

Today the sun shines down her beautiful gifts yet again, but for many of you, these gifts may not feel as beneficial as they really are. You see, these storms do indeed churn up so much dross you might still harbour inside, and to many, this will bring about many a negative mood during this period of intense bombardment. It might not feel like it at the moment, but all of this is only doing you a world of good – and we do mean that in a very literal sense. However, it might be hard to keep your focus on the real intention of these downloads when you have to struggle with your own internal affairs to call it that. Let us just remind you that just as a sailor in a storm, you would be hard pressed to see that salvation comes in the form of even more waves of the same ferocity, but that is just what is transpiring at the moment. You will all be hammered with so much energy that nothing can be kept hidden away inside of you ever again. And remember, you all carry your own unique luggage around, so this process will be very individual for you all, and therefore the severity and longevity of it all will vary according to how well you have been tidying your closets beforehand.

Remember again, this is not a competition, so best not use the opportunity to compare yourselves and see who is getting the hardest ride at the moment. This is not about who "finishes" first, this is about who surrenders to this process willingly and understands what it is all about. Not a contest of abilities, just a contest of will, were you are pitted against your own self in so many ways. The outcome of all of this is certainly assured beforehand, because you all came in fully knowing that this would be the perfect storm that you would have to face in order to fulfill your destiny here on this planet.

As we have told you again and again, you have all the necessary strength inside of you to complete this process, even if there still are fearful voices trying to be heard if you choose to listen to them. We advise you therefore to close your ears to these less than fruitful messages they are trying to lure you to pick up on, and rather face the sun and feel how the energies are already surging through your body. Your body and soul knows fully well just how strong you all have become because of this, only your mind will insist on playing tricks on you and literally blind you to your own magnificence.

Do not think that we have given up on you in any way, we just want you to remember that you are all sovereign beings ready to step into the knowledge of being just that, so do not let yourselves be held back by that at times overwhelming stench that inevitably accompanies these bouts of releasing old dross. As we have said before, these bubbles of stagnant energy will certainly make their voice heard as they pop, and now all of this solar activity will force so many of the bubbles to the surface you might have a hard time breathing freely at times. Again, the best answer to this is as always to lift your head and focus on the horizon, and if you think you have heard this advice too many times already, all we can say is that we will indeed keep reminding you of it, as otherwise we know it will be too easy to forget. And when you forget, you might very well trip yourself up by shifting your focus on to all of the negativity pooling around you on all sides as it exits not only your body but also so many beside you. We remind you that this will not be able to taint you again as long as you resist the temptation to stoop down and engage with it again.

Keep marching ahead sweet ones, and know that your speed has been infinitely increased by these last days of solar activity, and it is about to be lifted to a new level by those flares still waiting to come in. Rest assured that all is well even if you feel worse for the wear, and know that your physical body can withstand anything no matter the magnitude of illumination it will receive in the days and weeks ahead. You have become ferociously strong dear ones, and you will need that strength to take you through these storms, so stay focused and connect with your core, that is our final advice today as it will be in so many upcoming messages.

Part 102

For now, things will seem to quieten down a bit as you all start to assimilate all of those doses of high voltage energy you have been receiving during these last days. It was no mean feat, let us tell you that, and we venture to guess that they certainly left their mark on you at impact. That is not strange, as they were of a magnitude hitherto unseen on your shores, and we all applaud your efforts in this sweet ones. You see, you have just managed to install a whole host of important codes that will be triggered in a sequence that will literally take your breath away, and when this sequence kicks off, you will be leaving behind so much of yourselves you did not think you would ever be rid of. Much like the booster rockets used to employ your spaceriders into space, so too will these encoded "timebombs" to call them that ensure that you will be able to reach that required level of ascension that will enable you all to reach all the way to the stars.

