos is you. You are literally the stardust that makes up all of creation, and you ARE all of creation. You are everything that exits, and you are so in the very core of your being. Nothing exists outside of you that does not exist inside, and vice versa. We know that this will make many a head spin, but sooner or later you will all come to the same conclusion, because deep down, you just KNOW. You know oh so fully well that you are all there is, no, not just that, you are ALL there is, and you are complete in each and every way, but as you have chosen to take residence inside such a frail and in many ways timid body and mind for this lesson, you have been obliged to let that knowledge go. Otherwise, you would not be able to learn the lessons you came here to find, and they were myriad indeed, but now the time has come for the completion of this cycle and the return to your true essence, your true magnifience. School is out, but that also means that a new class has started, this time the subject is indeed to re-member, not to learn anything new, so this time the curriculum will be well known, although somewhat obscure and difficult to grasp at first.

The training you have undergone whilst residing on this little planet has been rigorous indeed, and you have all delivered excellent results, but now the time has come to be reprogrammed once again to call it that, and bring you back to your roots. The roots run deep, but as they have been literally covered up with so much dirt, it takes a lot of digging on your behalf to reattach yourselves to these roots, but trust us when we say that you will be digging as fast as you can, for now you can feel the pull of the strength hidden deep beneath the surface you have been treading upon so blissfully unaware until now.

We will help you dig of course, or rather, we will help you to find the right place to dig, as your plot is not similar to your neighbours, so better not try to find your way by looking over your

neighbour's fence and see what he is up to. That will only lead you astray, as the treasure you seek is hidden somewhere only you can find it. We speak in metaphors of course, but we think you all know what we refer to, as you have already been well prepared to start your search and rescue operation by now. Again, what you are digging for is your freedom, and for some, they have already gotten their first tantalizing glimpse of what is hiding in the depths of their own backyard. For others, the process in itself will take a while longer, as they have mayhaps been occupied elsewhere, or have started to search in the far corner. But make no mistake, you will all find it, but not by brute force.

The treasure itself will give its location away to you easily, if you just silence the chatter from your mind and your ego, so the less you do, the better you will hear the signals homing you in on the target. It is like the signals emitted from someone buried under an avalanche. You can only pick it up and find the source if you tune in to the right channel. Remember to switch from sending out to receiving, as that is the only way to hear it. Again, we will repeat this, as so many of you are busy sending search parties out there into the ethers and beyond, when the only way to find that true signal is by sitting down and listen intently to what is happening inside. We will leave it at that today, because we think you are all eager to continue your search for that hidden treasure. Just remember to listen, and to listen well, and to ignore that ever present distractional noise being emitted from so many around you. They are only trying to divert your attention in any way they can, so it is up to you if you choose to follow the misleading trail they are setting up for you or not. Be careful sweet ones, it is indeed easy to get distracted in times like these, so keep your ears close to the ground, lest you miss out on that all-important signal from your own roots.

## 119

We have oft mentioned the need for patience in this work, and we will continue to do so, at the risk of getting mayhaps more than one irritiated frown in return. You see, this ordeal is far from over, but as you cannot yet see the full scope of the work you have already accomplished, it will be at times more than difficult for you to see any progress at all. So as usual, we will come to the rescue in some ways, and be on hand to try to reassure you all that you have not toiled in vain, even if you at times feel like you are lagging far behind your set goals. Your set goals are mere illusional, sweet ones, as the goals you are able to set up in your minds are nothing compared to the real goal you carry inside of you. And even if you might be able to conjure up a very convincing image in your mind of what the future you will be, let us just say that it will fall very short of its mark. That is because your minds are so limited, and you cannot even begin to understand what the future will hold, because even in your wildest dreams, you cannot see just how this whole new world will be. You are just not capable of it.

Let us explain. We refer to the mind here, and rightly so, as that is what you will naturally resort to using when you try to make up any idea of just where it is you are going with all of this hard work. But the mind has been conditioned to limit you, as it has been made unable to construct possibilites that lies outside the very limited way of life a normal human being carries out. In other words, your mind can only make variations of a very limited set of well known scenarios, scenarios that are a part of the illusion you are currently trapped inside. Therefore, you cannot even being to THINK yourselves out of the box, to use a a well known phrase. Again, you cannot think yourself into finding the solutions for tomorrow, for they cannot even exist within this limited frame set up by your narrow mind, but you can FEEL into it. And then the whole picture changes radically. But this is a very difficult concept for you to follow, as you have been well groomed to think within very precise definitions. In other words, you have been told to not

follow a way of thinking that will lead you into the murky depths of imagination, you must try to stick to reality as it is called.