We may use rather fanciful words to describe this, but underneath them all lies such a level of profound knowledge and distilled energy it can be called nothing short of magical, and when you start to tap into this yourselves, you will indeed waste no time in declaring it magical too. You see, what you have entered is that final phase of unveiling that will slowly but surely start to open up to you all, much like a tiny bud of a flower opens itself to show off its stunning beauty. To some of you, the sweet perfume from this beautiful flower that is the real you have started to seep into your consciousness, and even through the stench from the so-called real world this hint of perfume will set your heart reeling with the possibilites it foretells. From now on, things will start to manifest, and you will all have the joy of discovering just what lies in wait for you underneath this rather battle weary exterior you are hiding inside of, and we wish you all well on this journey of discovery, for we know that you will be more than overjoyed from what you find hidden there. No more for you the certainty of a short life burdened by the fears of tomorrow, as you have allowed yourselves to escape the drudgery of a mere human existence that you have been trapped in for so many lives. The time has come to start to sing to your own tune now, and we know you will all sing so well, as this latest bout of energy has certainly cleaned your pipes sufficiently for you all to start finding that clear and pure tune you all carry inside.

That is all for now, we leave you in peace on this merry morning. Let the sun shine all the way into the depths of your hearts sweet ones, and you will hear your true voice ever so clearly. It's time to let it out dear ones, time to start singing that tune out loud in joy and anticipation for what is come.

Part 103

Today we would like to take the opportunity to delve deeper into the mysteries of the last few days, as to many, they cannot fathom the depths these impacts of energy will have not only on them personally, but also to your world. You see, these seemingly innocuous streams of multicoloured lights that accompanied these storms were not the only fallout from all of this. No, they were merely the icing on the cake so to speak. Let us explain.

For many of you, these displays of heavenly extravaganza may seem to be very familiar, as it is a sight that has been seen by the eyes of mankind ever since you first set foot on this planet. But this time, these ribbons of auroral lights heralded the arrival of something new on your planet, something that will change everything and everyone forever. You may not be aware of this, but the longevity of these displays of incoming engery was rare indeed, as the sun usually shows

more restraint in dispensing out these fireworks. But this time, she did not let up until she had fired several volleys in your direction, and we all thank her for her willingness to do so, as without these volleys of intensified communication coming in, you would all be hard pressed to finish the tasks you came here to do.

As we have touched upon earlier, hidden amongst all of these outwardly impressive coronal displays a very important transaction was taken place, hidden from the prying eyes of those still set on maintaining status quo on this little planet of yours. But even if they were aware of the magnitude of these missives, they would have been unable to do anything to stop them from reaching their targets. And the targets were multiple, as not only you, the awakened, received those oh so vital codes that will help you to transmute the last and final batch of darker shades still lingering in your vicinity, but it also penetrated deep into the core of your faithful Mother Earth and gave her a much needed injection of energy that will help her to complete her cleansing process as well. She is gearing up now, as these barrages of energy have set her well on her way to complete her highly sought goal of ascending from the lower vibrational field she has been held trapped in for such a long time, for she as well as you are on this mission to lift humanity to a whole new level.

You might be aware of this already, but it bears being repeated that this is not a process isolated to mankind, this is a process that involves the whole of creation, and as such there are many pieces that have been fitted together through these last few days that will ensure a smoother running of the whole show as it were. In other words, you have just witnessed the flare that signals the start of that final dash towards the finishing line, and we do hope that this will make all of the hard work you had to go through in these intervening days well worth it. You see, there is no turning back now, and as the completion of this sunspot's cycle is coming to an end, you have only begun to feel into what she actually left behind in her wake. It was a majestic show she put up indeed, but it is mere smidgens compared to what her parting gifts will engender as they all start to weave their magic on your beautiful little planet. And yes, this time it will be unavoidable to see and feel the effects all of this will have on humanity, as Mother Earth is gearing up to give her response to the gifts she has been given. Fear not, even if the roar from her will make many a timid soul tremble. She is finding her voice, much like you all are at the moment, and it will be an impressive one indeed, and the time will come for you all to hear her clarion call that will signal the advent of a better future. Listen well sweet ones, she is calling to you, and you best heed her call, because those that will choose to ignore it will certainly be made to listen anyway.

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As of yesterday, things took a step in the right direction once again. As this might get some of you up in arms, let us hasten to explain that we do not refer to things that would in any way hit the headlines, neither in your local news, nor the international ones. You should be well aware by now that these leaps of faith we refer to almost always allude to important events going on under the radar so to speak, and so this too came down without any fuss, at least in some aspects. But in our view, yesterday was a high point indeed, as it served as a monumental confirmation that your world has stepped so much closer to the level of perfection that we are all striving to help you reach, and it gladdens us no end that this process is picking up momentum in leaps and bounds at the moment. It is time to kick back and enjoy dear ones, as you will all soon be enveloped in a whirlwind of change that will spin not only your heads but also the rest of your being almost into a frenzy.

We speak in convoluted terms as always, and we do so fully aware that this is more than irksome to many of you. You simply cannot let go of the desire to fill in the blanks as it were, and you almost want a detailed script to go by before you reluctantly let yourselves be swept off by this gathering momentum of energy that is barreling into you. You grasp on to the last remnants of certainty that you can still find, regardless of how this actually heightens the stress on not only your body but also your willingness to finally let go and join the forward movement in earnest. Can you not see how much harder this resistance to believe makes it oh so much more taxing for you than need be? Remember, taking the path of less resistance this time really entails taking the bull by the horns, namely confronting that insistent analytical mind of yours that is tying you down with all sorts of fearful needs to be assuaged before you can take even one small step further towards your quest for freedom. This may sound complicated, but let us just say that in this, less is truly so much more, as those that have managed to let go of any expectations at all as to how these proceedings will develop have it far easier than those still bent on following a clearly defined curve ahead. That curve does not exist except in your mind, and as long as you stubbornly refuse to let go of the notion that the mind knows best, this journey will be filled with so many stumbling blocks you will be hard pressed to find your way forwards amidst all of the rubble.

We say this in order to make it very clear that you can never expect to have a clear view of the road ahead in your minds, only in your hearts, and we know that on the surface, this will sound as a self-evident and easily understood concept, but in reality, it is indeed the hardest thing to embrace for any human being. You see, you have been well trained to defy anything that does not qualify as logic, and in this respect, you have certainly been overruled by your mind for many, many a lifetime. But this time, you must learn to let go of the stiff armor of logical thinking you are being held prison by, and the only way to do that, is to make sure that the voice coming from the heart must be let out to override the "voice of reason" that is doing its best to outvoice it.

We cannot say this strongly enough, for if you continue to let your mind set the pace, you will forever stay mired in a deep sea of unfulfilled expectations, and these will only serve to keep you safely moored in the lower vibrations. Only those ready to take that leap of faith and literally go with what the heart tells them is true, will be able to see that their dreams are really, really becoming reality right in front of their very eyes. It is up to you dear ones, to choose which voice to heed as things starts to speed up so much more. And remember, in the ensuing confusion that will be the fallout from this world wide intensification, you will have an even harder time separating the voice of truth from the voice of confusion, so you better prick up your ears while you still have the chance to hear anything at all above the din that is starting to gather strength even as we speak. So listen, and listen well, and you will certainly find your bearings if you manage to pick out your true voice in the choir of disillusionment and despair that is making more and more noise as the days and weeks go by, seemingly without any of the changes their minds are so set on seeing before they take the next step. It's time to fall out of that line, and set your own course ahead. Staying in your heart will certainly ensure that you do not get lost along the way, like so many of your fellow men assuredly will do. March to your own tune, not that of common reason, and you will see that you will find what you have been searching for long before that mass of obedient minds ever find theirs.

Today, the topic will be a short review of the things that have happened so far in this period, in other words, a short recap of just what these last energy bouts have been all about. As we have already mentioned, on the outside, much will seem to be the same, but that is not the story if you venture under the surface. When we say the surface, we are alluding not only to your bodies, but also the crust of your little planet, and the layers of energy harbouring there. As you might be well aware of by now, not only you but also the whole of your planet is nothing but a living and breathing field of energy, a moving field of currents, never at peace, always transmuting and forever changing. Energy never stays still, it is always seeking new outlets to shift and move about, and although everything around you seems to be solid, nothing really is. This solidness is only a trick of the eye so to speak, as in fact, everything you see is literally flickering in and out of existence in a way, much like a moving picture used to be composed of 24 individual frames or snapshots for each second of animation. This is indeed a scientific fact, and you could be well advised to delve deeper into it, as it will in many ways help you understand just how all of the energetic changes will be able to create such a new set up of parameters for you.