Have you ever stopped to ponder why this has been set up as a golden rule amongst humans? Can it mayhaps be because someone has decided that this is a sure way to eradicate any free thinking, or rather, anyone brave enough to go against the borders and limitations they find inside of their mind and instead trust that inner voice calling from behind all of these set rules and regulations? Free your mind, many are fond of saying. Let us rephrase that to free your spirit and let your mind go. That will be a much more effective way of attaining your freedom. Your mind will always be busy inventing all sorts of limitations to your life, as it has been duly trained to do so. That is in fact its most important task: to ensure that you behave strictly within the limits that have been defined by your so-called society, or rather, but those whose only way to ensure total control of the masses is to manipulate all into thinking that you cannot think for yourself.

This may sound like garbled talk, but let us be clear on one thing: you cannot see the brightness of your future, because your mind just is not capable of doing so. Therefore, you will despair at times like these, when everything you see around you confirms the worst of your fears. Peace and prosperity for all seems like an ever fading dream, a subject that seems to be more and more distant and the stuff of dreams only, but nothing that could be said to become reality anytime soon. And you are correct in saying this, for in this world of yours where the mind rules sovereign, it is nothing but a far fetched dream, and it will always remain so. But you, dear ones, must learn to listen to your hearts more, because the heart knows that the truth is so far removed from this nightmarish world you are confronted with each and very day.

Your dreams are about to come alive, but because you are still unable to literally get a clear picture of what this dream really is, you cannot begin to see it clearly. And because you cannot see it clearly, to many, it seems even more unattainable than ever. We understand that, but again, do not forget that you have been conditioned to dismiss these aspirations for a far better world. Therefore you are apt to forget the greatness that is hiding behind this facade of "reality" that is crowding in on all sides. We see it, and we live it each and every day, therefore we know so well that it is not a dream. To us, it is the only reality, and when we look at your world, we see only a dream gone bad. Because you live in a world dreamt up by forces with ill intent. A world set up only to please a few misguided spirits literally hell bent on pleasing themselves in any way they can. So your reality is nothing but a dream, an illusion conjured up with the worst of intentions. But just like a blind person living in a world devoid of light, you are unable to see through this dreamlike mirage and see the beauty behind it. And like a blind person, you might take the darkness for granted, a permanent fixture, something not even worth contemplating. Therefore, waking up to a whole new reality seems more than far fetched, and to some, the mere idea of it will only engender irritation and anger by now, as they are more than tired of hearing these sweet words sounding like nothing more than empty promises.

We understand that, and we will not berate anyone voicing their doubts as to what will come about from all of this hard labour. But please believe us when we once again repeat the message we have already given you countless times. The work you do is not without any effect. In fact, not a single day, nay, not a single minute goes by without your mere presence giving birth to a new part of this much heralded tomorrow. You cannot see the fruits of your labour yet, but we do, and we can guarantee you that we are all in awe of the miracle you are performing each and every day. You are shining ever stronger, and the light is already penetrating into so many nooks and crannies where it has never ever been before. And with that light, reality can enter, step by step and day by day. And when we say reality, we mean the reality we share, not the illusion that has been painted on in thick layers by your oppressors.

Let your mind rest for a while, then mayhaps your heart can help you see clearer the truth of this message. Because deep inside, you all know so well that the world you are looking out on today looks nothing like the world you saw only yesterday. And tomorrow, it will have changed again and become just a little bit more like the one you are all hoping to set your eyes on. Trust us, you will see it all in its shining glory, when the truth of what we have told you will be apparent to all. Then the old gloss of "reality" will fade away forever, and no one can hide behind that flimsy facade they set up such a long time ago. The reality of tomorrow will slowly but surely replace the "reality" of today, and you are the ones who will complete the process even if you cannot see it clearly today.

# 120

As we have touched upon earlier, mankind has a hard time seeing the things that they are not meant to see. In other words, the programming that has overwritten your original blueprint has taken away your abilities to live as full citizens of this magnificent creation, therefore your outlook will seem bleak at this moment in time. But fear not, dear ones, you are about to be included in the multitude that makes up this vast ocean of creatures and entities once again, and just as in the blink of an eye after opening your eyes from the pitch darkness of night and into a bright new dawn, you too will be able to stretch, yawn and finally marvel at the rich tapestry unfolding on all sides. It will be like going from an old and grainy black and white silent movie and stepping right into a high definition surround sound, widescreen depiction of reality. In other words, this is once again a little reminder not to give in and pack it up as you are so tantalizingly close to finally experiencing this multicolored, multilayered reality we are all revelling in at the moment.

We know we are harping on with the same message, but that is because we know it is much needed. At the moment, there are literally thousands of you out there struggling to make it through just one more day, or maybe just one more night, as even the nights are many times not a time for respite any longer either. But again, the very fact that you can count yourselves in many thousands will be of some solace to some of you, especially if you manage to connect firmly with some of these fellow travellers. Not to bring each other further down, but to help each other shift the focus from the heaviest loads and to the fact that you are in this together, and you will make it all the way to the end if you help each other to really connect to the underlying energy that is fuelling all of these "ascension symptoms" to call them that. Remember, you are not being put through all of this just to make you feel all of the aches and pains both in your physical and emotional body. This is not meant as a punishment in any way, but we are aware that for some, it will certainly feel like it at times. And again, you have been well trained to think that anything that does not feel easy and "symptom free" to call it that must be avoided at all costs, because it is probably not good for you. Well, in this case, let us just say that each and every twinge of physical discomfort that accompanies all of these energetic updates are telling you the exact opposite. Namely that you are being upgraded and purified to such a degree that there can be no doubt as to what the outcome of all of this will be. You are becoming as if new again, or rather as if old, as you are all being restored back to the brilliance you once was. And when this process is finished, you will also have been reconnected to the vastness that makes up All of creation, and you will be living that high definition, multicolored version of a life that you have hankered for for so long.

In other words, although the process in itself is more than exhausting, and the temptation to call it quits can come visiting more often than not, know that everything is indeed a sure sign of progress. And for every time you feel something gnawing inside of your physical body or in your

mind, rest assured that there are good energies at work, energies that are putting you together again piece by piece to undo all of the dismantling of your powers that took place many lifetimes ago. It is like those diligent workers restoring an old rubble of stone back to its former glory, brick by brick, layer by layer, until it finally stands there in all of its glory for all to see. So too with you, and believe us when we say that even if it feels like the wrecking machines are doing their best to dismantle you completely, it is in fact only the labour from this restoring process you are feeling. In other words, you are not being torn apart, but we do understand that you are feeling as such, so we will not stop giving you these messages and hopefully clarify the process to you during the remainder of this work.

You are too valuable to be mistreated in any way. But as that is what you have been by the forces so intent on bringing and holding you down, this restoration work must be done in the proper way. Otherwise, you could be tempted to just collapse back into a heap of fear again. But never fear, as the work we do will effectively remove any hidden traps that could catch you unawares. The fear we refer to, is the one you yourselves might engender if you get the wrong idea of the work we are putting you trough. In other words, those that fall for the temptation to think that these growing pains are not worth the effort it takes for you to stand in them each and every day, and that even though you feel the hammering going on incessantly, you cannot yet see any difference. Let us just remind you that there are so many reasons why you cannot see the results from all of this yet, and that this is not proof that it is all a waste of time. No time is wasted, and no effort goes unrequited, and the foundation you are standing on now is so strong that nothing outside of you can tear it down again. It is only your mind who can do that, as you are the only ones capable of making your carefully reconstructed entity fall to pieces again. So do not fall for the temptation to topple yourselves dear ones. You are made of much sturdier material than you think, and although you look on the outside like the same flimsy and somewhat shaky building you once was, nothing could be further from the truth. You are as an impenetrable fortress by now, and the only impostor that can be a threat to you, is the one you harbour inside of your mind. So make sure to let the forces of your heart reign sovereign, thereby the insurgence from your mind cannot be of any threat. Not to you, nor to others.