You see, you are all literally made up of tiny, tiny fragments, much like the individual droplets making up a dense fog, but just like the fog, you are nothing but ethereal wisps of smoke. Therefore, changing your whole setup is much more easier than it would appear to an untrained eye, because you can only see yourselves as literally big lumps of solid flesh and bone walking around on very solid ground. Well, let us just say that you are indeed nothing more than highly charged little particles gathered together in groups set up to comprise a single human being, and the planet you walk so confidently upon, is just the same. These words might fog up your brains, as this concept is indeed very difficult to understand, but we touch upon it because it has a vital bearing on the process you are about to complete. You see, this seemingly dense lump of material making up each and every one of you is actually a very, very lightweight cloud of energetically charged particles that responds very well to any outside interference if you will. In other words, by charging you all up with the intelligent energy that is currently being beamed into you into enormous quantities, we can ensure that not only you, but also the ground beneath your feet is being lifted up in vibration, literally made lighter, and thereby ensure that you are being shifted from the lower and heavier density you were trapped inside and up into the next level of existence.

This is a complicated subject, so we will return to it on numerous occasions, but we wanted to shift your focus somewhat from the goings on that you bear witness to each and every day in your mass media. You see, these lower density occurrences will keep going on, as there is a whole host of your fellow humans beings who have elected to stay away from these rearranging beams so to speak, and they will continue to play out their well rehearsed roles for as long as they choose to continue this charade. But for those of you who have literally chosen to enlighten yourselves, these barrages of energy have already transmuted and shifted so much of your own energyfields that they have ensured your freedom from these lower realms for eternity. You see, once your load has been lightened in this manner, you cannot go down into the depths yet again, or rather, your whole set up has changed in such a way you have literally been lifted out of the swamp that the others have chosen to stick to. By all means, you can visit them down there, but it will literally be just a visit, as your whole energetical setup will draw you back up again if you descend too low or for too long a period.

We will not delve much deeper into this today, but let us just conclude that the fog is lifting dear ones, and we do mean that in a very literal sense. You have all become even more luminous beings because of these last heavy injections of uplifting energies, and even if you might feel even more heavy because of the physical side effects of this, let us just assure you that you are literally taking your first steps on air, because your sweet home planet has become just that

much lighter along with the rest of you. That is all we have for you today sweet ones, but we will assuredly return later on with more on this same subject. Spread your wings dear ones, and get ready to start flexing them in earnest in preparing for that first soloflight of yours.

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Today we would like to delve deeper into the unknown world of your tomorrow, or rather, the forgotten world of tomorrow, as in your heart of hearts you are already so familiar with the concept. You see, you harken from shores where what you dream about today has been a fact of life for eons, and as you have once trodden upon shores where love prevails, you cannot wait to get back to that reality. A reality that stands in stark contrast with what you can observe on all sides at the moment, and as the veil is getting ever thinner, your recollections of days gone by in a much more paradisiacal environment is coming ever further to the surface. Hence, frustration and disillusionment is rampant, as you can only see too well the deep divide that separates you from this existence today. This gulf is widening day by day, as there is seemingly no end to the atrocities mankind can engage in, and the light seems to be dimming in so many places around your world.

Fret not, sweet ones, that is truly a sign that everything is about to change for the better, because if you were not sufficiently awakened by now, you would not even blink an eye to the awful news you are served daily by your mass media. The further you raise yourselves from the level that the rest of humanity is content to stoop to, the more outrageous their behaviour will seem to you, and the closer you are to actually attain your freedom from it all. This may sound self contradictory to you, but that is exactly what is going on at the moment. Everything is picking up speed, but while you are hurtling ever faster into the higher vibrations, the rest of humanity is on an ever steeper downslide, and the gulf between you is thereby widening. Again, we have referred to the separation of the two timelines, and this is a very apparent sign that this separation process is indeed in full swing.

The interesting thing is, that even if the magnitude of negativity is reaching an ever higher point in the world, your abilities to disengage yourselves from them is also escalating. In other words, once you have taken that deliberate choice to heighten your own frequency of vibration, you will be able to watch the goings on in the lower spheres without being as emotionally involved in them as you used to be. In the eyes of a less advanced beholder, this will seem to be a sign of callousness, but it is anything but. We have touched on this subject before, and we will do so again, for it is vital that you understand your own role in this. You are the wayshowers, the beacons of light, and your first and most important task is to separate yourselves completely from the games set up to entrap humanity in an endless charade of events set up to disempower you all. If you get sucked into this game, it is almost like being swallowed into a dark hole in the universe, almost impossible to release oneself from it. But you have managed to do so, and cudos to you all for doing just that! It is in no way an easy task, and the hardest part of this separation process is still ahead for so many of you. We talk of course of that process of relinquishing any sense of obligation you still carry for the liberation from this matrix to call it that for those near and dear, as this is the final anchor still keeping you stuck to the old. But as long as you remember that you are here to show the way out by your own actions, these anchors will slowly start to wriggle loose from the sediments that are holding them back.

You see, the tomorrow we refer to is one where you are all the glorious free spirits you so rightly can claim to be, where each and every one of you are connected from the heart, not from any kind of pressure or obligation. You will learn to live again as free spirits, and as such you will remake your communities into places where love is the guiding principle and where respect for

your fellow men and for your surroundings will guide each and every step you take. Then, the road ahead will become very apparent, and the choices you will make will seem very self evident, as the rule of fear and powerlessness will be but a fading memory. It will literally be like coming home after a long sojourn in the desert, as you are indeed shining souls who volunteered to come down and release the shackles the darkness placed on humanity for such a long, long time. We know this will sound like fluff to many of you, but deep down you all now it is the reality you are all striving to resurrect, and you will be the proud settlers in this awakened world you call tomorrow. And never forget, tomorrow is only a short night away for you all. So do not fear the darkness dear ones, it will only signal the transition from the today you are living in now into the longed for tomorrow that is waiting in the wings.

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Today marks another important passage for humanity dear ones, as today your world is once again tilting on its axis and rearranging the balance it has held so precariously for such a long time. Let us explain.

As you might be aware of, the day of the equinox is when your planet is suspended in seemingly balance, where night and day are of equal lengths, and everything seems to be holding its breath for what is to come. Well, let us just say, that just as the days are getting longer now in your northern hemisphere, and where the day will outlast the night from this day onwards, so too will the light slowly but surely take over from the darkness that has been covering your globe for eons. This is a remarkable day in so many ways, as not only is it inscribed in all of the ancient calendars as the start of a new year, a new cycle, and as such it has been celebrated and venerated for many thousands of years. In addition, today marks the passage of your whole existence from a barren and wintry cold sojourn and into the lighter days of spring, heralding the slow onset of a warm and fertile eternal summer that will soon envelop you all in her glowing embrace no matter what end of your planet you reside on.

Humanity has once and for all decided to cast off the garment of inner darkness and chosen to clothe herself in raiments of pure light, and just as the sun will be creeping ever higher over the horizon, so too will this all-enveloping light of love spread her rays and warm even the loneliest of hearts as the days grow longer and longer.

Rejoice, sweet ones, the time has come to sow the seeds of happiness, and the harvest you reap will be plentiful indeed.

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Today's transmission might seem to be a bit awkward, as we would like to delve into a subject that for many entails to be of a rather private character, namely the emissions and the accompanying aches and pains your physical body is currently in the process of engendering. This is indeed a rather unwholesome subject to some, as all of their bodily functions are something that needs to be kept very private, but this is indeed what needs to be addressed, as it is a very important part of your physical tune ups to call them that.

We are aware that this will seem to be very insignificant in the whole picture, as to most of you, what is going on around you, indeed in the entire universe, is much more interesting than what is actually happening inside of that physical vehicle you inhabit, but nothing could be further

from the truth. In fact, your seemingly humble sack of flesh and blood is such a magnificent creation it far surpasses much of the other things that exist. We will not go into too much detail, suffice to say that if you would pick up any book on the subject of your anatomy, you would be flabbergasted by the complexity of this beautiful construction. Indeed, your scientists are admitting that there are so many processes going inside of you that to them are too complicated to explain. In other words, we would like you to take a closer look at this seemingly inconspicuous physical body of yours and give it some examination, as this is indeed a most important part of this whole ascension process.

Let us explain. You are well aware that your purpose here is to ensure that you raise the level of vibration in yourselves in such a way that you can ascend to the next level of awareness together with your home, Planet Earth. But in order to fulfill this task, your biggest challenge is to do so whilst being inside that physical vehicle, your human body, and the reason for that is simple. Without this body, you cannot continue to be a living, breathing part of this world you call the earth, and she needs your presence here in so many ways you cannot even begin to comprehend. You are her trusted companions, and you have a sort of symbiotic relationship that together makes up a very special part of creation. You see, you are not the same without her, and she would not be the same without you, so your presence here in that physical body is indeed very important. Do not forget that your world is also home to a whole host of more intangible beings at the moment, but you are the main reason for her existence. She has been set up as a special place for training, and as we have delved into on earlier occasions, this training entails living a life inside a very physical body, something that is very different indeed from the kind of life so many of you have experienced before.

It would be an easy task if you were to just raise the vibration of your etheric soul, unhindered by the presence of a physical body, and for many, this task of raising the level of vibration inside that vehicle is just too exhausting, and they decided to leave it altogether. We do not judge anyone that chooses to do so, but as we have said earlier, that means leaving with an unfulfilled task, as it is the literal lightening of your physical bodies that is so essential to this process. You are not meant to "slip into" the next level unhampered by a physical body, you are meant to embrace this process wholeheartedly and ensure that you get to the other side as it were whilst still a whole human being. Complete with warts and all as you say.

And in order to do just that, you are treading up a path that no one has gone before you, as the process of raising the vibration inside just such a physical body like yours is indeed a mighty task few others can claim to have done. As we have told you earlier, you are indeed brave pioneers, and part of the unknown territory you have to traverse is your own body. It has started a total metamorphosis, indeed, it is well on its way to master this immense process of being tuned into a totally new level of mastery, were it is transformed from a carbon based structure and into a crystalline form, almost like a humble piece of coal is turned into a brilliant diamond. And just like the diamond, the pressure it takes to achieve this transformation is immense, hence the not so pleasant reactions you will experience along the way.

We started this missive by saying that we would like to cover a rather unsavoury subject, and that is where we are now, as we would like to delve into the rather unpleasant side effects from this "pressurizing" that is currently being put upon your whole structure. Most, if not all of you, will have already been well exposed to these effects by now, as it is impossible to go through such a thorough restructuring of your body without any notice at all. You have been exposed to so much intense energies that are literally rewriting your whole dna, and this will cause a lot of "symptoms" on a more or less daily basis at the moment. We have already delved into the mental challenges at some length, so now we would like to delve a little bit into the physical parts of this process.

First of all let us just remind you that you are all individuals with a whole unique set up of features, and as such, no process will be exactly the same for any of you, but there are some underlying factors that are identical. One of them is the cleansing process that is going on now. It is perhaps the most important one, and indeed the most challenging one, as not only is it a total clearing of any mental and emotional residue that you might still carry, it is also a thorough cleansing of any chemical and physical residue that you have picked up along the way. This is the "nasty" part of the process you might agree, as you are all well aware of just how your body cleanses itself from any waste products. We venture to guess that the toilet has been a much frequented place these last few months, and we also venture to guess that your visits there have been rather intensely odoriferous to put it rather delicately. Or to be more blunt, the fluids and matter you have been expelling from your bodies have at times seemed more like toxic waste from a chemical plant than something excreted by a human body. The reason for this is simple, as you have indeed been ridding yourselves of so much introduced chemicals in your system, it is almost to be likened to hazardous waste produced by the more unsavoury factories that abound in your environment. You see, your bodies have been exposed to so much of these chemicals every time you breathe, drink water or eat food, it has been almost like a waste bin of harmful substances. But now, thanks to these barrages of energy, these substances are literally forced from your bodies. You see, they, along with so much else, are not compatible to your heightened level of vibration, and therefore they will be literally forced out in any way the body knows how to.

As we have said earlier, this process can in many ways be likened to a very thorough spring cleaning, and this time, no corner will be overlooked. So do not be disheartened by those seeming endlessly recurring stomach upsets that plague you intensely at times. They are in fact a sure sign of this clearing up and lightening up process, and even if they might be considered as the most unpleasant and mayhaps rather embarrassing moments, thank your body for its willingness to support you in this by working so hard to purify itself. It is doing all it can to keep up with your spirit, but it needs your support back, so make sure to tune in well and listen to what it tells you to do and what not to do. That way, you can help to make this a real team effort, and ensure a rather less exhausting trip than if you refuse to take your body's signals to heart.

That is all we have for you today dear ones, we will return with more sweet smelling missives than this one at a later time.

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Today will be an interesting one for sure, as you will start to feel into the new energies that have been pumped into your atmosphere for the last week or so. You see, not everything you receive make its mark on the skies in the form of beautiful colours, like the wonderful auroral displays that heralded the last big bang so to speak. No, there are other, more discrete forms of inoculations at work, some that your scientists are only now started to get an inkling on. They have started to measure the amount of energized particles that hovers around your little planet, and sometimes they get some interesting and mayhaps surprising results, because the numbers they see on their screens seems to be a tad bit higher than expected. And this is only the beginning sweet ones, as they will indeed be scratching their heads on more than one occasion in this upcoming period. We think you will hear the phrase "above normal levels" in many a field from now on, as much will seem to be elevated compared to what has been deemed as "the norm". Well, let us just say that there will be no "norm" about the things that will happen as the days and week go by. You will see all sorts of unusual patterns developing, not only in the weather, but things seemingly unconnected will start to behave as they have an unusual

interaction not witnessed before. Everything is picking up speed, so too the linking together of so many things that previously have seemed to be not connected to anything at all, and this will have many interesting consequences.

Remember much of what you take for granted is based upon a certainty of a set of unchangeable rules, but now these rules will start to change in so many ways, seemingly at random. The outcome from all of this malleability will be so many malfunctions and glitches in diverse fields, so best be prepared to encounter problems in areas where there have been no problems before. In other words, expect the unexpected, and do not take anything for granted. Humans have a tendency to think themselves as superior to the rest of creation surrounding them, but now they will feel their grasp on this start to slip in so many areas. Remember, you have made yourselves so dependent on all sorts of electronic devices and systems that control so much of your daily life. They are often described as foolproof, but let us just see who will start to look rather foolish as things start to escalate and natural forces start to play out in a much broader register than you would have thought they could muster.

Keep your eyes and ears open sweet ones, and stay alert so you do not get sideswiped by something deemed "unable to fail". Nothing is guaranteed in this fragile structure you call advanced civilization, so do not be surprised if systems start to show more than a little wear and tear here and there. Just remember not to get caught up in the anxiety this will engender in so many people's minds. It can be more contagious than you think as people find themselves unable to do the things they take for granted in a "normal" day. We think you will find that the "normal" day soon will be a bit more adventurous than you could have hoped for at times, so again we implore you to work on your balance so you will be well equipped to weather the storms that will come your way soon.

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We would like to discuss the topic of self-sufficiency, but perhaps not in the manner you would expect. We do not refer to it in the sense of gathering and providing yourselves with the means to feed and clothe yourselves, but in the sense of ascension. You see, there are so many out there who are searching and searching for someone to provide them with the means to find the clarity that will help them prevail in their quest for enlightenment, but alas, they search in vain, for it is not on the outside you will find the answers. Let us explain.

We have on so many occasions told you that you already possess all of the skills and all of the capabilities you will ever need to fulfill this quest, but they have been "conveniently" forgotten, or to put it more bluntly, you have been made to forget them in order to reduce your strength considerably. You have been told again and again that you are not capable of self rule, and you have been given so many examples as to what would happen if you were left to find your own answers. They have told you in so many ways that the result would be mayhem and chaos, and the only way for man to survive is to relinquish his powers to those that have placed themselves above him in the powerplay that has been set up on your planet. In other words, the powers that rule have made you all feel less than capable of handling your own life, and there have been set so many rules and regulations in place that will control you literally from the minute you are born and to the time you leave this existence.

In addition to this ever growing list of dos and don'ts, humanity has taken upon itself to rein in those foolish enough to start going their own way, and no one can be more cruel than those self-appointed guardians of "the right way to behave". You have to keep to these strict limitations,

otherwise you risk ostracism from your peers, and you will suffer the consequences of stepping outside the conventional borders as it were in so many ways. Therefore, the meeker the better, and those willing to comply with this narrow minded system is certainly rewarded in so many ways. Whereas people like you, who have taken upon themselves to separate yourself from this brainwashing scheme will be hard put to find any reward at all from your fellow humans. Therefore, the temptation to fall for the idea that your own sense of right and wrong is not trustworthy is very strong, hence the need to find someone or something out there to tell you what to do. You have been made so powerless by this system, therefore you have a hard time starting to believe in your own powers again after lifetimes of surrendering to this dictatorial system, but free yourselves is what you are here to do, therefore finding your own powers is vital. Otherwise, you will only fall back into the trap of giving it all away again to this system based upon fear and emasculating suppression.

Finding that hidden core of your own intelligence is not easy, as you have all been under the spell of that insistent voice of your ego who is well trained to tell you whenever you stray away from the designated path. In other words, you will all have a long and hard battle breaking through this wall of self-disempowerment coming from the inside, in addition to the one being forced upon you from the rest of society. But once you breach that wall, you will find the going gets easier, but then, you run into a new obstacle. You will find yourselves surrounded by all sorts of "experts" in the field of self development, and they will give you no end of good advice in the form of an endless supply of books, seminars and sets of rules that must be followed in order for you to achieve that goal of enlightenment. Well, let us just say that there are a great number of people out there not only making a handsome profit from all of this. In addition, it serves to strengthen their own ego's need to feel superior to others, and therefore this never ending cycle of subservience and elevated egos who strive to fulfill their own needs will continue.

Make no mistake, there are many good people out there helping others to find their own powers, either directly or indirectly, by their actions or by their words, but there are so many still under the misconception that they need someone else to tell them what is right for them, when all they need to do, is to sit down in silence and search for the truest answer inside. We do not say that you do not need any assistance to find that answer, and this assistance can come in so many ways. It can come in the form of a chance meeting, or in a book, or from talking to someone or attending a seminar, but remember one thing: you are never GIVEN the right answer, you are only being given the MEANS to find the answer, as the answer you are looking for is always, always clearly stated within your own heart.

You must never give away more of your already depleted powers by latching on to someone who tell you that they will supply you with the truth, as they will only be misguiding you. The only one you must listen to, is yourself. And you will be the judge when it comes to knowing what the right kind of keys are that will unlock the hidden treasure you all harbour inside. Discernment is the key element here, as it will tell you clearly what is right for you and what is not, and there is indeed a bewildering choir out there all claiming the right to preaching the only truth. So make sure that you stay self empowered by picking your way carefully through this field of self-proclaimed messiahs. You can only find the truth inside of yourself, and only you can know what steps to take and what kind of tools you need to attain that goal. Indeed, you are masters of your own success, and as such you have everything to gain by surrendering to your own powers, but only if you choose to listen well to the words that not only ring true but that you know deep in your heart is the truth for you. Only then will you be able to regain the use of all of your faculties yet again, and you will stand firmly on your own two feet, no matter what the rest of your world throws at you. Remember, this is in so many ways a solitary journey you undertake, but that does not mean you are without any outside assistance. Just make sure to pick the right kind of assistance, so you do not end up with a set up crutches instead.